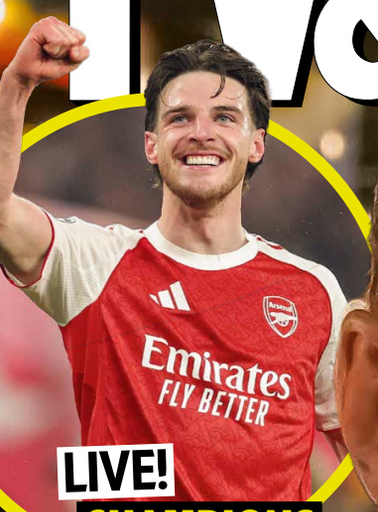
INSIDE STILL YOUR FAVOURITE MAGAZINE

THE NEW NAME FOR TV&Satellite week

30 MAY-5 JUNE 2026

TV&Streaming week



LIVE!
CHAMPIONS LEAGUE FINAL
Come on, Arsenal!

NEW

Tip Toe

It's **David Morrissey** vs **Alan Cumming** as neighbours at war

NEW
THE FORTUNE
Top mystery thriller with **Eleanor Tomlinson**

NEW
CAPE FEAR
Javier Bardem plays the classic evil villain

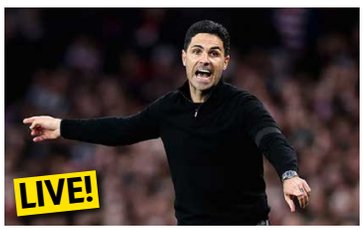
HotList This week's 28

Saturday 30

Challenge Cup Finals

***RUGBY LEAGUE** BBC1 & BBC2*

It's a double-header for Wigan Warriors, who feature in both finals today. The women kick off against St Helens at 11.45am on BBC2, before the men's game against Hull KR (BBC1, k-o 3pm).



Champions League Final

***FOOTBALL** TNT Sports 1 & HBO Max, kick-off 5pm*

Premier League title holders Arsenal face reigning champions Paris Saint-Germain, with dreams of lifting the trophy for the very first time. *See Sport Week, page 28*

Britain's Got Talent

***ENTERTAINMENT** ITV1, 7pm*

Ant and Dec (both above) host the grand final of the talent contest from London's Hammersmith Apollo, where £250,000 and a spot at this year's Royal Variety Performance awaits the winning act.

Shergar: The Racehorse and the IRA

***DOCUMENTARY** C4, 8pm*

The story of the 1983 theft of Shergar (above), the most valuable racehorse in the world, which is still one of sport's greatest unsolved mysteries. *See Documentaries, page 21*

Full listings start on **p35**

Sunday 31

Soccer Aid

***FOOTBALL** ITV1, 5pm (kick-off 6.30pm)*

Star-studded line-ups for England and a World XI play a game from the London Stadium to celebrate Soccer Aid's 20th anniversary and raise some money for UNICEF. *See feature, page 12*

Dear England

***DRAMA** BBC1, 9pm*

Steven Mackintosh (above, right) guests as PM Sir John Major in this episode of the football drama, and he has some wise words for England manager Sir Gareth Southgate. Concludes tomorrow. *See feature, page 7*

Tip Toe

***DRAMA** C4, 9pm*

David Morrissey and Alan Cumming (both above) star in this drama from Russell T Davies about a feud between a bar owner and his narrow-minded neighbour. Continues tomorrow. *See feature, page 4*

The Twelve: Cape Rock Killer

***DRAMA** ITV1, 10.45pm & 11.45pm (box set, ITVX)*

Sam Neill (above) returns as barrister Brett Colby, and has to defend a pal who's been charged with murder. *See feature, p11*

Full listings start on **p45**

Monday 1

Narrow Escapes

***DOCUMENTARY** C4, 4pm*

Time to step away from the daily hustle and bustle, and take things down a gear with the return of the series that explores the lives of people who call the UK's canal network home. Continues all week.

Love Island

***REALITY** ITV2, 9pm*

Maya Jama (above) hosts the 13th run of the dating show, with a brand-new bunch of contestants entering the villa hoping to find 'the one' or at least bag the £50,000 that's up for grabs. Continues all week.

Secrets Declassified with David Duchovny

***DOCUMENTARY** Sky History, 9pm*

As the series returns, David Duchovny (above) looks at some secretive, disturbing and strange government activities through history.

Emma Barnett: Fighting Endometriosis

***DOCUMENTARY** BBC2, 9pm*

Broadcaster Emma Barnett (above) shares her struggle with endometriosis, revealing the scale of the disease and how treatment should change.

Full listings start on **p55**

Tuesday 2

Not Suitable for Work

***COMEDY** Disney+*

This comedy series from Mindy Kaling follows five work-obsessed 20-somethings in Manhattan, juggling demanding bosses with non-existent social lives. *See Your Watchlist, page 17*

The Fortune

***DRAMA** 5, 9pm*

Eleanor Tomlinson stars in this four-part psychological drama as a woman who is left an inheritance by someone she doesn't know, throwing her life into chaos. Continues tomorrow *See feature, page 8*

The Vardys

***REALITY** ITV1, 9pm*

This three-parter follows Jamie and Rebekah Vardy (both above) and their family as they move from England to Italy, where the footballer has signed for Serie A's US Cremonese. Continues to Thursday.

Allegiance

***CRIME DRAMA** U&Alibi, 9.15pm (box set, Sky Box Sets, NOW & Virgin TV Box Sets)*

As the Canadian police drama returns for a second run, rookie Sabrina Sohal (Supinder Wraich, above) joins the Serious Crimes Unit. *See feature, page 12*

Full listings start on **p65**

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Wednesday 3

Clarkson's Farm

***DOCUMENTARY** Prime Video*

As we revisit Diddly Squat for a fifth series, Jeremy Clarkson decides big changes are needed to try to improve the farm's profitability, and introduces high-tech help – including driverless tractors.

Will Trent

***CRIME DRAMA** Disney+*

Ramón Rodríguez (above) returns for a fourth series of the crime drama based on Karin Slaughter's novels as Special Agent Will Trent, who brings a unique and effective perspective to crime-solving.

MasterChef

***COOKERY** BBC1, 8pm*

It's finals week and the cooks face a battle to keep judges Anna Haugh and Grace Dent (both above) happy. But at least today they're in paradise, cooking up a feast in Antigua and Barbuda. Continues to Fri.

The Hadron Collider: In Search of the Peace Particle

***DOCUMENTARY** BBC4, 9pm*

This film examines mankind's biggest experiment in particle physics and the scientists working together for peace.

Full listings start on **p75**

Thursday 4

The Witness

***DRAMA** Netflix*

This drama based on the case of Rachel Nickell focuses on her son Alex, who was only two when he witnessed the brutal murder of his mother on Wimbledon Common in 1992. *See feature, page 6*

England v New Zealand: 1st Test

***CRICKET** Sky Sports Cricket & Sky Sports Main Event, play starts 11am*

England are at Lord's for this opening match of a three-Test series against the Black Caps. Continues tomorrow.

The Hardacres

***DRAMA** 5, 9pm*

As Captain Edward Blackwood and Liza's relationship gets serious, Ma (who is no fan of soldiers) asks kind-hearted adviser Callum to investigate her suspicions that Edward is too good to be true...

David Beckham: In Ten Pictures

***DOCUMENTARY** BBC2, 9pm*

Tonight's edition of the docuseries uses 10 era-defining images of the ex-England footballer (above) to chart his remarkable life. *See Documentaries, page 20*

Full listings start on **p85**

Friday 5

Cape Fear

***THRILLER** Apple TV*

Javier Bardem (above) takes on the iconic role of Max Cady (previously played to great acclaim by Robert De Niro and Robert Mitchum) in this 10-part adaptation of the gruesome thriller *See Your Watchlist, p14*

Office Romance

***ROMANTIC COMEDY** Netflix*

Jennifer Lopez plays a CEO who has strict anti-fraternisation rules for her employees – but the arrival of an attractive new lawyer at the company (co-writer Brett Goldstein) tests her own resolve.

Dead Man's Wire

***THRILLER** Sky Premiere, 8am & 8pm*

Based on a real events, Bill Skarsgård (above, right) stars as a desperate man who holds his mortgage broker's son (Dacre Montgomery) hostage, rigging a gun around his neck. *See review, page 24*

Women's World Cup Qualifiers

***FOOTBALL** BBC2 (Wales only), BBC iPlayer & ITV1*

It's a big day for home nations, with Scotland v Israel and Montenegro v Wales (both k-os 5pm), and England v Spain (k-o 8pm).

Full listings start on **p95**

Welcome to this week's issue of your favourite TV guide. There are some top dramas to watch this week, including *Tip Toe*, starring Alan Cumming and David Morrissey, and *The Fortune* with Eleanor Tomlinson. Plus, don't miss *David Beckham: In Ten Pictures*. For film fans, catch the remake of the 1992 thriller *Cape Fear*, with Javier Bardem as the baddie!

Don't forget to pick up next week's issue (on sale Tue 2 June) as we have a 32-page special on the men's football World Cup, plus a FREE wallchart. With England and Scotland in the tournament, it's going to be an exciting summer!

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

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Alan Cumming and David Morrissey are neighbours at war in *Tip Toe*

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Netflix's real-life drama about the shocking murder of Rachel Nickell, *The Witness*, Eleanor Tomlinson stars in psychological drama *The Fortune*, and as football drama *Dear England* comes to an end, we have Soccer Aid's fundraising match to enjoy

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Street of SHAME

David Morrissey and Alan Cumming are neighbours at war in an uncompromising new drama from Russell T Davies

NEW DRAMA

Tip Toe

Sunday & Monday, 9pm, C4

On a chilly October morning, *TV&Streaming Week* arrives in an ordinary suburban Manchester street that has been temporarily transformed into Calico Road, the setting for Russell T Davies' new C4 thriller *Tip Toe*.

The story centres on two neighbours, electrician Clive Goss (David Morrissey, *Sherwood*, *Daddy Issues*) and bar owner Leo Struthers (Alan Cumming, *Schmigadoon!*, *Glenrothan*), who become involved in a minor feud that slowly escalates until it has dire consequences.

The hard-hitting series opens with Leo's body being discovered by his horrified neighbours, before flashing back 10 days to reveal the events leading up to his murder – but who was ultimately responsible for his death?

During a break in filming, we sat down with Morrissey and Cumming, both 61, to find out more about the show…

What was the appeal of this project for you?

Cumming It is so brilliant, like Dickens or something – it's about a cross section of society and where we are in our time. It's about a murder and homophobia, but it's so much more nuanced than that. It's not just black and white.

Morrissey When Russell T Davies comes knocking, you definitely sit up. He's a wonderful writer, but also quite a special person as well.

What is happening in Clive and Leo's lives at the beginning of the series?

Morrissey We meet Clive at a point when his life is challenging; he's scrabbling around for work. He has two sons, and his wife is the main breadwinner, which he struggles with from the male perspective. His work is his worth, and he's losing that.

Cumming Leo's been in the gay-village bubble for a very long time. His ex is now in a relationship with a woman – that gives Clive another reason to needle him. It's another chink in his armour.

Have the men had much of a friendship prior to all of this?

Morrissey They've lived next door to each other for a long, long time. They're not mates, but they're cheek by jowl in terms of their houses, so there's always some sort of interaction. Clive hasn't really made any judgements around Leo's life, but that's what's starting to happen just before our story begins.

Cumming They're on different planes. Just

Leo at his bar

Clive Goss
David Morrissey
The taciturn electrician feels constantly at odds with the world around him, and is quietly uncomfortable with the open queerness of Leo and his friends.

WORDS: STEVEN PERKINS. PHOTOS: C4, GETTY

TIPPING POINT

*Creator **Russell T Davies** on the inspiration behind the series...*

From left: Morrissey, Cumming and Davies

With hard-hitting shows like *Queer as Folk* and *It's a Sin* among his credits, Russell T Davies has never shied away from controversy – and *Tip Toe* is his reaction to a nation where public discourse is growing more toxic and combative by the day.

'Everything that was happening in the world was burning me up so much that I just had to write this,' says Davies, 63. 'We're in an extraordinary piece of history that seems to be getting madder and madder.'

Davies says he clearly remembers the moment when he and his producer pitched the project to Alan Cumming.

'There was a marvellous moment on Zoom where we described what happens to Leo, and Alan leapt out of his chair and did a double take,' he grins. 'We ended the call, and went, "We've got him!"'

Leo Struthers
Alan Cumming
The recently divorced owner of a bar in Manchester's gay village is a veteran activist with a tendency to exaggerate his own anecdotes.

when you think they're going to find some common ground, they keep failing. Leo tries to help Clive's son George, who's gay, and that's really the downfall…

Did you find the subject matter difficult to film?

Cumming It was so disturbing and very upsetting to film this. You're basically playing a version of yourself who's going through a reality that could be yours, which is very violent. Let's just say my therapist has been very busy!

Off-screen, the two of you have been friends for a long time. Were you excited to work together for the first time?

Morrissey We've known each other for about 40 years. An ex-girlfriend of mine was in a play at the Bristol Old Vic, and so was Alan – and it just so happened that he lived across the road from me in London.

Did you find ways to lighten the atmosphere on set when you filmed these disturbing scenes?

Cumming When we finished something intense and violent, David would say: 'How's my hair?' That was so important – we were able to ease the tension. It was lovely spending time with him – he's a darling.

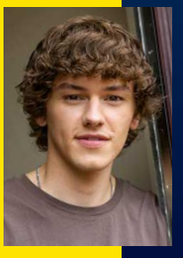
Morrissey We talked about *The Traitors* a lot [Cumming hosts the US version of the reality series]. I'm obsessed with the show and how it works, so I kept asking about it. That was good fun.

WHO'S WHO

Marie Goss
Pooky Quesnel
Clive's wife is feeling the stress of being the main earner in the family, and is struggling to forgive her husband for a previous indiscretion.

Saul Goss
Joseph Evans
Clive and Marie's laddish elder son is a confident, outgoing tradesman who secretly makes money on an X-rated streaming site.

George Goss
Jackson Connor
Saul's 16-year-old brother is sensitive to the tensions between his mum and dad, and is scared of his family finding out that he's gay.



Stephanie Dale
Elizabeth Berrington
Leo's best friend is a social worker who's exasperated by a lot of the things he says and does but she still loves him deeply.

Melba
Paul Rhys
A stalwart of the queer village and one of the bar's regular customers, Melba has unrequited feelings for Leo.

NEW FROM NETFLIX

A moving drama reveals how **Rachel Nickell**'s partner and son survived in the years following her horrific murder

Out of the DARKNESS

NEW DRAMA

The Witness

From Thursday 4 June, Netflix

Sometimes watching true-crime dramas can feel a little intrusive. But not so for Netflix's moving three-part series *The Witness*, about the violent 1992 murder of Rachel Nickell, which has been made with her partner André Hanscombe and son Alex as consultants and remains faithful to their experiences.

In a case that shocked Britain, Nickell was stabbed 49 times on London's Wimbledon Common in front of two-year-old Alex, making him the only eyewitness to his mother's murder. He was discovered covered in blood and clinging to Nickell's body, and later faced having to relive the horrifying experience to provide detectives with a description of the assailant.

Yet it took 16 years before Nickell's killer was brought to justice, during which time the drama follows André Hanscombe (*Peaky Blinders*' Jordan Bolger) as he navigates unscrupulous press intrusion and a botched police investigation, while somehow trying to protect his traumatised son and piece together their shattered lives.

Kerry Godliman as June

RESPECTFUL

'When I received the script, one of my first questions was, "Are the family part of this process?" So finding out that Alex and André were involved in the series was huge for me,' says Bolger, 31. 'I knew if I took this on, I'd really commit to it. They deserve for this to be done to the best of my abilities.

'But we were so fortunate that they were both really generous with their time. They even showed us the contents of family albums and home videos. In those moments it dawns on you that this is someone's life; this actually happened.'

Based on Alex's memoir *Letting Go*, the series also features Max Fincham as a teenage Alex, Kerry Godliman as André's mum June, and Neil Maskell, Kevin Eldon and Jon Pointing as the detectives in the original investigation, which would become one of the most controversial in British police history.

Meanwhile, as the powerful drama moves forward and back

WORDS: HANNAH DAVIES. PHOTOS: BBC, NETFLIX

'It dawns on you that this is someone's life; this actually happened'

JORDAN BOLGER

Max Fincham as Alex and Jordan Bolger as André

The drama re-creates the crime and its aftermath

in time, it delves into André and Alex's troubled father-and-son relationship in the months and years following Nickell's death, revealing how they cope with her loss in wildly different ways and eventually come to an emotional understanding.

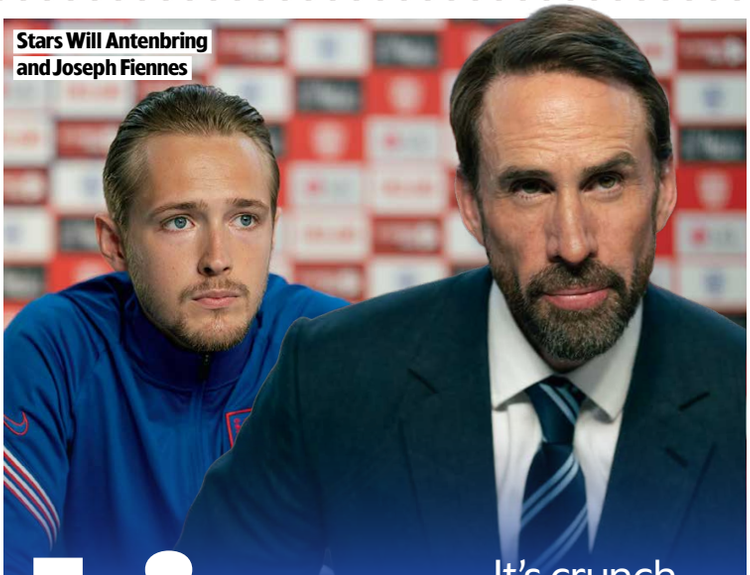
EMOTIONAL SUPPORT

Bolger hopes the series will ultimately show how the pair faced the worst of circumstances with determination and resilience, while also keeping Nickell's memory alive.

'I don't want to put words in their mouths, but I can certainly say that André and Alex never forgot about Rachel,' he says. 'When you look at how Alex speaks about her as he's getting older, and how he wants to remember her, it's beautiful. It was important for us to keep that in the project.

'What's also important is that people who think they're familiar with this story get to see it for what it really was. And for those who aren't familiar with what happened, it's about being inspired that even at the lowest of lows there will be a silver lining.'

● **An accompanying documentary, *The Murder of Rachel Nickell*, will also be available on Netflix from Thursday 4 June**



Stars Will Antenbring and Joseph Fiennes

Lion heart

It's crunch time for **Harry Kane** as *Dear England* reaches the final whistle

LAST ONE DRAMA

Dear England

Sunday & Monday, 9pm, BBC1

The fallout from England's crushing Euro 2020 final penalty defeat to Italy kicks off the last two episodes of BBC1's Sir Gareth Southgate drama *Dear England*.

Not only do young England stars Marcus Rashford, Jadon Sancho and Bukayo Saka face vile online racist abuse after the game, but Southgate (Joseph Fiennes) also suffers under the weight of intense media criticism and begins to doubt whether he's really the man for the job going forward.

STRIKING A BALANCE

However, it's up to captain Harry Kane to give the gaffer a heartfelt pep talk about how important it is that he stays the course.

'Sharing that scene with Joseph Fiennes was a real treat,' says Will Antenbring, who studied hours of Harry Kane footage and makes for an uncanny resemblance to the England skipper.

'It was one of my favourite scenes to film, but it was also stressful because it's Southgate and Kane getting personal and talking to each other about their feelings – unlike most of the series, where I just get to kick a ball!'

Like the rest of the cast, Arsenal fan Antenbring attended a special football boot camp to hone his skills.

BACK OF THE NET

'I loved all the football action – even during filming I'd head to [London's] Clapham Common to work on my penalties,' he smiles.

This week's episodes also cover the Euro 2024 final, and the moment Southgate finally hangs up his famous waistcoat and hands over to German coach Thomas Tuchel (played by *Inglourious Basterds* actor Richard Sammel).

Meanwhile, with the 2026 World Cup beginning next week, fellow cast member Josh Barrow, who plays England goalkeeper Jordan Pickford, says he will be watching every England game this summer.

'This time it's definitely coming home!' laughs Barrow. 'But you know what? It's also fine if it doesn't. That's what this series is about – England don't just need to learn how to win, we also need to learn how to lose.'

Josh Barrow as Pickford

Don't miss next week's *TV&Streaming Week* for our essential 32-page World Cup guide as England and Scotland go for glory

Fiona Worrall
Rebecca Front
Wealthy Fiona is devastated when she discovers her late husband Martin has left his fortune to a stranger.
Boots Maddison
Stephen Tompkinson
Does the groundskeeper at the Worralls' country estate know any of the family's secrets?
Anthony Worrall
Callum Woodhouse
Fiona and Martin's troubled son is consumed with anger, rejection and betrayal by his father's actions.
Martin Worrall
Denis Lawson
The successful businessman leaves his money and country estate to a woman he has apparently never met. But why?

Danger MONEY

Eleanor Tomlinson plays a cafe worker who inherits a fortune from a total stranger

NEW DRAMA

The Fortune

Tuesday & Wednesday, 9pm, 5

A 30-something wife and mother has her life turned upside down when, out of the blue, she inherits a vast fortune from a mystery benefactor in 5's psychological thriller *The Fortune*.

Poldark's Eleanor Tomlinson plays cafe worker Amanda, who is shell-shocked to learn that she has been left the entire Northumberland estate of a total stranger, successful businessman Martin Worrall (Denis Lawson).

'Amanda works alongside her chef husband Jimmy and she's very happy with her lot in life. She doesn't want to change a thing,' says Tomlinson. 'She and Jimmy are in a loving relationship and have a little boy, Luke. One day, when she's working at the cafe, a lawyer turns up and says they are the executor of a will, which names her as the sole beneficiary.'

As the four-parter begins, Amanda is certain she has never even set eyes on wealthy Martin, who she discovers left behind a wife, Fiona (*The Thick of It*'s Rebecca Front), and son, Anthony (*All Creatures Great and Small* star Callum Woodhouse).

'At first, Amanda thinks it must be a hoax and she doesn't tell her husband,' continues Tomlinson. 'She has grown up without her father and that's playing on her mind, too. Could there be a connection to Martin?'

Determined to unearth more about her mystery benefactor, Amanda does some digging and visits lavish Brackburn House, where Martin's grieving wife and son send her packing.

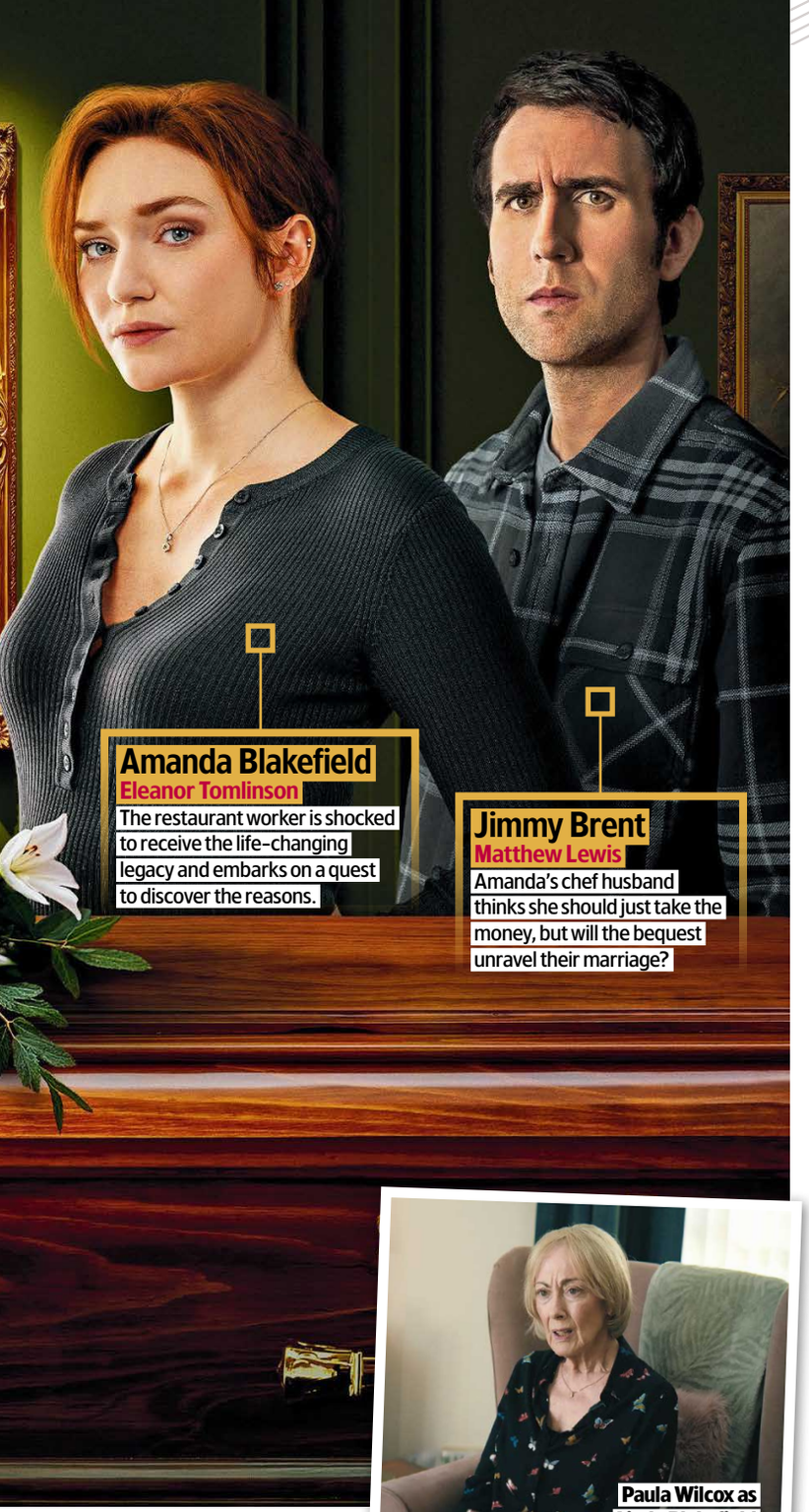
'When she first meets Anthony, he's carrying a shotgun,' explains Tomlinson. 'Amanda is aware that this is a very painful situation for them and they are understandably fuming that Martin changed his will and left everything to her.'

'At first, Amanda thinks it must be a hoax and she doesn't tell her husband'
ELEANOR TOMLINSON

Meanwhile, Amanda attempts to get answers from her mother, Linda (*Man about the House*'s Paula Wilcox), who is living in a care home with dementia, to see if she can shed any light on possible links to Martin. At the

What is Martin's secret?

WORDS: GRACE MORRIS. TESS LAMACRAFT. PHOTOS: 5, BBC, ITV


Amanda Blakefield
Eleanor Tomlinson
The restaurant worker is shocked to receive the life-changing legacy and embarks on a quest to discover the reasons.
Jimmy Brent
Matthew Lewis
Amanda's chef husband thinks she should just take the money, but will the bequest unravel their marriage?

Paula Wilcox as Linda Blakefield

same time, Amanda's husband Jimmy is acting suspiciously and seems to be hiding something.

FOR RICHER, FOR POORER

'Amanda and Jimmy have very different views,' explains Harry Potter actor Matthew Lewis, 36, who plays him. 'Amanda's attitude is that she doesn't want some random person's money or to be in anyone's pocket, whereas Jimmy doesn't care. He just wants her to take the money. This bombshell inheritance lifts a lid on their marriage and their different mentalities and asks, do you really know the person you are married to?'

Filming took place in and around Hartlepool in County Durham.

'I loved it there. The people are the most friendly I've ever met and it was a joy to spend eight weeks in the north-east,' says Tomlinson. 'There was a fishing harbour where we did some scenes. It really lent itself to the eeriness of the series.'

The 34-year-old actor also enjoyed being reunited with Rebecca Front, who she has worked with twice before, on *Poldark* and *Death Comes to Pemberley*.

'It was wonderful to see Rebecca again. And Callum Woodhouse is from the north-east, so he gave us tips on places to go to,' reveals Tomlinson. 'I went to The Crathorne Arms in Yarm in North Yorkshire on his recommendation, and it does the most unbelievable roasts and sticky toffee pudding.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Denise tells Jack her news

EASTENDERS

Denise reveals her devastating cancer diagnosis

» **The lives of** the Walford residents are changed for ever in just one night – and among those heavily impacted is Denise. The hairdresser reels as the doctor goes over her blood-cancer diagnosis, which was discovered after undergoing tests for her extreme fatigue.

Yolande is concerned about Denise's whereabouts, and later finds her at the salon. Overcome with emotion, Denise breaks down and reveals that she's got acute myeloid leukaemia. As Yolande comforts Denise at No 27, the consultant rings to tell her that she needs immediate treatment.

But an urgent phone call sees the mum race to be with daughter Chelsea, whose world has been turned upside down. Denise tries to be strong for Chelsea and decides to keep her diagnosis a secret from her loved ones.

Jack is devastated

When the family starts asking Denise questions about where she's been, Yolande covers for her and encourages her to tell them the truth. Knowing she has to face her own situation, Denise heads home to tell Jack about her blood-cancer diagnosis.

» **PLUS** Ian's night takes a turn for the worse when there's a knock on the door, Max takes the mic and proposes to Cindy, and George makes a split-second decision to protect himself and his family from his dad, Eddie.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Lisa arrests Brody (above) when his fingerprints are found on Todd's phone, David and Shona start to crumble, Daniel puts Bertie in danger as he discovers who's been trolling him, and it's an unhappy birthday for Bethany.

EMMERDALE

» Laurel gives in to her passion for Ross (right), Charity and Chas plan to rob the Home Farm safe to pay off Dr Todd, Kerry and Pollard find out they've been conned by Archie, and Gabby looks into a new healthy menu for the Hide.

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NEW FROM itvX

The court is back in session for **Sam Neill**'s defence lawyer

Legal eagle

Sam Neill as Brett Colby

NEW DRAMA

The Twelve: Cape Rock Killer

From Sunday 31 May, ITVX

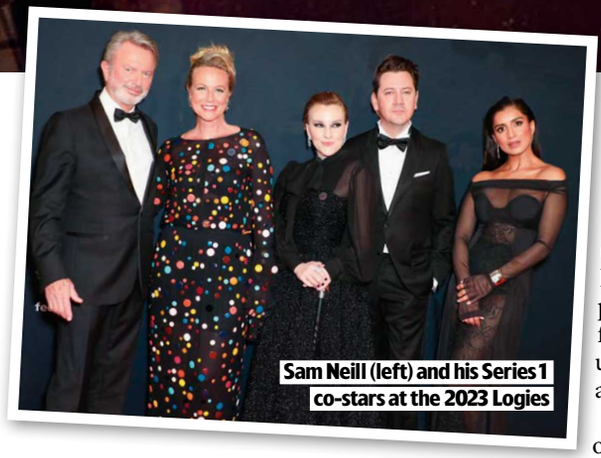
The stakes are higher and more personal than ever for Sam Neill's formidable defence barrister Brett Colby as the third run of Australian anthology series *The Twelve* comes to ITVX this week (with the first two episodes also airing on ITV1 on Sunday from 10.45pm).

'It's a bit like putting on an old, comfortable pair of shoes,' says the *Jurassic Park* actor about reprising the legal role in *Cape Rock Killer*. 'Over the series, we have got to know Brett Colby so much better, so he is a fully three-dimensional character.'

This eight-part season sees Brett thrust into a sensational murder trial when he defends Alan Chaplin (William Zappa), the husband of a lifelong friend, who stands accused of killing Amanda Taylor, a crime writer who had been probing the unsolved 1968 murders of two teenage girls in the coastal town of Cape Rock.

'Over the series, we have got to know Brett Colby so much better'
SAM NEILL

Amanda had unearthed secrets linking Alan to the 1968 crime scene – but before she could publish her findings, she, too, was murdered. The present-day trial forces Brett to revisit the cold case as jurors decide whether Alan is the real Cape Rock Killer – or just a scapegoat.



Sam Neill (left) and his Series 1 co-stars at the 2023 Logies

INNER TURMOIL

Brett faces stiff opposition from his former protégée turned police prosecutor Gabe Nicholls (Danielle Cormack), creating a lively but fierce battle between two former allies.

As usual, viewers get an insight into the jurors' often turbulent personal lives, including widowed schoolteacher Bassam (Phoenix Raei), who finds himself distracted by possible unemployment, family friction and his undeniable bond with a fellow juror.

There's a lot more of Brett outside the courtroom this time, too, including a reunion with his estranged son Xavier (Marlon Williams) from New Zealand.

'We get to see where and how Colby lives, and something of his shambolic private life,' says Neill, 78. 'I've loved doing the third season and I can't think of anything worse than retirement. *The Twelve* is among the best work I've ever done.'

WORDS: VICTORIA WILSON. PHOTOS: ALAMY, ITV

LOOK WHO'S BACK...

A familiar face making a new appearance this week

Amy Dowden

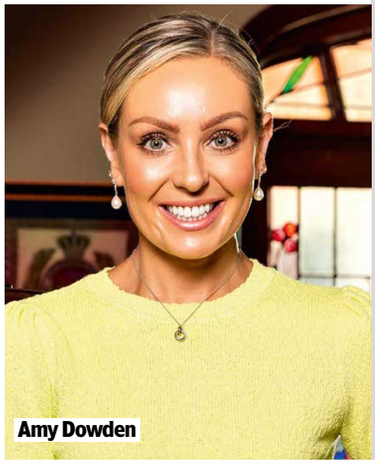
Who Do You Think You Are?

Tuesday, 9pm (times vary), BBC1

Born in Caerphilly in 1990, professional ballroom dancer Amy Dowden has been a familiar face on *Strictly Come Dancing* (inset) since 2017. Over the years, she's been paired with contestants including Brian Conley, Karim Zeroual, JJ Chalmers and Tom Fletcher, and will appear in the next series later this year. Dowden has made two documentaries for the BBC about her serious health issues, *Strictly Amy: Crohn's and Me* (2020) and *Strictly Amy: Cancer and Me* (2024).

HER NEW APPEARANCE

In this week's episode of the genealogy series, Dowden, 35, discovers that one of her ancestors, Elinor 'Nellie' Jenkins, a servant at a West Wales farmhouse, was shot and killed at the age of just 13 by a colleague. 'I loved being a detective and was surprised by how invested I got,' she says. 'It was so sad and Nellie was such a young girl. Going deeper into my Welsh roots was incredible. I came away with pride in how Welsh communities have stuck together.'



Amy Dowden

Charity

LIVE FOOTBALL

Soccer Aid

Sunday, 5pm, ITV1

***Adolescence* star** Owen Cooper and *The Celebrity Traitors* contestant Joe Marler have made plenty of headlines for their on-screen exploits over the past year, and now the pair are stepping on to the pitch together as Soccer Aid celebrates its 20th birthday.

The duo will be joining forces for England against a World XI side when the London Stadium hosts the celebrity football match on Sunday 31 May.

Former England rugby international Marler, 35, will play in goal for England, while BAFTA-winning Cooper, 16, will become Soccer Aid's youngest-ever player.

Under the management of Robbie Williams and Harry Redknapp, they'll be joined on the England team by former footballers Wayne Rooney, Theo Walcott and Jill Scott, plus *The Night Manager*'s Tom Hiddleston, YouTuber Angryginge and TV presenter Paddy McGuinness.

But they'll have their work cut out against a strong World XI, who've won six of the last seven matches, and which features former players Leonardo Bonucci of Italy and Spain's Jordi Alba in their ranks, alongside *Baby Reindeer*'s Richard Gadd, comedian Maisie Adam and *Game of Thrones* actor Nikolaj Coster-Waldau.

Hosts Alex Scott and Dermot O'Leary

BIG-HEARTED

'I'm immensely proud that Soccer Aid has got to 20 years with no sense of fatigue setting in,' says Dermot O'Leary, 53, who will present alongside Alex Scott. 'Every year people are so generous and even though the money often supports work in countries many of us may never visit, people still see the bigger picture – and that's what matters.'

Sunday's fixture is part of a week of programming marking two decades of the event. This includes football-themed episodes of quiz shows *Tipping Point*, *Deal or No Deal* and *The Chase*.

With over £121 million raised for UNICEF over the past 20 years, O'Leary has witnessed how the money has changed lives.

'I've visited places like Jordan to see how that money is used to protect children,' he says. 'One of the things I've always loved about Soccer Aid is that there's no politics. There's no debate about who deserves what or where help should go – it's simply about children.'

From left: Zak, Sabrina and Vince

Rising up the ranks

Can Sabrina cut it as a detective as the cop drama returns?

NEW CRIME DRAMA

Allegiance

Tue, 9pm, U&Alibi (box set, Sky Box Sets, NOW & Virgin TV Box Sets)

With its family politics, compelling cases and systemic corruption, Season 1 of Canadian police procedural *Allegiance* was a hit with audiences.

But as ambitious rookie cop Sabrina Sohal steps into a new role for Season 2, does she have what it takes to solve serious crimes?

NEW CHALLENGES

Set in Surrey, British Columbia, the new 10-part run sees Sikh Punjabi-Canadian officer Sabrina (Supinder Wraich) promoted to Detective Constable within the Serious Crimes Unit of the Canadian Federal Police Corps, where

WORDS: NICK CANNON, CAREN CLARK, REBECCA MAHONEY, SEAN MARLAND, RICHARD MCCLURE, VICTORIA WILSON. PHOTOS: BBC, ©UNICEF/SOCCER AID PRODUCTIONS/STELLA PICTURES, GETTY, ITV, U&ALIBI

ball

Celebrities and football stars take to the pitch for **Soccer Aid**

From left: Scott, Cooper, Marler, Coster-Waldau and Adam

she must pass her six-month probation before becoming a fully fledged detective.

But on her first day on the job, she's dragged into deep water when a woman is fatally shot and the case escalates into an active-shooter situation. As the team uncovers links to the seedy underbelly of the tech industry, can Sabrina prove herself?

CLASHING COLLEAGUES

'Season 2 is heavier,' says Wraich, 39. 'Sabrina is entering a new world, so she has her eyes open to a lot of different things. You'll see a more brazen, confident, but also angrier Sabrina.'

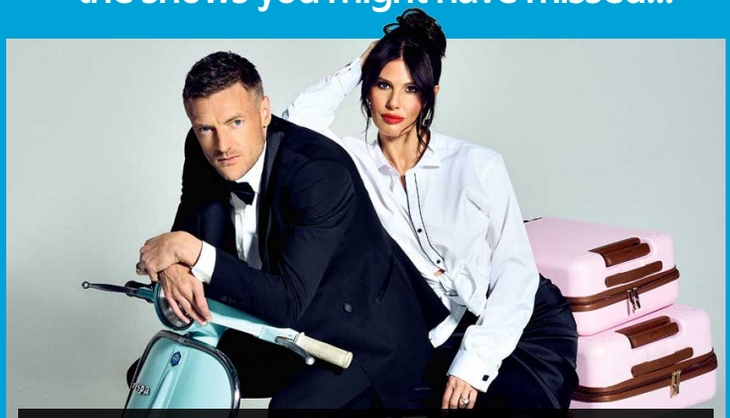
Meanwhile, dynamics have shifted with her former mentor, beat cop Vince Brambilla (*Veronica Mars* actor Enrico Colantoni), who's been promoted to Staff Sergeant. Plus, Sabrina has a brash new partner in Detective Corporal Zak Kalaini (Samer Salem), and the pair clash over cases including an attempted murder at a lavish Indian wedding.

Off duty, Sabrina is still risking her career by secretly working to expose the truth behind the false treason charges against her politician father, Ajeet (Stephen Lobo).

'The charges against her father have been dropped, but a huge injustice has happened to her family, so there's this big question of: how does she make that right?' says Wraich. 'Sabrina is a detective now, although on probation, and that comes with the confidence that she's solved cases and knows what she's capable of.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...



NEW **The Vardys**

Tuesday-Thursday, 9pm, ITV1 (box set, ITVX)

Ex-England footballer Jamie Vardy and his reality-star wife Rebekah (both above) invite cameras into their home for this fly-on-the-wall series. With Vardy moving to Italian side Cremonese after 13 years at Leicester City, the pair must cope with taking their kids abroad. There's also the small matter of escaping the fallout of the Coleen Rooney 'Wagatha Christie' court case.

IT'S THE FINAL!

Britain's Got Talent

Saturday, 7pm, ITV1

Ant and Dec (both pictured) host the talent-show final. Who will win the £250,000 prize and a spot at the Royal Variety Performance? The contenders include Anastasiia and her dancing dog, Salsa, singer Matty Juniosa, magician Fabian Fox, dance group LMA, fire juggler Liwei Yang, comedian Ted Hill, poet Sonny Green and magician Rafferty Coope.

Later... with Jools Holland

Sunday, 10pm, BBC2

This week, Holland welcomes Jessie Ware (right) back to the show to perform the title track from her sixth album *Superbloom*. Also appearing are BRITs Rising Star winner Holly Humberstone, New Jersey producer and musician Jack Antonoff, London soul singer Samm Henshaw, and electronic band Fcukers, who perform a track from their debut album.

TELL US YOUR VIEWS!

We are always keen to know what you think of *TV&Streaming Week*.

You can help us by taking part in our reader survey and be in with a chance of being one of two winners who will receive a share of £500.

Only completed questionnaires will be entered. Simply complete the questionnaire online at **bit.ly/TVSmagsurvey** or scan the QR code. Thank you for your help.

Claire Ruck, Editor-in-Chief

FEAR factor

Javier Bardem stars in a chilling remake of a classic revenge thriller

tv Cape Fear

NEW *Available:* Friday 5 June
Genre: Thriller *Season:* 1
Episodes: 10 (first two episodes from Friday 5 June, then weekly)

More than 30 years after Robert De Niro's terrifying turn as a vengeful, tattooed psychopath in 1992 stalker thriller *Cape Fear*, the nightmare returns with Javier Bardem unleashing a fresh wave of horror in a gripping 10-part reboot.

This nerve-jangling, modern update is executive-produced by Steven Spielberg and Martin Scorsese, who collaborated on De Niro's film, itself a remake of the 1963 classic starring Robert Mitchum as the sinister stalker.

Here, the terror unfolds in Savannah, Georgia, where married attorneys Anna (Amy Adams) and Tom Bowden's wholesome, all-American lives are shattered when dangerous convict Max Cady (Bardem) is released from jail.

Exonerated after 17 years for a violent murder, Max is convinced that his former defence lawyer, Anna, and prosecutor Tom (Patrick Wilson) helped put him behind bars. But how will he get his pound of flesh?

Stars Patrick Wilson and Amy Adams

UNKNOWN THREAT

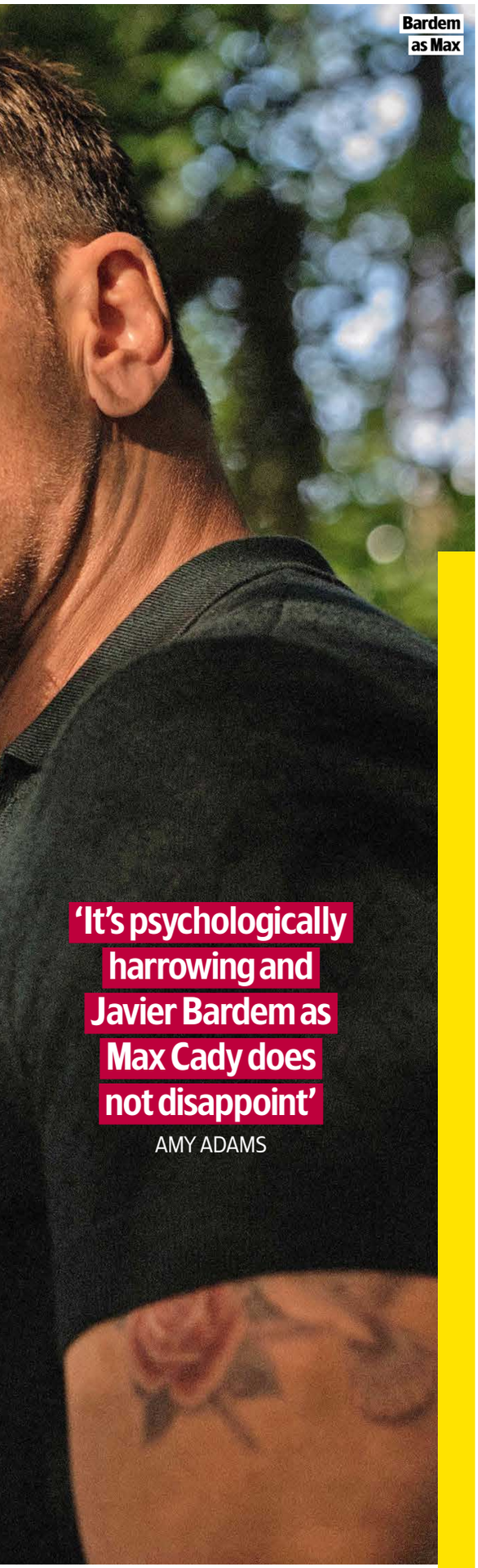
'I saw the Robert De Niro film when it came out at the cinema and was absolutely terrified, but I was amazed by the performances,' explains *Skyfall* star Bardem, 57. 'In both De Niro and Mitchum's iconic portrayals, Max always brings a physical threat to the comfort of the Bowdens' lives, and he does here as well, but there's something else you can't put your finger on until later in the story. That's what differentiates this show from the two movies.

Robert De Niro as Max Cady

'You can't bet on what Max is looking for and it creates this sense of insecurity for the Bowdens, and for the audience. You don't know exactly how he'll get to the place that you know he'll end up in, but that game is the fun part of playing Max.'

After defending Max, Anna has shifted her legal focus to overturning wrongful convictions. But despite Max's exoneration, she's paranoid about the threat he poses to her family, including daughter Natalie (Lily Collias) and troubled son Zack (Joe Anders).

'I love the family dynamic in this show and how it delves into the secrets they keep,' says *Batman v Superman: Dawn of Justice* star Adams, 51. 'Anna's behaviour sometimes can seem impulsive, but what Max is trying to do is get them to destroy themselves. It's psychologically harrowing and Javier Bardem as Max Cady does not disappoint.'



Bardem as Max

'It's psychologically harrowing and Javier Bardem as Max Cady does not disappoint'

AMY ADAMS

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Legends

Genre: Drama Season: 1 Episodes: 6

Strike's Tom Burke is among the stellar cast in this engrossing, tautly paced drama based on the true story of undercover custom officers who infiltrated ruthless drug gangs in Liverpool and London in the 1990s. Burke, *The Night Manager*'s Hayley Squires and *I May Destroy You*'s Aml Ameen play Legends – the name for their false identities – who are sent out into the field, where, with little training, they have to rely on their wits to survive in the face of incredible danger. Steve Coogan co-stars as their boss, Don.

NETFLIX Remarkably Bright Creatures

Genre: Drama
Episodes: One-off

An endearing movie with wonderful performances from Sally Field as a widowed cleaner at the town's aquarium and Lewis Pullman as the aimless newcomer set to replace her.

prime Citadel

Genre: Action thriller
Season: 2 Episodes: 7

After a three-year break, the globetrotting spy thriller, starring Priyanka Chopra Jonas and Richard Madden (both right), plus Stanley Tucci, returns for a second season, with a new high-stakes mission for Citadel's elite agents.

Now in production...

Three upcoming shows to look out for soon

NETFLIX A Matter of Time

Netflix's film, featuring Ben Stiller (above), Nicholas Galitzine and Bella Maclean, follows an insular man who agrees to sacrifice his life for the benefit of others after a request from an offbeat angel. But his decision gives him a new take on the world...

HBO max The Chain

Jodie Comer (above) will headline HBO Max's thriller, based on Adrian McKinty's novel, which centres on desperate mother Rachel, whose life is turned upside down when her daughter is kidnapped, and she is forced to take drastic action in a bid to get her child back.

tv Margo's Got Money Troubles

The Apple TV comedy drama, starring Elle Fanning (above) as the titular cash-strapped young mum who creates adult online content to make ends meet, will return for a second series, which will see Margo face fresh challenges.

WORDS: CAREN CLARK; JUDY EWENS; REBECCA MAHONEY PHOTOS: ALAMY; APPLE TV; GETTY; NETFLIX; PRIME VIDEO

Victoria Smurfit and Aidan Turner as Maud and Declan O'Hara

Trouble brews for Maud and Declan as **secrets threaten to unravel**

LOVE on the rocks

David Tennant as Lord Tony Baddingham

Disney+ Rivals

LAST ONE *Available: Fri 5 June Genre: Drama Season: 2 (Part 1) Ep: 6 (of 6)*

The marriage of workaholic journalist Declan O'Hara and his wife Maud is one of the most tempestuous in Disney+'s hit show *Rivals*.

The second season of the saucy 1980s-set romp has seen the on-off couple face fresh tensions and illicit temptations as fiery actor Maud (Victoria Smurfit) has taken starring roles at Corinium, the TV company run by scheming Lord Tony Baddingham (David Tennant), while Declan (Aidan Turner) has battled to make shows for his own consortium – Corinium's competitor Venturer.

Now, in the sixth episode of the 12-part run, with the final six episodes airing later in the year, stark revelations could emerge amid the fallout from the filming of game show *Golden Gauntlet* last week.

TV&Streaming Week joined *Poldark*'s Turner, 42, and *Bloodlands*' Smurfit, 52, on set in Somerset to learn more...

What is the state of Declan and Maud's relationship at the moment?

Turner Maud has been chasing her acting dreams, while Declan has been asking himself the question: what's more important, work or family? It should be an easy answer, but Declan struggles to find the balance.

Smurfit Things are dicey between them. They are the most honest couple in the show because they live like their hearts are beating outside their bodies. But some bombshells drop, which skew the way they operate.

What has been the impact of Maud resurrecting her acting career?

Smurfit Fighting for her right to work is a driver for Maud. She's in her element and likes attention. Maud is involved in the rivalry between Tony and Declan, but she doesn't mean to be – and despite her best efforts, she causes ructions.

Have you enjoyed Maud and Declan's 1980s style this season?

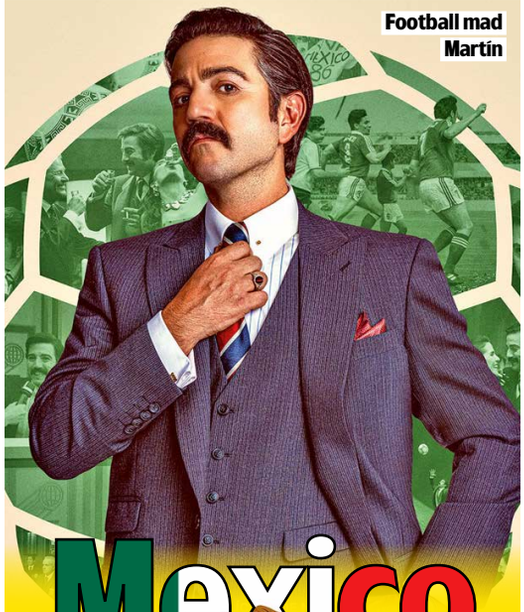
Smurfit When Maud was originally famous, it was the 1970s, so she stays with what she knows, because that's when she was fabulous! But she has adjusted her look this time. When I pick out my jewellery, I always feel like I'm stealing from [*EastEnders* legend] Pat Evans!

Turner And for me, the moustache is still a full-time thing. Smiling is difficult...

Why do you think viewers have taken *Rivals* to their hearts?

Turner We have met young people in their 20s who are into the show right up to people my parents' age – because it's a lot of fun. We all know we're on a special gig.

Smurfit There's the complexity of the characters' journeys, and the way you're looking at relationships at their most raw. It's heartbreakingly beautiful, hilarious and filthy.



Football mad Martín

Mexico dreams

Diego Luna stars in a World Cup comedy drama

NETFLIX Mexico 86

NEW *Available: Friday 5 June Genre: Comedy drama*

Diego Luna swaps Star Wars for sun-drenched football pitches in this timely one-off comedy drama telling the story of how the 1986 World Cup came to Mexico.

The *Andor* star plays Martín de la Torre, a bureaucrat who makes a pledge to make Mexico the first nation to stage the World Cup for a second time after Colombia withdraws as host.

Loosely inspired by real events, the action follows Martín as he launches a chaotic and politically charged last-minute plan in order to fulfil his promise.

'My character is fictional, but the film is based on many things we know happened,' says Mexican actor Luna. 'No one is expecting anything from Martín, and boom, suddenly he is in this position because Mexico is a country that allows these stories to happen.'

He says the film also reveals how the country rose from the ruins of a national disaster.

'Thousands of people died in a terrible earthquake that struck Mexico in 1985,' explains Luna. 'But we ended up putting on the World Cup no matter what. It's a World Cup that wasn't supposed to happen in Mexico, but it ended up being a great one.'

Memo Villegas as Hugo Sánchez and Diego Luna as Martín de la Torre

WORDS: CAREN CLARK, SEAN MARLAND, IAN MACEWAN. PHOTOS: BBC, C4, ©2026 DISNEY & ITS RELATED ENTITIES. 5, GETTY, NETFLIX, ADOBE STOCK

Clockwise from top left: Josh, AJ, Abby, Davis and Kel

Work in progress

Mindy Kaling's comedy charts 20-something life in the Big Apple

Not Suitable for Work

NEW *Available: Tuesday 2 June*
Genre: Comedy Season: 1 Eps: 9 (three eps from 2 June, then two weekly)

Creator Mindy Kaling

Comedian and writer Mindy Kaling draws on hilarious personal experiences once again for her new comedy series *Not Suitable for Work*, following the lives, loves and careers of five 20-somethings living *Friends*-style in neighbouring apartments in New York.

'*Never Have I Ever* explored my teenage years, and *The Sex Lives of College Girls* was about my time at [Ivy League university] Dartmouth,' says Kaling, who played Kelly Kapoor in the US version of *The Office*. 'This is about when I moved to New York, and it's the funniest show I've ever worked on.'

Nicholas Duvernay plays medic and aspiring actor Kel, who lives with nepo kid and TV production assistant Josh (Jack Martin) and lovelorn financier Davis (Will Angus). Across the hall, fashion stylist Abby (Avantika) lives with best friend AJ (Ella Hunt), who has relocated from Boston to work at Davis' bank.

HOME TRUTHS

Kaling also mined her past for *The Mindy Project*, the romantic-comedy series she created and starred in after *The Office*, in which her gynaecologist lead character was inspired by her mother. The 46-year-old says she's proud to have created a series of roles for actors of Indian descent – and *Not Suitable for Work* follows that trend with the casting of Avantika, who began her career in Indian cinema.

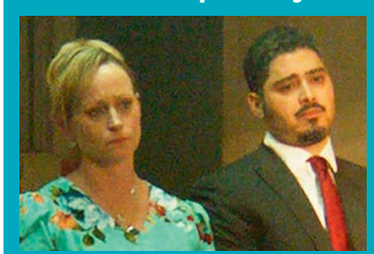
'I love seeing how confident young women are, particularly young Indian-American women – and how unafraid they are to be activists, speak their mind, and do their craft,' says Kaling. 'When I was younger, I didn't have the same compassion for 20 year olds that I do now. I was like: "They are all my competitors!"'

Next up, Kaling says she would like to create a show reflecting the latest chapter in her life, about 40-something singletons living, like her, in Los Angeles.

'Whether you are divorced, never married, or widowed – what does that look like?' she says. 'That's the kind of show I would want to watch.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



5 Under Suspicion: Kate McCann

5's true-life drama explores how, after Madeleine McCann vanishes in Portugal in 2007, her mum Kate (Laura Bayston) faces interrogation and detectives try to get her to admit she had a role in her disappearance.

BBC iPLAYER Death Valley

As the whodunnit returns on BBC1, retired actor John (Timothy Spall) helps cop Janie (Gwyneth Keyworth) unravel the truth behind a death at a castle. But when he infiltrates a group doing community service there, surprising motives arise.

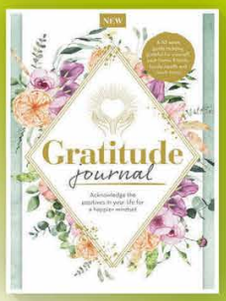
4 Falling

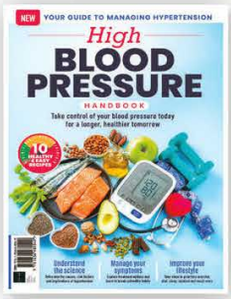
In C4's drama, nun Anna (Keeley Hawes) is stunned when troubled priest David (Paapa Essiedu) visits her convent and she is romantically drawn to him. After she reveals her feelings, they must work out how they really want to live their lives.

BBC iPLAYER Great Continental Railway Journeys

Michael Portillo hops on board once more for a trip through Europe on BBC2. He begins in Sardinia, where he tries myrtle liqueur, while in Corsica, he visits the Pont du Vecchio viaduct and meets grumpy bees.

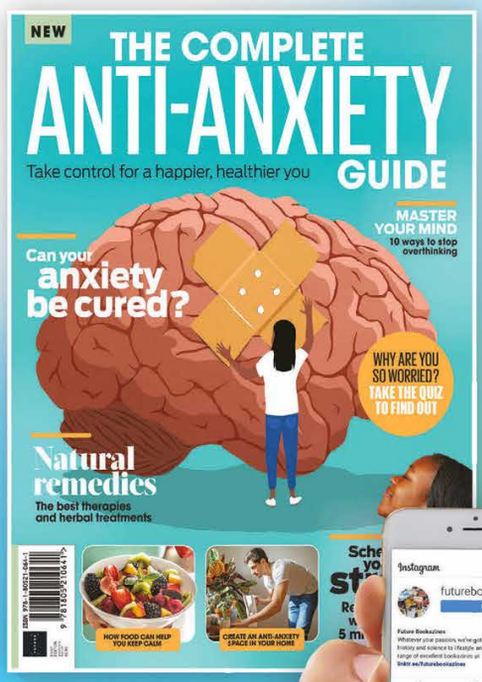
NEW
20-MINUTE
AIR FRYER
MEALS
100+ Recipes & tips
Simpler, healthier food for when you're short on time
TASTY MEALS ON THE TABLE FAST!
Quick breakfasts • Fuss-free lunches • Easy weeknight favourites • Last-minute desserts

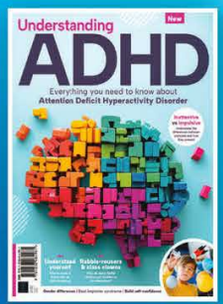




INSPIRING READS FOR A HAPPIER YOU

From travel and food to mindfulness and fitness,
discover motivational books to enrich and enhance your life


NEW
THE COMPLETE
ANTI-ANXIETY
GUIDE
Take control for a happier, healthier you
MASTER YOUR MIND
10 ways to stop overthinking
Can your anxiety be cured?
WHY ARE YOU SO WORRIED? TAKE THE QUIZ TO FIND OUT
Natural remedies
The best therapies and herbal treatments
HOW FOOD CAN HELP YOU KEEP CALM
CREATE AN ANTI-ANXIETY SPACE IN YOUR HOME



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Pick of the new releases

The best new shows to enjoy this week on streaming services...

The Twelve: Cape Rock Killer

Sunday 31 May

Sam Neill returns as barrister Brett Colby in the third season of the Australian courtroom drama. This time, Brett defends the husband of an old friend accused of murder. As the trial unfolds, a 1968 cold-case killing of two teens is reopened. Also on Sun, 10.45pm & 11.45pm, ITV1. See feature, page 11.

The 51st AFI Life Achievement Award: A Tribute to Eddie Murphy

Sunday 31 May

Chris Rock and Mike Myers are among those honouring Eddie Murphy for his decades-long impact on movies and comedy at a star-studded gala held at the Dolby Theatre in LA in April.

Poldi

Lawmen: Bass Reeves

Monday 1 June

David Oyelowo stars as escaped slave and real-life frontiersman Bass Reeves, one of the first Black Deputy US Marshals in American history, who captured more than 3,000 dangerous criminals. With Dennis Quaid and Donald Sutherland. Previously shown on Paramount+ in 2023.

Not Suitable for Work

Tuesday 2 June

The latest comedy from *Never Have I Ever* and *Running Point* co-creator Mindy Kaling revolves around five 20-somethings striving for professional success and personal happiness in Manhattan. *Dickinson*'s Ella Hunt stars, while *The Gilded Age*'s Harry Richardson and *Grey's Anatomy*'s Greg Germann have recurring roles. See feature, page 17.

Clarkson's Farm

Wednesday 3 June

The fifth season of the show following Jeremy Clarkson as he runs his 1,000-acre farm in the Cotswolds. Amid a government budget that sends the farming community into uproar, Clarkson decides big changes are needed to make Diddly Squat operate more smoothly.

Will Trent

Wednesday 3 June

The fourth run of the crime drama starring Ramón Rodríguez as Special Agent Will Trent of the Georgia Bureau of Investigation. A figure from Will's past escapes from prison, leading him to defy orders and launch a search that rips open old wounds and threatens to destroy everything he's fought to rebuild.

Poldi

Thursday 4 June

Documentary about footballer Lukas Podolski, the son of Polish immigrants, who helped Germany win the 2014 World Cup. He has built a significant business empire in Germany, including kebab shops.

Night Shift for Cuties

Thursday 4 June

Indonesian comedy. Two K-pop superfans go from besties to rivals when the chance to see their favourite group in Korea tests the limits between devotion and obsession.

The Murder of Rachel Nickell

Thursday 4 June

Documentary about 23-year-old Rachel Nickell, who was stabbed to death in broad daylight on London's Wimbledon Common in 1992, with her two-year-old son Alex the only witness. It explores the flawed police investigation, including the prosecution of the wrong man.

The Legend of Vox Machina

Wednesday 3 June

The fourth season of the adult animated fantasy series takes place a year after the Vox Machina rebels confronted the Chroma Conclave dragons. The heroes are now scattered across the globe, but when a long-slumbering evil awakens to threaten the realm, they must reunite to take on an epic foe.

Office Romance

Friday 5 June

Romantic comedy starring Jennifer Lopez and *Ted Lasso*'s Brett Goldstein, who also co-wrote the film. She is the CEO of an airline, he's the new company lawyer, and the pair start a secret office romance. With *GLOW*'s Betty Gilpin, *Veep*'s Tony Hale and *The Diplomat*'s Bradley Whitford.

The Witness

Thursday 4 June

Drama centring on Rachel Nickell's young son Alex and her partner André Hanscombe as they deal with the devastating impact of her murder, including the unscrupulous media attention and the increasingly desperate police investigation. *This Town's* Jordan Bolger stars as Hanscombe, alongside Kerry Godliman and *Hijack*'s Neil Maskell. See feature, page 6.

Cape Fear

Friday 5 June

Psychological thriller inspired by Martin Scorsese's 1992 film. The lives of happily married attorneys Anna (Amy Adams) and Tom Bowden (Patrick Wilson) unravel when Max Cady (Javier Bardem), the notorious killer they helped put behind bars, is released from prison and seeks vengeance. See feature, page 14.

Teach You a Lesson

Friday 5 June

Korean comedy series. When respect collapses in schools, unconventional inspectors from government agency the Educational Rights Protection Bureau arrive to restore order with no-nonsense lessons that can't be found in textbooks.

Mexico 86

Friday 5 June

Sports comedy starring *Andor*'s Diego Luna as a Mexican bureaucrat whose passion for football makes him determined that Mexico will host the World Cup for the second time, but achieving his dream means breaking a few rules. See feature, page 16.

The Marked Woman

Friday 5 June

Spanish thriller. A woman is found gagged and bound inside a container in the port of Barcelona, unable to remember who she is or how she got there. Two detectives race against time to discover her identity and the secrets hidden in her memory.

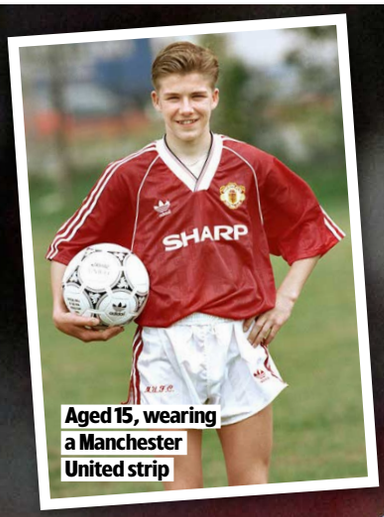
Devil in the Dust

Friday 5 June

Supernatural western. In 1859, a grieving, cynical doctor (Guy Pearce) reluctantly agrees to escort a former slave (DeWanda Wise) across the Arizona desert to see a preacher to exorcise a young girl in her care, whom she believes is possessed. See review, page 23.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

Documentaries



Aged 15, wearing a Manchester United strip

Brand it like Beckham

How **Sir David Beckham** used his image to become a global star

FACTUAL

David Beckham: In Ten Pictures

Thursday, 9pm, BBC2

When David Beckham was 11 years old, he was featured in a newspaper article for winning a soccer-skills competition. Forty years on, the former Manchester United and England star – known today as Sir David, having been knighted in 2025 – has become one of the most photographed men on the planet.

Now, this week's instalment of *In Ten Pictures* shows how Beckham has used his image and good looks to turn himself into a national hero and a global brand by knowing when to take risks and when to play the media at its own game.

Just a few weeks ago, it was revealed that he had become Britain's first billionaire sportsman.

'He is the most influential footballer, in the biggest sense of the word, that there has ever been,' says PR agent Alan Edwards.

CHANGING THE GAME

Using iconic photographs across Beckham's career, this programme charts his highs, from signing for Manchester United as a teenager to marrying Spice Girl Victoria Adams in 1999. It also shows how he redefined mainstream ideas of masculinity by wearing a sarong on a night out with Victoria and

The Mother of All Cons

Sun, 9pm, BBC2 (box set, BBC iPlayer)

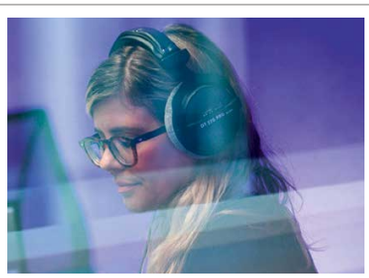
The British charity Believe in Magic was founded in 2012 by 16-year-old Megan Bhari and her mother Jean O'Brien (both above) to grant special wishes to seriously ill children. Bhari herself was living with a brain tumour – or so supporters believed. But as this three-part documentary reveals, the charity was built on a lie…

Bear Grylls Is Running Wild

Tuesday, 9pm, Sky One

This week, the survival expert is joined by Michelle Monaghan (both left), star of *The White Lotus* and *True Detective*.

Together, the pair trek through the USA's Great Basin Desert, where they face a skydive, tarantulas, snakes, a canyon leap and a dangerous rope traverse.



Emma Barnett: Fighting Endometriosis

Monday, 9pm, BBC2

Broadcaster Emma Barnett (above) shares her struggle with endometriosis, a chronic disease affecting one in 10 women in the UK. She travels the country to meet other women living with the painful condition that can have an impact on fertility, and challenges the misconceptions that surround women's health.

WORDS: NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, GETTY, SKY, C4, PROPAGATE CONTENT LLC

With the family at the premiere of 2023 Netflix documentary *Beckham*

posing for gay magazine *Attitude*.

'The sarong, this shook the world,' says Dylan Jones, former editor of *GQ* magazine. 'It was unthinkable for a footballer to wear something like that.'

Beckham has also challenged British notions of class, from being mocked for his lavish wedding, which was dubbed tacky because it included gold thrones, to transforming himself into an archetypal English gent in recent photo shoots.

He was sent off at the 1998 World Cup

MEDIA CIRCUS

However, he has not always had things his own way and he faced worldwide scrutiny after a series of public scandals, which included getting a red card in a crucial World Cup game in 1998, allegations of an affair with his PA Rebecca Loos in 2004, and losing his cool when he was overlooked for a knighthood in 2013.

'To live in the spotlight and to be constantly feeding the machine, you have to be really, really committed,' says photographer Platon, who took the iconic photograph of Beckham showing his tattoos of his children's names.

FAMILY FEUD

The documentary also shows how the Beckhams successfully turned their children into part of their brand, and how that eventually backfired when their eldest son Brooklyn publicly disowned them earlier this year.

'You are projecting an image of a wholesome, secure, perfect family unit,' says Jones. 'The problem is that families are not perfect.'

Hidden Treasures of the National Trust

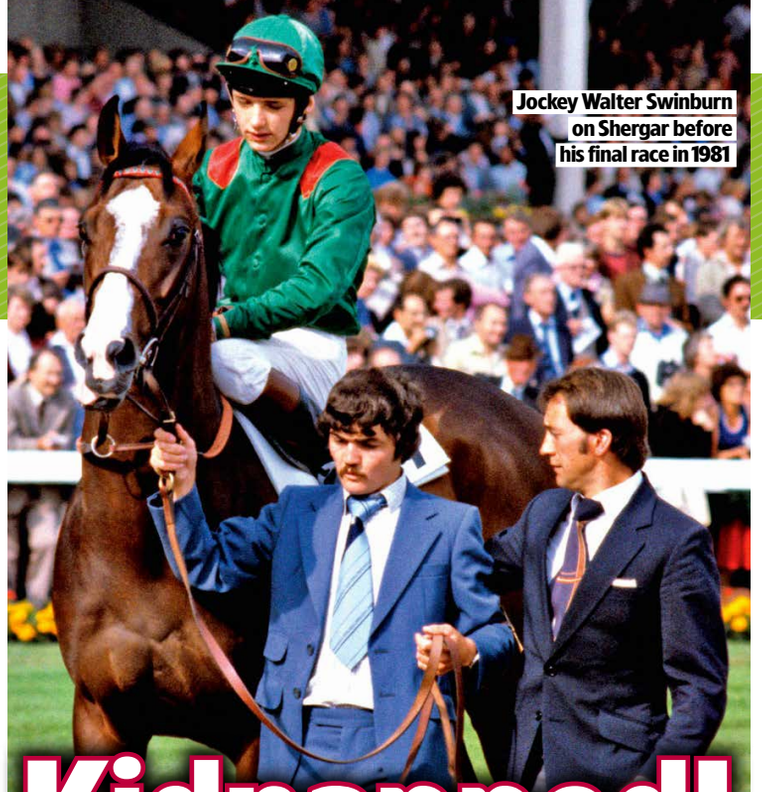
Friday, 9pm (times vary), BBC2

Stuffed birds, preserved reptiles and mounted fish are among the attractions at the first of this week's properties, 17th-century Calke Abbey in Derbyshire. There's an equally eccentric collection at Snowshill Manor in the Cotswolds, with 22,000 curiosities from clocks to samurai armour (above).

Tracks of My Years

From Sunday 31 May, BBC iPlayer & BBC Sounds

With a new Rolling Stones album, *Foreign Tongues*, coming out in July, rockers Sir Mick Jagger and Ronnie Wood (pictured with bandmate Keith Richards) join Vernon Kay to discuss their early days, meeting their heroes, collaborating with Sir Paul McCartney, and fond memories of late drummer Charlie Watts.


Jockey Walter Swinburn on Shergar before his final race in 1981

Kidnapped!

Was **superstar racehorse Shergar** snatched by the IRA?

NEW FACTUAL

Shergar: The Racehorse and the IRA

Saturday, 8pm, C4

In the 1980s, racehorse Shergar was a household name, winning prestigious races at a canter, including the 1981 Epsom Derby, becoming the only horse in history to win the event by 10 lengths.

'He simply pulverised the opposition,' says broadcaster Ivan Yates in this new documentary. 'He was poetry in motion.'

Shergar was owned by multimillionaire royal the Aga Khan, and when he was put out to stud, he was valued at £10m, making him the most expensive horse in the world.

But on 8 February 1983, three armed men in balaclavas stormed the Ballymany Stud in County Kildare, Ireland, drove Shergar away in a horsebox and demanded a £2m ransom.

'It equates to somebody walking into the Tower of London, taking the Crown Jewels, with no security around, and walking straight out,' says former jockey Jane Mangan.

The scene of the crime at the stables

Back then, Northern Ireland was at the height of the sectarian conflict known as the Troubles. The documentary examines how the Irish Republican Army (IRA) used kidnap and extortion to fund its campaign against the British government, and due to the expertise used in Shergar's theft, they were thought to be responsible.

Some attempts were made to extort the ransom, but mere days after Shergar was taken, a phone call was made saying an accident had happened and the horse was dead.

INTO THIN AIR

No proof was ever provided, and even now rumours still circulate about what really happened.

'I've heard many theories,' explains Mangan. 'The one I think is the most plausible is that the horse wasn't simple to manage. I wouldn't be surprised if they underestimated what they had taken on.

'There have been many great racehorses and there's no doubt that Shergar was one of them. But his story and disappearance have ensured that his name will be forever remembered, not just as a racehorse but as folklore.'

Films Our pick of this

MOVIE OF THE WEEK

Lee Cronin's THE MUMMY

This terrifying take an a classic old-school monster hurtles it into the 21st century...

HORROR

Available now, buy or rent at digital stores including Prime Video and Sky Store

★★★

Irish director Lee Cronin's name in the title signals that this horror movie is claiming to give us something different from the previous films that have repeatedly exhumed the legendary monster in its many guises, from Boris Karloff's 1932 Universal Pictures classic to Tom Cruise's misfiring 2017 reboot. And, yes, Cronin's film isn't like any of its predecessors, reworking *The Exorcist* with some Egyptian lore thrown in, creating an effective shocker.

Standing in here for *The Exorcist*'s Regan is 16-year-old American Katie (a terrific Natalie Grace) who starts behaving demonically after she is freed from an ancient sarcophagus, wrapped in mummy-like bandages and deeply catatonic, eight years after she was kidnapped while her family (now back home in New Mexico) was living in Egypt. Cronin, maker of 2023's *Evil Dead Rise*, really goes to town with Katie's ever more creepy and violent, clearly demonic actions and serves up plenty of shocks and darkly comic scares along the way.

The film takes rather too long setting up the story, and establishing the place in it for Jack Reynor and Laia Costa as Katie's frantically concerned parents and their other increasingly imperilled children, but the frenzied family dynamics are what make the horror work. 2026, 15, 134MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY PICTURES: ALAMY

More premieres and Day by Day planner ›››

week's Best Movies

DRAMA

The Plague

Sunday, 6.30am & 6.05pm, Sky Premiere ★★★★

The toxic, sadistic nature of young boys is laid out in this exquisitely shot but deeply unnerving movie from writer-director Charlie Polinger. Set at a water polo summer camp in 2003 for 12/13 year olds, it sees new kid Ben (Everett Blunck) attempt to ingratiate himself with a bunch of boys led by smirking bully Jake (Kayo Martin). Ben sees what happens when you're on the outside of the gang – they've ostracised odd loner Eli (Kenny Rasmussen), claiming he has the plague and it's contagious, with even their coach (Joel Edgerton) incapable of doing anything. The underwater scenes are remarkable, the acting by the kids is sensational and the disquieting score genuinely unsettling. A tough but utterly superb watch. 2025, 15, 98MIN

In deep: Everett

Tentative steps: Will and Laura

DRAMA

Is This Thing On?

Available now, Disney+ ★★★

With his marriage to Tess (Laura Dern) collapsing in front of him, depressed Alex (Will Arnett) finds solace in the most unlikely of places –in front of an audience doing stand-up comedy. Bradley Cooper's movie follows the pair as they separate and look to rebuild themselves, as well as see whether there's anything salvageable from their relationship. Although set in New York this is based, rather incredibly, on Liverpudlian John Bishop's start in comedy after splitting with his wife. It's a grounded, wonderfully acted piece, with Cooper himself snagging the funniest role as Alex's self-involved actor best friend. The film though, belongs to Arnett and Dern, who turn in performances that hit home with force and a convincing sense of honesty. 2025, 15, 121MIN

WESTERN CHILLER

Devil in the Dust

From Friday, Paramount+ ★★★★

Painting the Old West as less a frontier and more a dystopia, writer-director Ned Crowley has created a mythic western where unknowable supernatural elements abide. Freed slave Sarah (DeWanda Wise) enlists the help of a drug-addict doctor (Guy Pearce) to accompany her and her little white daughter on a deadly trek to a town with a famed healer (Bill Pullman). The girl causes death by touch, or so the locals believe, and her ma wants the preacher to purify the kid. It's a fascinating film that's difficult to categorise, with Pearce once again displaying what a supremely gifted actor he is. 2025, 15, 108MIN

West world: Guy and DeWanda

Get ready: Liam, Joe and Georgina

COMEDY HORROR

Cold Storage

Available now, buy or rent from digital stores ★★★

A fun gross-out comedy horror, this stars Georgina Campbell and Joe Keery as indifferent employees of a rental storage facility, who must battle a deadly virus alongside Liam Neeson's long-in-the-tooth agent. It's a little bit of *The Last of Us* sprinkled with the zing of *Tremors*, which is to say there's nothing particularly new here, but what it does it does with brio. The leads are uniformly great, with a pleasant chemistry brewing between Campbell and Keery, while cheeky cameos from Lesley Manville and Vanessa Redgrave also liven up matters. 2026, 15, 99MIN

Films

CRIME DRAMA

Dead Man's Wire

Friday, 8am & 8pm, Sky Premiere ★★★★

Recalling the classic 1975 movie *Dog Day Afternoon* starring Al Pacino, the latest from director Gus Van Sant also has a mesmeric lead in Bill Skarsgård. It's a true story, too, set in 1977 Indianapolis where Skarsgård's jangly, desperate Tony Kiritsis goes to the office of ML Hall (Pacino himself, in a classy cameo) – convinced his mortgage company had destroyed him – but as ML's on vacation sees his son Richard Hall (Dacre Montgomery) and promptly takes him hostage.

He does this by placing a looped wire around Hall's neck that's attached to the trigger of a sawn-off shotgun. So if anything happens to Kiritsis, the trigger goes off, leaving the local cops helpless to intervene... As a twitchy Kiritsis signals his demands, he corrals local DJ Fred Temple (a wonderful Colman Domingo) to help with negotiations.

Van Sant's drama draws beautifully on the time period with a graininess and jerkiness that harks back to the era's cinematic history, bolstered by a cracking soundtrack. It's an incredible, mildly surreal story but Skarsgård's complete performance sells it convincingly. Whether you see him as a wronged man fighting a corrupt system, or a demented loser out of touch with reality is a choice Van Sant offers without really tipping the balance one way or the other. 2025, 15, 104MIN

Statement maker: Dacre and Bill

Hidden gems Great movies you might have missed...

BIOPIC

Capote

MGM+ ★★★★

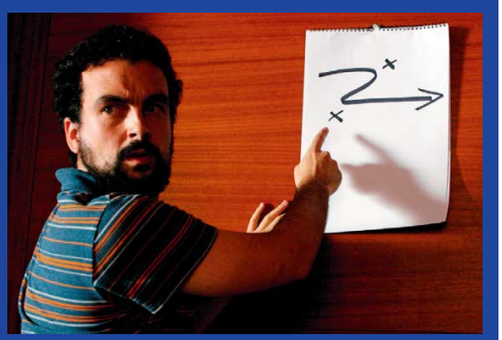
The absorbing, chilling story about eccentric gay author Truman Capote and the five years he spent on his book *In Cold Blood* is grippingly handled and the acting's marvellous. Philip Seymour Hoffman won a Best Actor Oscar for his tour-de-force as Capote, who becomes fascinated by the case of the slaughter of a family by two drifters and befriends Perry Smith (Clifton Collins Jr), the more complex of the two murderers. 2005, 15, 114MIN

FANTASY

Pete's Dragon

Disney+ ★★★★

Disney's 1977 family movie about an orphaned boy who befriends a giant green dragon gets a whizzy CGI makeover with this entertaining fantasy adventure. The digital effects turn Elliot the dragon into an impressively solid, very striking and endearing figure. The beautiful setting – the wilds of the American northwest where the dragon takes the five-year-old Pete (Oakes Fegley) under his wing – proves similarly beguiling. 2016, PG, 103MIN



SCI-FI THRILLER

Timecrimes

Prime Video ★★★★

A stunningly conceived movie from Spain, this is a seriously twisty thriller. Just moved into his new house with his wife, Karra Elejalde ends up – after a series of inexplicable events – at a laboratory with a machine that sends him back in time exactly an hour. And that is merely the start of this beautifully constructed, if intricately complex, puzzler. It's dark and demented stuff, but utterly gripping and head scratching, too. **Subtitled.** 2007, 15, 92MIN

Saturday 30 May

DOCUMENTARY

Apollo 11

7.30pm, Sky Mix ★★★★★

Sex ●●● Violence ●●● Language ●●●

Released in cinemas to celebrate the 50th anniversary of the first moon landing, this breathtaking documentary recaptures the awe and wonder of NASA's *Apollo 11* mission. Drawing on a rich trove of archive material, including previously unseen 65mm colour footage, the film looks at the mission afresh – from blast off to those immortal first steps. The images here have a thrilling immediacy, putting us in the cockpit with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, with composer Matt Morton's pulsating score, created on a vintage Moog synthesiser, adding to the film's immersive excitement. 2019, U, 93MIN

Defying gravity!

PRISON MUSICAL

Jailhouse Rock

9.40am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

In his early screen career, Elvis Presley had a surly charisma. Alongside *King Creole* (made the following year), this is the movie that best captures that all-too brief phase. He's a tearaway who's sent to jail on a manslaughter charge after a bar-room brawl. Befriended by ex-country and western singer Mickey Shaughnessy, he's soon strumming and swivelling his way to stardom. The King reputedly did the choreography for the famous title number himself. Sadly, co-star Judy Tyler was killed in a car accident just after they finished filming. 1957, U, 96MIN

ACTION THRILLER

Wrath of Man

9.30pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Jason Statham is a cash-truck driver with a murky past in this violent man-on-a-mission caper written and directed by Guy Ritchie. After two blood-soaked incidents in a row, it becomes increasingly obvious that Statham's H is not who he says he is. The script is comically macho, while the plot flashes back and forth in whiplash-inducing fashion. Beyond that, though, this is an exciting, fast-paced, if highly improbable, revenge flick, with a scenery-chewing cast that includes Josh Hartnett and Andy Garcia. 2021, 15, 119MIN

COMEDY DRAMA

Lost in Translation

6.15pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

In Japan to film a TV ad, cynical actor Bill Murray is killing time in his Tokyo hotel. Also out of place there is Scarlett Johansson, who's married to a man she has nothing in common with – showbiz photographer Giovanni Ribisi. The friendship that develops between the pair has a marvellous spontaneity – they're amused by each other's company, feel at ease together and just live happily in the moment. It's a story spun from virtually nothing and yet this modern classic works brilliantly by just running on the vibes of that captivating central relationship. 2003, 15, 102MIN

ACTION THRILLER

Taken

10.50pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

The inaugural vigilante thriller sees Liam Neeson's former superspy going into vengeful overdrive when his daughter (Maggie Grace) is kidnapped on a trip to Paris. Neeson is on his finest tough-guy form as he heads to France to rescue her, reverting from loving father to all-guns-blazing action man. Director Pierre Morel's brutal, brilliantly staged French-made pulp-fiction thriller has some terrific action scenes as the body count reaches epic proportions. 2008, 18, 94MIN

■ Full listings start on p35

Sunday 31 May

ACTION COMEDY

The Nice Guys

10.30pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

The mismatched buddy formula works a treat in this cracking action comedy set in sleazy 1977 LA. Russell Crowe and Ryan Gosling display a breezy chemistry as rival private eyes reluctantly teaming up to find a missing girl. Crowe is great as the more heroic of the pair, Jackson Healy, an unlicensed thug with a conscience who beats up people for money. But it is Gosling, losing his usual on-screen cool to play boozy, unscrupulous private dick Holland March, who is the film's revelation, showing off an unexpected flair for slapstick comedy as his character goes through a series of bruising pratfalls. 2015, 15, 115MIN

Barfly private eyes: Ryan and Russell

CLASSIC MUSICAL

Singin' in the Rain

9.25am & 4.40pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

One of the best Hollywood musicals of all time is also one of the funniest films about the process of filmmaking, as Gene Kelly's matinee idol weathers the change from silent movies to talkies in the 1920s. The show-stopping moment is, of course, Kelly dancing in a downpour, while Donald O'Connor makes 'em laugh, Debbie Reynolds delights and Jean Hagen amuses with her surprisingly shocking vocal tones. This magnificent movie also boasts a witty script, dazzling choreography and lots of memorable songs. 1952, U, 102MIN

SCI-FI THRILLER

Edge of Tomorrow

6.05pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

This terrific sci-fi adventure stars Tom Cruise as a cowardly PR expert who becomes an unwilling soldier and ends up in a time loop, reliving the same day of combat against an extraterrestrial race again and again. As Cruise's clumsy wimp gradually hones his fighting skills, he teams up with Emily Blunt's badass veteran warrior in a bid to defeat the tentacle-waving enemy. The darkly comic early scenes are the best, but Cruise is a winner all the way, whether as a gung-ho hero or the butt of the joke, while Blunt provides him with muscular support. 2014, 12, 113MIN

CLASSIC WESTERN

The Searchers

3.30pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

John Wayne's Ethan Edwards and his adopted nephew (Jeffrey Hunter) go in search of his niece (Natalie Wood) who has been kidnapped by Comanches. However, when they discover Wood has become a Comanche, it's possible that racist Edwards may kill rather than rescue her... One of the greatest ever westerns, this balances a realistic sense of the hardship of frontier life with moments of humour. Wayne gives a career-best performance, while Wood and Hunter are also excellent – and director John Ford's landscapes are iconic. 1956, U, 114MIN

BIOPIC

Lion

12.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on an extraordinary true story, this biographical drama will put your heart through the wringer. In 1986 India, a five-year-old boy falls asleep on a train and ends up almost a thousand miles from home in Calcutta, with no idea of where he's from. After some harrowing scrapes, he's adopted by Aussie couple Nicole Kidman and David Wenham and grows up into Dev Patel. Then the taste of an Indian sweet triggers a remarkable search for his home village. 2016, PG, 118MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 1 June

THRILLER

Monolith

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

An intriguing Australian thriller featuring a gripping solo turn by Lily Sullivan. She plays a disgraced journalist who tries to relaunch her career with a podcast investigation into a conspiracy theory involving people receiving mysterious black bricks that seem to possess a strange power. Before things turn really eerie, the film is a bit too much of a slow burn but Sullivan's bravura performance (the other characters are only heard as voices on the end of the phone) holds things together well. 2022, 15, 94MIN

Headset horrors: Lily

TEEN COMEDY

Ferris Bueller's Day Off

10.15am & 8pm, Sky Decades ★★★★

Sex ●●● Violence ●●● Language ●●●

One of director John Hughes' best 'Brat Pack' movies which both applauds teen rebellion and satirises it at the same time. Matthew Broderick is perfectly cast as the high-school loafer who engineers a day of truancy with the precision of a military operation. *Dirty Dancing*'s Jennifer Grey also makes a big impression as the seething bundle of envy that is his kid sister. 1986, 12, 103MIN

PERIOD ROMANCE

On Swift Horses

10.20pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

An intricate weave of love and passion in 1950s' America with a top-tier cast, this romantic period drama is engaging without quite igniting. It tells of Daisy Edgar-Jones' unwilling housewife to kindly Will Poulter and her sexual awakening with local boho Sasha Calle, while Poulter's gay cardsharp brother, Jacob Elordi, dives in and out of scrapes before meeting hustler Diego Calva. It looks gorgeous, and the cast put in a terrific performances. 2024, 15, 119MIN

HORROR COMEDY

Zombieland

8pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

In this crazy horror comedy, a gun-toting Woody Harrelson and nervy Jesse Eisenberg make a great double act as mismatched loners in an America overrun by zombies. Along the wasted, corpse-strewn road to the supposed sanctuary of an LA amusement park, they meet a pair of con women (Emma Stone and Abigail Breslin) and Bill Murray in a disguise. Sometimes hilarious, often hysterical, this is always fun. 2009, 15, 88MIN

HORROR THRILLER

Firestarter

10.55pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

A solid version of Stephen King's 1980 novel about a girl (Ryan Kiera Armstrong) cursed with pyrokinesis, who flees with her dad (Zac Efron) when a government agency seeks to harvest her powers. This version leans harder into the father/daughter dynamic than the 1984 Drew Barrymore one and boasts a nifty score by Cody Carpenter and his film director dad John. 2022, 15, 95MIN

Full listings start on p55

Tuesday 2 June

REVENGE WESTERN

Django Unchained

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Quentin Tarantino's blaxploitation western is an audacious and bloodily violent revenge fantasy. Jamie Foxx plays a whip-scarred slave who is saved from a Deep South chain gang by Christoph Waltz's dapper bounty hunter, who in turn agrees to help him rescue his enslaved wife (Kerry Washington) from Leonardo DiCaprio's sadistic Mississippi plantation owner. The film has its flaws, but the best sequences are simply dazzling and Waltz, Foxx and DiCaprio play off each other brilliantly. 2012, 18, 165MIN

Tracking trouble: Christoph and Jamie

SUSPENSE DRAMA

Captain Phillips

11.35am, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Paul Greengrass ramps up the edge-of-seat tension in this shattering thriller about the hijacking of American container ship *Maersk Alabama* by Somali pirates in 2009. At the story's heart are two men from very different worlds: Tom Hanks' veteran captain and Barkhad Abdi's desperate young pirate leader. Their battle of wits unfolds with unbearable tension thanks to the leads' outstanding performances. 2013, 12, 134MIN

PERIOD DRAMA

Belle

6.45pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Loosely inspired by a true story, this is a compelling period drama. Dido Elizabeth Belle (Gugu Mbatha-Raw) was the illegitimate daughter of a Royal Navy captain and African slave. Raised in 18th-century England by Lord Mansfield (Tom Wilkinson), she inspires him to make a landmark ruling against the slave trade. The real Dido's biography is treated rather fancifully, but the superb Mbatha-Raw brings her story vividly to life. 2013, 12, 104MIN

CRIME DRAMA

Dog Day Afternoon

1.55pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Incompetent crooks Al Pacino and John Cazale make a mess of a bank robbery and become the centre of a media circus when the place is surrounded by cops and TV crews. Pacino needs the money to pay for a sex-change operation for his gay lover. Pacino gives a gritty performance in this strident black comedy based on a true story, but ironically, it's Cazale's low-key turn as his dim-witted accomplice that sticks in the mind. 1975, 15, 130MIN

WAR DRAMA

Defiance

11.30pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

A powerful and gritty drama about the real-life Jewish Bielski brothers (played by Daniel Craig, Liev Schreiber, Jamie Bell and George MacKay) who in 1941 Belarussia took refuge in a forest and formed their own partisan brigade to fight the Nazis. An accomplished film with sterling acting, telling a special and little-known story. 2008, 15, 131MIN

Full listings start on p65

Wednesday

PERIOD HORROR

Sinners

3.20pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

In the 1930s, Michael B Jordan's identical twins return to their Mississippi home town to open a juke joint under the noses of the Ku Klux Klan. The twins gather talented blues players, including Miles

Bad moon rising: Michael and co

ROMANTIC DRAMA

A Star Is Born

9.05am & 10.30pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Thanks to electrifying performances from Lady Gaga and director and co-writer Bradley Cooper, this bittersweet showbiz saga – previously filmed in 1937, 1954 and 1976 – is still fresh. Cooper plays a hard-drinking country-rock star and Gaga the struggling singer-songwriter he falls for, but as her career takes off his slides, with tragic results. The film won a Best Song Oscar for *Shallow*. 2018, 15, 136MIN

SCI-FI THRILLER

10 Cloverfield Lane

1.35pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Mary Elizabeth Winstead's car-crash survivor wakes to find herself trapped in a bunker with John Goodman's creepy survivalist. He says he's rescued her from an apocalyptic calamity that has rendered the outside world uninhabitable. But is the real peril inside? The tension is slowly cranked up in this gripping thriller as the mood slides between black comedy and white-knuckle scares. 2016, 12, 93MIN

3 June

Caton and Delroy Lindo, to make it an opening night to remember. It turns out to be a lot more unforgettable than they intended though, when Jack O'Donnell's vampire turns up. Writer-director Ryan Coogler's allegory of America's racist past is an audacious mash-up of gore and black cultural iconography. 2025, 15, 138MIN

Thursday 4 June

DRAMA

Bombshell

11.40pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This juicy take on TV anchor Gretchen Carlson's 2016 sexual harassment suit against Fox News supremo Roger Ailes (John Lithgow) explodes like a megaton bomb, as Fox's screen queens battle the king of cable news. Nicole Kidman as Carlson, Charlize Theron as Megyn Kelly and Margot Robbie as an ambitious researcher (a composite character) bring movie-star wattage to their roles, while director Jay Roach revs up your anger, as well as sniffing out the dark humour. 2019, 15, 109MIN

Legally blonde: Charlize, Nicole and Margot

ADVENTURE DRAMA

Rescue Dawn

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Werner Herzog's inspiring PoW drama relates the true story of how American pilot Dieter Dengler (Christian Bale) escaped from captivity after crashing his plane in Laos during the Vietnam War. It is a routine survival adventure, but the unshakeably optimistic and determined Dengler has much in common with the obsessive visionaries who populated Herzog's masterpieces *Fitzcarraldo* and *Aguirre, Wrath of God*. 2006, 12, 125MIN

SCI-FI HORROR

M3GAN

11.25pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Inventor Allison Williams gives an AI 'Model 3 Generative Android' companion she's been working on to her orphaned niece (Violet McGraw). But this angelic-looking automaton's a bad 'un... M3GAN – a combo of CGI, animatronics and the voice-body double act of Jenna Davis and Amie Donald – is pleasingly creepy, but the film's more interested in being funny than scary. 2022, 15, 102MIN

■ Full listings start on p75

DISASTER MOVIE

Twisters

4.05pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

A terrific suspense sequence opens this reboot of the 1996 hit. Daisy Edgar-Jones is an intuitive ex-storm-chaser who, following a tragedy, now sits behind a desk. Then old pal Anthony Ramos needs her help to chase a cluster of twisters set to raze Oklahoma, while cocky social media star Glen Powell stands in their way. With a keen eye for rural Americana and its communities, this is a blustery blockbuster with real feeling. 2024, 12, 122MIN

ACTION THRILLER

The Bourne Legacy

8pm, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Jeremy Renner hits the ground running as a stand-in hero for the *Bourne* series. He's a genetically enhanced agent who's every bit as resourceful as the character embodied by Matt Damon when he's targeted by his duplicitous CIA bosses, too. Renner survives an attempt on his life in the wilds of Alaska and seeks out Rachel Weisz's biochemist in order to top up the drugs that boost his powers in this gripping addition to the franchise. 2012, 12, 135MIN

THRILLER

Cape Fear

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Covered in tattoos, menacing Max Cady (Robert De Niro) gets out of jail after 14 years determined to exact brutal revenge on his lawyer Sam Bowden (Nick Nolte), whose daughter (Juliette Lewis) and wife (Jessica Lange) are soon in peril, too. Martin Scorsese's cracking remake of the 1962 thriller (spot original stars Robert Mitchum and Gregory Peck) keeps the shocks coming all the way to the gripping finale. 1991, 18, 122MIN

ROMCOM

Fire Island

1.55am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

This brash, cheeky and often very rude romcom plays like a modern-day gay version of *Pride and Prejudice*. Joel Kim Booster (who also scripted) is the Elizabeth Bennet figure, a New Yorker embarking on his annual week of fun on the title Long Island resort who wants to find lovelorn pal Howie (Bowen Yang) a mate. Rich lawyer Will (Conrad Ricamora) is the Darcy figure. 2022, 15, 105MIN

■ Full listings start on p85

Friday 5 June

SCI-FI MYSTERY

Nope

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A disquieting and strange trip is in store in writer-director Jordan Peele's clever third movie (following *Get Out* and *Us*). The story gets off to a killer start before focusing on siblings Daniel Kaluuya and Keke Palmer, whose family has provided well-wrangled horses to Hollywood for generations. But something very odd and extremely scary is happening in the isolated gulch they inhabit, so they set out to record it. A shrewd melding of genres, this is full of wonderment, dread and surprises. 2022, 15, 130MIN

Ride or die: Daniel

PSYCHOLOGICAL DRAMA

Bring Them Down

11pm, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE A brooding, bloody psychological drama set in the stunning wilds of the west of Ireland, this is a tale of vengeance that's positively biblical. It concerns two feuding sheep-farming families: a pent-up Christopher Abbott along with his infirm but still powerful patriarch dad, Colm Meaney, set against bitter Paul Ready and his errant son, Barry Keoghan. The futility of it all makes the violence even more alarming. 2024, 15, 106MIN

BIOPIC

The Fighter

11.05pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Mark Wahlberg is a boxer in 1990s Massachusetts whose career is on the ropes in a superior drama based on a remakable true story. Christian Bale plays his crack-addicted half-brother, who insists on acting as his trainer, while their fearsome mother (Melissa Leo) is his manager. But then Amy Adams' barmaid persuades Micky to cut loose from his family. Wahlberg's less flashy lead turn gives the film its punch. 2010, 15, 116MIN

COMEDY HORROR

Bodies Bodies Bodies

11.20pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

A quintet of Gen-Zers come to regret seeing out a hurricane at one of their parents' mansions in this riotous comedy slasher that's brimming with waspish dialogue. Amandla Stenberg and girlfriend Maria Bakalova rock up uninvited to Pete Davidson's house. He's already upset his house guests, but the tense situation worsens when the title parlour game they decide to play turns deadly serious. 2022, 15, 94MIN

PERIOD HORROR

The Lighthouse

1.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Lighthouse keepers Willem Dafoe and Robert Pattinson struggle to hang onto their sanity during a four-week shift on a remote lighthouse off the coast of 1890s New England in this highly offbeat, deeply claustrophobic psychodrama. Writer-director Robert Eggers, maker of *The Witch*, has come up with another period shocker steeped in spine-tingling eeriness. 2019, 15, 109MIN

■ Full listings start on p95

Sport week

Your ultimate guide to the week

THE MAIN EVENT

Arsenal's Declan Rice and Ousmane Dembélé (PSG)

Champions League Final

Can **Arsenal** make history against PSG in Budapest?

LIVE FOOTBALL

Saturday, kick-off 5pm, TNT Sports 1 & HBO Max

Declan Rice, Bukayo Saka and their teammates will be hoping to write their names in Arsenal folklore when the Gunners take to the field for the biggest match in the club's history on Saturday evening.

The north London outfit face Paris Saint-Germain in Budapest's Puskás Aréna in the final of the Champions League, a competition the club has never won in its 140-year history.

Premier League champs Arsenal have appeared in the final once before, when they lost to a Barcelona side inspired by Samuel Eto'o and Ronaldinho in 2006, but two decades on they're determined to make up for that defeat.

To do so, Mikel Arteta's men will need to get revenge on PSG, who beat them in last season's semi-final, before demolishing Inter Milan to claim their maiden Champions League title.

With the Qatari-backed French side eliminating a much-fancied Bayern Munich in a thrilling semi-final, Arteta knows his team will need to be at their very best to prevail.

'We know the quality they have, but we are also very confident that we're going to deliver what we need to,' he says.

That confidence stems from an impressive victory over Atlético Madrid in the semis, while stars like William Saliba, Gabriel and goalkeeper David Raya have been outstanding in defence as the Gunners claimed their first Premier League title in 22 years.

Managers Mikel Arteta and Luis Enrique

POTENT ATTACK

However, the backline will face the most fearsome attack in world football on Saturday. Ballon d'Or winner Ousmane Dembélé, Georgian genius Khvicha Kvaratskhelia and French winger Désiré Doué have been in fine form and their coach has faith they can bring PSG a second Champions League title.

'What Arsenal have done this season is incredible,' says Luis Enrique. 'But I have confidence.'

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: ALAMY, GETTY, SHUTTERSTOCK

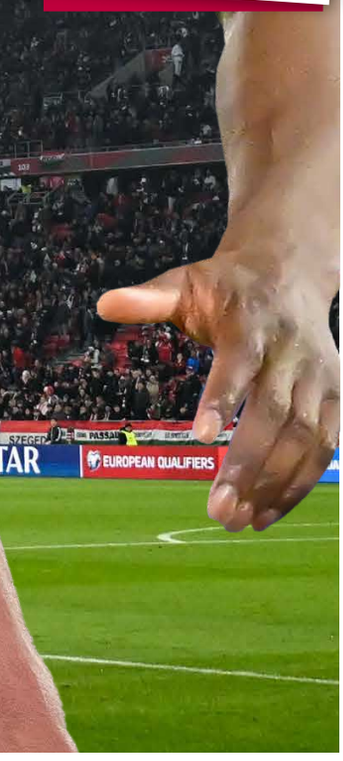
Forest's John McGovern

WE ARE THE CHAMPIONS

Can Arsenal become the eighth British club to lift the trophy?

Celtic 1967
Manchester United 1968, 1999, 2008
Liverpool 1977, 1978, 1981, 1984, 2005, 2019
Nottingham Forest 1979, 1980
Aston Villa 1982
Chelsea 2012, 2021
Manchester City 2023

Manchester City were the last British winners



Jacob Bethell

LIVE CRICKET

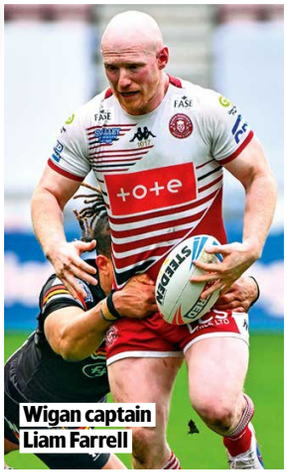
England v New Zealand: First Test

From Thursday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

Selectors have finally lost patience with opener Zak Crawley, who has been left out of the England squad to face New Zealand in the first Test at Lord's. His place has been taken by Durham's uncapped Emilio Gay, who will open ahead of a middle order that includes captain Ben Stokes and Jacob Bethell. The Black Caps squad features Kane Williamson, who is on course to become the first New Zealand batter to reach 10,000 Test runs. The Lord's Test will be followed by matches at The Oval and Trent Bridge.

- The Indian Premier League final takes place on Sunday (play starts 3pm, Sky Sports).

New Zealand veteran Kane Williamson


Wigan captain Liam Farrell

LIVE RUGBY LEAGUE

Challenge Cup finals

Saturday, BBC1 & BBC2

Wigan Warriors fans have a double-header to enjoy when their men's and women's teams travel to Wembley. The action kicks off at 11.45am on BBC2 as Warriors women defend their crown against St Helens in a repeat of last year's final, which they won 42-6. That's followed by the men's final on BBC1 as Wigan's veteran captain Liam Farrell seeks to knock holders Hull KR off their perch (kick-off 3pm).

Khadija Shaw (Manchester City) and Caitlin Hayes (Brighton)

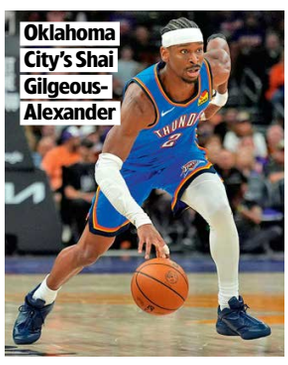
LIVE FOOTBALL

Women's FA Cup final

Sunday, kick-off 3pm, C4 & TNT Sports 1

Manchester City will have a domestic double in their sights when they face Brighton at Wembley on Sunday. Fresh from claiming their first league title in a decade, City are back in the FA Cup final after four years and will be hoping that Golden Boot winner Khadija Shaw can sign off in style as she leaves the club following the match. Brighton's Fran Kirby – a multiple Cup winner with Chelsea – returns to Wembley after a stoppage-time winner from Dutch midfielder Nadine Noordam gave the Seagulls a 3-2 win over Liverpool to reach the club's first final.

Chelsea won last year


Oklahoma City's Shai Gilgeous-Alexander

LIVE BASKETBALL

NBA Finals

Wed & Fri, Prime Video

The best-of-seven series to crown the NBA champions begins this week. The play-offs were still taking place as we went to press, but a formidable Oklahoma City Thunder team featuring Shai Gilgeous-Alexander and Chet Holmgren were looking on course to secure back-to-back titles following victory over Indiana Pacers last year. San Antonio Spurs, Cleveland Cavaliers and New York Knicks were also in the mix as the season approaches its climax.

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Sport week A-Z GUIDE

ATHLETICS

LIVE Great Manchester Run
Sun 11am BBC2
The 10k and half-marathon races.

LIVE Diamond League: Rabat
Sun 7pm BBC2
Meeting International Mohammed VI d'Athlétisme de Rabat.

LIVE Diamond League: Rome
Thu 8pm BBC3
The Golden Gala Pietro Mennea.

AUSTRALIAN RULES

LIVE Melbourne Demons v GWS Giants
Sun 6am TNT Sports 4
The AFL match at TIO Traegar Park.

LIVE Adelaide Crows v Geelong Cats
Thu 10.15am TNT Sports 3
The AFL game at Adelaide Oval.

LIVE Hawthorn Hawks v Western Bulldogs
Fri 10.30am TNT Sports 3
The AFL fixture from Melbourne.

LIVE North Melbourne Kangaroos v Fremantle Dockers
Fri 5am TNT Sports 1
The AFL match from Hands Oval.

BASEBALL

LIVE St Louis Cardinals v Chicago Cubs
Sat 12m't TNT Sports 1
The MLB National League game.

LIVE Los Angeles Dodgers v Philadelphia Phillies
Sat 3am TNT Sports 4
The MLB National League fixture.

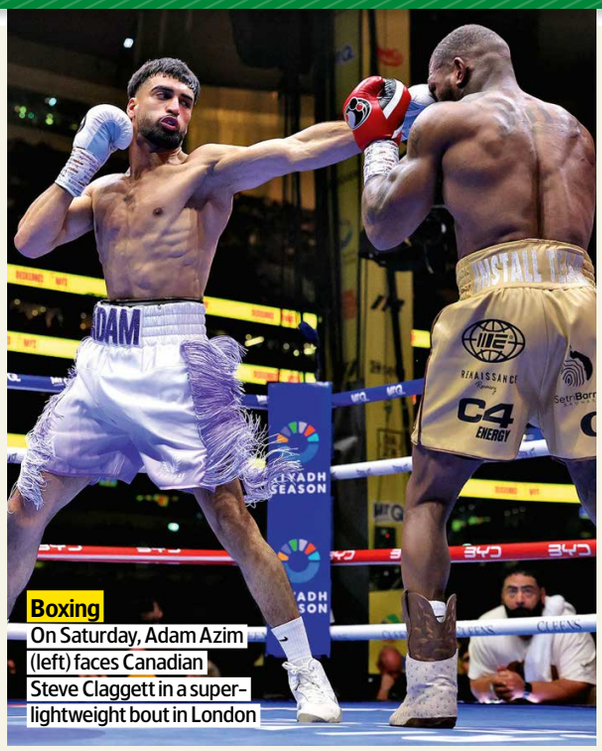
LIVE Los Angeles Dodgers v Philadelphia Phillies
Sun 9pm TNT Sports 4
The MLB National League match.

LIVE St Louis Cardinals v Chicago Cubs
Sun 12m't TNT Sports 2
The MLB National League fixture.

LIVE Milwaukee Brewers v San Francisco Giants
Mon 12.30am TNT Sports 1 & TNT Sports 2
The MLB National League game.

LIVE Philadelphia Phillies v San Diego Padres
Tue 11.30pm TNT Sports 2 & 12.30am TNT Sports 1
The MLB National League match.

LIVE Seattle Mariners v New York Mets
Wed 8.30pm TNT Sports 2
The MLB inter-league match staged at T-Mobile Park.



Boxing
On Saturday, Adam Azim (left) faces Canadian Steve Claggett in a super-lightweight bout in London

LIVE Philadelphia Phillies v San Diego Padres
Wed 11.30pm TNT Sports 3 & 12.30am TNT Sports 1
The MLB National League match.

LIVE Philadelphia Phillies v San Diego Padres
Thu 6pm TNT Sports 1 & TNT Sports 2
The MLB National League game.

LIVE Chicago Cubs v Athletics
Thu 1am TNT Sports 1
The MLB inter-league fixture.

LIVE Chicago Cubs v San Francisco Giants
Fri 7pm TNT Sports 3
The MLB National League match.

LIVE New York Yankees v Boston Red Sox
Fri 12m't TNT Sports 1
The MLB American League game.

BASKETBALL

LIVE Oklahoma City Thunder v San Antonio Spurs
Sat 12m't Sky Sports+
Game seven of the NBA Western Conference finals at Paycom Center.

LIVE Golden State Valkyries v Las Vegas Aces
Sun 8.30pm Sky Sports Action
The WNBA fixture.

LIVE Dallas Wings v Seattle Storm
Mon 1am Sky Sports Main Event & Sky Sports Action
The WNBA match.

LIVE Phoenix Mercury v Minnesota Lynx
Mon 3am Sky Sports+, 3.30am Sky Sports Main Event & Sky Sports Action
The WNBA fixture.

LIVE New York Liberty v Toronto Tempo
Wed 12.30am Sky Sports Main Event & Sky Sports Action
The WNBA game.

LIVE NBA
Wed 1.30am Prime Video
Game one of the Finals. See p29.

LIVE Seattle Storm v Phoenix Mercury
Wed 3am Sky Sports Main Event & Sky Sports Action
The WNBA Western Conference match at Climate Pledge Arena.

LIVE NBA
Fri 1.30am Prime Video
Game two of the Finals. See p29.

BOXING

LIVE Adam Azim v Steve Claggett
Sat 8.30pm BBC2
The super lightweight bout.

LIVE Amanda Serrano v Cheyenne Hanson
Sat 2am Sky Sports Main Event & Sky Sports Action
The bout for the WBA and WBO world featherweight titles at El Paso County Coliseum in El Paso, Texas.

CRICKET

LIVE England v India
Sat 2pm 5, Sky Sports Main Event & Sky Sports Cricket
The second women's T20 staged at Seat Unique Stadium, Bristol.

LIVE Sussex Sharks v Middlesex
Sat 6.55pm Sky Sports Cricket & 7pm Sky Sports Main Event
The T20 Blast South Group match from The County Ground, Hove.

LIVE Warwickshire Bears v Northamptonshire Steelbacks
Sun 2.15pm Sky Sports+ & Sky Sports Mix
The T20 Blast Central Group match staged at Edgbaston.

LIVE IPL
Sun 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event
The final at Narendra Modi Stadium.

LIVE England v India
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
The third and final women's T20 in the series from The Cooper Associates County Ground, Taunton.

LIVE Surrey v Middlesex
Wed 6.25pm Sky Sports Cricket & 6.30pm Sky Sports Main Event
The T20 Blast South Group match.

LIVE England v New Zealand
Thu 10am & Fri 10.15am Sky Sports Main Event & Sky Sports Cricket
Days one and two of the first Test from Lord's, London. See p29.

LIVE Somerset v Glamorgan
Thu 6.45pm Sky Sports Main Event & Sky Sports Cricket
The T20 Blast Central Group match.

LIVE Yorkshire v Lancashire Lightning
Fri 6.45pm Sky Sports Main Event & Sky Sports Cricket
The T20 Blast North Group match.

LIVE India v Afghanistan
Fri 4.45am TNT Sports 3
Day one of the Test from Maharaja Yadavindra Singh PCA Stadium.

CYCLING

LIVE Men's Giro d'Italia
Sat 9.15am & Sun 2pm TNT Sports 3
The 20th and 21st stages.

LIVE Women's Giro d'Italia
Sat 4pm, Sun 11.45am, Mon, Wed & Thu 2.30pm, Tue 1.15pm & Fri 2pm TNT Sports 3
Stages one to seven of the race.

LIVE Mercan'Tour Classic
Wed 1pm TNT Sports 2
The men's one-day race in France.

DARTS

LIVE World Series of Darts
Fri 6pm ITV4
Day one of the Nordic Darts Masters staged at Forum Copenhagen.

FOOTBALL

LIVE World Sevens
Sat 10.30am Sky Sports Main Event, 10.30am & 2pm Sky Sports Premier League & Sky Sports Mix
The third and final day in London.

LIVE Scotland v Curaçao
Sat 12.30pm BBC1 (Scotland only) & BBC iPlayer (kick-off 1pm)
The friendly from Hampden Park.

LIVE Paris Saint-Germain v Arsenal
Sat 3pm TNT Sports 1 (kick-off 5pm)
The Champions League final from Puskas Arena. The Gunners made it to their first final in this competition since 2006 thanks to a 2-1 semi-final victory over Atlético Madrid, while PSG beat Bayern Munich 6-5 across two legs. See page 28.

LIVE Washington Spirit v Seattle Reign
Sat 11.30pm TNT Sports 2 (kick-off 11.30pm)
The NWSL match from Audi Field.

LIVE Celtic v Rangers
Sun 1.30pm BBC1 (Scotland only) (kick-off 2pm)
The Women's Scottish Cup final staged at Hampden Park.

LIVE Brighton & Hove Albion v Manchester City
Sun 2pm TNT Sports 1 & 2.15pm C4 (kick-off 3pm)
Women's FA Cup final at Wembley Stadium. Brighton reached this match thanks to a 3-2 victory over Liverpool, while Manchester City came from two goals down against Chelsea to take the game to extra-time, before Khadija Shaw scored a 103rd-minute winner. See p29.

LIVE Largs Thistle v Auchinleck Talbot
Sun 4pm BBC Alba (kick-off 4.05pm)
The Scottish Junior Cup final at Broadwood, Cumbernauld.

LIVE England v World XI
Sun 5pm ITV1 (kick-off 6.30pm)
The Soccer Aid charity match staged at London Stadium.

LIVE Masters Football
Sun 6.30pm TNT Sports 2
The European Champions event at OVO Arena Wembley in London.

LIVE USA v Senegal
Sun 8.30pm Premier Sports 1 (kick-off 8.30pm)
The international friendly from Bank of America Stadium in Charlotte.

LIVE Cruzeiro v Fluminense
Sun 12.25am Premier Sports 1 (kick-off 12.30am) The Brasileiro Serie A match from Governador Magalhaes Pinto Stadium.

LIVE Wales v Ghana
Tue 7.15pm BBC1 (Wales only) & BBC3, 7.20pm S4C (kick-off 7.45pm) The international friendly at Cardiff City Stadium.

LIVE Haiti v New Zealand
Tue 12.55am Premier Sports 2 (kick-off 1am) The international friendly at Fort Lauderdale Stadium.

LIVE Northern Ireland v Guinea
Thu 4.45pm BBC2 (N Ireland only) (kick-off 5pm) The international friendly at Estadio Ciudad de La Línea in Cádiz Province, Spain.

LIVE Montenegro v Wales
Fri 4.45pm BBC2 (Wales only) (kick off 5pm) The Women's World Cup Group B1 qualifying match staged at Podgorica City Stadium.

LIVE Scotland v Israel
Fri 5pm BBC iPlayer (kick off 5pm) The Women's World Cup Group B4 qualifying match from Bozsik Aréna in Budapest.

LIVE Spain v England
Fri 7.30pm ITV1 (kick-off 8pm)
The Women's World Cup Group A3 qualifying match staged at Estadi Municipal de Son Moix.

LIVE Haiti v Peru
Fri 12.55am Premier Sports 2 (kick-off 1am)
The international friendly from Nu Stadium at Miami Freedom Park.

GOLF

LIVE Austrian Alpine Open
Sat 12noon & Sun 11am Sky Sports Golf; Sun 11am Sky Sports Main Event
Days three and four from Golfclub Kitzbuhel-Schwarzsee-Reith.

LIVE Charles Schwab Challenge
Sat 1.30pm Sky Sports+; Sat 4.30pm & Sun 4pm Sky Sports Golf; Sat 10pm & Sun 8pm Sky Sports Main Event
Days three and four at Colonial Country Club in Fort Worth, Texas.

LIVE Shoprite LPGA Classic
Sat 8.30pm & Sun 7pm Sky Sports+ & Sky Sports Mix
The first and second days at The Seaview in Galloway, New Jersey.

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It's the World Cup!

Enjoy our extra 32 pages with everything you need to know about football's greatest tournament!

Top interviews, special insights, plus a FREE wallchart!

TV&Streaming week

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PHOTO: ADOBE STOCK

LIVE INTERNATIONAL FRIENDLY

Scotland v Curaçao

Saturday, kick-off 1pm, BBC1 (Scotland only) & BBC iPlayer

The Tartan Army will give Steve Clarke's men a rousing World Cup send-off as they play fellow qualifiers Curaçao at Hampden Park before heading to North America. Curaçao coach Dick Advocaat managed Rangers between 1998 and 2001.

LIVE INTERNATIONAL FRIENDLY

USA v Senegal

Sunday, kick-off 8.30pm, Premier Sports 1

This tasty fixture in Charlotte, North Carolina should get you in the mood for the start of the World Cup next week. The co-hosts' coach Mauricio Pochettino has recently shown faith in Fulham defender Antonee Robinson.

LIVE WORLD CUP QUALIFIER

Spain v England

Friday, kick-off 8pm, ITV1

The Lionesses will qualify for next year's World Cup in Brazil if they defeat the world champions in Palma de Mallorca. Goalkeeper Hannah Hampton was in exceptional form as England maintained their 100% record in Group A3 by narrowly beating Iceland in April.

LIVE LIV Golf
Sat 4.30am TNT Sports 1
The fourth and final day of the eighth round of the season at Asiad Country Club in Busan, South Korea.

LIVE LIV Golf
Thu 11.30am TNT Sports 2; Fri 11.30am TNT Sports 4
The first and second days of the ninth round of the season at Real Club Valderrama in Sotogrande.

LIVE KLM Open
Thu & Fri 12noon Sky Sports Golf
Days one and two staged at the International Golf Club, Amsterdam.

LIVE Memorial Tournament
Thu & Fri 12.45pm Sky Sports+ & 5pm Sky Sports Golf
Days one and two at Muirfield Village Golf Club in Dublin, Ohio.

LIVE US Women's Open
Thu & Fri 7pm Sky Sports Mix, 10.30pm Sky Sports Main Event & 11pm Sky Sports Golf
Days one and two of the Major at Riviera Country Club in California.

HORSE RACING

LIVE Haydock
Sat 1.15pm ITV1
Featuring the Lester Piggott Stakes.

LIVE Sky Bet Sunday Series
Sun 3.30pm ITV4
Round four of the series at Thirsk.

LIVE Epsom Oaks
Fri 1pm ITV1

MINORITY SPORTS

LIVE IFSC Climbing World Series
Sat 6pm TNT Sports 3
Men's bouldering final in Madrid.

LIVE IFSC Climbing World Series
Fri 6.30pm TNT Sports 4
Men's bouldering final in Prague.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
The Grand Prix of Italy Moto2 and Moto3 second free practice sessions.

LIVE MotoGP
Sat 9am TNT Sports 2
Grand Prix of Italy MotoGP second free practice and qualifying sessions.

LIVE MotoGP
Sat 11.45am TNT Sports 2
The Grand Prix of Italy Moto3 and Moto2 qualifying sessions.

LIVE Grand Prix of Italy MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP Rookies Cup
Sun 7.30am TNT Sports 2
The Grand Prix of Italy second race.

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Italy MotoGP, Moto2 and Moto3 warm-up sessions.

LIVE Grand Prix of Italy Moto3 race
Sun 9am TNT Sports 2

LIVE Grand Prix of Italy Moto2 race
Sun 11am TNT Sports 2
Round seven of the season at Autodromo Internazionale del Mugello.

LIVE Grand Prix of Italy MotoGP race
Sun 12.15pm TNT Sports 2
Round seven of the season at Autodromo Internazionale del Mugello.

LIVE Smederna v Vastervik
Tue 5.55pm Premier Sports 1

LIVE MotoGP
Fri 8am TNT Sports 2
Grand Prix of Hungary MotoGP, Moto2 and Moto3 first free practices.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
Grand Prix of Hungary MotoGP, Moto2 and Moto3 first practices.

LIVE FIM Speedway Grand Prix
Fri 6.30pm TNT Sports 2
The third round of the season at National Speedway Stadium.

MOTORSPORT

LIVE World Rally Championship
Sat 6.30am TNT Sports 3
The Rally Japan special stage 11.

LIVE World Rally Championship
Sat 7.45am TNT Sports 3
The Rally Japan special stage 12.

LIVE Indycar
Sat 2pm Sky Sports F1
The Chevrolet Detroit Grand Prix second practice session.

LIVE Indycar
Sat 6pm Sky Sports F1
The Chevrolet Detroit Grand Prix qualifying session in Michigan.

LIVE World Rally Championship
Sat 12m't TNT Sports 3
The Rally Japan special stage 15.

LIVE World Rally Championship
Sat 1am TNT Sports 3
The Rally Japan special stage 16.

LIVE World Rally Championship
Sat 4.15am TNT Sports 3
The Rally Japan special stage 19.

LIVE World Rally Championship
Sun 6am TNT Sports 3
The Rally Japan special stage 20.

LIVE World Superbikes
Sun 10am TNT Sports 3
The Superbike Superpole race from Motorland Aragon in Spain.

LIVE Indycar
Sun 2.30pm Sky Sports F1
The Chevrolet Detroit Grand Prix warm-up session in Michigan.

LIVE Indy NXT
Sun 3.30pm Sky Sports F1
The Detroit Grand Prix on the Streets of Detroit in Michigan.

LIVE Indycar
Sun 5.30pm Sky Sports F1
The Chevrolet Detroit Grand Prix on the Streets of Detroit in Michigan.

LIVE NASCAR
Sun 11pm Premier Sports 2
The Cracker Barrel 400.

LIVE Formula 3
Thu 12.20pm Sky Sports F1
Monaco Grand Prix practice session.

LIVE Formula 2
Thu 1.55pm Sky Sports F1
Monaco Grand Prix practice session.

LIVE Formula 3
Fri 10am Sky Sports F1
The Monaco Grand Prix qualifying session at Circuit de Monaco.

LIVE Formula 1
Fri 12noon Sky Sports F1
Monaco Grand Prix first practice.

LIVE Formula 2
Fri 2.05pm Sky Sports F1
Monaco Grand Prix qualifying.

LIVE Formula 1
Fri 3.30pm Sky Sports F1
Monaco Grand Prix second practice.

NETBALL

LIVE Nottingham Forest v London Pulse
Sun 5.55pm Sky Sports Action (centre-pass 6pm) The final match of the regular Super League season staged at Motorpoint Arena.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2
The last eight of the Pairs Cup.

RUGBY LEAGUE

LIVE Wests Tigers v Canterbury-Bankstown Bulldogs
Sat 8.30am Sky Sports Action (kick-off 8.30am) The NRL match at CommBank Stadium in Sydney.

LIVE Melbourne Storm v Sydney Roosters
Sat 10.35am Sky Sports Action (kick-off10.35am) The NRL game staged at AAMI Park in Melbourne.

LIVE Wigan Warriors v St Helens
Sat 11.15am BBC2 (kick-off 11.45pm) The women's Challenge Cup final staged at Wembley Stadium. See p29.

LIVE Wigan Warriors v Hull Kingston Rovers
Sat 2pm BBC1 (Scotland, 3.45pm) (kick-off 3pm)
The men's Challenge Cup final staged at Wembley Stadium. Rovers are the holders of this competition, having defeated Warrington Wolves 8-6 in the 2025 final to lift the trophy for the first time since 1980. See page 29.

LIVE Penrith Panthers v New Zealand Warriors
Sun 9.15am Sky Sports Action (kick-off 9.15am) The NRL fixture at CommBank Stadium in Sydney.

LIVE Manly Sea Eagles v South Sydney Rabbitohs
Thu 10.50am Sky Sports Action (kick-off10.50am) The NRL match staged at 4 Pines Park in Sydney.

LIVE Leeds Rhinos v St Helens
Thu 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match staged at AMT Headingley Stadium.

RUGBY UNION

LIVE Chiefs v Blues
Sat 8am Sky Sports+ (kick-off 8.05am) The Super Rugby match at FMG Stadium Waikato.

LIVE Western Force v Waratahs
Sat 10.30am Sky Sports+ (kick-off10.35am) The Super Rugby game held at HBF Park in Perth.

LIVE Bulls v Munster
Sat 11.30am Premier Sports 1 (kick-off 12noon) The United Rugby Championship quarter-final staged at Loftus Versfeld Stadium.

LIVE Saracens v Harlequins
Sat 12.30pm TNT Sports 1 (kick-off1pm) The Prem match from StoneX Stadium.

LIVE Stormers v Cardiff
Sat 2.10pm S4C & 2.15pm Premier Sports 2 (kick-off 2.30pm)
The United Rugby Championship quarter-final at Cape Town Stadium.

LIVE Northampton Saints v Gloucester
Sat 2.45pm TNT Sports 2 (kick-off 3pm)
The Prem match from cinch Stadium at Franklin's Gardens.

LIVE Newcastle Red Bulls v Sale Sharks
Sat 7.30pm TNT Sports 2 (kick-off 7.45pm) Prem fixture from Kingston Park Stadium.

LIVE Leinster v Lions
Sat 7.30pm Premier Sports 1 (kick-off 8pm) The United Rugby Championship quarter-final.

LIVE Montpellier v Pau
Sat 8.10pm Premier Sports 2 (kick-off 8.15pm) The Top 14 match staged at Septeo Stadium.

LIVE Loughborough Lightning v Saracens
Sun 11.30am TNT Sports 1 (kick-off12noon) The Premiership Women's Rugby match from cinch Stadium at Franklin's Gardens.

LIVE Leicester Tigers v Exeter Chiefs
Sun 3pm TNT Sports 2 (kick-off 3.30pm)
The Prem fixture staged at Mattioli Woods Welford Road Stadium.

LIVE Toulon v Bordeaux Begles
Sun 3.25pm Premier Sports 1 (kick-off 3.30pm) The Top 14 match staged at Stade Mayol.

LIVE Clermont Auvergne v Racing 92
Sun 8pm Premier Sports 2 (kick-off 8.05pm) The Top 14 fixture from Stade Marcel Michelin.

LIVE Super Rugby
Fri 8am Sky Sports+

SAILING

LIVE SailGP
Sat 8.30pm TNT Sports 3
Day one in New York, where the sixth round of the season takes place.

LIVE SailGP
Sun 8.30pm TNT Sports 3
The second day in New York.

TENNIS

LIVE French Open
Sat 9.30am TNT Sports 4
Day seven at Stade Roland Garros in Paris, featuring third-round games.

LIVE French Open
Sun 9.30am TNT Sports 4 & 6pm TNT Sports 1
Day eight at Stade Roland Garros in Paris, featuring fourth-round games.

LIVE French Open
Mon 9.30am TNT Sports 1 & TNT Sports 4
Day nine, featuring the fourth round.

LIVE French Open
Tue 9.30am & 7pm TNT Sports 1 & TNT Sports 4
Day 10 held at Stade Roland Garros in Paris, featuring quarter-finals.

LIVE French Open
Wed 9.30am & 7.30pm TNT Sports 1 & TNT Sports 4
Day 11 held at Stade Roland Garros in Paris, featuring quarter-finals.

LIVE French Open
Thu 10.30am TNT Sports 1 & TNT Sports 4
Day 12 staged at Stade Roland Garros, Paris, featuring semi-finals.

LIVE French Open
Thu 11am TNT Sports 1 & TNT Sports 4
The mixed doubles final staged at Stade Roland Garros in Paris.

LIVE French Open
Thu 1.30pm TNT Sports 1 & TNT Sports 4
The women's singles semi-finals.

LIVE French Open
Fri 1pm & 5.30pm TNT Sports 1
Day 13 at Stade Roland Garros, featuring men's singles semi-finals.

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Saturday

30 May

Planner

Champions League Final

***FOOTBALL** TNT Sports 1 & HBO Max, k-o 5pm*

Premier League champs Arsenal will be gunning for another trophy to add to their season's haul, but first they have to overcome the reigning champions of Europe, Paris Saint-Germain.

Britain's Got Talent Live Final

***ENTERTAINMENT** ITV1, 7pm*

Ant and Dec host the final from London's Hammersmith Apollo, where £250,000 and a spot at the Royal Variety Performance awaits the winner – and who wins is up to the viewers at home.

Shergar: The Racehorse and the IRA

DOCUMENTARY

C4, 8pm

In 1983, masked gunmen broke into a stud farm in County Kildare and kidnapped the world's most famous racehorse. This documentary delves into the facts of the case.

Challenge Cup Finals

RUGBY LEAGUE

BBC1 & BBC2

We're at Wembley for back-to-back action, starting with the women's final, Wigan Warriors v St Helens (BBC2, k-o 11.45am). The men's final, Wigan Warriors and Hull KR, is on BBC1 (k-o 3pm).

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.50 Blankety...	7.25 Michael McIntyre's Big Show		8.25 Casualty		9.15 Two Weeks in August	10.00 News	10.20 MOTD: UEFA...
	102 BBC2	‹ 6.30 Hidden...	7.30 Lucy Worsley Investigates		8.30 Boxing – Live: Adam Azim v Steve Claggett				
	103 ITV1	7.00 Britain's Got Talent: Live Final					9.30 Nobody's Fool		10.30 News
	104 CHANNEL 4	7.00 Steam Train Diaries		8.00 Shergar: The Racehorse and the IRA			9.30 Film: Wrath of Man		
	105 5	7.00 The Queen & the Traitor: A Great British Scandal			8.30 Angela Rippon's River Cruises		9.30 The Beckhams' Billions: How Did They Get So Rich?		
	106 SKY ONE	7.00 Sport's Funniest Moments				9.00 Film: The Beekeeper			
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.30 Miranda		9.30 Mrs Brown's...	10.00 Mrs Brown's Boys New Year Special...	
	116 BBC4	7.00 The Good Old Days	7.45 Dusty		8.15 Hetty Wainthropp Investigates		9.05 Film: Ghost Trail		
	118 ITV2	‹ 6.50 Film: Godzilla vs Kong				9.00 Film: Baywatch			
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4		7.05 Film: Dog			9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Doc	
	108 SKY ATLANTIC	7.00 Prisoner				9.00 The Miniature Wife		10.00 Hacks	10.40 True...
	110 U&GOLD		7.20 Still Open All Hours	8.00 Open All Hours			9.20 Mrs Brown's Boys	10.00 The Vicar of Dibley	
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf			
	119 ITV3	‹ 6.15 Midsomer Murders						10.05 Vera	
	120 ITV4	‹ 6.15 Film: The World Is Not Enough				9.00 Isle of Man TT		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's The Wheel		9.00 Film: Kevin & Perry Go Large			10.40 8 Out...
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 The Walking Dead			
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Monsieur Spade		10.10 The Last Detective	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Allegiance		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Bowie: The Man Who Changed the World				9.00 David Bowie: Serious Moonlight			
	132 U&W	7.00 First Responders				9.00 Ghosts			
DOCUMENTARY	125 DISCOVERY	7.00 The Woodland Workshop		8.00 Maine Cabin Masters		9.00 Naked and Afraid		10.00 In the Eye of the Storm: Chasers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 WW2 Wrecks: Draining the Ocean		8.00 Apocalypse: Hitler Takes on the East				10.00 Tucci in Italy	
	123 SKY HISTORY	7.00 Digging for Britain				9.00 World War II: Witness to War			
	155 U&YESTERDAY	7.00 The Tea Trail With Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash		10.00 Train Truckers	
	114 SKY DOCS	‹ 6.40 Film: Going Clear: Scientology and the Prison of Belief				9.00 Chernobyl: The Lost Tapes			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With actors Stephen Mangan and Sarah Hadland. (S)
11.30 **Anna Haugh's Big Irish Food Tour** Anna joins snooker legend Dennis Taylor in Tyrone. (S)(R)
12.00 NOON **Homes Under the Hammer** From Staffordshire. (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** Natasha Raskin Sharp hosts from Newark. (S)(R)
2.00 LIVE **Rugby League: Challenge Cup Final** Wigan Warriors v Hull Kingston Rovers: All the action from the showpiece match at Wembley Stadium, as the last two winners of this trophy battle it out. Kick-off is at 3.00. (S)
5.40 **BBC News** (S)
5.55 **Local News** (S)

9.15 Two Weeks in August

6.05 **Celebrity Bridge of Lies** New edition 7/10. With Krishnan Guru-Murthy, the Rev Kate Bottley, Cherry Healey and Babatunde Aléshé. (S)
6.50 **Blankety Blank** New edition 6/9. With Helen George, Josh Widdicombe, Ria Lina, Sam Quek, Sam Campbell and Dean McCullough. (S)
7.25 **Michael McIntyre's Big Show** TV presenter AJ Odudu plays Send to All, and Michael surprises an Unexpected Star of the Show with an ambitious indoor skydive prank. Plus, music from Zara Larsson. (S)(R)
8.25 **Casualty** Flynn finds proof that Bard has been abusing his men when he is called out to a military exercise where two soldiers have been injured falling into a cavern in the ground. (S)(AD)
9.15 **Two Weeks in August** New episode 3/8. Dan's romantic trip triggers buried memories for Zoe. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.00 **BBC News** (S)
10.20 **MOTD: Champions League Final** Paris Saint-Germain v Arsenal: Jason Mohammad presents highlights of the final from Puskás Aréna in Budapest. (S)
11.10 FILM **Escape Room** Psychological thriller starring Deborah Ann Woll, Taylor Russell, Logan Miller and Jay Ellis. A group of individuals are unwittingly lured into escape room scenarios, leading to a terrifying battle for their lives. (S) (2019, 15, 95min) ★★★
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Children's Programmes**
8.40 **Gardeners' World** (S)(R)
9.40 FILM **Jailhouse Rock** Vintage musical starring Elvis Presley. (S) (1957, b/w, U, 95min) ★★★★
11.15 LIVE **Rugby League: Challenge Cup Women's Final** Wigan Warriors v St Helens: All the action from the showpiece match at Wembley Stadium. Kick-off is at 11.45. (S)
2.00 PM FILM **Nicholas and Alexandra** Historical drama starring Michael Jayston and Janet Suzman. (S) (1971, PG, 180min) ★★★
5.00 **Natural World: White Falcon, White Wolf** The lives of white gyrfalcons and a pack of Arctic wolves on the frozen landscape of Ellesmere Island, Canada. (S)(R)
5.50 **Flog It!** From Ickworth House near Bury St Edmunds, Suffolk. (S)(R)

8.30 Boxing

6.30 **Hidden Treasures of the National Trust** An exploration of two remote National Trust sites that have inspired centuries of pilgrims, revealing the conservation work protecting their stories. (S)(R)
7.30 **Lucy Worsley Investigates: The American Revolution** 2/2. The historian explores how the battle for American independence was not fought only on American soil but also unfolded in Britain itself, with sabotage, espionage, and political unrest reshaping the Empire. (S)(R)(AD)
8.30 LIVE **Boxing** Adam Azim v Steve Claggett: Coverage of the super lightweight bout from Wembley Arena. Azim is undefeated in his 14 professional fights to date, with his last contest coming in November when he stopped Kurt Scoby in the 12th round. However, Canadian Claggett is a seasoned campaigner, who has bounced back with two early stoppages against Eduardo Estela and Alejandro Frias Rodriguez after a failed challenge for Teofimo Lopez's world title in 2024. (S)
11.00 **TOTP 1993: Biggest Hits** With Sub Sub, Radiohead, Björk, and Chaka Demus & Pliers. (S)(R)
12.00 M'T **TOTP 1994: Biggest Hits** With Blur, Tori Amos and East 17. (S)(R)
1.00 AM FILM **Everything Went Fine** French drama starring Sophie Marceau and André Dussollier. Subtitled. (2021, 15, 110min) ★★★★
2.50 **Sign Zone: Death Valley** (S)(R)
3.35 **Sign Zone: Dear England** (S)(R)
4.35 **to 6.40** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Dermot's Taste of Ireland** (R)
6.25 FILM **The Goonies** Adventure. (S)(AD)(1985, 12, 120min) ★★★★
8.25 **Ainsley's Fantastic Flavours** New edition With Eddie Kadi. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Elaine Paige. (S)
12.00 NOON **Dermot's Taste of Ireland** New edition Londonderry. (S)
12.30 PM **James Martin's American Adventure** New York. (S)(R)(AD)
1.00 **ITV News** (S)
1.15 LIVE **Racing** From Haydock Park, Beverley and Chester. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **Deal or No Deal: Soccer Aid Special** With Jill Scott. (S)(R)(AD)
5.30 **ITV News** (S)
5.45 **Local News** (S)

10.50 Taken

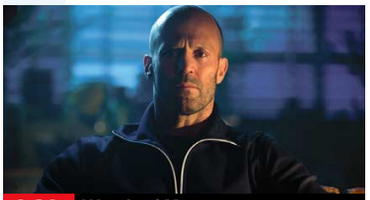
6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts as James Acaster, JB Gill and AJ Odudu try to guess well-known phrases for the chance to win £50,000 for their chosen charities. (S)(AD)
7.00 **Britain's Got Talent: Live Final** Series finale 14/14. After weeks of auditions and five semi-finals, the national talent search comes to a close as the remaining acts perform one last time. Their aim is to win a slot at this year's Royal Variety Performance and get their hands on the £250,000 cash prize. Ant and Dec host. (S)
9.30 **Nobody's Fool** New edition 4/6. With fewer players left and the finale looming, alliances tighten and betrayals feel inevitable, while Harry reveals himself to be great at maths and this has not gone unnoticed. (S)(AD)
■ Continues tomorrow
10.30 **ITV News** (S)
10.50 FILM **Taken** Thriller starring Liam Neeson and Maggie Grace. A divorced ex-spy draws upon his old skills with deadly results when he tries to rescue his abducted daughter from a gang of people traffickers in Paris. (S)(AD) (2008, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Documentary. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **The King of Queens** (S)(R)(AD)
7.55 **Everybody Loves Raymond** (S)(R)
9.20 **Frasier** 8-10/24. (S5) (S)(R)(AD)
10.50 **The Simpsons** (S)(R)(AD)
12.50 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.25 **George Clarke's Amazing Spaces** A couple transform a derelict water pumping station into a luxury holiday home. (S)(R)(AD)
4.25 **Location, Location, Location** In south London, Kirstie Allsopp and Phil Spencer search for a flat for first-time buyers Adam and Nicole, and a townhouse for world-record-holding rower Kat. (S)(R)
5.30 **Kirstie and Phil's Love It or List It** Kirstie and Phil catch up with Paul and Vic in Clifford, West Yorkshire, to see if they decided to sell their home or renovate it. (S)(R)(AD)


9.30 Wrath of Man

6.30 **News** (S)
7.00 **Steam Train Diaries** 4/4. Staff and volunteers go to extremes to make a success of the railway's steam gala, transporting a 60-tonne locomotive from the Isle of Wight to Yorkshire. (S)(R)(AD)
8.00 NEW **Shergar: The Racehorse and the IRA** An investigation into the theft of the world's most valuable racehorse in 1983, and its place in the backdrop of the Troubles in Northern Ireland, when the IRA may have sought funds through ransom demands. *See feature, page 21.* (S)(AD)
9.30 FILM **Wrath of Man** Guy Ritchie's crime thriller starring Jason Statham and Holt McCallany. A newly employed security guard displays unusual skills, which leaves his colleagues wondering about his shady past. With Andy Garcia and Josh Hartnett. (S)(AD) (2021, 15, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 FILM **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. A rogue CIA agent turns to an old classmate for help when he is targeted by his own organisation. (S)(AD) (2016, 12, 110min) ★★★
1.40 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.35 **Make That Movie** (S)(SL)(R)(AD)
3.30 **Sunday Brunch** (S)(R)
3.45 **to 5.50** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

6 PM
7 PM
8 PM
9 PM
10 PM

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.10 **Susan Calman's Great British Cities** A visit to Liverpool. (S)(R)
10.10 **Secrets of the Royal Palaces** Exploring the history of Holyrood Palace in Edinburgh. (S)(R)
11.05 A look at the history of the Palace of St James. (S)(R)
12.05 PM **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition
1.05 **Dogs Behaving (Very) Badly** Trainer Graeme Hall deals with a disruptive German shepherd puppy. (S)(R)(AD)
2.00 LIVE **T20 Cricket** England v India: Coverage of the second women's T20 in the three-match series held at Seat Unique Stadium in Bristol. (S)

8.30 Angela Rippon's River Cruises

6.00 **Cornwall: A Year by the Sea** Cameras explore the county as it prepares for the tourist season, including a look at the iconic Minack Theatre. (S)(R)
6.55 **News** (S)
7.00 **The Queen & the Traitor: A Great British Scandal** The controversy that erupted when Queen Elizabeth II's trusted art historian Anthony Blunt was exposed as a Soviet spy – a bombshell that shook the Royal Family to the core. (S)(R)
8.30 **Angela Rippon's River Cruises** Series finale 4/4. Angela finishes her journey into Vietnam along the Mekong River, exploring riverside markets, artisanal crafts, eco projects and historic sites. (S)
9.30 NEW **The Beckhams' Billions: How Did They Get So Rich?** A look at the finances of David and Victoria Beckham, from record-breaking endorsement deals and bold career moves, to high-risk ventures and savvy long-term investments. (S)
11.05 **The Beckham Feud: Truth & Lies** Documentary. (S)(R)
12.35 AM **Playboy: Secrets of the Centrefolds** (S)(R)
2.00 **Teleshopping** (S)(R)
3.00 **The Hoover Dam: Building the Impossible** (S)(R)
3.50 **Building the Impossible with Rob Bell** Panama Canal. (S)(R)
4.40 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Hawaii Five-0** (S3) (S)(R)
9.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **Police 24/7** (S)(R)
3.00 PM **The Simpsons** *Bartless:* Marge and Homer dream of a world in which Bart was not their son. (S)(R)
3.30 *Hostile Kirk Place:* Kirk goes on a crusade to censor the school curriculum. (S)(R)
4.00 *Pin Gal:* A figure from Marge's past returns. (S)(R)
4.25 *Fan-Ily Feud:* Homer disparages a pop singer. (S)(R)
4.50 *Write Off This Episode:* Marge is seduced by the prestige of fundraising. (S)(R)
5.15 FILM **Chicken Run** Animated comedy adventure featuring the voice of Mel Gibson. (S) (2000, U, 105min) ★★★★

9.00 The Beekeeper

FILM **Chicken Run** (film started at 5.15pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.00 **Sport's Funniest Moments** From football to F1 and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world, in the company of the likes of James Haskell and Chris Kamara. (S)(R)(AD)
9.00 FILM **The Beekeeper** Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. With Jeremy Irons, Minnie Driver and Jemma Redgrave. (S)(AD) (2023, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Josh Widdicombe: Bit Much...** Stand-up performance from the London Palladium. (S)(R)
12.15 AM **The Force: North East** Double bill of editions. (S)(R)
2.00 **La Brea** 1&2/10. Sci-fi mystery drama starring Natalie Zea. A massive sinkhole opens in Los Angeles and hundreds of people find themselves trapped in a mysterious land. (S1) (S)(R)
4.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.30am Homes Under the Hammer (S)(R)(AD) **12.30pm** LIVE International Football (S) **3.45-5.40pm** LIVE Rugby League Challenge Cup Final (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
6.30pm Weatherman Walking: The Welsh Coast (S)(R) **7.00-7.30pm** Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Deian a Loli **10.15** Cartrefi Cymru **10.45** Cartrefi Cymru **11.15** Cwpwrdd Epic Chris **11.45** Cais Quinnell (AD) **12.15pm** Cysgu O Gwmpas (AD) **12.45** Stori'r Iaith (AD) **1.40** Colleen Ramsey: Bywyd a Bwyd **2.10** LIVE Clwb Rygbi **4.40** Cymry ar Gynfas **5.15** Sean Fletcher: Cyfrinachau'r Llong **6.15** Cynefin **7.15** Newyddion a'r Tywydd **7.30** Ciao! Colleen Ag Owain (AD) **8.00** Tafwyl 2025 **9.10** Canu gyda Fy Arwr **10.10** Entree Amour & Mynydd **11.10-11.45pm** Bwyd Epic Chris

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Kill the Moon:* 7/13. The Doctor and Clara land on the moon. **7.45** *Mummy on the Orient Express:* 8/13. A horrifying creature stalks the passengers of the *Orient Express* – in space. (S8)
8.30 **Miranda** 3/6. Things look up for Miranda's love life. **9.00** 4/6. Miranda and Stevie compete for the attention of a new friend. (S2)
9.30 **Mrs Brown's Boys** The doting mother offers Winnie and Sharon a place to stay. **10.00** Winnie is worried to hear her old friend is getting released from prison.
10.40 FILM **Are You There God? It's Me, Margaret** Drama based on Judy Blume's novel, starring Abby Ryder Fortson, Rachel McAdams and Kathy Bates. (2023, PG, 106min) ★★★★
12.15 AM **Smoggie Queens**
1.15 **Two Pints of Lager and a Packet of Crisps**
2.15 **Quiet Life**
2.25 **to 4.00** AM **Doctor Who**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun** Four editions, including at: **2.40** PM A couple search for a property in the Paphos region of Cyprus.
3.40 PM **Come Dine with Me** Five editions of the culinary contest from north Surrey.
6.25 **Four in a Bed** The week gets under way at Lovelady Shield Hotel in Cumbria. **6.55** The second visit of the week is to The Ryebeck Hotel in the Lake District.
7.25 **Four in a Bed** The rivals visit Dale2Swale Glamping in Richmond, North Yorkshire. **7.55** The final visit of the week is to Ashbourne Holidays in Derbyshire. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A patient who is being treated for cancer develops a swelling in her throat that doctors fear may be a side effect of the revolutionary new procedure she has been undergoing.
10.00 **24 Hours in A&E** A woman is transferred after crashing her car into a tree, and has to have her broken ankle very quickly realigned if she is to have any hope of walking again.
11.05 **999: On the Front Line**
1.10 AM **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Good Old Days** With Frankie Vaughan, Mike and Bernie Winters, Maryetta Midgley and Zena Millar.
7.45 **Dusty** With guests Warren Mitchell and Ken Campbell.
8.15 **Hetty Wainthropp Investigates** *Helping Hansi:* A victimised German pensioner in a residential home asks Hetty to help trace his long-lost sister.
9.05 FILM PREMIERE **Ghost Trail** French thriller starring Adam Bessa. A man who part of a group pursuing Syrian war criminals, heads to France on the trail of his former torturer. Subtitled. (2024, 100min) ★★★★
10.45 **This Is Joan Collins** The actor reflects on her life and career, looking back on her seven decades in showbiz.
12.25 AM **Keeping Up Appearances**
12.55 **Sorry!**
1.25 **The Good Old Days**
2.10 **Dusty** As 7.45pm.
2.40 **to 3.30** AM **Hetty Wainthropp Investigates**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia**
7.05 **Rude(ish) Tube Shorts**
7.25 **The Amazing Race Australia** Four teams battle to reach the Grand Finale.
8.35 **Married at First Sight USA** Triple bill of editions.
11.40 **Ramsay's Kitchen Nightmares USA**
1.35 PM **The Simpsons** Eleven episodes, including at: **6.35** *The Wayz We Were:* Moe is faced with a choice when Evergreen Terrace develops a traffic problem.
7.05 FILM **Dog** Comedy drama co-directed by and starring Channing Tatum. A US Army Ranger agrees to escort a military working dog named Lulu along America's Pacific Coast to attend the funeral of her handler. (2022, 12, 101min) ★★★
9.00 **Celebrity Gogglebox** A compilation of the best moments from series seven, featuring a rolling cast of famous faces.
10.00 **Gogglebox** The armchair critics share their opinions on the Eurovision Song Contest, *Faking It, Virgin Island* and *Prue Leith's Cotswold Kitchen.*
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **Gogglebox**
4.05 **Ramsay's Kitchen Nightmares USA**
5.00 **to 6.00** AM **Modern Family**

+1 hr 235/236 | 306 | 30 | 123 | 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **A1: Britain's Longest Road**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed** Men stealing cheese from a factory are caught in a trap. **12.40** PM An elderly man falls victim to a light-fingered carer. **1.20** A couple use a baby buggy to steal a beer barrel.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

9.00 Blue Bloods

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Blue Bloods *Long Lost:* 18/20. An encounter with an old rival leads Erin to look into an alleged wrongful conviction. (S12)

10 PM
10.00 Doc *Good Hands:* 17/22. After an accident, one of Joan's oldest friends is rushed to Minneapolis to be treated by her. (S2)
11.00 **Chicago Fire** 12/13. (S12)
12.00 M'T **The Equalizer** 9/18. (S2)
1.00 AM **The Good Doctor** (S6)
2.00 **Watson** New episode 16/20. Medical drama. (S2)
3.00 **Brit Cops: Rapid Response**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Billions** 6-8/12. (S2)
11.05 **Deadwood** 6-9/12. (S3)
3.00 PM **Prisoner** 1/6. A prison officer must team up with a killer after their convoy is ambushed on the way to court. **4.00** 2/6. Amber and Tibor narrowly escape execution by Nina before agreeing to a deal to help each other. **5.00** 3/6. Amber and Tibor turn the tables on Nina. **6.00** 4/6. Tibor faces his estranged mother. (S1)

10.40 True Detective

7.00 Prisoner 5/6. Separated and under pressure, Amber turns to Tibor for help as a wider threat begins to emerge.

8.00 Prisoner 6/6. Amber's plan to get Tibor to court is in jeopardy as a game of cat and mouse unfolds across London. (S1)

9.00 The Miniature Wife *Gone into the Heart of Darkness:* 8/10. Martin discovers Hilton's plans for the research. (S1)

10.00 Hacks 10/10. Final episode of the comedy drama with Jean Smart. (S5)
10.40 True Detective: Night Country 4/6. The police chief levies a harsh punishment on Leah. (S4)
11.50 **Succession** 9/10. Shiv tries to reposition herself within a new political landscape. (S4)
1.10 AM **Homicide: Life on the Street** 12-14/22. (S5)
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Patti Stanger: The Matchmaker**
6.50 **Backyard Builds**
7.20 **Totally Bonkers Guinness World Records**
7.30 **Dress to Impress**
8.30 **Gordon Ramsay's Food Stars USA** Double bill.
10.25 **Deal or No Deal**
11.25 **FILM Rio 2** Animated sequel. (2014, U, 101 min) ★★★
1.30 PM **Britain's Got Talent**
3.45 **Celebrity Catchphrase**
4.45 **FILM The Addams Family** Comedy. (1991, PG) ★★★★

9.00 Baywatch

6.50 FILM Godzilla vs Kong Sci-fi adventure starring Alexander Skarsgård. King Kong and his protectors undertake a perilous journey to locate his true home, but find themselves in the path of Godzilla. (2021, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Baywatch Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 10/22. Lois shows Meg how to have some fun. **11.50** 11/22. The Griffins visit Lois's pregnant sister. (S3)
12.20 AM **American Dad!** (S3&2)
1.15 **G'wed** 1/5. (S2)
1.55 **Plebs** 2/9. (S5)
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.30 **Endeavour** *Oracle.*
12.25 PM **Agatha Christie's Marple**
2.25 **Midsomer Murders** *The Village That Rose from the Dead:* A man is murdered ahead of the reopening of a deserted village. **4.20** *Crime and Punishment:* A member of the Bleakridge Watch is found dead. Guest stars Frances Barber. **6.15** *Last Man Out:* A star cricketer is found dead after a match in Lower Pampling.

8.10 Midsomer Murders

Midsomer Murders (started at 6.15pm)

8.10 Midsomer Murders *Red in Tooth and Claw:* DCI Barnaby and DS Winter discover a dead body surrounded by rabbits that had been freed from their cages, revealing a more sinister side to the local pet show.

10.05 Vera *The Dark Wives:* A student is killed and dumped at the foot of three monoliths and a missing girl sets Vera on an investigation that triggers memories from her own childhood.
12.00 M'T **Inspector Morse** *The Wolvercote Tongue:* An American tourist's body is discovered in a hotel.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Big Match Revisited**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Isle of Man TT**
12.30 PM **Sharpe**
2.40 **River Monsters** A visit to Russia's remote Amur River.
3.10 **The Motorbike Show**
4.10 **FILM Smokey and the Bandit II** Action comedy sequel starring Burt Reynolds, Jackie Gleason and Sally Field. (1980, PG, 104min) ★★

2.40 River Monsters

6.15 FILM The World Is Not Enough Spy thriller with Pierce Brosnan, Sophie Marceau and Robert Carlyle. James Bond must to protect the daughter of an assassinated oil magnate from a psychotic terrorist. (1999, 12, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Isle of Man TT High-octane racing action at the world-famous road race event.

10.00 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling, with Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.00 M'T **Wrestling: AEW Collision**
1.00 AM **Isle of Man TT**
2.00 **Two and a Half Men** (S2)
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Dominic Chinea and Will Kirk head to Aberfeldy.
8.00 **Icons of Football** A profile of Julie Fleeting.
8.30 **Highland Cops** Police investigating the disappearance of a barman find human remains.
9.30 **Only Child** *Training Day:* 4/6. Ken forces Richard to accompany him to Aviemore. (S2)
10.00 **Pitch Invasion: How the Scottish and Irish Changed Football** 3/3. The impact of the likes of George Graham and Alex Ferguson on the English game.
11.00 PM **to 12.00** M'T **TRNSMT 2025** With Fontaines DC, Jade, Biffy Clyro and Snow Patrol.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S3)
9.30 **Will & Grace** (S2&3)
12.00 NOON **Community** (S1)
2.30 PM **The Trip to Italy**
6.30 **The Office (US)** 17/24. Dwight plans an impressive presentation for the Sabre store. **7.00** 18/24. Andy learns that Erin will not be returning to Scranton. **7.30** 19/24. Andy heads south to Florida to sweep Erin off her feet, so Nellie makes herself at home in his office. **8.00** 20/24. Erin and Andy role-play his break-up from Jessica. **8.30** 21/24. Andy returns to Scranton to find that Nellie occupies the manager's position. (S8)
9.00 **Rob Beckett: Wallop** Stand-up performance.
10.15 **Nikki Glaser: Good Clean Filth** Stand-up.
11.30 **Ellie Taylor: Palavering!**
12.30 AM **The Comeback** (S3)
3.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Cosi Fan Tutte**
9.10 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Peter O'Toole: Along the Sky Road to Aqaba** Documentary.
3.00 **Discovering**
4.00 **Classic Movies: The Story of Mulholland Drive** David Lynch's 2001 neo-noir mystery.
5.00 **Iconic Women of Country** Stars pay tribute to female artists.
6.10 **Johnny Cash: A Legend in Concert**
7.00 **Bowie: The Man Who Changed the World** Celebrating the life and career of the musician.
9.00 **David Bowie: Serious Moonlight** A 1983 concert in Vancouver.
11.00 **Becoming Madonna**
12.50 AM **Bjork: Cornucopia**
3.00 **Women Who Rock**
4.15 **The Great Songwriters**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare UK**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Flying Monsters with David Attenborough**
5.30 **David Attenborough's Dragons and Damsels**
6.30 **David Attenborough's Global Adventure: The Rise of Nature**
7.30 **FILM Apollo 11** Documentary about the moon landings. (2019, U, 93min) ★★★★★
9.30 **FILM Six Minutes to Midnight** Historical thriller starring Judi Dench, James D'Arcy, Jim Broadbent and Eddie Izzard. (2020, 12, 99min) ★★★
11.30 **Caught on Dashcam**
1.30 AM **Killer in My Village**
2.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five friends and family get their chance to win a bumper cash prize.
3.00 **Millionaire Hot Seat** Quiz show hosted by Jeremy Clarkson.
4.00 **Riddiculous** Quiz hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Romesh Ranganathan's Parents' Evening** Guests Alex Brooker, Jeff Brazier and Sophie Ellis-Bextor take part.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** From Newcastle.
3.00 **Location, Location, Location** From London.
4.00 **A Place in the Sun**
8.00 **Location, Location, Location** Kirstie and Phil search west London with a couple who have a £1 million budget.
9.00 **Grand Designs** In Kent, a couple plan to convert a dilapidated, 35-year-old barn.
10.00 **First Dates** Scott sheds his drag alter-ego as he pairs up with the confident George.
11.05 **FILM Jojo Rabbit** Comedy drama starring Roman Griffin Davis and Taika Waititi. (2019, 12, 108min) ★★★★
1.10 AM **Gogglebox**
2.10 **In the Footsteps of Killers** Janine Downes.
3.10 **Emergency**
4.10 **to 4.40** AM **Jamie's One-Pan Wonders**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
3.00 PM **Fantasy Island** 13/13. Roarke brings Ruby's youngest daughter to the island. (S2)
4.00 **Fact or Faked: Paranormal Files** A sighting of a chupacabra and a mysterious figure caught on camera.
5.00 **Star Trek: Voyager** 18/26. Aliens take over the ship.
6.00 19/26. The crew members become trapped on the holodeck. (S4)

9.00 The Walking Dead

7.00 **Star Trek: Voyager** *Vis-a-Vis:* 20/26. The sole occupant of an alien vessel makes contact with Janeway and the crew.

8.00 **Star Trek: Voyager** *The Omega Directive:* 21/26. The crew members encounter a potent and dangerous particle. (S4)

9.00 **The Walking Dead** *Too Far Gone:* 8/16. The group at the prison face imminent danger.

10.00 **The Walking Dead** *After:* 9/16. The survivors of the attack on the prison try to come to terms with their new surroundings. (S4)
11.00 **The Walking Dead** 10/16. Daryl and Beth are separated from the group after the attack on the prison.
12.00 M'T 11/16. Carl and Michonne go on a supply run as Rick recuperates. (S4)
1.00 AM **Fantasy Island** 13/13. (S2)
2.00 **Britannia** 3-5/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Gently with Class.*
2.00 PM **Father Brown** Four episodes, including at:
4.00 *The Rod of Asclepius:* Lady Felicia's reckless driving lands her in hospital.
5.00 *The Missing Man:* The priest looks into the apparent suicide of a RAF pilot.
6.00 **Saint-Pierre** 6/10. Arch's son becomes the prime suspect when a body washes up. (S1)

7.00 Hudson & Rex

7.00 **Hudson & Rex** *Best Kind:* 3/8. When a businessman is murdered on his yacht, a deckhand becomes the prime suspect. (S8)

8.00 **Allegiance** *8x6:* 8/10. A chance encounter with a former convict lands Sabrina in the middle of a murder interrogation. (S1)

9.00 **Death in Paradise** *Murder Most Animal:* 2/8. A zoo owner is killed by a tranquilliser dart. (S8)

10.00 **Father Brown** *The Island of Dreams:* A visit to a holiday camp leads to another murder mystery. Guest stars Ted Robbins.
11.00 **Father Brown** *The Crackpot of the Empire:* A comedian swears revenge on the priest.
12.00 M'T *The Daughter of Autolycus:* Flambeau enlists the priest's help to steal a gift.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **The Vicar of Dibley**
12.40 PM **The Vicar of Dibley** Eight episodes, including at:
4.30 Geraldine hits stardom after an appearance on Terry Wogan's radio show.
5.05 Alice shocks Geraldine with a monumental pre-wedding revelation.
5.45 Geraldine's hopes of romance are fuelled by a visit from David's dashing brother.
6.40 **Open All Hours** Arkwright decides to make his own product and instructs Granville to come up with an idea.

7.20 Still Open All Hours

7.20 **Still Open All Hours** Granville tries to reunite Eric and Cyril after they fall out over a compass.

8.00 **Open All Hours** The milkwoman makes a pass at Granville.
8.40 Arkwright opens the shop before dawn to catch the morning rush.
9.20 **Mrs Brown's Boys** Dermot's pre-marriage nerves begin to get the better of him.

10.00 **The Vicar of Dibley** Geraldine plays Cupid in her efforts to bring Alice and Hugo together.
10.50 The villagers set up a radio station.
11.30 **Open All Hours**
12.50 AM **Harry Enfield and Chums**
1.25 **Ghosts**
2.00 **The Vicar of Dibley**
2.30 **Open All Hours**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **James May's Cars of the People** Japanese and German cars developed after World War Two.
8.20 **Storage Hunters UK**
9.20 **Would I Lie to You?**
12.40 PM **Would I Lie to You?** Eight editions, including at:
5.20 With Kevin Bishop, Josh Widdicombe, Brian Blessed and Kate Williams.
6.00 **The Way Out** Host Mel Giedroyc traps the teams in an off-the-scale world where nothing is as it seems.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With Rhod Gilbert, Jamie Laing, Claudia Winkleman and Tracy-Ann Oberman.
7.40 With Clara Amfo, Tom Davis, Shaun Ryder and Henning Wehn.
8.20 With Jason Watkins, Phil Wang, Maggie Aderin and Adam Woodyatt.

9.00 **Red Dwarf** Lister is forced to marry the daughter of an alien tribal chief.
9.40 Rimmer ends up marooned for 600 years on a world populated by duplicates of himself.
10.20 The crew members receive an SOS call from themselves – 15 years in the future.
11.00 **Not Going Out** Triple bill.
1.10 AM **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with Nabil Abdulrashid and Tom Peck.
2.10 **Mel Giedroyc: Unforgivable**
3.00 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **Kingdom**
8.00 **Birds of a Feather**
10.00 **Lovejoy**
1.20 PM **Father Brown**
2.20 **New Tricks** *Glasgow Ucos:* Gerry and Steve investigate the 1993 unsolved murder of a bookie in Glasgow.
3.40 *Part of a Whole:* The team try to unmask an assassin. Guest stars Kerry Fox.
5.00 **Miss Marple** *The Murder at the Vicarage:* An unpopular colonel is found dead in the vicarage of St Mary Mead.

9.00 Monsieur Spade

7.00 **The Brokenwood Mysteries** *All Hallows Eve:* 3/6. A Halloween séance turns deadly when a participant is mysteriously stabbed in a locked room – without a weapon in sight. (S11)

9.00 **Monsieur Spade** New episode 4/6. Spade interrogates the intruder, and Teresa begins her own investigation. (S1)
■ Entire series on Box Sets
10.10 **The Last Detective** *Lofty:* 4/4. Detective Davies is saddened by the death of a harmless local tramp, but his instincts lead him to pursue the case. With Norman Wisdom. (S1)
11.45 **New Tricks**
1.05 AM **Sister Boniface Mysteries**
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S10)
1.05 PM **Bull** Eight episodes of the series, including at:
6.00 *Fool Me Twice:* 6/22. Marissa's husband is charged with involuntary manslaughter.
7.00 *A Girl Without Feelings:* 7/22. The jury consultant confronts feelings of guilt.
8.00 *But for the Grace:* 8/22. Bull takes on a client who was poorly advised by his public defender to plead guilty to a misdemeanour assault charge. (S3)
9.00 **NCIS** *Knight and Day:* Knight is assigned to protect the wife of a high-level defence contractor. (S22)
10.00 **Law & Order: Special Victims Unit** (S9)
1.45 AM **Bull** 1&2/22. (S3)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.05 **Friends** 6-9/24. (S5)
10.05 **Car Pound Cops**
10.35 **Fare Dodgers: At War with the Law**
12.40 PM **Rogue Claimers**
4.35 **FILM Into the Storm** Disaster movie starring Richard Armitage. (2014, 12, 89min) ★★
6.20 **FILM The Count of Monte Cristo** Adventure starring Jim Caviezel and Guy Pearce. (2001, PG, 131min) ★★★★
9.00 **FILM Inferno** Thriller starring Tom Hanks and Felicity Jones. A professor tries to stop a lethal virus from killing millions. (2016, 12, 121min) ★★★
11.25 **Piers Morgan: Uncensored**
12.55 AM **Making a Serial Killer** Double bill.
2.45 **Scam City**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Police Interceptors**
12.30 PM **Motorway Cops: Catching Britain's Speeders** Double bill.
2.30 **FILM High Noon** Western starring Gary Cooper. (1952, b/w, U, 85min) ★★★★★
4.15 **FILM Men in War** Korean War drama with Robert Ryan. (1956, b/w, PG, 104min) ★★
6.25 **FILM The Dam Busters** World War Two drama with Richard Todd. (1954, b/w, U, 125min) ★★★★
9.00 **FILM For a Few Dollars More** Spaghetti Western starring Clint Eastwood and Lee Van Cleef as cowboy bounty hunters who join forces to track down a killer. (1965, 15, 128min) ★★★★
11.40 **The X-Files** (S3)
3.30 AM **Car Pound Cops**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** A head-on crash leaves two men in a critical condition, and crashing a dirt bike on a remote farm ends badly for a 12-year-old boy.
8.00 A motorcyclist suffers a horrible injury, a husband performs CPR, and a concussed mountain biker is found dazed and confused.
9.00 **Ghosts** A ghostly photograph goes viral.
9.40 Alison tries to find out why the ghosts are acting so strangely.
10.20 An old friend of Kitty's reappears.
11.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
1.00 AM **Aaron Hernandez Uncovered** Documentary.
1.50 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Mega Metro**
8.00 **Flipping Bangers**
12.00 NOON **Citizen Smith**
2.00 PM **Canal Boat Diaries**
5.00 **Equator** Double bill.
7.00 **The Tea Trail with Simon Reeve** The presenter uncovers stories behind the nation's favourite drink.
8.00 **Bangers & Cash: Restoring Classics** The team are drawn by the curves of a stunning 1999 Morgan with a 4.6 V8 engine.
9.00 **Bangers & Cash** Derek takes to the skies for his first-ever helicopter flight in a 1967 Bell 47.
10.00 **Train Truckers** In Shropshire a Great Western Railway 'Modified Hall' steam engine requires a safety inspection.
11.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Celebrity Fantasy Homes** Toyah Willcox.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **World's Bargain Dream Homes** New editions A relocation expert helps a retired military officer search for a property in Guanacaste, Costa Rica.
9.30 A woman is ready to reset in nature in the beautiful Panamá Oeste province in Panama.
10.00 **100 Day Dream Home** New edition A pair of sisters want to build two houses at the same time.
11.00 **Celebrity IOU**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Saturday

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 1-5/22. (S7)
1.00 PM **Little House on the Prairie** 6-9/22. (S7)
5.00 **The Waltons** (S9)
7.00 FILM **The Great St Trinian's Train Robbery** Farcical comedy starring Frankie Howerd, Dora Bryan and George Cole. (1965, U, 94min) ★★★
9.00 **The Ruth Rendell Mysteries** *Front Seat:* 3/8. An elderly couple turn detective. (S3)
10.10 **M*A*S*H** 16/16. Feature-length finale of the comedy starring Alan Alda and Mike Farrell. The atmosphere is frantic as casualties flood in to the station during the last days of the war. (S11)
12.40 AM **Robin's Nest** (S4)
1.40 **Man About the House**
2.10 **Rising Damp** (S4&1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.20 FILM **Major Dundee** Western adventure. (1964, PG, 117min) ★★★
12.55 PM FILM **Johnson County War: Part 1** Western. (2002, 12) ★★
2.50 FILM **Johnson County War: Part 2** Western. (2002, 12, 89min) ★★
4.45 FILM **Rio Grande** Western drama. (1950, b/w, U, 107min) ★★★★
7.05 FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
9.00 FILM **Rambo: First Blood Part II** Adventure. (1985, 15, 96min) ★★★
11.05 FILM **Rambo III** Thriller. (1987, 18, 101min) ★★★
1.20 AM **Dragon Ball Super**
2.20 FILM **Nocebo** Horror. (2022, 15, 96min) ★★★
4.25 **Air Rescue**
5.00 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 FILM **Death at the Diner** Crime drama. (2024, PG, 84min) ★★
1.20 PM FILM **Framed for Murder** Crime thriller. (2022, 12, 85min) ★★
3.15 FILM **Concrete Evidence** Crime drama. (2017, PG, 89min) ★★
5.10 FILM **Deadly Deed** Drama. (2018, PG) ★★
7.05 FILM **Past Malice** Drama. (2018, PG, 90min) ★★
9.00 FILM **Prediction Murder** Crime mystery starring Taylor Cole. (2020, PG, 89min) ★★
10.55 FILM **Ships in the Night** Mystery. (2021, PG) ★★
12.50 AM FILM **Girlfriend Killer** Crime thriller. (2017, 12, 90min) ★★
2.30 FILM **Deadliest Switch** Thriller. (2020, 12) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.15 AM FILM **Dog Lovers Guide to Dating** Comedy. (2023, U) ★★
10.05 FILM **A Tail of Love** Drama. (2022, U) ★★
12.00 NOON FILM **Cabin Connection** Drama. (2022, PG, 89min) ★★
1.55 PM FILM **Hometown Holiday** Romantic drama. (2017, PG, 84min) ★★
3.50 FILM **The Presence of Love** Romantic drama. (2022, PG, 84min) ★★
5.45 FILM **The 27-Hour Day** Drama. (2021, PG) ★★
7.40 FILM **Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
9.40 FILM **Sand Dollar Cove** Drama with Aly Michalka. (2021, PG, 84min) ★★
11.40 FILM **Loving Every Minute** Fantasy drama. (2022, U, 86min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love Finds You in Valentine**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Yorkshire by the Sea**
2.00 **New Home DIY**
5.30 **Real Thick Glasses**
5.45 FILM **The Magnificent Seven Deadly Sins** Comedy sketches. (1971, PG, 104min) ★★★
8.00 **Garden Rescue** The team help a couple from Somerset create a relaxing zen garden. **9.00** Charlie Dimmock returns to an earlier project in Powys to see how it has fared.
10.00 **Real Thick Glasses**
10.15 FILM **Loving Feeling** Comedy with Georgina Ward and Simon Brent. (1968, 15, 82min) ★
12.00 M'T FILM **Au Pair Girls** Comedy. (1972, 18) ★★
2.00 AM FILM **The Magnificent Seven Deadly Sins** As 5.45pm.
4.15 **Queer Lives Today**
4.45 **to 5.00** AM **Becoming Jazzy Whipps**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **The Fenn Street Gang**
8.30 **Press Gang** 9/12. (S1)
9.00 **The Gaffer** 1-3/7. (S3)
10.30 **Boon** 4-6/13. (S2)
1.30 PM **Ain't Misbehavin'**
2.35 **The Champions**
3.35 **The Top Secret Life of Edgar Briggs** 5/13. (S1)
4.05 **Father Brown** (S1)
5.05 **Agony** 2-4/6. (S1)
6.35 **The Gaffer** 1-3/7. (S3)
8.05 **Second Thoughts** (S4)
9.05 **Rik Mayall Presents**
10.10 FILM **Emmanuelle in Soho** Erotic drama starring Angie Quick. (1981, 18, 68min) ★★
11.30 **The Kenny Everett New Naughty Video**
1.05 AM **Stereo Underground**
2.05 **Hank the Cowboy**
2.20 **A Day in the Life of Beryl Cook**
2.50 **Rewind Time Machine**
3.00 **The Champions**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Giro D'Italia Highlights** Action from the 20th stage of the race.
8.00 **Extreme Cheapskates** How spendthrifts romance on a budget.
9.00 **Unexplained: Caught on Camera** A demonic spirit terrorises a paranormal investigator.
10.00 **Haunted Hospitals** At an overnight treatment centre, a youth worker endures a frightening encounter. **11.00** A resident at a care facility reveals a phantom child is asking her for help.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Prue Leith's Cotswold Kitchen** As 8.00pm.
12.00 NOON **Jamie's Money Saving Meals**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Roux Back Down the River** Five editions.
8.00 **Prue Leith's Cotswold Kitchen** Interior designer Laurence Llewelyn-Bowen drops in for lunch.
9.00 **Diners, Drive-Ins and Dives** New editions Guy Fieri's Sicilian trip continues as he tries creative twists on pizza, langoustine spaghettone and seafood linguine. **9.30** Guy is going global with elevated Egyptian BBQ in Austin, Texas.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** Five episodes.
12.00 NOON FILM **Monster Hunters** Sci-fi thriller. (2020, 15, 88min) ★
2.00 PM FILM **In Harm's Way** War drama. (1965, b/w, PG, 160min) ★★
5.20 FILM **Triple Cross** Spy thriller starring Christopher Plummer. (1966, PG, 126min) ★★
8.00 **The Twilight Zone** (S2)
9.00 FILM **The Young Americans** Crime thriller starring Harvey Keitel and Iain Glen. (1993, 18, 99min) ★★
11.10 FILM **The Way of the Gun** Crime thriller starring Ryan Phillippe. (2000, 18, 119min) ★★
1.40 AM FILM **Born to Raise Hell** Action thriller starring Steven Seagal. (2010, 18, 92min) ★★
3.30 **to 5.15** AM FILM **Never Let Go** Crime thriller. (2015, 15, 90min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S2)
3.00 PM FILM **The Day the Earth Stopped** Thriller with C Thomas Howell. (2008, 15, 90min) ★★
5.00 FILM **Meteor Apocalypse** Adventure starring Joe Lando. (2010, 15, 90min) ★
7.00 FILM **George and the Dragon** Adventure starring James Purefoy and Piper Perabo. (2004, PG, 93min) ★★★
9.00 FILM **Thick As Thieves** Crime thriller starring Morgan Freeman. (2009, 15, 104min) ★★
11.10 FILM **Drive Hard** Thriller starring John Cusack. (2014, 15, 92min) ★
1.10 AM FILM **Thick As Thieves** As 9.00pm.
3.15 **King Solomon's Mines Part One** Adventure.
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.20 **The UnXplained with William Shatner**
10.10 **World's Most Unexplained**
12.05 PM **The Proof Is Out There** Triple bill.
3.05 **What on Earth?**
6.00 **Secrets of the Lost Liners** Double bill.
8.00 **Hazardous History with Henry Winkler** Bone-crushing football and deadly baseball games.
9.00 **Hitler's Handmaidens** A look into female Nazi involvement in the Holocaust.
10.00 **Hitler's Secret Sex Life** Investigating the myriad of rumours, theories and disputed historical accounts of Adolf Hitler's sexual psychology.
11.00 **Weird Britain**
1.00 AM **The Proof Is Out There** Documentary.
2.00 **to 6.00** AM **Evidence of the Unexplained**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *Prediction: Murder:* Jessica is disturbed by a psychic's predictions.
7.00 **World War II: Secrets from Above** The Battle of Britain from a unique aerial perspective.
8.00 **Battle Front: WWII Road to Victory** New editions A look at the fall of Berlin in 1945. **8.30** A look at how German gunboats disguised as cargo ships patrolled Allied waters.
9.00 **Michael Palin in Venezuela** Michael explores the South American country. **10.00** Michael visits a cluster of coral islands called Los Roques. **11.00** Michael starts the final leg of his adventure, as he visits Zulia.
12.00 M'T **to 4.00** AM **Wentworth Prison**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** A *Good Morning Britain* special, featuring Piers Morgan, Susanna Reid, Richard Arnold and Kate Garraway.
6.00 **The Chase: I'm a Celebrity... Special**
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Rory Bremner, Laura Tobin, Deborah Meaden and Alan Titchmarsh take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 5/24. Penny and Leonard use a parenting book to control Sheldon's behaviour. **8.30** 6/24. Sheldon and Wil Wheaton compete for the role of the new Professor Proton. (S11)
9.00 **Dr Pimple Popper** J-Fab is usually the life and soul of the party, but her shoulder bump is cramping her style. **10.00** Robert has a huge lump on his head. **11.00** Nhan has an extreme, red birthmark.
12.00 M'T **Dr Pimple Popper: Breaking Out**
1.00 AM **Young Sheldon**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S3)
2.30 PM FILM **The Jewel of the Nile** Comedy adventure sequel. (1985, PG, 104min) ★★★★
4.30 **Bradley & Barney Walsh: Breaking Dad**
5.30 **Friends** 14-18/25. (S3)
8.00 **Michael McIntyre's The Wheel** Game show.
9.00 FILM **Kevin & Perry Go Large** Comedy spin-off. (2000, 15, 82min) ★★
10.40 **8 Out of 10 Cats Uncut**
12.20 AM **Whose Line Is It Anyway? USA**
12.50 **Al Murray: Beautiful British Tour** Stand-up.
1.50 **Kevin Bridges: A Whole Different Story**
2.50 **Kerry Godliman: Bandwidth** Stand-up.
3.35 **Fat Chat with Desiree Burch** With Jack Rooke.
3.45 **Utopia** 1/8. (S5)
4.15 **to 5.00** AM **Michael McIntyre's The Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 4.30pm.
10.00 **Impractical Jokers**
2.00 PM **Friends** (S3)
4.00 **Utopia** 6/8. (S3)
4.30 **Michael McIntyre's Big Show** With Rick Astley, Olly Murs, Rebecca Adlington and Al Porter.
5.30 **The Best of Mr Bean**
6.30 **Mr Bean** (S1)
9.00 **Friends** 19/25. Monica dates a millionaire. **9.30** 20/25. Chandler dates Rachel's boss. **10.00** 21/25. Ross makes a sacrifice for Rachel. **10.30** 22/25. Joey's play gets poor reviews. (S3)
11.00 **Friends** (S3&4)
2.00 AM **New Girl** (S1)
3.00 **South Park** (S25&26)
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **The Kenny Everett Video Show** (S2)
8.30 **Some Mothers Do 'Ave 'Em** 4-7/7. (S1)
10.55 **Goodnight Sweetheart**
3.50 PM **Oh, Doctor Beeching!** 1-5/10. (S2)
6.50 **Minder** (S1&4)
9.00 **Benidorm** 5/7. Tiger and Joey have a run in with a hiker. Guest stars Angus Deayton. (S8)
10.00 **Shameless** 10/10. Mimi and Billy renew their wedding vows. (S10)
11.00 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** 5/7. (S8)
12.55 AM **Minder** 8/13. (S9)
2.00 **Duty Free** 5/7. (S1)
2.25 **Man About the House**
2.50 **The Kenny Everett Video Show** (S3)
3.15 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Byways of Steam**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.50 **Teen Mom OG**
7.40 **Teen Mom 2**
8.25 **Teen Mom UK**
9.30 **Beauty and the Geek Australia** Double bill.
1.00 PM **Judge Judy** Real-life small-claims cases.
6.00 **Catfish: The TV Show** Stephanie has been talking to Danny for 10 years – but has never video chatted. **7.00** Reign needs answers from Piers on why he disappeared. **8.00** Kim tries to decide whether to marry her long-term boyfriend or a man who has become her online soulmate.
9.00 **Skin A&E** A patient has a cyst on his neck the size of a golf ball.
10.00 **Geordie Shore**
11.00 **Tattoo Fixers**
12.00 M'T **Bar Rescue**
3.00 AM **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

30 May **Saturday**

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Alaskan Bush People** Six editions, including at: **3.00** PM The Wolfpack seize an opportunity to stockpile meat with their buffalo hunt. **4.00** The Browns come up with inventive solutions to defend their livestock. **5.00** A medical emergency on the Wolfpack's ranch forces them to be resourceful.
6.00 **Deadliest Catch** As a typhoon slams the fleet, John fights to shield his crew.

12.00 Alaskan Bush People

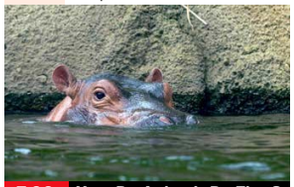
7.00 **The Woodland Workshop** Potter Rich makes a lighthouse lantern for a vicar using a tricky piercing technique.
8.00 **Maine Cabin Masters** With a $20,000 budget, Chase and his team revive the family's dilapidated bunkhouse.
9.00 **Naked and Afraid** Haunted by their previous failure, two survivalists seek redemption in Thailand's highland jungle.
10.00 **In the Eye of the Storm: Chasers** A tornado outbreak in North Dakota spawns the first EF5 monster in over 12 years.
11.00 **Expedition X** The team go to the site of the bloodiest battle ever on US soil, where people claim to see phantom soldiers roaming the battlefields.
12.00 M'T **Conspiracies & Coverups**
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A pet psychic is struggling to communicate with her cat. **4.00** A woman torn between her boyfriend and her cat.
5.00 **Treehouse Masters** Pete Nelson builds a treehouse for the children of injured Marines.
6.00 **The Dark Side of the Sun** The past and future of the sun.



7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How a lizard can walk on water. **7.30** How a barn owl catches prey it can't see.
8.00 **Extinct or Alive** Forrest Galante goes in search of one of the last living specimens of the giant softshell turtle.
9.00 **Edge of Alaska** Neil Darish lies low after announcing his plan to develop the motherlode into a mine tour.
10.00 **Tanked** Brett and Wayde answer viewers' questions about fish, and take a look back at unseen moments from the series.
11.00 **Tanked** Wayde meets basketball star Shaquille O'Neal, who requests an aquarium built inside the front end of a semi-truck.
12.00 M'T **Edge of Alaska**
2.00 AM **The Haunted**
3.00 **to 5.00** AM **Loch Ness Monster: New Evidence**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Inside Sydney Airport**
12.00 NOON **Engineering by Catastrophe** Exploring how engineers use past disasters to make tunnel construction and travel safer.
1.00 PM **Engineering Europe**
3.00 **Construction Fails**
5.00 **Air Crash Investigation** A risky test flight uncovers an industry-wide safety problem. **6.00** The crash of a Boeing 737 in a remote part of the Amazon jungle in 1989.

7.00 WW2 Wrecks

7.00 **WW2 Wrecks: Draining the Ocean** Documentary examining shipwrecks from World War Two on the seabed.
8.00 **Apocalypse: Hitler Takes on the East** The story of the German invasion of the USSR during World War Two.
9.00 **Apocalypse: Hitler Takes on the East** How Hitler believed his triumph over the USSR was imminent in 1941.
10.00 **Tucci in Italy** Stanley Tucci unearths culinary treats in the lesser-known region of Le Marche.
11.00 **Amsterdam Central 24/7** Alexandra and Gusta help international tourists, while Menno and Barran are on the lookout for luggage thieves.
12.00 M'T **Inside Melbourne Airport** Double bill.
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Five editions.
1.30 PM **The Mystery of the Holy Lance** The enigma surrounding the artefact.
2.40 **Pharaohs at War** The Battle of Megiddo, fought in 1457 BC. **3.45** Focusing on the Battle of Kadesh, fought in 1275 BC. **4.50** The story of the Battle of Raphia, fought in 217 BC. **5.55** The Battle of Actium in 31 BC, a key naval engagement.

2.40 Pharoahs at War

7.00 **Digging for Britain** A Roman-themed edition focusing on the skeletons of 97 babies found beside the Thames.
8.00 **Digging for Britain** An insight into the Viking Age, examining signs of the earliest Norse settlers in the Outer Hebrides.
9.00 **World War II: Witness to War** Despite Germany's effort to protect France, the Allies' invasion ended in triumphant liberation.
10.00 **World War II: Witness to War** Survivors recount the horrors behind finding Germany's concentration camps.
11.00 **World War II: Witness to War** The war in the Pacific nears its end as a drastic tactic triggers the nuclear age.
12.00 M'T **Knut: The Viking Emperor** Examining Knut's rise from young warrior to North Sea ruler.
1.10 AM **Strange Evidence**
4.00 **to 6.00** AM **Digging for Britain**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Claude Rains**
7.00 **Discovering: Janet Leigh**
8.00 **The Directors**
9.00 **Sergio Leone: The Italian Who Invented America**
11.00 **Missile from the East**
1.00 PM **I'm Chevy Chase and You're Not** Documentary.
3.00 **I Am Richard Pryor**
4.50 **My Icon: Kadeen Corbin**
5.00 **Salt Path: A Very British Scandal** An investigation into allegations of inaccuracies in Raynor Winn's book.
6.30 **My Icon: Heather Watson**

3.00 I Am Richard Pryor

6.40 **Going Clear: Scientology and the Prison of Belief** Documentary looking at the history of the Church of Scientology, from its roots in the mind of founder L Ron Hubbard to its rise in popularity in Hollywood and beyond.
9.00 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion.
11.00 **Bruno v Tyson** The story of the boxing rivalry between Frank Bruno and Mike Tyson.
12.50 AM **Wirecard: A Billion Euro Lie** Documentary exploring the scandal surrounding financial payment firm Wirecard.
2.50 **Great Photo, Lovely Life: Facing a Family's Secret** Photojournalist Amanda Mustard investigates crimes committed by her grandfather.
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **MotoGP**
4.00 **Shed and Buried**
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** The team race to assemble their beloved 37025 before its main line test.
8.00 **Shed and Buried: Classic Cars** The duo find an impressive 1950s Green Goddess Fire Engine in a shed.
9.00 **The Repair Shop** Amanda and Julie restore and revive a beloved childhood bear. **10.00** The experts restore a split flap clock that is stuck in time.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Combat Dealers**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **The Killer in My Family**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Evil Lives Here** Six editions of the series.
9.00 **American Detective with Lt Joe Kenda** New edition Kidnappers seize the heir to a multi-million-dollar aeroplane empire for ransom, but the FBI uncover a ruse – and a darker truth emerges.
10.00 **On the Case with Paula Zahn** New edition A look at how a young woman's plan for a romantic dinner ended in a homicide.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Irish Crime Files: Body in the Canal** The story of a murder in Dublin.
8.00 **Irish Crime Files: The Consummate Murder** The story of Irish woman Rachel O'Reilly's murder.
9.00 **UK Crime Files: Double Murders** Simon Toyne revisits a case involving an apparent suicide plot in Co Derry.
10.00 **UK Crime Files: Gangland Hit** How police solved the case of Andrew Green's murder.
11.00 **UK Crime Files: DNA Cold Case Solved**
12.00 M'T **UK Crime Files: Security Guard Killer**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Bloodline Detectives**
3.00 **Fatal Fall: Murder or Accident?** Documentary.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **UK Crime Files: Parachute Murder Plot** Donal MacIntyre examines the murder of Victoria Cilliers by her husband, army sergeant Emile Cilliers.
4.00 **UK Crime Files: Murder of Jeshma** Donal MacIntyre looks into the murder of Jeshma Raithatha.
5.00 **UK Crime Files: The Twilight Killers** Professor David Wilson explores an incident of matricide.
6.00 **UK Crime Files: The Murder of an Author** Professor David Wilson explores the case of Ian Stewart, who murdered his fiancée Helen Bailey.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Caught Red Handed**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
5.00 **What the Killer Did Next** Debbie Starbuck.
6.00 **Killer in My Village**
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **Murder Next Door**
10.00 **Murder in Slow Motion: The Shana Grice Story**
11.00 **World's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Peter McMahon.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Britain's Most Evil Killers**
3.00 **The Real Manhunter**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.45 **The Great Fire**
11.55 **Symbols of Evil**
1.00 PM **Weathered: Earth's Extremes**
1.35 **The Great Fire**
4.35 **Dying Democracies: Europe in Decline**
6.35 **Forgotten Allies: The Search for Burma's Lost Heroes**
7.35 **The Great Fire: London Burns** Examining the Great Fire of London.
8.35 **The Great Fire: Death and Destruction** The worst day of the inferno.
9.35 **The Great Fire: A City Rebuilt** The last day of the fire's rampage through the city of London in 1666.
10.35 **Symbols of Evil**
12.00 M'T **Forgotten Allies: The Search for Burma's Lost Heroes**
1.00 **to 2.00** AM **Weathered: Earth's Extremes**

SATURDAY

Saturday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Baby Animals**
- 8.00 **Battle of the Alphas**
- 10.00 **Planet Weird**
- 12.00 NOON **Aussie Snake Wranglers: Deadly Pursuit**
- 1.00 PM **The Ocean's Greatest Feast**
- 2.00 **Secret Life of the Kangaroo**
- 5.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1 &2/2.
- 7.00 **In for the Kill** Footage of predators claiming their prey.
- 8.00 **Deadly Australians** Analysing the deadliest creature lurking in Australia's oceans.
- 9.00 **Big Cat Country** Surabi's life hangs in the balance after being gored by a buffalo.
- 10.00 **Boss Shark** Specialists hunt for the alpha shark in a school of great whites.
- 11.00 **Boss Shark: Battle of the Sexes** Dr Riley Elliott compares male and female sharks.
- 12.00 M'T **Deadly Australians**
- 1.00 AM **Big Cat Country**
- 2.00 **In for the Kill** As 7.00pm.
- 3.00 **The Ocean's Greatest Feast**
- 4.00 **to 6.00** AM **Ocean Parks**

Crime+Investigation

139/140 142 133

- 6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
- 8.55 **Court Cam**
- 3.40 PM **My Strange Arrest**
- 5.00 **Witness to Murder: Digital Evidence** Investigating the murder of an aspiring actor.
- 6.00 **The Real Murders of Atlanta**
- 7.00 **The Real Murders of Orange County** Investigators uncover long-buried secrets when working on a murder case.
- 8.00 **Buried in the Backyard** A curious film-maker becomes entangled in a deadly cult.
- 9.00 **Murder in the 21st** Two unlikely people step up in the search for a young woman.
- 10.00 **Crime in Progress** A routine welfare check uncovers an unpredictable chain of events.
- 11.00 **Interview with a Killer**
- 12.00 M'T **Predator Hunters**
- 1.00 AM **Interrogation Raw**
- 2.00 **I Met My Murderer Online**
- 3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Abandoned Engineering**
- 1.00 PM **Abandoned Engineering** A mountainside refuge in Georgia that was revealed to the world by an act of God. **2.00** Exploring a grand structure in Hull that was reduced to rubble by Hitler's planes. **3.00** A decrepit Liberian landmark with American origins. **4.00** Exploring the Dew Drop Inn in New Orleans.
- 5.00 **The Two Ronnies** Singer Elaine Paige sings *If You Don't Want My Love* in a musical sketch. **5.40** Sketches include Roadsweepers, Raiders of the Last Auk and Bushman's Holiday. **6.40** A musical interlude from guest Stephanie Lawrence. **7.40** Vintage comedy sketch show, with guest Elton John. **8.40** Vintage comedy show, with music by Elaine Paige, who sings *Running Back for More*.
- 9.40 **The Two Ronnies**
- 5.30 **to 6.00** AM **Robson Green's Weekend Escapes**

+1 hour 266 376

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Greatest Escapes of WWII**
- 9.00 **Bomber: Terror of WWII**
- 11.00 **Digging Up Britain's Past**
- 2.00 PM **Ancient Aliens**
- 4.00 **Combat Ships**
- 5.00 **Combat Trains**
- 6.00 **Combat Machines**
- 7.00 **Cursed Histories** The royals who promise turmoil for anyone who dares disturb their 'eternal rest'. **8.00** A 'damned' amethyst gem and a devilish beast.
- 9.00 **Mysteries Unearthed with Danny Trejo** Mysterious secrets lost deep inside various unseen chambers, such as tunnels, caves and burial sites.
- 10.00 **The UnXplained: Mysteries of the Universe** Exploring the mysteries of planet Earth.
- 11.00 **Ancient Aliens** Double bill.
- 1.00 AM **Alien Corridors**
- 2.00 **The Abyss: Rise & Fall of the Nazis** The invasion of Poland.
- 3.00 **Combat Machines**
- 4.00 **Instruments of Death**
- 5.00 **to 6.00** AM **Mysteries from Above**

WILD

165 145 182

- 8.00 AM **Animal Fight Club**
- 9.00 **Critter Fixers: Country Vets Compilation** Series highlights.
- 10.00 **Secrets of the Zoo**
- 11.00 **The Incredible Dr Pol**
- 1.00 PM **World's Deadliest Whale**
- 2.00 **Sea of Hope: America's Underwater Treasures**
- 3.00 **Ice Road Rescue**
- 5.00 **Snakes in the City**
- 7.00 **Critter Fixers: Country Vets** The vets work to keep the clinic clean while meeting an adventurous and persistent cockatiel, an eager beaver, a sassy goat and a surfing cow.
- 8.00 **Pole to Pole with Will Smith** The actor travels to the kingdom of Bhutan in search of the secret to happiness. **9.00** Will's trip to a remote island in the South Pacific is threatened by rising seas.
- 10.00 **Croatia's Coast** The islands and forests of the Croatian coast.
- 11.00 **Bite, Sting, Kill**
- 12.00 M'T **Lawless Island**
- 2.00 AM **When Sharks Attack**
- 4.00 **to 5.00** AM **Yukon Vet**

+1 hour 274 381

ID

154 140 166

- 8.00 AM **Til Death Do Us Part**
- 10.00 **To Catch a Killer**
- 12.00 NOON **Evil Twins**
- 2.00 PM **I'd Kill for You**
- 4.00 **Faking It: Tears of a Crime**
- 6.00 **American Detective with Lt Joe Kenda** The murder of a respected young entrepreneur. **7.00** When a father of five is found dead on his kitchen floor, James Colley must untangle a web of twisted relationships.
- 8.00 **Truth About Murder with Sunny Hostin** A crime in which two people were attacked by a stranger in a park in Texas.
- 9.00 **Kiss of Death** Mario and Gina live a life of luxury – but in time the façade unravels.
- 10.00 **Seduced to Slay** When a man's childhood friend moves in with him and his family, a sinister seduction leads to a cold-blooded murder in Buford.
- 11.00 **Fatal Affairs**
- 12.00 M'T **Deadly Sins**
- 2.00 AM **Mean Girl Murders**
- 4.00 **to 6.00** AM **Bride Killa**

+1 hour 254 366

Discovery Science

167 148 179

- 8.00 AM **Blowing Up History**
- 10.00 **How It's Made**
- 12.00 NOON **How Do They Do It?**
- 2.00 PM **Truth Behind the Moon Landing** Double bill.
- 4.00 **Alien Highway**
- 6.00 **How It's Made** Four editions of the series, including at: **7.00** A look into how the world's smallest car is made. **7.30** Robotic medication dispensers and LED tubes.
- 8.00 **Paranormal Declassified** Paul Beban searches for the truth about sea monsters. **9.00** Investigating skinwalkers.
- 10.00 **Curse of the Bermuda Triangle** The team investigate evidence of an alien encounter in the Bermuda Triangle. **11.00** Experts follow clues to strange anomalies that may have ties to Atlantis.
- 12.00 M'T **In Search of Monsters**
- 2.00 AM **The Alaska Triangle**
- 4.00 **to 6.00** AM **How Do They Do It?**

+1 hr 267 379

Discovery History

161/172 147 181

- 7.00 AM **Shed and Buried**
- 9.00 **Combat Dealers**
- 12.00 NOON **Shed and Buried**
- 3.00 PM **Salvage Hunters: The Restorers** Triple bill.
- 6.00 **How the Universe Works** Experts investigate the last stars of the cosmos and what a stellar apocalypse means. **7.00** A huge black hole that lies at the heart of the galaxy. **8.00** Experts investigate theories surrounding the possibility of time travel, and ask whether it could ever be more than science fiction.
- 9.00 **The Dino Hunters** The Harris-Bolans have found evidence of a Ceratopsian skull, and Clayton gets news about the Nano sale races to extract a trike tail before a storm hits. **10.00** Clayton and the team extract a valuable fossil trapped in a precarious location.
- 11.30 **How Do They Do It?**
- 12.00 M'T **Monsters of the Abyss**
- 2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

158 146 180

- 7.00 AM **Incredible Engineering Blunders: Fixed** Triple bill.
- 10.00 **Extreme RVs**
- 11.00 **Garage Rehab**
- 12.00 NOON **Massive Engineering Mistakes** Five editions.
- 5.00 PM **Kindig Customs**
- 8.00 **Shed and Buried** Henry and Fuzz check out a collection of *Easy Rider*-style motorbikes. **8.30** Henry and Fuzz view an exquisite collection of military and civilian vehicles. **9.00** Henry and Fuzz sail over to the Isle of Wight. **9.30** Henry and Fuzz are overwhelmed by a military collection in Brackley.
- 10.00 **Richard Hammond's Workshop** The team head to Silverstone in search of racing glory. **11.00** Richard restores a unique 1947 Delahaye sports car. **12.00** M'T Richard agrees to continue working with the Smallest Cog Race team.
- 1.00 **to 4.00** AM **Incredible Engineering Blunders: Fixed**

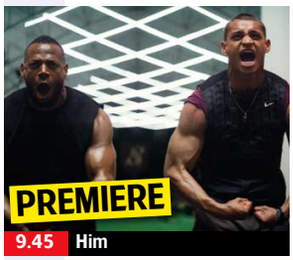
+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.00 AM **The Shadow's Edge** Thriller. (2025, 15, 141min)
- 8.25 **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★
- 10.00 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
- 11.40 **Fuze** As shown at 8.00pm.
- 1.25 PM **The Bride!** Gothic horror. (2025, 15, 126min) ★★★★
- 3.40 **Downton Abbey: The Grand Finale** (2025, PG) ★★★★
- 5.45 **The Running Man** Thriller. (2025, 15, 133min) ★★★



9.45 Him

8.00 Fuze Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 PREMIERE Him Supernatural horror starring Marlon Wayans and Tyriq Withers. A young athlete descends into a world of terror when he gets invited to train with a champion. With Tim Heidecker and Julia Fox. (2025, 18, 96min)

- 11.30 **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
- 1.05 AM **Fuze** As 8.00pm.
- 2.50 **PREMIERE Him** As 9.45pm.
- 4.30 **The Cinema List: Race Against Time**
- 4.55 **to 6.30** AM **Tafiti: Across the Desert** Animated family adventure. (2025, PG, 81min)

Sky Cinema Batman

303 303 403 503 517

- 6.00 AM **Batman** As 11.10pm.
- 8.10 **Batman Returns** As 4.45pm.
- 10.20 **Batman Forever** As 6.55pm.
- 12.25 PM **Batman & Robin** (1997)
- 2.35 **Batman** As shown at 11.10pm.
- 4.45 **Batman Returns** Adventure with Michael Keaton, Danny DeVito and Michelle Pfeiffer. (1992, 12, 121min) ★★★★
- 6.55 **Batman Forever** Comic-book adventure starring Val Kilmer and Tommy Lee Jones. (1995, 12, 121min) ★★★

4.45 Batman Returns

Batman Forever (film started at 6.55pm)

SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Batman & Robin Fantasy adventure starring George Clooney, Arnold Schwarzenegger, Chris O'Donnell, Uma Thurman and Alicia Silverstone. Batman and Robin, aided by new ally Batgirl, take on fearsome villains Mr Freeze and Poison Ivy. (1997, PG, 125min) ★★

SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 Batman Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante meets a deadly adversary in the shape of the Joker. With Kim Basinger. (1989, 15, 121min) ★★★★

- 1.20 AM **Batman Returns** (1992)
- 3.35 **Batman Forever** As 6.55pm.
- 5.45 **to 8.00** AM **Batman & Robin**

Sky Cinema Drama

310 310 410 510 524

- 7.15 AM **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
- 8.55 **Cookster: The Darkest Days** Drama. (2024, 15, 119min) ★★★
- 10.55 **I Used to Be Funny** As 1.35am.
- 12.45 PM **A Mistake** Medical drama. (2024, 15, 101min) ★★★
- 2.35 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★
- 4.25 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★

6.15 Lost in Translation Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★

- 8.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
- 10.05 **Dunkirk** Christopher Nolan's drama starring Kenneth Branagh, Tom Hardy and Fionn Whitehead. (2017, 12, 106min) ★★★★★
- 11.55 **Night Call** French-Belgian thriller. (2024, 15, 97min) ★★★★

- 1.35 AM **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★
- 3.25 **Drift** Drama with Cynthia Erivo. (2023, 15, 93min) ★★★★
- 5.05 **to 6.50** AM **Burning an Illusion** Drama with Cassie McFarlane. (1981, 15, 103min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.15 AM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
- 8.05 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
- 10.00 **Anaconda** Jungle adventure. (1997, 15, 89min) ★★★
- 11.35 **The Nun** Horror thriller sequel. (2018, 15, 96min) ★★★
- 1.20 PM **Annabelle** Horror spin-off with Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★

3.15 Annabelle: Creation Horror. (2017, 15, 109min) ★★★

- 5.10 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
- 8.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
- 10.00 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. With Maria Conchita Alonso. (1987, 18, 101min) ★★★

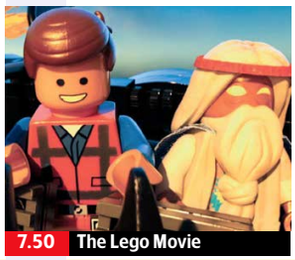
- 11.45 **28 Days Later** Horror starring Cillian Murphy and Naomie Harris. (2002, 18, 113min) ★★★★
- 1.55 AM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
- 4.10 **Sky Cinema Preview**
- 5.10 **to 7.00** AM **Pitch Black** Horror. (1999, 15, 108min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Breaking Point** (2023)
8.25 **Transformers One** (2024)
10.25 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy sequel. (2016, 12, 112min) ★★★
12.25 PM **Sonic the Hedgehog 3** Fantasy. (2024, PG) ★★★
2.25 **Charlotte's Web** (2006) ★★★
4.15 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
6.00 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★



7.50 The Lego Movie

7.50 The Lego Movie Animated comedy featuring the voices of Chris Pratt, Elizabeth Banks, Morgan Freeman and Will Ferrell. (2014, U, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 The Portable Door Fantasy adventure with Christoph Waltz and Sam Neill. Two interns discover the true agenda of the mysterious corporation where they work. (2023, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **MouseHunt** Comedy starring Nathan Lane and Lee Evans. (1997, PG, 98min) ★★★★
1.15 AM **The Last Airbender** Fantasy adventure starring Noah Ringer and Dev Patel. (2010, PG, 103min) ★★
3.00 **Noah's Ark** Animation with the voice of Rodrigo Santoro. (2024, U, 96min) ★★★
4.40 **to 6.20** AM **Rebellious** Animated fantasy adventure. (2024, PG, 94min) ★★★

Sky Cinema Action

306 306 407 507 521

6.35 AM **Vendetta** Action thriller. (2022, 15, 96min) ★★
8.15 **Safe House** As 2.15am.
9.50 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★
12.20 PM **Bullet Train** Thriller. (2022, 15, 127min) ★★★★
2.30 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
4.20 **300** Historical adventure. (2006, 15, 116min) ★★★★
6.20 **Fuze** Thriller with Theo James. (2026, 15, 15min) ★★★

4.20 300

8.00 Spider-Man: No Way Home Fantasy adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. With Benedict Cumberbatch (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 Venom: The Last Dance Fantasy with Tom Hardy. Eddie Brock and Venom face dangers from two worlds as the end of their relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Rumble in the Bronx** Action comedy starring Jackie Chan. (1996, 15, 89min) ★★★
2.15 **Safe House** Crime thriller. (2025, 15, 90min) ★★★
3.55 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.40 **to 7.45** AM **Gunpowder Milkshake** Action thriller. (2021, 15, 114min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Sometimes I Think About Dying** Drama. (2023, 12) ★★★
7.45 **Book of Love** (2022, 12) ★★★
9.35 **Hope Springs** (2012, 12) ★★★
11.20 **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
12.50 PM **The Wedding Singer** Comedy. (1998, 12) ★★★★
2.30 **Anchorman 2: The Legend Continues** (2013, 15) ★★
4.30 **Instant Family** (2018) ★★★★
6.30 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★

8.00 The Man with Two Brains

8.00 The Man with Two Brains Black comedy starring Steve Martin as abrain surgeon falls in love with a disembodied brain in a glass jar. (1983, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Bridget Jones: The Edge of Reason Romantic comedy sequel starring Renée Zellweger. Bridget's new relationship comes under threat when she is thrown together with her ex-boss on a TV assignment to Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Bridget Jones's Baby** Romantic comedy sequel with Renée Zellweger and Colin Firth. (2016, 15, 123min) ★★★
1.35 AM **Babes** Comedy starring Ilana Glazer, Michelle Buteau and John Carroll Lynch. (2024, 15, 104min) ★★★★
3.30 **Sky Cinema Preview**
4.30 **to 6.30** AM **Instant Family**

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **King Ivory** Crime thriller. (2024, 15, 130min) ★★★
8.50 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
11.05 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
1.00 PM **Sherlock Holmes** Thriller. (2009, 12, 128min) ★★★★
3.15 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
5.25 **The Firm** Legal thriller. (1993, 15, 155min) ★★★

5.25 The Firm

8.00 Juror #2 Clint Eastwood's legal thriller starring Nicholas Hoult. While serving as a juror in a high-profile murder case, a family man grapples with a moral dilemma. With Toni Collette, JK Simmons and Kiefer Sutherland. (2024, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 One Last Deal Drama starring Danny Dyer and Elliott Rogers. A veteran sports agent scrambles to land one last high-stakes deal for his star client, with both their futures on the line. (2026, 18, 89min)

11.45 **Se7en** Dark thriller with Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★
2.05 AM **The Krays** Crime drama with Martin and Gary Kemp. (1990, 18, 119min) ★★★
4.15 **to 6.10** AM **Dirty Harry** Thriller with Clint Eastwood. (1971, 15, 103min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG) ★★★
12.45 PM **Man in the Saddle** Western. (1951, PG) ★★★
2.30 **The Emperor's New Clothes** Costume comedy drama. (2001, PG, 107min) ★★★
4.40 **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★
6.40 **Notting Hill** Romantic comedy. (1999, 15, 120min) ★★★★

9.00 M3GAN

Notting Hill (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 M3GAN Sci-fi horror starring Allison Williams and Violet McGraw. A robotics engineer at a toy company builds a life-like doll that begins to take on a life of its own. With Ronny Chieng and Amie Donald. (2022, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Pope's Exorcist** Horror starring Russell Crowe. Father Gabriele Amorth, chief exorcist for the Vatican, investigates the possession of a young boy. With Daniel Zovatto. (2023, 15, 103min) ★★★
1.15 **to 3.15** AM **Vinyan** Horror thriller starring Rufus Sewell and Emmanuelle Béart. (2008, 18, 96min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

7.20 AM **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
9.10 **The Amazing Spider-Man** Fantasy. (2012, 12, 136min) ★★★
11.30 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
1.55 PM **The Karate Kid** Martial arts drama. (2010, PG, 140min) ★★★
4.15 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★

6.00 **Jumanji: Welcome to the Jungle** Fantasy comedy sequel. (2017, 12, 119min) ★★★★
8.00 **Jumanji: The Next Level** Fantasy comedy sequel starring Dwayne Johnson and Karen Gillan. (2019, 12, 123min) ★★★★
10.05 **Mamma Mia! Here We Go Again** Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★

12.05 AM **The Hangover Part II** Dark comedy sequel starring Bradley Cooper. (2011, 15, 101min) ★★
1.50 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
3.35 **The Cinema List: Bingeable**
4.05 **to 6.05** AM **Just Go With It** Comedy. (2011, 12, 117min) ★

Sky Cinema Greats

307 307 404 504 518

7.40 AM **Jerry Maguire** As 11.50pm.
10.05 **The Long Kiss Goodnight** Thriller starring Geena Davis. (1996, 18, 120min) ★★★★
12.10 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
2.05 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★
4.05 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★

5.50 **A League of Their Own** Comedy drama with Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★
8.00 **You've Got Mail** Romantic comedy with Tom Hanks and Meg Ryan. (1998, PG, 114min) ★★★
10.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. A woman hears a widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★

11.50 **Jerry Maguire** Romantic comedy drama with Tom Cruise, Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
2.10 AM **A League of Their Own**
4.20 **to 6.05** AM **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★

Disney+ Cinema

305

6.00 AM **The Aristocats** Animation. (1970, U, 78min) ★★★★★
7.25 **The Wild** Animated comedy. (2005, U, 82min) ★★
8.50 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
10.30 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
12.15 PM **Diary of a Wimpy Kid** Animated family adventure. (2021, PG, 59min) ★★★

1.50 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
3.25 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
4.55 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
6.55 **Beauty and the Beast** Musical. (2017, PG, 129min) ★★★★
9.00 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★
11.05 **The Avengers** Adventure starring Robert Downey Jr. (2012, 12, 137min) ★★★★

1.30 AM **Alien: Romulus** Horror. (2024, 15, 119min) ★★★★
3.30 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.50 **to 6.00** AM **Myth: A Frozen Tale** Animated short.

Movies 24

312 313 419

7.00 AM **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
9.00 **Making Waves** Romantic comedy. (2023, PG, 84min) ★★
11.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
1.00 PM **The Way to You** Romantic drama. (2026, PG, 90min) ★★
3.00 **Mystery Island: House Rules** Drama with Elizabeth Henstridge. (2024, PG, 84min) ★★

5.00 **Adventures in Love & Birding** Drama starring Rachel Boston. (2025, PG, 84min) ★★
7.00 **Field Day** Comedy with Rachel Boston and Shannon Chan-Kent. (2023, PG, 84min) ★★
9.00 **Signed, Sealed, Delivered: To the Moon and Back** Mystery starring Eric Mabius and Kristin Booth. The postal workers embark on a road trip to find a singer-songwriter who is hiding out from a troubled past. (2025, PG, 90min) ★★

11.00 **Love Served Here** Romantic drama. (2023, PG, 84min) ★★
1.00 AM **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Haul Out the Halloween** (2025, PG) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Murder at the Windmill**
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 11/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 5/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 14/32. (S1)
10.30 **Champion the Wonder Horse**
11.00 **The Buccaneers** 25/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **The Giant Claw** (1957) ★
1.35 PM **The Abominable Snowman** Horror. (1957, b/w, 12, 91min) ★★
3.20 **Cinebox Memories**
3.25 **Scotland Yard** 39/39. (S1)
4.00 **Whiplash** 19/34. (S1)
4.35 **Robinson Crusoe** 4/8. (S10)
6.40 **All that Glitters** Documentary.
7.00 **Maigret** 10/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **Sherlock Holmes: Last Vampyre**
11.10 **Fortean TV**
11.45 **One Step Beyond** 7/22. (S1)

12.20 AM **Eurotrash**
12.55 **The Love Merchant** (1966) ★★
2.35 **The Super Secret Service**
3.00 **The Veil** 5/12. (S1)
3.30 **The Starlost: The Invasion**
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports News**
- 10.30 **LIVE World Sevens Football** Coverage of the third and final day of the seven-a-side tournament at Gtech Community Stadium in London, featuring the semi-finals.
- 1.00 PM **Sports Saturday**
- 2.00 **LIVE Women's T20 Cricket England v India.** Coverage of the second T20 in the three-match series from Seat Unique Stadium.
- 6.00 **Sky Sports Catch Up**
- 7.00 **LIVE Vitality T20 Blast Cricket Sussex Sharks v Middlesex.** Coverage of the South Group match from the County Ground.
- 10.00 **LIVE PGA Tour Golf** Coverage of day three of the Charles Schwab Challenge at Colonial Country Club in Fort Worth, Texas.
- 11.30 **Sky Sports Catch Up**
- 2.00 AM **LIVE Fight Night Amanda Serrano v Cheyenne Hanson.** Coverage of the bout for the WBA and WBO World Featherweight titles at El Paso County Coliseum in El Paso, Texas.
- 5.30 **to 6.00** AM **Sky Sports Catch Up**

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 7.30 **Premier League Review**
- 10.30 **LIVE World Sevens Football** Coverage of the third and final day of the seven-a-side tournament at Gtech Community Stadium in London, featuring the semi-finals.
- 1.00 PM **Premier League Stories** The north London rivalry between Arsenal and Tottenham Hotspur.
- 1.30 **Netbusters** Recent action.
- 2.00 **LIVE World Sevens Football** Coverage from the final on the third and final day of the seven-a-side tournament at Gtech Community Stadium in London.
- 3.30 **Brazilians in the Premier League** A look at the Brazilian stars who graced the top flight.
- 4.45 **Premier League Review**
- 9.45 **Premier League Stories**
- 10.15 **Netbusters** Fast-paced highlights using alternative angles.
- 10.45 **PL Greatest Games**
- 11.00 **Premier League Years**
- 1.00 AM **PL Retro** A chance to see Arsenal v Leicester City in 2017.
- 3.00 **PL Greatest Games**
- 4.00 **PL Best Goals 2010/11**
- 5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **EFL Play-Offs 2015/16**
- 9.00 **EFL Greatest Games**
- 10.00 **EFL Cup Retro** The 2015 final.
- 12.00 NOON **Scottish Football VAR Review** Major talking points.
- 12.45 PM **Best Scottish Premiership Goals 2025/26**
- 1.15 **Martin O'Neill: Champion Again**
- 1.30 **Bundesliga** Season review.
- 2.30 **WSL** West Ham v Manchester City.
- 3.00 **EFL: The Play-Offs At 40**
- 4.30 **Scottish Football VAR Review**
- 5.15 **Martin O'Neill: Champion Again**
- 5.30 **EFL Cup Highlights**
- 6.30 **EFL Trophy** Luton Town v Stockport County in the final.
- 7.00 **EFL** Hull City v Middlesbrough in the Championship play-off final. **8.00** Action from Bolton Wanderers v Stockport County in the League One play-off final. **9.00** Notts County v Salford City in the League Two play-off final.
- 10.00 **Bundesliga** Season review.
- 11.00 **Best Scottish Premiership Goals 2025/26**
- 11.30 **Martin O'Neill: Champion Again**
- 11.45 **SPFL Round-Up**
- 12.00 M'T **EFL** The 2022/23 play-offs.
- 3.00 AM **EFL Greatest Games**
- 4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** Action from Qualifier One.
- 7.00 **Women's One-Day International Cricket**
- 9.00 **ICC Women's World Cup 2017**
- 9.30 **ICC Men's T20 World Cup**
- 10.00 **Women's T20 Cricket**
- 2.00 PM **LIVE Women's International T20 Cricket England v India.** Coverage of the second T20 in the three-match series staged at Seat Unique Stadium, Bristol. These two sides have been fairly evenly matched in the last 10 meetings before this series, with England winning six and India winning the other four.
- 6.00 **Best of ICC WT20**
- 6.15 **My Icon** Michael Holding.
- 6.25 **ICC Men's T20 World Cup**
- 6.55 **LIVE Vitality T20 Blast Cricket Sussex Sharks v Middlesex.** Coverage of the South Group match from the County Ground.
- 10.00 **ICC Men's T20 World Cup**
- 10.30 **Women's One-Day International Cricket**
- 11.30 **ICC Men's T20 World Cup**
- 12.00 M'T **Best of ICC WT20**
- 12.30 AM **Women's T20 Cricket**
- 4.30 **ICC Men's T20 World Cup**
- 5.00 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Ladies European Tour Golf**
- 7.00 **PGA Tour Champions**
- 8.00 **PGA Tour Golf** Highlights.
- 11.00 **Rose Ladies Series**
- 11.30 **HotelPlanner Tour Golf**
- 12.00 NOON **LIVE DP World Tour Golf** Coverage of day three of the Austrian Alpine Open at Golfclub Kitzbuhel-Schwarzsee-Reith.
- 4.30 PM **LIVE PGA Tour Golf** Coverage of day three of the Charles Schwab Challenge at Colonial Country Club in Texas.
- 11.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
- 12.00 M'T **How the 2014 Ryder Cup Was Won** Archive highlights.
- 2.00 AM **PGA Tour Golf**
- 3.00 **US Open Official Films**
- 4.00 **Golf Academy** Expert tips.
- 5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **WTA & ATP Tennis**
- 1.00 PM **Tennis** Madrid Open finals.
- 3.00 **WTA & ATP Tennis** Italian Open.
- 5.00 **ATP Tennis** Munich Open.
- 6.00 **WTA Tennis** Indian Wells Open.
- 6.30 **WTA Tennis** Miami Open.
- 7.00 **ATP Tennis** Hamburg Open.
- 8.00 **WTA Tennis** Reviews of the Madrid Open and Italian Open.
- 9.00 **ATP Tennis** Indian Wells Open.
- 10.00 **WTA Tennis** Doha Open. **10.30** Dubai Championships.
- 11.00 **ATP Tennis** Miami Open.
- 12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **LIVE LIV Golf** The third day of the eighth round of the season staged at Asiad Country Club.
- 10.30 **Super Weekend**
- 12.30 PM **LIVE The Gallagher PREM Saracens v Harlequins.** The top-flight match from StoneX Stadium. Kick-off **1.00pm**.
- 3.00 **LIVE Champions League Final Paris Saint-Germain v Arsenal.** Coverage of the final from Puskas Arena in Budapest. The Gunners made it to their first final in this competition since 2006 thanks to a 2-1 semi-final victory over Atletico Madrid, while PSG beat Bayern Munich 6-5 to reach their second successive final. Kick-off **5.00pm**. *See feature, page 28.*
- 8.00 **Premier League Review**
- 9.00 **UFC** Yadong v Figueiredo.
- 12.00 M'T **LIVE MLB St Louis Cardinals v Chicago Cubs.** Coverage of the National League match from Busch Stadium. Start-time **12.15am**.
- 3.00 AM **Men's Cycling Pro Series**
- 4.00 **World Superbikes**
- 4.30 **to 6.00** AM **LIVE LIV Golf** The fourth and final day of the eighth round of the season in Busan.

TNT Sports 2

411 414 522 409 431

- 7.00 AM **MotoGP** Grand Prix of Italy.
- 7.30 **LIVE MotoGP** The Grand Prix of Italy Moto2 and Moto3 second free practice sessions.
- 9.00 **LIVE MotoGP** The Grand Prix of Italy MotoGP second free practice and qualifying sessions.
- 11.45 **LIVE MotoGP** Coverage of the Grand Prix of Italy Moto3 and Moto2 qualifying sessions.
- 1.45 PM **LIVE MotoGP** The Grand Prix of Italy MotoGP sprint race.
- 2.45 **LIVE The Gallagher PREM Northampton Saints v Gloucester.** Kick-off **3.00pm**.
- 5.00 **MLB Highlights**
- 6.00 **LIV Golf** Action from Busan.
- 7.30 **LIVE The Gallagher PREM Newcastle Red Bulls v Sale Sharks.** Kick-off **7.45pm**.
- 10.00 **The Breakdown**
- 10.30 **MotoGP** Grand Prix of Italy.
- 11.00 **World Superbikes**
- 11.30 **LIVE NWSL Washington Spirit v Seattle Reign.** Kick-off **11.30pm**.
- 1.45 AM **Women's Giro d'Italia**
- 2.45 **The Gallagher PREM**
- 5.45 **to 6.00** AM **Kenny Allstar's Number 1's**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Rugby League Highlights**
- 8.30 **LIVE NRL Wests Tigers v Canterbury-Bankstown Bulldogs.** Coverage of the match from CommBank Stadium. Kick-off **8.30am**.
- 10.35 **LIVE NRL Melbourne Storm v Sydney Roosters.** Coverage of the match at AAMI Park. Kick-off **10.35am**.
- 12.35 PM **Super League Highlights**
- 1.05 **NBA Basketball**
- 3.00 **NFL Highlights**
- 4.00 **Super League Highlights**
- 4.30 **NFL Bitesize Highlights**
- 5.00 **Super Bowl LX Highlights**
- 6.00 **NBA on Fire** Play-off action.
- 6.30 **Rugby League Highlights**
- 7.00 **NFL Highlights**
- 8.00 **Super League Highlights**
- 8.30 **NBA Basketball**
- 11.00 **NFL Highlights**
- 12.00 M'T **NBA on Fire** Play-off action.
- 12.30 AM **Super League Highlights**
- 1.00 **Fight Night** A bout replay.
- 2.00 **LIVE Fight Night Amanda Serrano v Cheyenne Hanson.** The world featherweight title bout in El Paso, Texas.
- 5.30 **World Club Challenge**
- 5.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

- 7.30 AM **Sky Sports Breakfast**
- 8.00 **LIVE Super Rugby Chiefs v Blues.** Coverage of the match from the 16th round of fixtures at FMG Stadium Waikato in Hamilton. Kick-off **8.05am**.
- 10.00 **Sky Sports News**
- 10.30 **LIVE Super Rugby Western Force v Waratahs.** Coverage of the match from the 16th round of fixtures at HBF Park in Perth. Kick-off **10.35am**.
- 12.30 PM **Sports Saturday**
- 1.30 **LIVE PGA Tour Golf** Coverage of the featured groups on day three of the Charles Schwab Challenge staged at Colonial Country Club in Fort Worth, Texas.
- 6.30 **Sky Sports Catch Up**
- 8.30 **LIVE LPGA Tour Golf** Coverage of day two of the Shoprite LPGA Classic at the Seaview in Galloway, New Jersey.
- 11.30 **Sky Sports Catch Up**
- 12.00 M'T **LIVE NBA Basketball Oklahoma City Thunder v San Antonio Spurs.** Game seven of the Western Conference finals staged at Paycom Center.
- 4.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **IPL** T20 highlights.
- 7.00 **State of Origin Rugby League**
- 7.30 **WTA Tennis** Rabat Open final.
- 8.30 **ATP Tennis** Geneva Open final.
- 9.30 **Ladies European Tour Golf**
- 10.30 **LIVE World Sevens Football** Coverage of the third and final day of the seven-a-side tournament at Gtech Community Stadium in London, featuring the semi-finals.
- 1.00 PM **PL Greatest Games**
- 2.00 **LIVE World Sevens Football** Coverage from the final on the third and final day of the seven-a-side tournament at Gtech Community Stadium in London.
- 3.30 **State of Origin Rugby League**
- 4.00 **PL Greatest Games**
- 4.30 **Super League Highlights**
- 5.00 **State of Origin Rugby League**
- 5.30 **WTA & ATP Tennis** Italian Open.
- 7.00 **Ladies European Tour Golf**
- 8.00 **PDC Classics** Archive action.
- 8.30 **LIVE LPGA Tour Golf** Coverage of day two of the Shoprite LPGA Classic at the Seaview in Galloway, New Jersey.
- 11.30 **PL Greatest Games**
- 12.00 M'T **WTA Tennis** Rabat Open.
- 1.00 AM **IPL** T20 highlights.
- 3.00 **Darts Gold** Archive action.
- 4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **UEFA Conference League**
- 6.30 **LIVE World Rally Championship** Rally Japan.
- 7.30 **TNT Sports Reload**
- 7.45 **LIVE World Rally Championship** Rally Japan.
- 8.45 **Highlights**
- 9.15 **LIVE Cycling: Giro d'Italia** Men's and women's coverage.
- 6.00 PM **LIVE Climbing** In Madrid.
- 8.00 **World Superbikes**
- 8.30 **LIVE SailGP** From New York.
- 10.00 **Giro d'Italia Men Highlights**
- 11.00 **UEFA Conference League**
- 11.30 **World Rally Championship**
- 12.00 M'T **LIVE World Rally Championship** Rally Japan.
- 12.45 AM **TNT Sports Reload**
- 1.00 **LIVE World Rally Championship** Rally Japan.
- 3.00 **Highlights**
- 4.15 **LIVE World Rally Championship** Rally Japan.
- 5.15 **to 6.00** AM **More Than Machine**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **FIM Speedway Grand Prix**
- 7.00 **The Gallagher PREM**
- 8.00 **Tennis: French Open**
- 9.30 **LIVE Tennis: French Open** Coverage from around the courts on the seventh day of the Grand Slam tournament staged at Stade Roland Garros in Paris, featuring third-round matches.
- 7.00 PM **LIVE Tennis: French Open** Continued coverage from around the courts on day seven of the Grand Slam tournament staged at Stade Roland Garros in Paris, featuring third-round matches.
- 11.00 **Tennis: French Open**
- 12.30 AM **UEFA Champions League**
- 2.00 **UEFA Champions League – Classics** The 2011/12 final.
- 2.30 **The Breakdown**
- 3.00 **to 6.00** AM **LIVE MLB Los Angeles Dodgers v Philadelphia Phillies.** National League match from Dodger Stadium. Start-time **3.10am**.

Premier Sports 1

419 528

- 6.00 AM **Indikart Championship**
- 7.00 **NASCAR Highlights**
- 8.00 **DTM Motorsport Highlights**
- 9.00 **United Rugby Championship**
- 11.00 **Champions Cup Show**
- 11.30 **LIVE United Rugby Championship Bulls v Munster.** Coverage of the quarter-final from Loftus Versfeld Stadium. Kick-off **12.00noon**.
- 2.15 PM **LaLiga Match Highlights**
- 2.30 **Temples of Sport**
- 3.00 **United Rugby Championshi**
- 7.00 **Champions Cup Show**
- 7.30 **LIVE United Rugby Championship Leinster v Lions.** Coverage of the quarter-final encounter staged at RDS Arena. Kick-off **8.00pm**.
- 10.30 **Sporting Greats**
- 11.30 **World of FreeSports**
- 12.00 M'T **United Rugby Championship** A quarter-final.
- 2.00 AM **Brasileiro Serie A**
- 4.00 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 529

- 6.00 AM **Football** Action and features.
- 10.00 **Temples of Sport**
- 10.30 **Champions Cup**
- 12.30 PM **Top 14 Rugby Union**
- 1.00 **LaLiga Match Highlights**
- 1.15 **URC in 60** Recent action.
- 2.15 **LIVE United Rugby Championship Stormers v Cardiff.** Coverage of the quarter-final. Kick-off **2.30pm**.
- 5.00 **Temples of Sport**
- 5.30 **Champions Cup**
- 7.30 **LaLiga Match Highlights**
- 7.40 **Top 14 Rugby Union Highlights**
- 8.10 **LIVE Top 14 Rugby Union Montpellier v Pau.** From Septeo Stadium. Kick-off is at **8.15pm**.
- 10.15 **LaLiga Match Highlights**
- 10.30 **Champions Cup Show**
- 11.00 **NASCAR Highlights**
- 12.00 M'T **United Rugby Championship**
- 2.00 AM **NHL: This is Hockey**
- 3.00 **Scottish Cup Football**
- 5.00 **Motorsport** Valentino Rossi.
- 5.30 **to 6.00** AM **Bike World**

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** Action from 2019.
- 10.00 **Ginetta Juniors Highlights**
- 11.00 **British GT Championship**
- 12.00 NOON **Formula 1** From Canada.
- 1.00 PM **Indycar** Indianapolis 500.
- 2.00 **LIVE Indycar** The Detroit Grand Prix second practice session.
- 3.30 **British GT Championship**
- 4.30 **F1 Academy** Race review.
- 5.00 **Indycar** Indianapolis 500.
- 6.00 **LIVE Indycar** The Detroit Grand Prix qualifying session.
- 7.30 **Formula 1** Canadian Grand Prix.
- 9.45 **F1 Features**
- 10.30 **Indycar** Detroit Grand Prix.
- 12.00 M'T **Formula 1** From Canada.
- 1.00 **to 6.00** AM **The Best of F1**

Sunday

31 May

Planner

Soccer Aid for UNICEF

***FOOTBALL** ITV1, 5pm (kick-off 6.30pm)*

Alex Scott and Dermot O'Leary present the build-up and coverage of the 20th anniversary edition of the charity football match, which this year features celebrities including Owen Cooper.

Tip Toe

***DRAMA** C4, 9pm*

Written by Russell T Davies (*It's a Sin*), this powerful drama stars Alan Cumming as Leo, the owner of a bar in Manchester's Canal Street who becomes caught up in a feud after he gives his spare key to his neighbour Clive (David Morrissey) and secrets are revealed...

The Twelve: The Cape Rock Killer

***DRAMA** ITV1, 10.45pm & 11.45pm (box set, ITVX)*

Sam Neill returns to the courtroom for a third series of the Australian legal drama, in which lawyer Brett Colby (Neill) learns the murder case he's working on has links to an unsolved case from 1968.

Dear England

***DRAMA** BBC1, 9pm*

The football drama based on Gareth Southgate's (Joseph Fiennes) tenure as England manager continues. Following a devastating defeat, Southgate has to win the England fans over again – leaving him with doubts ahead of the World Cup.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Death Valley	9.00 Dear England		10.00 News	10.30 Film: The Nice...
	102 BBC2	7.00 Athletics: Diamond League Rabat – Live: Coverage of a meeting				9.00 The Mother of All Cons		10.00 Later... with Jools Holland	
	103 ITV1	‹ 5.00 Soccer Aid for UNICEF – Live: England v Soccer Aid World XI (Kick-off 6.30)				9.00 Nobody's Fool		10.00 Assembly...	10.30 News
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for...		8.00 Cruising to the Ends of the Earth		9.00 Tip Toe		10.00 Gogglebox	
	105 5	‹ 6.30 The Toys We Loved & Lost		8.00 Dogs Behaving (Very) Badly		9.00 Rich House, Poor House		10.00 Trading Places	
	106 SKY ONE	7.00 Rob & Romesh vs Magic in Vegas		8.00 La Brea				10.00 Film: Escape from New York	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 A Good Girl's Guide to Murder			10.35 Film: Arthur...
	116 BBC4		7.15 Film: Top Hat			9.00 Michael Palin and the Mystery of...		10.00 The Magic of Dance with Margot...	
	118 ITV2	‹ 6.10 Film: Addams Family Values		8.00 Film: Transformers: The Last Knight					
	136 MORE4	‹ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	‹ 6.30 Film: Moonfall				9.00 Film: The Great Wall			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	7.00 Hacks				9.00 Prisoner		10.00 Euphoria	
	110 U&GOLD		7.15 Dad's Army	8.00 Open All Hours			9.20 Only Fools and Horses		10.35 Open All...
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.00 Midsomer Murders						10.00 Vera	
	120 ITV4	7.00 Ice Road Truckers		8.00 The Motorbike Show		9.00 Isle of Man TT Highlights			
	112 COMEDY CENTRAL	7.00 Friends		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: Private Benjamin			
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 Hitler's Legacy: The Pact			
	143 U&DRAMA	7.00 Hetty Wainthropp Investigates		8.00 Sister Boniface Mysteries		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Hudson & Rex		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	‹ 6.25 Film: Seven Dials Mystery				9.00 Film: The Manchurian Candidate			
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue		8.00 Building Off the Grid		9.00 Barnwood Builders		10.00 Deadliest Catch	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Engineering by Catastrophe		9.00 Inside the CIA: Secrets and Spies		10.00 Miracle Landing on the Hudson	
	123 SKY HISTORY	7.00 The Sound and the Fury						10.00 World War II with Tom Hanks	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 One to One: John & Yoko				9.00 Tina			

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.10 **MOTD: Champions League Final** Highlights of Paris Saint-Germain v Arsenal in the final. (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **FILM The Book of Life** Animated adventure featuring the voices of Diego Luna and Zoe Saldaña. (S) (2014, U, 85min) ★★★★
11.25 **Homes Under the Hammer** (S)(R)
12.25 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Escape to the Country** (S)(R)
3.00 **The Americas** (S)(R)(AD)
4.25 **FILM Shrek 2** Animated comedy adventure sequel with the voices of Mike Myers and Eddie Murphy. (S) (AD) (2004, U, 85min) ★★★★★
5.50 **BBC News** (S)

8.15 Death Valley

6 PM
6.05 **Local News** (S)
6.15 **Countryfile** New edition Sean Fletcher and Adam Henson are in Lisburn, Northern Ireland, for the 157th Balmoral Show, the region's largest agricultural event. (S)

7 PM
7.15 **Antiques Roadshow** Fiona Bruce presents the show from Thirlestane Castle in the Scottish Borders, where items include a life-size leather tiger and an ice axe signed by famous mountaineers. (S)(R)

8 PM
8.15 **Death Valley** New episode 3/6. A runner is found dead on the set of a Welsh TV drama. Guest stars Jim Howick. (S2) (S)(AD)
■ Entire series on BBC iPlayer

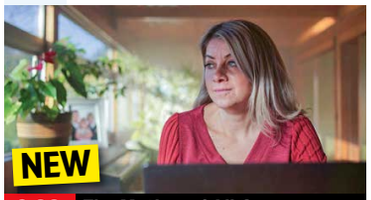
9 PM
9.00 **Dear England** New episode 3/4. Gareth Southgate's guilt weighs heavily on his conscience after the devastating defeat at Wembley. *See feature, page 7.* (S1) (S)(AD)
■ Concludes tomorrow

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **FILM The Nice Guys** Crime comedy starring Russell Crowe and Ryan Gosling. A private detective and a hired thug work together to investigate the murder of an adult film star in 1970s LA. (S) (AD) (2015, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Reported Missing** 1/4. Documentary following police as they work on missing persons cases. Two teenagers who are struggling with mental health issues are missing. (S)(R)(AD)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.40 AM **Countryfile** (S)(R)
7.40 **Beechgrove Garden** (S)(R)
8.10 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.30 **Saturday Kitchen Best Bites** (S)(R)
11.00 **LIVE Great Manchester Run** Coverage of the 10k and half-marathon races. (S)
1.00 PM **Nigel Slater's Simple Suppers** A lentil and chard stew. (S)(R)
1.10 **Mary Berry: Cook & Share** (S)(R)
1.40 **FILM Operation Crossbow** World War Two action drama starring George Peppard and Sophia Loren. (S) (1965, PG, 110min) ★★★
3.30 **FILM The Searchers** Classic John Ford western starring John Wayne. (S) (1956, U, 115min) ★★★★★
5.25 **Expedition with Steve Backshall** 3/6. The team head to Kyrgyzstan in search of snow leopards. (S)(R)



9.00 The Mother of All Cons

6 PM
6.10 **NEW Southbank at 75: You Are Here** An epic dance spectacular to mark London's Southbank Centre's anniversary, forming an electrifying journey through 75 years of youth culture. (S)

7 PM
7.00 **LIVE Athletics: Diamond League Rabat** Coverage of the Meeting International Mohammed VI d'Athlétisme de Rabat, the third round of the campaign, held at Rabat Olympic Stadium in Morocco. Dutch star Femke Bol produced a fine display in the 400m hurdles here last year, winning in a meeting record time of 52.46 seconds. (S)

9 PM
9.00 **NEW SERIES The Mother of All Cons** 1/3. The story behind children's charity Believe in Magic, which was launched by 16-year-old Megan Bhari in 2010. (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **Later... with Jools Holland** New edition 3/6. Featuring Jessie Ware, Holly Humberstone, Jack Antonoff, Samm Henshaw, Fcukers and Tim Pope. (S)
10.45 **FILM The Blues Brothers** Comedy starring John Belushi and Dan Aykroyd. Two brothers get their old R&B band back together to save the orphanage that was their childhood home. (S) (1980, 15, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Sign Zone: Question Time** (R)
1.50 **Sign Zone: Expedition with Steve Backshall** (S)(R)(AD)
2.35 **Sign Zone: Half Man** (S)(R)(AD)
3.30 **Sign Zone: Dear England** (S)(R)
4.30 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's Saturday Morning** With Elaine Paige. (S)(R)
8.25 **Ainsley's Fantastic Flavours** New edition Indulgent treats. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **FILM Nanny McPhee** Fantasy comedy with Emma Thompson. (S)(AD) (2004, U, 115min) ★★★★
1.20 PM **ITV News** (S)
1.35 **Tipping Point for Soccer Aid** Suzy Eddie Izzard, Kelle Bryan and Bobby Brazier take part. (S)(R)
2.35 **The 1% Club Kids Special** (S)(R)
3.35 **ITV News** (S)
3.45 **Local News** (S)
3.55 **The Chase for Soccer Aid** David James, Sam Quek, Harry Aikines-Aryeetey and Maisie Adam take part. (S)(R)(AD)

11.25 Nanny McPhee

6 PM
5.00 **LIVE Soccer Aid for UNICEF** England v Soccer Aid World XI: Dermot O'Leary and Alex Scott host the pre-match build-up before presenting coverage of the charity match, which takes place at the London Stadium. Legends of the game such as Wayne Rooney, Jordi Alba, Jill Scott and Dimitar Berbatov will play alongside celebrities including Usain Bolt, Olly Murs, Tom Hiddlestone, Robbie Williams and Owen Cooper. Kick-off is at 6.30. *See feature, page 12.* (S)

9 PM
9.00 **Nobody's Fool** New edition 5/6. The pressure intensifies as the final looms, and Danny Dyer and Emily Atack are forced to intervene when a rule is broken. (S)(AD)
■ Concludes tomorrow

10 PM
10.00 **The Assembly: Unseen** Series finale 7/7. Featuring out-takes from the series. (S)
10.30 **ITV News** (S)
10.45 **NEW SERIES The Twelve: Cape Rock Killer** 1/8. Return of the Australian legal drama starring Sam Neill. *See feature, page 11.* (S3) (S)(AD)
■ Entire series on ITVX
11.45 **The Twelve: Cape Rock Killer** New episode 2/8. Colby pokes holes in Amanda's ex-partner's testimony. (S3) (S)(AD)
12.45 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories**
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Motorsport UK** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.50 AM **The King of Queens** (S)(R)
7.05 **Everybody Loves Raymond** (S)(R)
8.30 **Frasier** 12-15/24. (S5) (S)(R)(AD)
10.00 **Sunday Brunch** New edition Tim Lovejoy and Simon Rimmer host the food and chat show. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.30 **A Place in the Sun** (S)(R)
2.15 **LIVE Football: Women's FA Cup Final** Brighton & Hove Albion v Manchester City: Jill Scott and Maisie Adam present all the action from the showpiece match at Wembley Stadium. Kick-off is at 3.00. (S)(AD)
5.30 **George Clarke's Amazing Spaces** A couple challenge themselves to fit a camper on the back of a tiny Italian tuk-tuk, and a father of two boys creates a quirky getaway in an abandoned nuclear bunker. (S)(R)

8.00 Cruising to the Ends of the Earth

6 PM
6.30 **News** (S)

7 PM
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Dermot O'Leary, Greg James, Fern Brady and Mel B are challenged to create their celebrity doppelgänger in biscuit form. (S)(R)(AD)

8 PM
8.00 **Cruising to the Ends of the Earth** New edition 6/8. *Discovery Princess* cruisers enjoy Alaska's Endicott Arm fjord and a spot of whale watching. (S)(AD)

9 PM
9.00 **NEW SERIES Tip Toe** 1/5. Drama with Alan Cumming and David Morrissey. A bar owner becomes embroiled in a feud with his neighbour. *See feature, page 4.* (S1) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **First Dates** (S)(R)(AD)
12.05 AM **FILM Lion** Drama based on Saroo Brierley's biographical book *A Long Way Home*, starring Dev Patel, Nicole Kidman, Rooney Mara and Sunny Pawar. (S)(AD) (2016, PG, 125min) ★★★★
2.10 **Falling** 3&4/6. (S1) (S)(SL)(R)(AD)
3.55 **Sarah Beeny's New Life in the Country: The Big Build** (S)(R)(AD)
4.50 **Couples Come Dine with Me** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
8.55 **Entertainment News** (S)
9.05 **Cruising with Jane McDonald** Series highlights. (S)(R)
9.20 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.45 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.35 **Jane McDonald: Cruising Antarctica** Double bill. (S)(R)
1.25 PM **The Colosseum with Dan Snow** Double bill. (S)(R)
3.25 **James May's Great Explorers** Examining how James Cook became one of history's greatest naval captains. (S)(R)
4.55 NEW **Garden Makeovers from Hell** Nicki Chapman narrates footage of garden catastrophes, including a tree surgeon whose chainsaw caught fire. (S)

8.00 Dogs Behaving (Very) Badly

6.25 **News** (S)
6.30 **The Toys We Loved & Lost** A nostalgic look back at the 25 most popular and best-selling toys of the 1970s, 1980s and 1990s, including Action Man, Sindy, Trivial Pursuit, Rubik's Cube and Sylvanian Families. (S)(R)

8.00 **Dogs Behaving (Very) Badly** New edition Graeme Hall helps the owners of boxer-basset hound cross brothers, whose behaviour is driving customers away from their antiques shop. (S)(AD)

9.00 **Rich House, Poor House** A carer from Penarth at risk of losing her home due to a rent increase swaps houses, budgets and lives with a wealthy Cardiff-based design entrepreneur. (S)(R)

10.00 **Trading Places** Series finale 4/4. Three pampered young Brits work on a ranch in Wyoming. (S)
■ Entire series on 5 streaming

11.30 **Richard Madeley: Inside the World's Mega Prison** (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.00 **Building the Impossible with Rob Bell** (S)(R)
2.50 **Beatrix: The Queen Who Gave Up the Crown** (S)(R)
3.50 **Friends** (S7) (S)(R)(AD)
4.15 **Bargain-Loving Brits in the Sun**
4.40 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **S.W.A.T.** (S3) (S)(R)(AD)
9.00 **The Office (US)** (S8) (S)(R)
11.00 **The Simpsons** (S)(R)
1.45 PM **David Attenborough's Global Adventure** The greatest filming sequences of the broadcaster's career. (S)(R)(AD)
2.45 **David Attenborough's Global Adventure: Home Planet** Further footage of David's global wildlife adventures. (S)(R)(AD)
3.45 **David Attenborough's Global Adventure: The Rise of Nature** The broadcaster explores the rise of life on Earth. (S)(R)(AD)
4.45 FILM **The BFG** Steven Spielberg's fantasy adventure based on Roald Dahl's book, starring Mark Rylance, Ruby Barnhill and Penelope Wilton. (S) (2016, PG, 135min) ★★★★

8.00 La Brea

FILM **The BFG**
(film started at 4.45pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.00 **Rob & Romesh vs Magic in Vegas** The comedians are invited join Penn & Teller's show in Las Vegas and have just three days to pull their act together. (S)(R)(AD)

8.00 **La Brea** *Pilot:* 1/10. Sci-fi mystery with Natalie Zea. A huge sinkhole opens in Los Angeles and hundreds of people find themselves trapped in a mysterious land. (S)(R)

9.00 **La Brea** *Day Two:* 2/10. With Josh's life on the line, Eve traverses dangerous wilderness to save him. Gavin and Izzy work to prove survivors are alive inside the sinkhole. (S1) (S)(R)

10.00 FILM **Escape from New York** Action adventure starring Kurt Russell and Donald Pleasence. A war hero-turned-convict is sent on a mission to rescue the kidnapped US president from Manhattan, now a maximum security prison. With Lee Van Cleef. (S)(AD) (1981, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Evil** 2/10. David gets recruited by LeConte, an agent of the 'Entity'. (S3) (S)(R)
1.00 AM **The Force: North East** Double bill of editions. (S)(R)
3.00 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show (S) **10.30** FILM The Book of Life (S) (2014, U, 85min) ★★★★ **11.55** Anna Haugh's Big Irish Food Tour (S)(R) **12.25-1.00pm** Songs of Praise New edition (S) **1.15** Points of View New edition (S) **1.30** LIVE Sportscene: Women's Scottish Cup Final (S) **4.25-5.50pm** The Americas (S)(R)(AD)
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00am Sunday Politics Northern Ireland (S) **10.30** FILM The Book of Life: As Scotland. **12.00noon-1.00pm** Homes Under the Hammer (S)(R)(AD)
WALES
Sky 965, Virgin 864, Freesat 965
3.00pm A to Z of TV Gardening (S)(R) **3.25** FILM Shrek 2. (S)(AD) (2004, U, 85min) ★★★★★ **4.50** Iolo's River Valleys (S)(R) **5.20-5.50pm** 21st Century TV with Lucy Owen (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.45pm Sunday Politics Northern Ireland (S)(R) **11.15** Surgeons: At the Edge of Life (S)(R) **12.15-12.50am** BBC News (S)
WALES
Sky 968, Freesat 968
1.10-1.40pm Weatherman Walking: The Welsh Coast (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Gwyl y Meirw: Mecsico **10.00** Gwesty Aduniad **11.00** Garddio a Mwy **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Y Deis **12.35pm** Y Sioe Fwyd **1.05** Cynefin **2.05** Dylan ar Daith **3.05** Busnes Bwyd **4.10** Y Castell **5.10** Nol o'r Dibyn gyda Iolo Williams (AD) **5.40** Ffermio **6.15** Sgwrs Dan y Lloer **7.15** Newyddion a'r Tywydd **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Am Dro! New edition (AD) **9.00** Marw Gyda Kris **10.00** Y Stiwdio Grefftau (AD) **11.00-11.35pm** Sain Ffagan (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Max confronts the Mitchells. **7.30** Grant steps up to protect his family. **8.00** The day of Vicki and Ross's wedding arrives, and Priya gets a shock. **8.30** Chaos erupts at Vicki and Ross's wedding.
9.00 **A Good Girl's Guide to Murder** 1/6. Pip looks into the disappearance of Connor's brother Jamie. **9.50** 2/6. Pip investigates Jamie's recent behaviour and last movements. (S2)
10.35 FILM **Arthur the King** Fact-based adventure starring Mark Wahlberg. A professional adventure racer embarks on a 435-mile, 10-day event, with the aid of a scrappy stray dog. (2024, 12, 107min) ★★★★
12.15 AM **Stacey Dooley: Growing Up Gypsy**
1.00 **Stacey Dooley: Meet the Shoplifters**
1.45 **Just Act Normal**
3.00 **The Trials of Pa Salieu**
3.50 **to 4.00** AM **7 Minutes**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
1.05 PM **Kirstie and Phil's Love It or List It** A couple who have fallen out of love with their home in Walthamstow.
2.05 **George Clarke's Old House, New Home**
3.10 **A Place in the Sun**
6.15 **Four in a Bed** The B&B challenge kicks off at The Earlsdale in Devon. **6.50** The second visit of the week is to The Kings Arms in Bude, Cornwall.
7.20 **Four in a Bed** A visit to the East Creek B&B in Dorset. **7.55** The final visit of the week is to The Railway Ramblers' Rest in Devon. **8.25** Payment Day arrives.
9.00 **The Emergency Ward** New edition Dr Elyssia and Dr Elliott examine a 51-year-old rock climber with life-threatening injuries, while Dr Martin prepares a specialised team to help a 29-year-old motorbike rider who has only minutes to survive.
10.00 **24 Hours in A&E** A 92-year-old man may have a bleed on the brain after falling and hitting his head, so is sent for a CT scan.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **African Penguin: Cool Bird in a Hot Spot** Cape Town's urban penguins.
7.15 FILM **Top Hat** Classic musical starring Fred Astaire and Ginger Rogers. A dancing duo's romance is hampered by a case of mistaken identity. (1935, b/w, U, 101min) ★★★★★
8.50 **Poems in their Place: Thomas Hardy** With Robert Gittings.
9.00 **Michael Palin and the Mystery of Hammershoi** The actor explores the life and work of Danish artist Vilhelm Hammershoi.
10.00 **The Magic of Dance with Margot Fonteyn** Margot explores Louis XIV of France's love of dancing.
11.00 **Dance Rebels: A Story of Modern Dance**
12.30 AM **Michael Palin and the Mystery of Hammershoi**
1.30 **Nobody's Perfect: The Making of Some Like It Hot** Documentary.
2.20 **to 3.20** AM **Timeshift: How to Write a Mills & Boon**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Modern Family**
8.00 **Married at First Sight USA**
10.05 **Ramsay's Kitchen Nightmares USA**
12.50 PM FILM **Sonic the Hedgehog** Fantasy adventure starring James Marsden and Jim Carrey. (2020, PG, 99min) ★★★
2.45 **The Simpsons**
5.20 **The Amazing Race Australia** Series finale The Grand Finale from Kuala Lumpur, Malaysia.
6.30 FILM **Moonfall** Director Roland Emmerich's sci-fi thriller starring Patrick Wilson and Halle Berry. A mysterious force knocks the Moon from its orbit and two astronauts join forces to avert catastrophe. With John Bradley, Donald Sutherland and Charlie Plummer. (2022, 12, 130min) ★★★
9.00 FILM **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe, Jing Tian, Pedro Pascal and Andy Lau. (2016, 12, 103min) ★★★
11.00 **Gogglebox**
1.05 AM **Naked Attraction**
2.05 **Gogglebox**
3.05 **Don't Tell the Bride**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 | 306 | 30 | 123 | 256

Sunday primetime

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

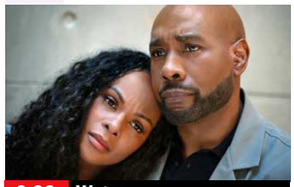
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **A1: Britain's Longest Road**
9.00 **Send in the Dogs**
10.00 **Border Patrol** Four editions of the documentary series.
12.00 NOON **Border Security USA** A man struggles to gain entry to the US in Detroit.
1.00 PM **Stop, Search, Seize** Documentary following the work of Ireland's border force.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

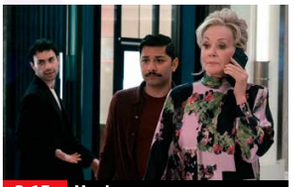


9.00 Watson

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Deadwood** 10&11/12. (S3)
10.00 **Catherine the Great** 1/4. Drama starring Helen Mirren. **11.00** 2/4. Potemkin returns and hopes to begin a relationship with Catherine. **12.00** NOON 3/4. Catherine struggles to deal with Potemkin's jealousy. **1.05** PM 4/4. Potemkin is forced to fight for Catherine and for Russia. (S1)
2.15 **Hacks** 1-7/10. Comedy drama starring Jean Smart. (S5)

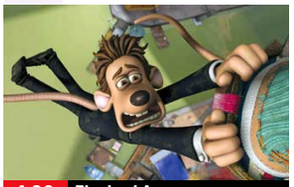


2.15 Hacks

ITV2

118 122 115 6 113 6

6.00 AM **Patti Stanger: The Matchmaker**
6.50 **Backyard Builds**
7.20 **Totally Bonkers Guinness World Records**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **The Only Way Is Essex**
10.35 **Deal or No Deal: Soccer Aid Special** Double bill.
12.40 PM **Celebrity Catchphrase for Soccer Aid** Game show.
1.45 **Britain's Got Talent: Live Final**
4.20 **FILM Flushed Away** Animation. (2006, U, 85min) ★★★★



4.20 Flushed Away

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.35 **Inspector Morse**
8.50 **Rosemary & Thyme**
11.55 **Agatha Christie's Marple**
2.00 PM **Midsomer Murders** *Death by Persuasion:* A woman is stabbed to death during a Jane Austen re-enactment. **4.00** *The Curse of the Ninth:* A performer at a music festival is killed and a violin is stolen. **6.00** *The Ghost of Causton Abbey:* Murder strikes at a disused abbey that is believed to be cursed.

10.00 Vera

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **The Big Match Revisited**
9.00 **Ninja Warrior UK**
10.00 **British Touring Car Championship Highlights**
11.30 **Isle of Man TT**
12.30 PM **World of Sport**
12.40 **River Monsters**
1.15 **Sharpe**
3.30 **LIVE Racing: Sky Bet Sunday Series** Leonna Mayor presents coverage of round four of the Sunday Series held at Thirsk, where seven races take place.

8.00 The Motorbike Show

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.00 Hacks *The Cube:* 8/10. Kayla and Jimmy are at odds after being served with a lawsuit. **7.40** *The Garden:* 9/10. Ava pitches her reboot to the network. **8.20** 10/10. Final episode of the comedy drama starring Jean Smart. (S5)

6.10 FILM Addams Family Values Comedy sequel starring Anjelica Huston. (1993, PG, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

Midsomer Murders (started at 6.00pm)

7.00 Ice Road Truckers The drivers are forced to call on all their experience when they are hit by a phase-three storm.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 FILM Transformers: The Last Knight Sci-fi action adventure sequel starring Mark Wahlberg, Anthony Hopkins, Gemma Chan, Stanley Tucci and John Turturro. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 Midsomer Murders *Death of the Small Coppers:* Barnaby and Winter investigate a mysterious club for geniuses after one of their members is murdered, his body pinned to the wall in the manner of his own butterfly collection.

8.00 The Motorbike Show Henry Cole rides the roads of North Devon, and begins the restoration of a 1980s Moto Martin.

9 PM

9.00 Watson New episode *Respect the Process. Respect the Quirks:* 16/20. John takes on the case of a delusional woman. (S2)

9.00 Prisoner 5/6. Separated and under pressure, Amber turns to Tibor for help as a wider threat begins to emerge.(S1)

11.05 Family Guy 7/30. Brian is selected to appear on a TV dating show. (S4)

9.00 Isle of Man TT Highlights Action from the RST Superbike TT event, as power and endurance collided on the Mountain Course. Davey Todd took the honours ahead of BMW teammate Michael Dunlop in last year's race.

10 PM

10.00 The Rookie *Survive the Streets:* 15/18. Nolan and Celina stumble on a conspiracy. (S8)
11.00 Blue Bloods 19/20. (S12)
12.00 M'T **Law & Order: Criminal Intent** 10/22. (S1)
1.00 AM **Fire Country** 20/22. (S1)
2.00 Law & Order: Special Victims Unit New episode
3.00 Brit Cops: Rapid Response
4.00 A1: Britain's Longest Road
5.00 to 6.00 AM **Road Wars**

10.00 Euphoria 7/8. Drama following young people navigating the modern world. Stars Zendaya and Jacob Elordi. (S3)
11.35 Atomic 5/5. Max and JJ attempt to win back the uranium in Casablanca. (S1)
12.30 AM **Succession** 10/10. (S4)
2.00 Euphoria Series finale 8/8. Drama starring Zendaya. (S3)
3.15 Heated Rivalry 5/6. (S1)
4.15 to 6.00 AM **The Guest Wing**

11.35 Family Guy 1&2/30. (S4)
12.35 AM **American Dad!** (S3&2)
1.35 G'wed 2/5. (S2)
2.10 Plebs 3/9. (S5)
2.35 to 3.00 AM **Unwind with ITV**

10.00 Vera *Hidden Depths:* The detectives investigate two murders in which the victims have been placed in water and surrounded by flowers, and believe the culprit may be linked to a group of birdwatchers.
11.50 Protection 1&2/6. (S1)
1.50 AM **On the Buses**
2.15 to 2.30 AM **Unwind with ITV**

11.00 Snatch New episodes 6/10. The gang cool their heels at a country manor. **12.00** M'T 7/10. Lotti and Billy have the gold re-smelted. (S1)
1.00 AM **Robson and Jim's Fly-Fishing Adventure**
3.00 Teleshopping
3.30 to 4.00 AM **Auto Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

11.00 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 Beechgrove Repotted Focusing on allotments.
7.30 The Town That Floored the World Documentary examining how Kirkcaldy became the world centre for linoleum.
8.30 Wild Cameramen at Work 4/4. A look at the techniques involved in filming underwater.
9.00 NEW The Three Kings Documentary examining the impact Matt Busby, Bill Shankly and Jock Stein had on football.
10.45 Still Game *Over the Hill:* 6/6. Jack, Victor and the gang decide to climb Ben Lomond. (S9)
11.15 Scot Squad 6/6. McIntosh and Mackay arrest a malicious metal detectorist. (S2)
11.45 PM **to 12.00** M'T **Scotland's Most Remote Club Night**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S3)
9.30 Community (S1)
10.30 Will & Grace (S3)
12.00 NOON **Community** (S2)
2.30 PM **Will & Grace** (S9)
7.30 The Office (US) 22/24. Andy shows up at a fundraising auction for Robert Lipton. **8.00** 23/24. Dwight and Jim fight with the Syracuse over a client after Robert shuts down the Binghamton branch. **8.30** 24/24. Dwight gives the Scranton branch workers free family portraits. (S8)
9.00 Harry Hill: New Bits & Greatest Hits The comedian performs at the Soho Theatre Walthamstow, London.
10.30 Ricky Gervais: Politics The comedian's second live stand-up show.
11.50 Kevin Hart: Reality Check Stand-up special.
1.05 AM **The Comeback** (S3)
4.00 to 5.00 AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Turandot**
8.30 Tales of the Unexpected
11.00 Alfred Hitchcock Hour
1.00 PM **Classic FM Live: Summer Concert**
3.20 Portrait Artist of the Decade With Judi Dench.
4.45 Joseph and the Amazing Technicolor Dreamcoat Musical.
6.25 Seven Dials Mystery Agatha Christie mystery starring John Gielgud and Harry Andrews.
9.00 FILM The Manchurian Candidate Suspense drama starring Frank Sinatra and Laurence Harvey. (1962, b/w, 12, 126min) ★★★★★
11.30 Opry Live With Charles Wesley Godwin, Ashley McBryde and Riley Green.
12.30 AM **Greatest Guitar Riffs**
1.30 Peter Gabriel: Live in Athens 1987
4.00 The Great Songwriters
5.00 to 6.00 AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
7.00 Nothing to Declare
9.00 UK Border Force
10.00 Nothing to Declare
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **FILM A Match in Manhattan** Romance starring Kalinka Petrie. (2024, PG, 90min) ★★
4.00 Big Cats: An Amazing Animal Family
6.00 The Bachelor King
7.40 Caught Red Handed
9.00 Rob & Romesh vs Darts The duo play a match at Alexandra Palace during the PDC World Darts Championship.
10.00 FILM The Last Stop in Yuma County Crime thriller starring Jim Cummings and Jocelin Donahue. (2023, 15, 90min) ★★★★
12.00 M'T **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 Motorway Patrol
4.00 to 6.00 AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 Tipping Point Triple bill.
1.00 PM **Lingo** Quiz show hosted by Adil Ray.
2.00 Tenable A family team from Clitheroe take part in the quiz.
3.00 Deal or No Deal Christmas Special Stephen Mulhern hosts a festive edition of the game show as former footballer Michael Owen takes on the banker.
4.00 Riddiculous Quiz show hosted by Ranvir Singh.
5.00 Deal or No Deal
6.00 Lingo Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 Who Wants to Be a Millionaire? Big-prize quiz show hosted by Jeremy Clarkson.
10.00 Tipping Point Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 to 2.00 AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It**
5.00 Location, Location, Location Double bill.
7.00 A Place in the Sun Craig Rowe helps a woman seeking a holiday home in Palma.
8.00 Bake Off: The Professionals The chefs serve up Paris-Brest pastry rings and toy-themed signatures.
9.00 Gogglebox The households' opinions on recent TV shows.
10.00 FILM Central Intelligence Action comedy starring Dwayne Johnson and Kevin Hart. (2016, 12, 107min) ★★★
12.05 AM **Inside Thailand's British Drug Gangs: Untold** The gangs recruiting women to smuggle cannabis.
1.05 Gogglebox
2.05 Taskmaster
3.05 First Dates
4.05 to 5.00 AM **Love Cheats**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Four episodes, including at: **2.00** PM 19/22. A dormant android is discovered. (S5)
3.00 FILM **Stargate Origins: Catherine** Sci-fi adventure prequel starring Ellie Gall. (2018, PG, 104min) ★★
5.00 **Stargate Atlantis** 15/20. The team are shocked to find Dr Weir in suspended animation. **6.00** 16/20. The team search for a Zero Point Module. (S1)

10.50 The Accursed

7.00 **Stargate Atlantis** *Letters from Pegasus:* 17/20. The crew members send video messages to their loved ones on Earth.

8.00 **Stargate Atlantis** *The Gift:* 18/20. Teyla is haunted by recurring nightmares, which lead her to make an alarming discovery. (S1)

9.00 **Hitler's Legacy: The Pact** Exploring the relationship between Hitler and his mysterious nephew, William-Patrick, who vanished at the end of the war and changed his identity with the help of the FBI.
10.50 FILM **The Accursed** Horror starring Mena Suvari and Sarah Grey. (2022, 15, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Grimm** 15/22. The mummy of an ancient Egyptian Wesen is stolen. **2.20** 16-18/22. (S3)
4.00 **Britannia** 6/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 **Shakespeare & Hathaway: Private Investigators** 8/10. Frank and Lu investigate a case of paranormal activity. **5.00** 9/10. Frank becomes the prime suspect in a murder case. (S4)
6.00 **Death in Paradise** 2/8. DI Jack Mooney has a fresh mystery to solve when a zoo owner is killed by a tranquilliser dart in an empty park. (S8)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** Series finale *Hell of a Woman:* 21/21. Murdoch butts heads with Inspector Choi. (S19)

8.00 **Hudson & Rex** New episode *Of All the GinJoints:* 4/8. The heirs to a distillery are suspects in a murder case. (S8)

9.00 **Death in Paradise** *Wish You Weren't Here:* 3/8. A TV presenter's body is washed up following a midnight swim. (S8)

10.00 **Father Brown** *The Deadly Seal:* The priest is put in a tricky situation when he is told about an assassination plot during a confession.
11.00 **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Murdoch Mysteries** 5/11. Murdoch and Ogden's trip to a country inn goes awry when a guest is murdered. (S14)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Seven episodes, including at: **3.50** Del grabs the chance to bring Trotters Independent Traders into the hi-tech world of satellite communications. **4.55** An audition gives Raquel the chance of a lifetime – and an excuse to get out of Nelson Mandela House.
6.00 **Open All Hours** Granville struggles to find some privacy. **6.35** Arkwright decides to open the shop before dawn to catch the morning rush.

8.00 Open All Hours

7.15 **Dad's Army** Captain Mainwaring has too much to drink during a weekend course with Captain Square.

8.00 **Open All Hours** Arkwright is reluctant to purchase a new suit. **8.40** Arkwright expands his business empire by opening a mobile shop.
9.20 **Only Fools and Horses** The Trotters attend Grandad's funeral – and meet a long-lost uncle.

10.00 **Only Fools and Horses** Del sees a chance to make a profit involving Denzil's redundancy money.
10.35 **Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Only Fools and Horses**
2.10 AM **Hi-de-Hi!** Ted falls in love with a piano-playing guest at the holiday camp.
3.00 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Motorhoming with Merton & Webster** From Kent.
12.00 NOON **Turkey with Simon Reeve** As shown at 5.00pm.
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Six editions.
5.00 **Turkey with Simon Reeve** 1/2. Exploring the country that lies at the crossroads between Europe and Asia. **6.00** 2/2. Simon travels along the Black Sea Coast to Ankara.

5.00 Turkey with Simon Reeve

7.00 **Border Force: America's Gatekeepers** New edition Officers intercept an 18-wheeler carrying narcotics into Canada.

8.00 **Special Ops: Crime Squad UK** A special police task force tackle a drug-dealing family dynasty in Bury.

9.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, guests with Tom Peck and Nabil Abdulrashid.

10.00 **QI** With guest panellists Daliso Chaponda, Bill Bailey and Sally Phillips.
10.40 **Mock the Week** Unseen material from the show.
11.20 **Mock the Week** With Tom Allen and Angela Barnes.
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With David Baddiel.
2.00 **Live at the Apollo Christmas Special** Hosted by Tom Allen.
3.00 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill** Five episodes.
11.50 **Call the Midwife**
2.35 PM **Catherine Cookson's The Girl** Period drama starring Siobhan Flynn. A dying woman takes her daughter to the home of her former lover, a wealthy mine agent, who looks after the child. With Mark Benton and Susan Jameson.
5.55 **Home Fires** 2/6. Frances and Joyce battle for leadership of the new group, Erica and Will's relationship is put to the test, while Pat struggles with her unhappy marriage. (S1)

7.00 Hetty Wainthrop...

7.00 **Hetty Wainthropp Investigates** *Fingers:* Hetty looks into a suspected kidnapping.

8.00 **Sister Boniface Mysteries** *Don't Try This at Home:* 1/12. The nun investigates a murder on the set of a TV show. (S2)

9.00 **Silent Witness** *Duty of Candour:* A woman is murdered and the forensic evidence leads the team to a cosmetic clinic where the victim had been receiving various treatments seemingly for free.
11.10 **New Tricks** *Love Means Nothing in Tennis:* The death of a teenage tennis star occupies the team. Guest stars Tamzin Outhwaite and Alexei Sayle.
12.35 AM **Call the Midwife** (S8)
1.55 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Double bill.
9.45 **Blue Bloods** (S10)
12.30 PM **Columbo** Five episodes, including at: **6.00** *Murder, Smoke and Shadows:* The sleuth tries to expose a film director who murdered an old friend to bury the truth. **8.00** *Columbo Goes to College:* Two students murder their professor and cover their tracks with false clues – but have reckoned without Columbo's intervention.
10.00 **Law & Order: Special Victims Unit** *Undercover:* 15/19. Benson goes undercover in a prison. **11.00** *Closet:* 16/19. An investment banker is found dead. (S9)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Bull** 3&4/22. (S3)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S5)
10.00 **Fare Dodgers: At War with the Law**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **8.00** Officers track down a driver trying to outrun the law.
9.00 **The Surgeon** Cameras follow one of the leading bowel cancer surgeons.
10.00 **A&E After Dark** The resus team attempt to save the life of a patient in cardiac arrest.
11.00 **Murderer on Ward 4**
12.55 AM **Accused: Guilty or Innocent?** New edition A clash between neighbours that ended in a fatal shooting.
1.45 **My Lover, My Killer**
2.35 **Skin A&E**
3.25 **Friends** 6/24. (S5)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.20 **Outback Truckers**
1.15 PM FILM **Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★
3.40 FILM **They Who Dare** World War Two drama starring Dirk Bogarde. (1953, U, 107min) ★★
5.50 FILM **Escape from Sobibor** World War Two drama about the mass escape by nearly 300 Jews from one of the Third Reich's most notorious death camps. Stars Alan Arkin. (1987, 15, 143min) ★★
9.00 FILM **Air Force One** Action drama starring Harrison Ford and Gary Oldman. The US president has to battle against terrorists when his private plane is hijacked. (1997, 15, 124min) ★★★
11.25 **Behind Bars: World's Toughest Prisons**
3.40 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.20 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet**
4.00 **The Supervet at Christmas** Documentary.
5.00 **The Supervet**
6.00 **Inside the Ambulance** Paramedics help a motorcyclist who has spun off the road. **7.00** Crews attend a man with a possible ruptured appendix.
8.00 **Inside the Operating Theatre** A man has his gall bladder removed. **9.00** A woman needs to have a polyp removed from her womb.
10.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.00 M'T **Who Killed Jenni Rivera?** Documentary.
1.00 AM **Aaron Hernandez Uncovered** Documentary.
1.45 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Mega Metro**
8.00 **Great Indian Railway Journeys** Triple bill.
11.00 **Canal Boat Diaries**
2.00 PM **Sacred Rivers with Simon Reeve**
3.00 **Cornwall with Simon Reeve** 1&2/2.
5.00 **Canal Boat Diaries**
8.00 **Bangers & Cash** Dave visits Nottinghamshire to collect a Ghia Cortina and a Mark 1 Capri. **9.00** Paul and his daughter Kate collect a Series 1 Land Rover.
10.00 **Bangers & Cash: Restoring Classics**
11.00 FILM **I Am Ali** Exploring the life of Muhammad Ali. (2014, PG, 111 min) ★★★
1.25 AM **Some Mothers Do 'Ave 'Em** Sitcom.
2.00 **Whatever Happened to the Likely Lads?**
2.35 **to 3.00** AM **Villages by the Sea**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Celebrity Fantasy Homes** Kelly Hoppen.
7.00 **Teleshopping**
8.00 **Celebrity Fantasy Homes** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Missing relatives found much closer than the searchers could ever have imagined.
10.00 **Who Do You Think You Are?** Jessica Ennis-Hill sets out to discover the truth behind a family mystery concerning her great-great-grandmother.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **Escape to the Country**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

SUNDAY Entertainment

Sunday

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.50 **The Waltons** (S9)
12.50 PM **The Waltons** (S9)
4.50 **Sparkling Cyanide** Agatha Christie murder mystery starring Anthony Andrews.
6.55 **A Caribbean Mystery** Agatha Christie mystery starring Helen Hayes.
9.00 FILM **Ned Kelly** Outback western starring Heath Ledger as the legendary 19th-century Australian outlaw. Ned Kelly, the son of poor Irish immigrants, is forced by a series of injustices into a life of crime. (2003, 15, 109min) ★★★
11.25 FILM **M*A*S*H** Robert Altman's comedy with Elliott Gould. (1970, 15, 116min) ★★★★
1.55 AM **Rising Damp** (S1)
2.25 **Robin's Nest**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.10 AM **Wanted: Dead or Alive** 34/36. (S1)
9.40 FILM **The Pledge** Western drama. (2008, PG, 79min) ★★★
11.35 FILM **Airport 77** Disaster movie. (1977, PG, 113min) ★★
2.00 PM FILM **Union Pacific** Western drama. (1939, b/w, PG, 135min) ★★
4.55 FILM **Hangman's Knot** Western. (1953, PG) ★★
6.45 FILM **The Duel** Western. (2016, 15, 110min) ★★
9.00 FILM **Red Sun** Western with Charles Bronson. (1971, 15, 112min) ★★
11.25 FILM **Last Knights** Action adventure starring Clive Owen. (2015, 15, 112min) ★★
1.50 AM **Dragon Ball Super**
2.50 FILM **The Trust** Comedy thriller with Nicolas Cage. (2016, 15, 90min) ★★★
5.00 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 FILM **Martha's Vineyard Mysteries: Poisoned in Paradise** Thriller starring Jesse Metcalfe and Sarah Lind. (2021, PG, 84min) ★★
11.00 **Murder, She Wrote** Ten episodes of the drama.
9.00 PM **Hailey Dean Mysteries** *Deadly Estate:* A former prosecutor uses her skills when her friend goes missing in the middle of selling her parents' estate.
10.55 FILM **Mystery 101: Dead Talk** Thriller starring Jill Wagner. (2019, PG, 88min) ★★
12.50 AM FILM **Picture Perfect Lies** Thriller. (2021, PG, 89min) ★★
2.30 FILM **Pretty Little Stalker** Crime thriller. (2018, PG, 87min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.00 AM FILM **Sister Dating Swap** Romantic comedy. (2023, PG, 89min) ★★
10.00 FILM **One Perfect Match** Romantic comedy. (2023, PG, 87min) ★★
12.00 NOON FILM **The Wedding Cottage** Comedy. (2023, PG) ★★
1.55 PM FILM **When Love Springs** Comedy. (2023, PG, 84min) ★★
3.50 FILM **The Blessing Bracelet** (2023, PG) ★★
5.45 FILM **Hearts in the Game** Romantic comedy. (2023, PG, 84min) ★★
7.40 FILM **A Pinch of Portugal** Romance. (2023, PG, 84min) ★★
9.35 FILM **You Had Me at Aloha** Romantic drama. (2021, PG, 84min) ★★
11.35 FILM **Finding Mr Right** Comedy. (2022, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **A Pinch of Portugal**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Real Thick Glasses**
1.15 FILM **The Assassination Bureau** Comedy. (1968, PG, 110min) ★★★
3.30 FILM **The Holcroft Covenant** Thriller. (1985, 15, 112min) ★
5.45 FILM **The Dirty Heroes** Wartime adventure. (1967, 15, 105min) ★★
8.00 **Garden Rescue** A Cheadle woman needs help transforming her dangerous garden. **9.00** Charlie Dimmock and Lee Burkhill create a Californian-style garden in Cardiff.
10.00 **Musketeer** Short drama.
10.15 FILM **School for Sex** Comedy with Rose Alba. (1969, 18, 80min) ★★
12.00 M'T FILM **Escort Girls** Drama. (1974, 18) ★★
2.00 AM FILM **Gloves Off** Comedy drama. (2016, 12, 98min) ★★
4.00 **to 5.00** AM **Reel Stories**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **The Fenn Street Gang**
8.30 **Press Gang** 10/12. (S1)
9.00 **The Gaffer** 4&5/7. (S3)
10.00 **Boon** 7&8/13. (S2)
12.00 NOON **Ain't Misbehavin'**
2.10 PM **Barbara Hepworth: Hepworth on Form**
2.40 **The Champions**
3.40 **The Top Secret Life of Edgar Briggs**
4.10 **Father Brown** (S1)
5.10 **Rewind Time Machine**
5.25 **Agony** 5&6/6. (S1)
6.25 **Rewind Time Machine**
6.30 **The Gaffer** 4&5/7. (S3)
7.30 **Second Thoughts**
9.00 **McCallum** Drama.
10.05 FILM **Orgy of the Dead**
11.55 FILM **Bloodbath at the House of Death** (1983)
1.40 AM **Hank the Cowboy**
1.55 **The Champions**
2.55 **McCallum** Drama.
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Bad Chad Customs**
2.00 PM **Kindig Customs**
5.00 **Wheeler Dealers** (S15)
7.00 **Expedition Bigfoot** The team head to Washington state, where they encounter signs of Sasquatch activity in the new target zone. **8.00** A hypnotist unlocks the memories of a potential witness.
9.00 **Alaskan Killer Bigfoot** The team members are unnerved by evidence that Nantinaq may be lurking in the water. **10.00** Paranormal investigators perform a cleansing ceremony.
11.00 **Giro D'Italia Highlights** Action from the 21st and final stage of the race.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Great British Bake Off** The 2019 edition of the baking competition begins with Cake Week. **4.30** Noel Fielding and Sandi Toksvig host Biscuit Week. **6.00** The amateurs take part in Bread Week. **7.30** Noel and Sandi host Dairy Week.
9.00 **Adam Richman Eats Football** Adam explores the football food culture of Glasgow and Celtic. **9.30** Adam explores the football food culture of Newcastle United.
10.00 **Man v Food**
11.00 **James Martin's Great British Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **T.J. Hooker**
12.00 NOON FILM **The Lost Future** Sci-fi adventure. (2010, 15, 90min) ★★
2.00 PM FILM **Bite the Bullet** Western. (1975, PG, 131min) ★★★★
4.30 FILM **The Legend of Butch and Sundance** Western. (2004, PG) ★★
6.15 FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
8.00 **The Twilight Zone** (S2)
9.00 FILM **The Yards** Drama starring Mark Wahlberg and Joaquin Phoenix. (2000, 15, 116min) ★★★
11.30 FILM **The Sentinel** Political thriller. (2006, 12, 108min) ★★★
1.40 AM FILM **Empire State** Crime thriller starring Liam Hemsworth. (2013, 15, 90min) ★★
3.25 **to 5.15** AM FILM **The House That Dripped Blood** Horror chiller. (1970, 12, 101min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The Fall Guy** (S5)
3.00 PM FILM **American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
5.00 FILM **Coward of the County** Drama starring Kenny Rogers. (1981, PG, 104min) ★★
7.00 FILM **Earthstorm** Sci-fi action drama starring Stephen Baldwin. (2006, PG, 90min) ★★
9.00 FILM **The Appaloosa** Western drama starring Marlon Brando. (1966, PG, 98min) ★★★
11.00 FILM **Black Eagle** Spy thriller starring Jean-Claude Van Damme. (1988, 15, 100min) ★
1.10 AM FILM **Bad Lieutenant** Crime drama with Harvey Keitel. (1992, 18, 98min) ★★★★
3.10 **King Solomon's Mines**
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Hardcore Pawn**
8.20 **Outback Wreckers**
9.15 **Money for Nothing**
11.10 **Pawn Stars**
1.05 PM **Junk & Disorderly**
4.05 **Storage Wars**
7.00 **History's Greatest Mysteries** Nazca Lines.
8.00 **Curse of Skinwalker Ranch** The team perform new tests on the ceramic material found in the Mesa.
9.00 **Hazardous History with Henry Winkler** Jaw-dropping travel tales of the past.
10.00 **Medieval Murder Mysteries** The controversy surrounding the death of Edward II.
11.00 **What on Earth?**
1.00 AM **World's Most Unexplained**
3.00 **Discovered by Disaster**
4.00 **Britain's Most Historic Towns** Stewart Stirling.
5.00 **to 6.00** AM **Walking Through History**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
12.00 NOON **Sue Perkins: Lost in Alaska**
3.00 PM **The Good Ship Murder** 7&8/8. (S1)
5.00 **The Madame Blanc Mysteries** 5&6/6. (S1)
7.00 **Holidaying in the 70s: Wish You Were Here** Documentary charting the rise of the package holiday in the 1970s. **8.00** How people holidayed in the 1970s.
9.00 **1977: When Virginia Wade Won Wimbledon** A look at the British tennis player's triumph.
10.00 **1971: The Year We Went Decimal** Exploring the decimalisation of British currency.
11.00 **Taggart** *Legends.*
1.45 AM **Alexander Armstrong in India**
2.40 **The Frontier**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Georgia Toffolo, Ed Byrne, Dr Ranj Singh and the Rev Kate Bottley compete for charity. **6.00** With *Emmerdale* stars Anthony Quinlan, Louisa Clein, Dominic Brunt and James Moore.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Celebrity Chase**
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **Zero Stars**
8.00 **Georgie and Mandy's First Marriage** New episodes 16/22. Mandy tries to make amends with Pastor Jeff. **8.30** 17/22. Georgie's plan to make new clients at the country club backfires. (S2)
9.00 **Zero Stars** Series finale 8/8. Roisin Conaty and Sara Pascoe try to find the Loch Ness monster.
10.00 FILM **The Stepford Wives** Comedy remake. (2004, 12, 93min) ★★★
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
1.30 **Dr Pimple Popper: Breaking Out**
2.30 **Curvy Brides Boutique**
3.00 **My 600lb Life**
4.00 **Curvy Brides Boutique**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Friends** 19-22/25. (S3)
11.00 FILM **The Angry Birds Movie** Animated comedy. (2016, U, 97min) ★★★
12.50 PM **Michael McIntyre's The Wheel** Game show.
1.50 **Friends** (S3&4)
8.00 **Bradley & Barney Walsh: Breaking Dad**
9.00 FILM **Private Benjamin** Comedy drama starring Goldie Hawn as a spoiled socialite who joins the army. (1980, 15, 110min) ★★★
11.10 **Police Squad!**
12.10 AM **8 Out of 10 Cats**
1.50 **Whose Line Is It Anyway? USA**
2.20 **Russell Howard: Live at the London Palladium**
3.20 **Utopia** 1/8. (S5)
3.50 **Teachers** 13/20. (S3)
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Utopia** 6-8/8. (S3)
10.30 **Everybody Loves Raymond** 1/25. (S2)
11.00 **Friends** 4-7/24. (S4)
1.00 PM **Criminally Funny**
9.00 **Friends** 1/25. Joey and Phoebe have a cross-country adventure. **9.30** 2/25. Monica and Chandler decide to move in together. **10.00** 3/25. Ross makes a big decision. **10.30** 4/25. Ross tries his hand at teaching. **11.00** 5/25. Joey is mistaken for the owner of a Porsche. **11.30** 6/25. Joey and Chandler enjoy their last night as flatmates. (S6)
12.00 M'T **Friends** (S6)
2.00 AM **New Girl** (S1)
3.00 **South Park** (S26&27)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **The Kenny Everett Video Show**
8.30 FILM **George and Mildred** Comedy. (1980, PG, 93min) ★★
10.15 **You Rang, M'Lord?**
3.25 PM **Man About the House** Sitcom. (S1&2)
7.55 **Minder** 11/11. Arthur gets embroiled in the fashion world. (S4)
9.00 **Benidorm** 6/7. Rob, Joey and Tiger get into trouble with the law. (S8)
10.00 **Shameless** 1/14. Jamie makes a shocking discovery. (S11)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 6/7. (S8)
1.00 AM **Minder** 9/13. (S9)
2.00 **Duty Free** 6/7. (S1)
2.25 **Man About the House**
2.50 **The Kenny Everett Video Show**
3.10 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **FriendZone**
9.30 **Beauty and the Geek Australia** Double bill.
1.00 PM **Judge Judy**
6.00 **Catfish: The TV Show** Nev and Kamie cross digital borders to find out the identity of a mystery man. **7.00** Apryl fell for artist Daryl after years of him courting her by drawing portraits. **8.00** Scooba fell hard for Renae on an app, but soon after marrying her avatar she vanished.
9.00 **Skin A&E**
10.00 **Tattoo Fixers**
11.00 **Geordie Shore**
12.00 M'T **Bar Rescue**
2.00 AM **Tattoo Fixers**
2.45 **Jersey Shore Family Vacation** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Building Off the Grid**
2.00 PM **Homestead Rescue: Raney Ranch** The Raneys race to finish the cabin walls and build a staircase.
3.00 Misty must complete her cabin roof without any help from Maciah.
4.00 The Raney clan rush to seal in Misty's cabin.
5.00 An inferno engulfs Marty and Mollee's cabin at the onset of winter.
6.00 Marty attempts a risky trip across a frozen river.

7.00 Alaska: Homestead Rescue

7.00 NEW SERIES **Alaska: Homestead Rescue** Marty, Misty and Matt look back at their most memorable homesteads.

8.00 Building Off the Grid Two brothers team up with their girlfriends to build a yurt that can survive harsh winters.

9.00 Barnwood Builders The team check out a 150-year-old double-pen farmhouse built by their client's great-grandfather.

10.00 Deadliest Catch As a typhoon slams the fleet, John fights to shield his crew, and Jake finds the *Cornelia Marie*'s limits.

11.00 Supercar Showroom Dean heads off on holiday, leaving Brad trying to sell a luxury Bentley. Trudie plots to take the Mercedes GT R out for a high-speed test drive.
12.00 M'T **Extreme RVs**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A woman who has suffered abuse from her cat for 13 years.
4.00 A couple who believe their cat has the killer instinct.
5.00 **Treehouse Masters**
6.00 **Meet the Penguins** A penguin gets contaminated by oil.
6.30 Crabby greets a new arrival that melts his icy heart.

8.00 Little Giants

7.00 How Do Animals Do That? How a hummingbird can fly backwards.
7.30 What a dog is saying when it wags its tail.

8.00 Little Giants Searching for the sugar glider.
8.30 The team are in South Africa searching for the Cape mole-rat.

9.00 Edge of Alaska The spring break-up is starting to occur, and Neil aims to start construction on the renovation of the mine.

10.00 Tanked Actor Wilmer Valderrama asks Brett Raymer and Wayde King to build an aquarium with multiple angles.

11.00 Tanked A Malibu winery.
12.00 M'T **Fish or Die** The anglers go in search of barramundi.
1.00 AM **Sharks and the City: New York** Documentary.
2.00 **The Haunted**
3.00 **Surviving Joe Exotic**
4.00 **to 5.00** AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
10.00 **Air Crash Investigation**
12.00 NOON **Eyewitness WWII: Invasion Italy** Documentary.
1.00 PM **WW2's Biggest Wrecks: Drain the Oceans**
2.00 **Destruction Decoded**
3.00 **Inside Melbourne Airport** A blackout halts operations.
4.00 Brad has 90 minutes to turn around an Air India flight.
5.00 A tarmac collision.
6.00 **Air Crash Investigation** The crash of United Airlines Flight 232 in Sioux City in 1989.

8.00 Engineering by Catastrophe

7.00 Air Crash Investigation The case of a Martinair flight that crashed in Portugal amid heavy rain and thunderstorms.

8.00 Engineering by Catastrophe New edition Flood defences around the world, including Tokyo's vast underground rivers.

9.00 NEW SERIES **Inside the CIA: Secrets and Spies** The story of a widow of a CIA officer who went undercover in Moscow.

10.00 Miracle Landing on the Hudson Charting how US Airways Flight 1549 was forced to land on the Hudson River in 2009.

11.00 Air Crash Investigation How a pilot saved the day when he lost all the engines.
12.00 M'T **Seconds from Disaster** A look into the 1987 fire at King's Cross Tube station, in which 31 people were killed.
1.00 AM **Car S.O.S** Double bill.
3.00 **to 5.00** AM **Megafactories**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **What on Earth?**
9.00 **Storage Wars**
11.00 **Storage Hunters**
1.00 PM **Pawn Stars** Triple bill of the series, including at:
3.00 Rick checks out James Bond's credit card from the 2006 movie *Casino Royale*.
4.00 **The UnBelievable with Dan Aykroyd** The most bizarre and brilliant innovations.
5.00 A look at some unconventional weapons.
6.00 **The Sound and the Fury** Key events of World War Two.

4.00 The UnBelievable

7.00 The Sound and the Fury A look at the key events of 1941, when Hitler invaded the USSR.

8.00 The Sound and the Fury In 1943, Germany falls at Stalingrad, its first major defeat of the conflict.

9.00 The Sound and the Fury In 1944, D-Day pierced the Atlantic Wall, as Operation Bagration crushed the Wehrmacht.

10.00 World War II with Tom Hanks Germany's invasion of Poland.
10.55 Churchill braces for an air assault, and FDR races to mobilise America's industry.

11.50 World War II with Tom Hanks Exploring the story of Operation Barbarossa.
12.45 AM **Mysteries Unearthed with Danny Trejo** Focusing on heavy-metal legends.
1.45 **Pawn Stars** Triple bill.
4.30 **to 6.00** AM **Storage Hunters**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Rod Steiger**
7.00 **Discovering: Gina Lollobrigida**
8.00 **The Directors**
9.00 **The Man Who Stole The Scream** Documentary.
11.00 FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
1.00 PM **Pantani: The Accidental Death of a Cyclist** Documentary about the rise and fall of Marco Pantani.
3.00 **Elvis Presley: The Searcher** 1&2/2. Documentary about the life and career of the singer.

7.00 One to One: John & Yoko

7.00 One to One: John & Yoko Documentary examining the 18 months that John Lennon and Yoko Ono spent living in Greenwich Village in New York City in the early 1970s, featuring restored footage of Lennon's only full-length, post-Beatles concert.

9.00 Tina A celebration of Tina Turner's life and career, featuring contributions from the Grammy Award-winning artist, as well as Angela Bassett and Oprah Winfrey.

11.15 Jealous Guy: The Assassination of John Lennon An exploration of the life of The Beatles superstar, with a look at the strange parallels between him and his killer Mark David Chapman.
1.00 AM **Dettori** The career of jockey Frankie Dettori.
3.10 **Dave Not Coming Back**
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 **Celebrity Yorkshire Auction House**
11.00 **The Yorkshire Auction House** Double bill.
1.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Triple bill.
8.00 **The Repair Shop** Organ restorer David fixes up a broken treasure well-loved in a local community.
9.00 The experts tackle the damage on an antique anatomy book.
10.00 A cornet is given a new lease of life.
11.00 Woodworker Will fixes up a table.
12.00 M'T Optics expert Richard fixes a telescope.
1.00 AM **Ant Anstead: Born Mechanic** Double bill.
3.00 **Wheeler Dealers World Tour**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **The Killer in My Family**
12.00 NOON **FBI Files**
3.00 PM **Nightmare Next Door** Triple bill.
6.00 **Calls from the Inside** A ranch hand is found dead in a river.
7.00 The mystery surrounding Gretchen Anthony's disappearance.
8.00 An unknown killer murders a couple.
9.00 **A Killer's Mistake** In Louisiana, 23 young men are found dead.
10.00 **Evil Lives Here: My Child the Killer** A mother watches darkness take over her son.
11.00 **Faking It: Tears of a Crime** Double bill.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Irish Crime Files: Murder in the Mountains** The story of Phyllis Murphy.
8.00 **Irish Crime Files: Ultimate Deception**
9.00 **UK Crime Files: The Murder of Collette Aram** The first-ever case to be featured on TV's *Crimewatch*.
10.00 **UK Crime Files: People Trafficking Murder**
11.00 **UK Crime Files: The Female Killer**
12.00 M'T **UK Crime Files: Massacre at Red Gables Hotel**
1.00 AM **Britain's Countryside Killers**
2.00 **Killers: Caught on Camera** Colby Vinson.
3.00 **Fatal Fall: Murder or Accident?** Documentary.
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **UK Crime Files: Killer on the Run** Geoffrey Wansell revisits the case of Terry Clifton, who murdered two men.
3.00 **UK Crime Files: Murdered for £20** How the murder of a lawyer was solved.
4.00 **UK Crime Files: Wrongful Revenge** Exploring the case of Colin Gunn, who ordered two murders.
5.00 **UK Crime Files: Murderous Marriage** Investigating the murder of Surjit Athwal.
6.00 **UK Crime Files: The Cliff Top Killer** The story of John Cooper, who murdered four people.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Road Wars**
9.00 **Caught on Dashcam**
11.00 **Caught Red Handed**
2.00 PM **World's Most Evil Killers** True-crime.
3.00 **How I Caught the Killer**
5.00 **What the Killer Did Next** Peter McMahon.
6.00 **Killer in My Village**
7.00 **Murder Next Door**
8.00 **Forensics: Catching the Killer** The murder of Raymond Cullen.
9.00 **Dahmer on Dahmer: A Serial Killer Speaks**
10.45 **Murder Uncut**
11.50 **Murdered at First Sight**
12.55 AM **What the Killer Did Next** Sabina Nessa.
2.00 **Britain's Most Evil Killers** Steven Grieveson.
3.00 **The Real Manhunter**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **The First World War: The People's Story**
11.55 **America's Great War 1917-1918** Documentary.
1.00 PM **Pandemic: The Flu That Killed 50 Million**
2.20 **Forts of Verdun**
3.30 **The First World War: The People's Story**
6.55 **Heroes of the Somme**
8.15 **America's Great War 1917-1918** The stories of US soldiers who fought in World War One.
9.30 **Pandemic: The Flu That Killed 50 Million** Docu-drama about the 1918 flu pandemic.
10.50 **Forts of Verdun** A journey inside the walls of the 38 forts that were at stake during the Battle of Verdun.
12.00 M'T **Heroes of the Somme** Documentary.
1.20 **to 2.00** AM **Weathered: Earth's Extremes**

SUNDAY

Sunday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Cub Camp**
8.00 **City Wildlife Rescue**
10.00 **Into the Wild: India**
12.00 NOON **Woodpeckers: The Hole Story** Documentary.
1.00 PM **Deep Dive North America**
3.00 **Predators** Double bill.
5.00 **Aussie Snake Wranglers: Deadly Pursuit** New editions Jess and Dan go in pursuit of a smelly snake, while Stu rescues one at a university. **5.30** Mick and Adele separate mating eastern browns.
6.00 **David Attenborough's First Life** 1/2. The naturalist explores the origins of life on Earth. **7.15** 2/2. Exploring how animals began to survive on dry land.
8.30 **David Attenborough's Natural History Museum Alive** The broadcaster invites viewers to join him on a stroll around the Natural History Museum.
10.00 **Aussie Snake Wranglers: Deadly Pursuit** Double bill.
11.00 **Land of the Far North**
1.00 AM **Rewilding** Triple bill.
4.00 **to 6.00** AM **The Wild Wild East**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Greatest Escapes of WWII**
9.00 **Bomber: Terror of WWII**
11.00 **Digging Up Britain's Past**
12.00 NOON **Invasion: The Normans**
2.00 PM **Ancient Aliens**
4.00 **Ancient Superstructures**
6.00 **Battle 360** The Japanese attack on the USS *Enterprise*.
7.00 **Bone Detectives: Britain's Buried Secrets** A discovery of sliced-open human skulls.
8.00 **Alien Corridors** Unexplained sightings in a desolate land known as the Pine Barrens.
9.00 **Killer Kings** The case against King John, who was known for his cruelty and treachery.
10.00 **Nazi Murder Mysteries** The German police's attempts to catch a psychotic killer.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Battle 360**
2.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
3.00 **Craig Charles: UFO Conspiracies**
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **River Hunters**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Extreme Engineering**
3.00 **Savage Builds**
4.00 **Space Launch: Splashdown**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** A pyramid in Central America and ancient Greek myths. **8.30** Josh Gates explores places where legends never die in Romania, Japan and Germany. **9.00** Josh investigates a Japanese ice cave. **9.30** Exploring a millionaire's disappearance in Malaysia.
10.00 **American Titans** The men who made America an economic superpower. **11.00** The work of Thomas Edison and Nikola Tesla.
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Robbie Coltrane's Critical Evidence** Double bill.
12.00 NOON **When Missing Turns to Murder** Double bill of editions.
2.00 PM **Crimes That Shook Britain**
4.00 **Meet, Marry, Murder**
8.00 **Cold Case Files: Murder in the Bayou** The body of 19-year-old Courtney Coco is found in Texas.
9.00 **The Death Investigator with Barbara Butcher** An unknown body surfaces in an icy river.
10.00 **Cold Case Files** The case of a schoolteacher found murdered in her apartment.
11.00 **Crime in Progress** A routine welfare check on a disabled man uncovers a violent, unpredictable chain of events.
12.00 M'T **Tell Me How I Died**
1.00 AM **Cold Case Files: DNA Speaks** A missing persons case.
2.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Cave Crocs of Gabon**
11.00 **Croc Wars: Grumeti vs Mara**
12.00 NOON **Crocodile: Australia's Greatest Survivor**
1.00 PM **Komodo Dragons**
2.00 **Florida Untamed: Where Reptiles Rule** A look at the wildlife of the US state.
3.00 **The Hidden World of Snakes**
6.00 **Critter Fixers: Country Vets Compilation** New editions Highlights from the series.
8.00 **Amazonia's Giant Jaws** Exploring a lake at the heart of the Amazon that changes with every dry season.
9.00 **Asia's Killer Hornets** Insects that will sacrifice everything to help raise legions of grubs.
10.00 **Legends of Venom** A look into the slippery world of the cobra.
11.00 **Bite, Sting, Kill** 2/2. The deadliest animals that live in rainforests, from poisonous insects to large predators.
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **The Dino Hunters**
11.30 **How Do They Do It?**
12.00 NOON **Combat Dealers**
2.00 PM **Combat Dealers: Reloaded**
3.00 **World's Greatest Motorcycle Rides** Triple bill of editions.
6.00 **Blowing Up History** Archaeologists use pioneering technology to investigate the ancient city of Samarra. **7.00** Archaeologists uncover the engineering secrets behind lost coliseums of Rome. **8.00** How the most iconic buildings of the ancient worlds were built, stone by stone.
9.00 **Salvage Hunters: The Restorers** Joiner Robin Johnson fixes a broken Boston rocker. **10.00** Recreating the missing parts of a vintage deer skeleton. **11.00** Michael and Maria restore a mechanical peacock.
12.00 M'T **Shed and Buried**
2.00 AM **Combat Dealers**
4.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
1.00 PM **Great Canal Journeys** Timothy West and Prunella Scales head to Llangollen. **2.00** Timothy and Prunella visit the Burgundy region of France.
3.00 **Wild China** Triple bill.
6.00 **Wild Scandinavia** The wildlife, landscape and culture of the northern European region.
7.00 **Wild China** An examination of the country's heartland. **8.00** Exploring the ruined cities that once marked the legendary Silk Road. **9.00** Examining the Chinese government's efforts to manage environmental concerns while meeting the needs of the population.
10.00 **Wild Scandinavia** The wildlife, landscape and culture of the northern European region.
11.00 **Wild China** Triple bill.
2.00 **Wild Scandinavia** As 10.00pm.
3.00 **Great Canal Journeys**
4.40 **to 6.00** AM **Sue Perkins: Along the US-Mexico Border**

+1hour 266 376

ID

154 140 166

8.00 AM **Deadline: Crime with Tamron Hall** Double bill.
10.00 **Swamp Murders**
12.00 NOON **Killer Unknown**
2.00 PM **American Detective with Lt Joe Kenda** Double bill.
4.00 **Faking It: Tears of a Crime**
6.00 **I'd Kill for You** A marriage concealing deceit and danger.
7.00 **The Lies That Bind** The case of Paula Allen, who died when a fire burned down a parsonage behind a church.
8.00 **Extreme Measures** A woman gets involved in the investigation into her sister's murder.
9.00 **Mother, May I Murder?** Police uncover a twisted world after the murder of an army major.
10.00 **999 Murderer Calling** The case of Collin Reeves, who stabbed his neighbours to death.
11.00 **American Monster**
12.00 M'T **A Body in the Basement**
2.00 AM **Dark Waters: Murder in the Deep** Double bill.
4.00 **to 6.00** AM **Devil Among Us**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Outback Truckers**
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Kindig Customs: Road to the Ridler**
1.00 PM **Dream Jobs with Chris Hoy** Eight editions.
5.00 **Shed and Buried** Four editions of the series, including at: **6.30** Henry Cole and Fuzz Townshend are overwhelmed by a military collection.
7.00 **Wheeler Dealers** Mike and Elvis get to work on a classic 1970s Toyota Landcruiser. **8.00** Mike and Ant welcome a 1968 International Harvester Travelall to the workshop. **9.00** Mike and Ant enter the market for American SUVs with a Jeep Grand Wagoneer. **10.00** Mike attempts to track down an early SUV. **11.00** A rare Land Rover Series 1 may not be all it seems. **12.00** M'T Mike works on a Ford Bronco for Barrett Jackson.
1.00 **to 4.00** AM **Outback Truckers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **PREMIERE The Plague**
8.20 **Gabby's Dollhouse: The Movie**
10.05 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
12.20 PM **Fuze** As 8.00pm.
2.00 **The Running Man** Thriller. (2025, 15, 133min) ★★★
4.20 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
6.05 **PREMIERE The Plague** Thriller. (2025, 15, 98min) ★★★★ *See review, page 23.*

6.05 The Plague

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. A sports agent scrambles to land one last high-stakes deal for his star client, with both their futures on the line. (2026, 18, 89min)

11.20 **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min)
1.05 AM **We Bury the Dead** Horror starring Daisy Ridley. (2024, 15, 94min) ★★★★
2.45 **The Shadow's Edge** Action thriller. (2025, 15, 141min)
5.10 **to 6.45** AM **Honey Don't!** Comedy thriller with Margaret Qualley and Aubrey Plaza. (2025, 15, 89min) ★★★

Sky Cinema Batman

303 303 403 503 517

8.00 AM **Batman** As 4.40pm.
10.15 **Batman Returns** As 6.50pm.
12.25 PM **Batman Forever** (1995)
2.30 **Batman & Robin** As 11.05pm.
4.40 **Batman** Tim Burton's adventure starring Michael Keaton and Jack Nicholson. (1989, 15, 121min) ★★★★
6.50 **Batman Returns** Tim Burton's comic-book adventure starring Michael Keaton, Danny DeVito and Michelle Pfeiffer. (1992, 12, 121min) ★★★★

9.00 Batman Forever

Batman Returns (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Batman Forever** Comic-book adventure starring Val Kilmer, Tommy Lee Jones and Jim Carrey. Black-cloaked vigilante Batman and his new partner Robin tackle psychotic criminals The Riddler and Two-Face. (1995, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Batman & Robin** Fantasy adventure starring George Clooney, Chris O'Donnell, Arnold Schwarzenegger and Uma Thurman. Batman and Robin, aided by new ally Batgirl, take on fearsome villains Mr Freeze and Poison Ivy. (1997, PG, 125min) ★★
1.15 AM **Batman** As 4.40pm.
3.25 **Batman Returns** As 6.50pm.
5.40 **to 6.00** AM **The Cinema List: Outlaws**

Sky Cinema Drama

310 310 410 510 524

6.50 AM **A Mistake** Medical drama. (2024, 15, 101min) ★★★
8.35 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
10.35 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
1.15 PM **Don't Let's Go to the Dogs Tonight** As shown at 1.40am.
3.00 **Horizon: An American Saga – Chapter 1** Epic Western. (2024, 15, 181min) ★★★★

6.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★
8.00 **Wuthering Heights** Drama based on Emily Brontë's classic novel, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for a woman from a wealthy family. (2026, 15, 136min) ★★★★
10.20 **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★

1.40 AM **Don't Let's Go to the Dogs Tonight** Drama with Lexi Venter. (2024, 15, 100min) ★★★★
3.25 **Burning an Illusion** Drama starring Cassie McFarlane. (1981, 15, 103min) ★★★
5.15 **to 7.20** AM **On Swift Horses** Drama. (2024, 15, 119min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **Ick** Sci-fi comedy drama. (2024, 15, 93min) ★★★
8.40 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
10.30 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
12.45 PM **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
2.35 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★

4.20 **The Nun** Horror thriller sequel. (2018, 15, 96min) ★★★
6.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **Ghostbusters** Action comedy reboot starring Kristen Wiig. (2016, 12, 113min) ★★★
10.00 **Smile 2** Horror thriller sequel starring Naomi Scott. A pop sensation faces increasingly terrifying events, leading her down a dark path into her past. (2024, 18, 127min) ★★★★

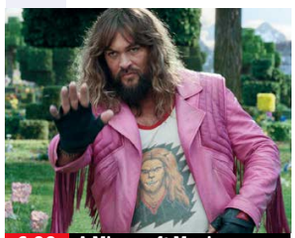
12.10 AM **10 Cloverfield Lane** Thriller with Mary Elizabeth Winstead. (2016, 12, 103min) ★★★★
2.00 **The Running Man** Adventure. (1987, 18, 101min) ★★★
3.45 **Sky Cinema Preview**
4.25 **to 6.40** AM **Battleship** Action thriller. (2012, 12, 126min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Monster Trucks** (2016)
8.10 **Scooby-Doo** As 11.05pm.
9.40 **Charlotte's Web** (2006) ★★★
11.20 **Chicken Run** (2000) ★★★★
12.50 PM **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
2.40 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
4.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
6.00 **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★



6.00 A Minecraft Movie

7.45 **Flushed Away** Animated comedy adventure featuring the voices of Hugh Jackman, Kate Winslet and Ian McKellen. (2006, U, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Last Airbender** Adventure starring Noah Ringer, Dev Patel and Nicola Peltz. In a divided world, hope rests on a 12-year-old boy who can control the elements. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Scooby-Doo** Comedy adventure with Freddie Prinze Jr and Sarah Michelle Gellar. (2002, PG, 86min) ★★★
12.35 AM **MouseHunt** Comedy with Nathan Lane and Lee Evans. (1997, PG, 98min) ★★★★
2.25 **Deep Sea** Animation with the voice of Brian Flaccus. (2023, PG, 112min) ★★★
4.20 **to 6.00** AM **My Penguin Friend** Drama with Jean Reno. (2024, PG, 98min) ★★★★

Sky Cinema Action

306 306 407 507 521

7.45 AM **Fight or Flight** Thriller. (2025, 15, 98min) ★★★
9.35 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
11.25 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
1.20 PM **300** (2006, 15) ★★★★
3.25 **Spider-Man: No Way Home** Comic-book adventure sequel. (2021, 12, 148min) ★★★★
6.00 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★

10.10 Fuze

8.00 **Jurassic World: Fallen Kingdom** Adventure sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

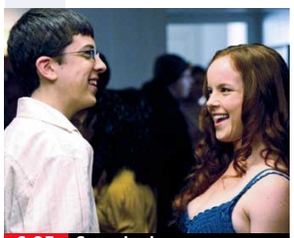
10.10 **Fuze** Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 15min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bad Boys II** Action comedy thriller sequel. (2003, 15, 147min) ★★★
2.30 AM **Blood for Dust** Thriller. (2023, 15, 98min) ★★★
4.15 **Sky Cinema Preview**
4.45 **to 6.55** AM **Twilight of the Warriors: Walled In** Thriller. (2024, 15, 126min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **The Hangover Part II** Comedy. (2011, 15, 101min) ★★
8.15 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
10.00 **Anchorman 2: The Legend Continues** (2013, 15) ★★
12.05 PM **Rumours** (2024, 15) ★★★
1.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
4.00 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
6.05 **Superbad** (2007, 15) ★★★★



6.05 Superbad

8.00 **Police Academy** Crime comedy starring Steve Guttenberg, Kim Cattrall, GW Bailey and Bubba Smith. A city police force opens its doors to some very unlikely recruits. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg. Six inept recruits are drafted to fight a crime wave. (1985, 12, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Police Academy 3: Back in Training** Comedy sequel starring Steve Guttenberg. (1986, PG, 82min) ★
12.45 AM **Two Weeks Notice** Comedy with Sandra Bullock. (2002, 12, 101min) ★★★
2.30 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
4.10 **to 6.00** AM **Funny Cow** Drama with Maxine Peake. (2017, 15, 102min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Sky Cinema Preview**
6.45 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
9.05 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
11.50 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
1.45 PM **Murder by Numbers**
3.50 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★
5.50 **Ocean's Twelve** Caper thriller sequel with George Clooney. (2004, 12, 125min) ★★★★

5.50 Ocean's Twelve

8.00 **Ocean's Thirteen** Thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

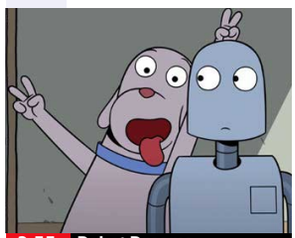
10.05 **Murder by Numbers** Crime thriller starring Sandra Bullock as a veteran cop investigating a murder committed for kicks by two high-school students. With Ryan Gosling and Michael Pitt. (2002, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
1.55 **Lethal Weapon 2** Action thriller sequel with Mel Gibson. (1989, 15, 110min) ★★★★
4.00 **to 6.00** AM **Psycho** Horror remake. (1998, 15, 100min) ★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Faintheart** Comedy. (2008, 12, 90min) ★★★
12.50 PM **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
2.55 **Robot Dreams** Animation. (2023, PG, 113min) ★★★★
5.00 **Rat Race** Comedy with John Cleese and Rowan Atkinson. (2001, 12, 112min) ★★★
7.10 **Taxi** Action comedy starring Queen Latifah and Jimmy Fallon. (2004, 12, 97min) ★★



2.55 Robot Dreams

Taxi (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Prey** Sci-fi thriller starring Amber Midthunder and and Dakota Beavers. An otherworldly creature with cloaking technology hunts 18th-century Comanches on the Northern Great Plains. (2022, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Crawl** Horror with Kaya Scodelario. A woman tries to save her father during a hurricane, but finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 **to 2.35** AM **No Exit** Thriller starring Havana Rose Liu. (2022, 15, 95min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

6.05 AM **The Karate Kid** Martial arts drama. (2010, PG, 140min) ★★★
8.30 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
10.15 **Instant Family** As 11.25pm.
12.20 PM **Jumanji: Welcome to the Jungle** Fantasy action comedy. (2017, 12, 119min) ★★★★
2.25 **Jumanji: The Next Level** Fantasy comedy sequel. (2019, 12, 123min) ★★★★
4.35 **Anchorman: The Legend of Ron Burgundy** As 9.45pm.
6.15 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper. (2011, 15, 101min) ★★
8.00 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper. (2013, 15, 100min) ★★
9.45 **Anchorman: The Legend of Ron Burgundy** Comedy starring Will Ferrell and Christina Applegate. (2004, 12, 94min) ★★★★
11.25 **Instant Family** Comedy drama. (2018, 12, 118min) ★★★★
1.25 AM **Sex Tape** Comedy with Jason Segel. (2014, 15, 94min) ★★
3.05 **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
5.05 **to 7.00** AM **The Angels' Share** Ken Loach's crime comedy. (2012, 15, 96min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.05 AM **Arthur** As 3.00pm.
7.45 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
9.25 **Singin' in the Rain** As 4.40pm.
11.10 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
1.10 PM **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★
3.00 **Arthur** Comedy starring Dudley Moore and Liza Minnelli. (1981, 15, 93min) ★★★★
4.40 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
6.25 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
8.00 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
9.30 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
11.10 **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
12.50 AM **Kindergarten Cop** Comedy thriller. (1990, 15, 111min) ★★★
2.45 **Tootsie** (1982, 15) ★★★★
4.50 **Cinema List: Book Adaptations**
5.20 **to 6.55** AM **The Man with Two Brains** As shown at 6.25pm.

Disney+ Cinema

305

6.00 AM **Ratatouille** Animation. (2007, U, 106min) ★★★★★
8.00 **A Bug's Life** Animated comedy. (1998, U, 94min) ★★★★★
9.35 **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
11.15 **Cinderella** Animated fantasy. (1950, U, 75min) ★★★★
12.30 PM **The Good Dinosaur** Animation. (2015, PG) ★★★★
2.10 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
4.05 **Lady and the Tramp** Animation. (1955, U, 76min) ★★★★★
5.25 **WALL-E** Animated adventure. (2008, U, 98min) ★★★★★
7.05 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
9.00 **Deadpool & Wolverine** Fantasy sequel starring Ryan Reynolds. (2024, 15, 128min) ★★★★
11.05 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★
12.50 AM **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
2.30 **Death on the Nile** Mystery. (2021, 12, 127min) ★★★
4.35 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
5.50 **to 6.00** AM **Bao** Animation.

Movies 24

312 313 419

7.00 AM **An American in Austen** Comedy. (2024, PG, 84min) ★★
9.00 **Mr Pawsitively Perfect** Drama. (2023, PG, 90min) ★★
11.00 **Mystery Island: Winner Takes All** Drama. (2025, PG) ★★
1.00 PM **Betty's Bad Luck In Love** Comedy. (2024, PG, 84min) ★★
3.00 **The Stars Between Us** Romantic drama starring Sarah Drew. (2026, PG, 84min) ★★
5.00 **Mystery Island: Play for Keeps** Drama with Elizabeth Henstridge. (2025, PG, 90min) ★★
7.00 **Blind Date Book Club** Romantic drama starring Erin Krakow and Robert Buckley. (2024, PG, 90min) ★★
9.00 **Paging Mr Darcy** Romantic drama with Mallory Jansen and Will Kemp. An academic attends a Jane Austen conference, and seeks the aid of a Mr Darcy impersonator in impressing the organiser. (2024, PG, 84min) ★★
11.00 **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
1.00 AM **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Learning to Love** Drama. (2023, PG, 89min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Gold Is Where You Find It**
6.30 **Stranger from Venus** Sci-fi thriller. (1954, b/w, U, 78min) ★
8.05 **Doctor in the House** Comedy. (1954, U, 91min) ★★★
9.55 **The Love Match** Comedy. (1955, b/w, U, 85min) ★★
11.40 **The Beverly Hillbillies** (S2)
12.10 PM **Batman** 6/26. (S3)
12.40 **Pete Murray Takes You to Nottingham** A 1983 travelogue.
1.00 **Genevieve** Comedy with John Gregson and Kenneth More. (1953, U, 83min) ★★★★★
2.40 **Colonel March Investigates**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **The Directors** David Lean.
7.00 **That's My Boy** 3/7. (S3)
7.30 **The Vise** 4/26. (S2)
8.00 **Sergeant Cork** 4/4. (S5)
9.05 **Confessions of a Window Cleaner** Comedy starring Robin Askwith. (1974, 18, 87min) ★
10.50 **The Heritage Chart Show**
11.55 **The Claim** Period drama. (2000, 15, 120min) ★★
2.15 AM **The Scarlet Web** (1954) ★
3.30 **The Rogues** 18/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 22/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 LIVE **DP World Tour Golf** Coverage of the fourth and final day of the Austrian Alpine Open staged at Golfclub Kitzbuhel-Schwarzsee-Reith. Germany's Nicolai von Dellingshausen was the victorious player last year, finishing two strokes clear of compatriot Marcel Schneider and Norway's Kristoffer Reitan to win his maiden title on the tour.
3.00 PM LIVE **IPL** Coverage of the final at Narendra Modi Stadium, as this year's winners are decided. Last year's showpiece saw Royal Challengers Bengaluru beat Punjab Kings by six runs to win their first ever IPL title. Bengaluru made 190-9 in their 20 overs with Virat Kohli top-scoring with 43 from 35 balls, before they restricted Punjab to 184-7.
8.00 LIVE **PGA Tour Golf** Coverage of day four of the Charles Schwab Challenge at Colonial Country Club in Fort Worth, Texas.
11.00 PM **to 6.00** AM **Sky Sports Catch Up**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Netbusters** Highlights.
6.00 PM **Netbusters** The 33rd round of Premier League fixtures.
6.30 Action from the 34th round of Premier League fixtures.
7.00 Highlights from round 35 of Premier League matches.
7.30 Action from the 36th round of Premier League games.
8.00 Highlights from round 37 of Premier League matches.
8.30 Action from the final round of Premier League fixtures.
9.00 **Premier League 360: Big Sam's Bolton** A look at Sam Allardyce's Bolton team of the early 2000s in the Premier League.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 1994/95 season, all set to a specially selected soundtrack.
1.00 AM **PL Retro** A chance to see Manchester United v Liverpool from the 2008/09 season.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2011/12**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 NOON **EFL Greatest Games**
5.00 PM **EFL** Hull City v Middlesbrough in the Championship play-off final.
6.00 Action from Bolton Wanderers v Stockport County in the League One play-off final.
7.00 Notts County v Salford City in the League Two play-off final.
8.00 **Bundesliga** A review of the German top-flight campaign.
9.00 **Best Scottish Premiership Goals 2025/26** A look at the finest strikes from the season.
9.30 **Martin O'Neill: Champion Again**
9.45 **SPFL Round-Up**
10.00 **EFL: The Play-Offs At 40**
11.30 **WSL** Highlights from West Ham v Manchester City.
12.00 M'T **EFL Highlights** Leeds United v Southampton in the 2023/24 Championship play-off final.
1.00 AM Bolton Wanderers v Oxford United in the 2023/24 League One play-off final.
2.00 **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Action from Qualifier One.
7.00 **IPL** The second Qualifier.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent T20 highlights.
2.50 PM LIVE **IPL** Coverage of the final staged at Narendra Modi Stadium, Ahmedabad, as this year's winners are decided. Last year's showpiece saw Royal Challengers Bengaluru beat Punjab Kings by six runs to win their first ever IPL title. Bengaluru made 190-9 in their 20 overs with Virat Kohli top-scoring with 43 from 35 balls, before they restricted Punjab to 184-7.
8.00 **Best of ICC WT20** Highlights from England v India in 2007.
8.15 England v Sri Lanka in 2014.
8.30 Highlights from England v South Africa in 2016.
8.45 Highlights from England v Sri Lanka in 2014.
9.00 **IPL** The second Qualifier.
10.00 Action from the final held at Narendra Modi Stadium.
11.50 **IPL** Another chance to see the final staged at Narendra Modi Stadium in Ahmedabad.
5.00 AM **ICC Men's T20 World Cup**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
11.00 LIVE **DP World Tour Golf** The fourth and final day of the Austrian Alpine Open staged at Golfclub Kitzbuhel-Schwarzsee-Reith. Germany's Nicolai von Dellingshausen was victorious last year, finishing two strokes clear of compatriot Marcel Schneider and Norway's Kristoffer Reitan.
4.00 PM LIVE **PGA Tour Golf** The featured groups on day four of the Charles Schwab Challenge staged at Colonial Country Club in Texas.
6.00 LIVE **PGA Tour Golf** Further coverage of day four of the Charles Schwab Challenge at Colonial Country Club in Texas.
11.00 **Masters: Faldo '96**
12.00 M'T **Scotland's Greatest Holes**
12.30 AM **HotelPlanner Tour Golf**
1.00 **PGA Tour Golf** Highlights.
3.00 **US Open Official Films**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Djokovic Top 10**
1.00 PM **Djokovic Top 10**
7.00 **Djokovic Top 10** Action from Novak Djokovic v Rafael Nadal in the 2011 Madrid Open final.
8.00 The 2011 US Open final.
9.00 Djokovic v Andy Murray in the 2012 Shanghai Masters final.
10.00 Novak Djokovic v Roger Federer in the 2012 ATP Finals.
11.00 PM **to 6.00** AM **Djokovic Top 10**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **LIV Golf** The fourth and final day of the eighth round of the season in South Korea.
10.30 **TNT Sports Reload**
11.00 **The Breakdown**
11.30 LIVE **Premiership Women's Rugby** **Loughborough Lightning v Saracens.** Coverage of the match from cinch Stadium @ Franklin's Gardens. Kick-off **12.00noon**.
2.00 PM LIVE **Women's FA Cup** **Brighton & Hove Albion v Manchester City.** Coverage of the final staged at Wembley Stadium. Kick-off is at **3.00pm**.
6.00 LIVE **Tennis: French Open** Coverage from around the courts on day eight at Stade Roland Garros, featuring fourth-round matches. At this stage last year in the men's singles event, eventual runner-up Jannik Sinner beat Andrey Rublev 6-1, 6-3, 6-4.
11.00 **Tennis: French Open** Day eight.
12.30 AM **Adobe Women's FA Cup**
2.00 **UFC Main Event** UFC 318.
3.00 **Supercars Championship Highlights** Tasmania Super 440.
5.00 **World Rally Championship**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Tennis: French Open**
7.30 LIVE **MotoGP Rookies Cup** Grand Prix of Italy second race.
8.30 LIVE **MotoGP** The Grand Prix of Italy warm-up sessions.
9.00 LIVE **MotoGP** Coverage of the Grand Prix of Italy Moto3 race.
11.00 LIVE **MotoGP** Coverage of the Grand Prix of Italy Moto2 race.
12.15 PM LIVE **MotoGP** The Grand Prix of Italy MotoGP race.
3.00 LIVE **The Gallagher PREM** **Leicester Tigers v Exeter Chiefs.** Coverage of the match from Mattioli Woods Welford Road Stadium. Kick-off **3.30pm**.
6.00 **World Rally Championship**
6.30 LIVE **Masters Football** The European Champions event at OVO Arena Wembley in London.
9.30 **UCI Mountain Bike World Series**
10.30 **World Superbikes**
11.30 **World Rally Championship**
12.00 M'T LIVE **MLB** **St Louis Cardinals v Chicago Cubs.** Coverage of the National League match from Busch Stadium. Start-time **12.20am**.
3.00 AM **Premier League Features**
4.30 **to 6.00** AM **Ultimate Pool**

Sky Sports Action

412 410 510 426 446

6.00 AM **NBA Basketball**
9.00 **Super League Highlights**
9.15 LIVE **NRL** **Penrith Panthers v New Zealand Warriors.** Coverage of the match at CommBank Stadium in Sydney. Kick-off **9.15am**.
11.15 **Super League Highlights**
11.45 **NFL Bitesize Highlights**
12.00 NOON **Fight Night**
1.00 PM **Premier League Darts**
4.30 **Super League Highlights**
5.00 **Super Bowl LX Highlights**
5.55 LIVE **Netball Super League** **Nottingham Forest v London Pulse.** The final match of the regular season held at Motorpoint Arena. Centre-pass **6.00pm**.
7.30 **NBA on Fire** Play-off action.
8.00 **Super League Highlights**
8.30 LIVE **WNBA** **Golden State Valkyries v Las Vegas Aces.** Coverage of the Western Conference match at Chase Center. Tip-off **8.30pm**.
11.00 **NBA Basketball**
1.30 AM **Super League Highlights**
1.45 **NFL Bitesize Highlights**
3.00 **Super League Highlights**
3.45 **World Club Challenge**
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Sports Sunday**
2.00 PM **Best of T20 Blast Finals**
2.15 LIVE **Vitality T20 Blast Cricket** **Warwickshire Bears v Northamptonshire Steelbacks.** Coverage of the Central Group match staged at Edgbaston. Both these teams reached the knockout stage last season, with the Bears losing to eventual champions Somerset in the quarter-finals, and the Steelbacks going one stage further before falling to Hampshire Hawks.
6.00 **Sky Sports Catch Up**
7.00 LIVE **LPGA Tour Golf** Coverage of day three of the Shoprite LPGA Classic at the Seaview in Galloway, New Jersey.
10.00 **Sky Sports Catch Up**
12.00 M'T **EFL Greatest Games** Highlights of Peterborough United v Southampton from 2010/11.
12.15 AM Action from Watford v Leicester City in 2012/13.
12.30 Sheffield Wednesday v Leeds United from 2013/14.
12.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **State of Origin**
6.30 **Premier League Darts**
10.00 **Fight Night** Serrano v Hanson.
11.00 **WTA & ATP Tennis**
1.30 PM **Darts Gold** Archive action.
2.15 LIVE **Vitality T20 Blast Cricket** **Warwickshire Bears v Northamptonshire Steelbacks.** Coverage of the Central Group match at Edgbaston. Both these teams reached the knockout stage last season, with the Bears losing to eventual champions Somerset in the quarter-finals, and the Steelbacks going one stage further before falling to Hampshire Hawks.
6.00 **ATP Tennis** Hamburg Open final.
7.00 LIVE **LPGA Tour Golf** Coverage of day three of the Shoprite LPGA Classic at the Seaview in Galloway, New Jersey.
10.00 **Premier League Darts** Action from night 17 at The O2 Arena.
1.30 AM **Legends of Darts**
2.00 **IPL** Recent T20 highlights.
3.00 **Legends of Darts**
3.15 **Darts Gold** Taylor v Mason.
3.30 **Legends of Darts**
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **World Rally Championship** Rally Japan.
8.15 **TNT Sports Reload**
8.30 **Test Cricket Highlights**
9.30 **World Superbikes**
10.00 LIVE **World Superbikes** From Motorland Aragon in Spain.
11.00 **Serie A – Full Impact**
11.30 **Playing for Our Future**
11.45 LIVE **Cycling: Giro d'Italia** Stage two of the women's race.
2.00 PM LIVE **Cycling: Giro d'Italia** The men's 21st and final stage.
7.30 **Women's Giro d'Italia**
8.30 LIVE **SailGP** Coverage of the second day from New York.
10.00 **LIV Golf** Action from the fourth and final day of the eighth round of the season in South Korea.
11.30 **Premiership Women's Rugby**
12.30 AM **The Gallagher PREM**
1.30 **UEFA Champions League**
3.00 **TNT Sports Reload**
3.30 **World Superbikes**
4.30 **to 6.00** AM **Tennis: French Open**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFL** **Melbourne Demons v GWS Giants.** Coverage of the match from TIO Traegar Park in Alice Springs. Bounce-up **6.15am**.
9.00 **The Breakdown**
9.30 LIVE **Tennis: French Open** Coverage from around the courts on day eight at Stade Roland Garros, featuring the fourth round.
7.00 PM **MotoGP** Grand Prix of Italy.
8.00 **MLB Highlights**
9.00 LIVE **MLB** **Los Angeles Dodgers v Philadelphia Phillies.** National League match from Dodger Stadium. Start-time **9.10pm**.
12.00 M'T **Giro d'Italia Highlights**
2.00 AM **Men's Cycling Pro Series**
3.00 **UCI Mountain Bike World Series**
4.00 **FIM Speedway Grand Prix Highlights** Action from Prague.
5.00 **T100 Triathlon World Tour**
5.30 **to 6.00** AM **SailGP: Racing on the Edge**

Premier Sports 1

419 528

6.00 AM **Rugby Union Highlights**
1.55 PM **NHL Tonight**
2.55 **World of FreeSports**
3.25 LIVE **Top 14 Rugby Union** **Toulon v Bordeaux Begles.** Coverage of the match from Stade Mayol. Kick-off **3.30pm**.
5.30 **Football's Greatest**
6.00 **Scottish Cup Football**
8.00 **Football's Greatest**
8.30 LIVE **International Football** **USA v Senegal.** Coverage of the friendly from Bank of America Stadium. Kick-off **8.30pm**.
10.30 **LaLiga Match Highlights**
11.00 **World of FreeSports**
11.30 **Indikart Championship**
12.25 AM LIVE **Brasileiro Serie A** **Cruzeiro v Fluminense.** Coverage of the match from Governador Magalhaes Pinto Stadium. Kick-off **12.30am**.
2.30 **Temples of Sport**
3.00 **Sporting Greats**
4.00 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 529

6.00 AM **Bike World** Magazine.
6.30 **NASCAR Trucks**
9.30 **Motorsport** Valentino Rossi.
10.00 **Top 14 Rugby Union**
12.00 NOON **Temples of Sport**
1.00 PM **United Rugby Championship** A quarter-final.
3.00 **Temples of Sport**
3.30 **United Rugby Championship**
5.30 **Temples of Sport**
6.00 **Top 14 Rugby Union**
8.00 LIVE **Top 14 Rugby Union** **Clermont Auvergne v Racing 92.** Coverage from Stade Marcel Michelin. Kick-off **8.05pm**.
10.00 **NASCAR Highlights**
11.00 LIVE **NASCAR** Coverage of the Cracker Barrel 400, the latest round of the season at Nashville Superspeedway in Tennessee.
4.00 AM **Bike World** Action from the high octane world of two wheels.
4.30 **Motorsport** Valentino Rossi.
5.00 **to 6.00** AM **European Le Mans Series**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.15 PM **Ted's Notebook**
12.45 **Oscar Piastri Drives a V8**
1.00 **Indycar** Detroit Grand Prix.
2.30 LIVE **Indycar** The Detroit Grand Prix warm-up session.
3.30 LIVE **Indy NXT** The Detroit Grand Prix from Michigan.
4.30 **Tribute to Alex Zanardi**
4.40 **All In: Indycar**
5.30 LIVE **Indycar** The Detroit Grand Prix on the Streets of Detroit.
8.00 **Indy NXT** Detroit Grand Prix.
9.15 **Golf with Sergio Perez**
9.30 **F1 Academy** Race review.
10.00 **Indycar** Detroit Grand Prix.
12.30 AM **F1 Features**
2.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

1 June

Planner

Emma Barnett: Fighting Endometriosis

DOCUMENTARY BBC2, 9pm

The broadcaster talks about her personal struggles with endometriosis, a condition that affects one in 10 women in UK and has no cure.

Narrow Escapes

DOCUMENTARY

C4, 4pm

We return to the UK's canal network to catch up with some of the people who live and work on the waterways. This new series will also feature a visit north of the border for the first time, exploring the stunning scenery of the Scottish Highlands.

Love Island

REALITY ITV2, 9pm

Maya Jama is back to rule over proceedings at the Majorcan villa, where a fresh cast of singletons are ready to find love – or do whatever needs to be done to get their hands on the £50,000 grand prize. Iain Stirling also returns to narrate the madness.

Secrets Declassified with David Duchovny

DOCUMENTARY

Sky History, 9pm

The X-Files actor returns for a second series of the documentary that delves into recently declassified government papers from around the world.

Monday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Scam...	9.00 Dear England		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Digging for Britain		8.00 Springwatch		9.00 Emma Barnett: Fighting Endometriosis		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Fletchers'...	8.00 Emmerdale	8.30 Coronation...	9.00 Nobody's Fool		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Tip Toe		10.00 Night Coppers	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Forensics: Crash Scene Investigators		10.00 Police: Suspect No 1	
	106 SKY ONE	7.00 The Simpsons		8.00 David Attenborough's Kingdom of...		9.00 Never Mind the Buzzcocks		10.00 Last Week Tonight with John Oliver	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Sort Your Life Out with Stacey Solomon		9.00 Top Gear		10.00 24 Hours...	10.30 Ibiza: Secrets...
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Britain's Pompeii: A Village Lost in Time		9.00 Art of America		10.00 American Visions	
	118 ITV2	7.00 The Floor		8.00 Million Dollar Listing: LA		9.00 Love Island			10.35 Love...
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 24 Hours in A&E			
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight USA		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Criminal Intent	
	108 SKY ATLANTIC	‹ 6.30 The Gilded Age				9.00 Euphoria			10.15 Heated Rivalry
	110 U&GOLD		7.20 Dad's Army	8.00 Open All Hours			9.20 Not Going Out		10.35 Open All...
	111 U&DAVE		7.20 House of Games	8.00 The Way Out		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 American Pickers		8.00 The Motorbike Show		9.00 Isle of Man TT Highlights		10.00 Film: Die Another Day	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Live & Laughing		10.00 Impractical...	10.30 Jimmy Carr...
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Return to Paradise			10.20 Father Brown
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Maastricht by Moonlight		9.00 Becoming Marilyn			10.15 Pavarotti: The Duets
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 The Woodland Workshop		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blue Serengeti		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 To Catch a Smuggler	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Picks with Mike Wolfe		9.00 Secrets Declassified		10.00 The Proof Is Out There	
	155 U&YESTERDAY	7.00 Canal Boat Diaries				9.00 Operation Gold Rush with Dan Snow		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Black Widow		8.00 Film: Tales of the Grim Sleeper				10.00 Germanwings: What Happened on...	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **NEW SERIES Doorbell Detectives** Presented by Matt Allwright. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Natalie Cassidy: Caring Together** New edition 5/8. Natalie joins a St John Ambulance team. (S)(AD)
2.30 **Robson Green's Weekend Escapes** With Alan Shearer. (S)(R)(AD)
3.00 **Escape to the Country** New edition From Wiltshire. (S)
3.45 **Garden Rescue** New edition (S)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Dear England

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Great Continental Railway Journeys** Namur. (S)(R)(AD)
8.00 **Sign Zone: Greatest Gardens with Diarmuid Gavin and Carol Klein** With Fred Sirieix. (S)(R)(AD)
8.30 **Sign Zone: Just One Thing** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **The Great British Countryside** (R)
4.30 **Vintage Antiques Roadshow** (R)
5.05 **Flog It!** From Staffordshire. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** New edition Michael travels through Hungary. (S)(AD)

8.00 Springwatch

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Wolverhampton, where a 300-year-old book turns up on Simon Schneider's table and Henry Nicholls has his eye on a diamond ring. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Nobody's Fool

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 22-24/25. (S6) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 16-19/24. (S5) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Indiana. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **NEW SERIES Narrow Escapes** Following more adventures on the UK's canals. Cafe boat owner Claire takes on a tugboat restoration in Yorkshire. (S)(AD)
5.00 **Chateau DIY** New edition Vivienne and Simon attempt their grandest bedroom yet. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A Hampshire couple search for a retirement property in Spain. (S)(R)

9.00 Tip Toe

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Yolande helps Denise as she processes life-changing news, and Ian is unaware that his life is about to change. (S)(AD)

7.00 **Digging for Britain** 1/4. Alice Roberts shares the best archaeological discoveries of 2018, starting with the north of the UK and a preserved prehistoric village at the Black Loch of Myrton. (S)(R)(AD)

7.30 **Fletchers' Family Farm** 2/10. The lambing season is full of challenges this year as Kelvin goes through a devastating loss when a three-day-old lamb breaks its leg, while the pigs to go to auction. (S)(R)(AD)

7.00 **News** (S)

8 PM

8.00 **Panorama** Current affairs report covering a story behind the headlines. (S)
8.30 **Scam Interceptors** The team try to stop a Preston student handing over money to scammers. (S)(R)

8.00 **Springwatch** New edition 5/12. Michaela Strachan and Chris Packham present from the National Trust's Crom estate on the shores of Lough Erne, Co Fermanagh. (S)
■ Continues tomorrow

8.00 **Emmerdale** Laurel succumbs to her passion for Ross, while Kerry and Pollard present a united front. (S)(AD)
8.30 **Coronation Street** Daniel suffers a meltdown upon his return to work. (S)(AD)

8.00 **The Dog House** A farmer is looking for a tractor cab companion and cocker spaniel Araf may well prove his ideal hound, while Woodgreen's most relaxed resident Fia is called upon to help to soothe a family in need. (S)(R)(AD)

9 PM

9.00 **Dear England** Series finale 4/4. As Euro 2024 begins, Gareth Southgate is forced to make some challenging changes to the team and put his trust in a new generation. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9.00 **NEW Emma Barnett: Fighting Endometriosis** The broadcaster shares her struggle with endometriosis, a disease affecting one in 10 women of reproductive age, which causes excruciating and often debilitating pain. (S)(AD)

9.00 **Nobody's Fool** Series finale 6/6. Emily Atack and Danny Dyer host as the strategic quiz reaches its conclusion with a tense head-to-head, as one player attempts to outmanoeuvre their opponent to win. (S)(AD)

9.00 **Tip Toe** New episode 2/5. Leo suspects someone has been inside his house, and his fears rise when he has dinner with his ex, Curtis. Meanwhile, Clive starts work on Leo's bar on Canal Street. (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Katherine Ryan hosts the satirical current affairs quiz, with journalist Jo Coburn and comedian John Tothill joining regular team captains Ian Hislop and Paul Merton. (S)(R)
11.10 **NEW Football's New Generation** A new generation of England footballers reflect on their journeys to the international stage. (S)(AD)
12.20 AM **Who Do You Think You Are?** Broadcaster Zoe Ball follows her ancestors' footsteps in a journey that takes her from Scotland to Cornwall as she uncovers stories of hardship and resilience. (S)(R)(AD)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

10.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul travel to Dorset to try to catch grayling in the River Frome. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **The Mother of All Cons** 1/3. The story behind Believe in Magic, a charity for seriously ill children that was launched by 16-year-old Megan Bhari in 2010. (S)(R)(AD)
12.00 M'T **Sign Zone: Iolo's River Valleys** Iolo Williams explores the wildlife of the Dee valley. (S)(R)
12.30 AM **Sign Zone: Countryfile** (S)(R)
1.25 **Sign Zone: Race Across the World: The Reunion** (S)(R)(AD)
2.25 **Sign Zone: Springwatch** (S)(R)
3.25 **to 6.45** AM **Previews** (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **NEW TO ITV1 Love Island** Host Maya Jama returns with the relationship-based reality show in which singletons seeking romance compete in the hope of finding love – and winning a £50,000 prize. *Previously shown on ITV2.* (S)
12.00 M'T **Teleshopping**
3.00 AM **DMV: Department of Motor Vehicles** New episodes 11/20. Colette pushes back against Vic's outdated views. (S)(SL)
3.25 12/20. The DMV welcomes a new driving examiner. (S1) (S)(SL)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

10.00 **Night Coppers** Ramon races to break up a mass brawl and to hunt down the suspects, while Jake and Dan tackle some adventurous urban explorers who have scaled a crane on a building site. (S)(R)(AD)
11.05 **Night Coppers** Manny carries out a welfare check after a call from a concerned ex-partner. (S)(R)(AD)
12.05 AM **Gypsy Rose: Life After Lock Up** 2&3/11. (S)(R)(AD)
1.50 **Ramsay's Kitchen Nightmares USA** Double bill. (S)(SL)(R)
3.30 **Sunday Brunch** (S)(R)
3.40 **Sarah Beeny's New Life in the Country: Family Life** (S)(R)(AD)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Knockout:* 24/24. A hitman escapes during a court hearing. (S3) (S)(R)
3.55 **Castle** *Rise:* 1/23. Beckett returns to active duty several months after being shot. (S4) (S)(R)
4.50 **Love Nature** A look at the busiest time of year for Friends of Horsey Seals. (S)(R)
5.00 **News** (S)
6.00 **Susan Calman's Summer by the Sea** The comedian samples UK seaside resorts, beginning with Clacton-on-Sea. (S)(R)
6.55 **News** (S)

9.00 **Forensics: Crash Scene...**

7.00 **Motorway Cops: Catching Britain's Speeders** Officers search for a car with cloned registration plates that has racked up nearly 600 fines. (S)(R)(AD)
7.55 **News** (S)

8.00 **Police Interceptors** New edition An accident on the A43 turns into a far bigger accident waiting to happen when a lorry driver makes a wrong turn onto the other carriageway straight towards oncoming traffic. (S)

9.00 **Forensics: Crash Scene Investigators** New edition The team deal with two cases involving fatalities after a man is killed by a 20-ton trailer, and a woman is hit head-on by a driver on a country road. (S)

10.00 **Police: Suspect No 1** Officers are called to a Grimsby pub when two businessmen are left with serious facial injuries after being assaulted on a work night out, but the situation soon escalates. (S)(R)

11.05 **Police: Night Shift 999** Two officers respond to a report about an alleged assault with a baseball bat at a pub. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **The Mountbattens: A Scandalous Marriage** (S)(R)
3.20 **Friends** (S7) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S6) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Pride Rules** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Lisa Gets an A:* Lisa cheats in an exam. (S)(R) **5.30** *Lard of the Dance:* Lisa tries to join a popular new classmate's social clique. (S)(R)
6.00 **The Office (US)** 2/25. Jim and Pam get a surprising invitation to Roy's wedding. (S)(R) **6.30** 3/25. Andy discovers that he may be a distant relative of Michelle Obama. (S9) (S)(R)

10.00 **Last Week Tonight**

7.00 **The Simpsons** *Homer Simpson in Kidney Trouble:* Homer comes to regret offering to donate a kidney to Grampa. (S)(R) **7.30** *Mayored to the Mob:* Homer is appointed Mayor Quimby's bodyguard. (S)(R)

8.00 **David Attenborough's Kingdom of Plants** 3/3. The naturalist concludes his exploration of the Royal Botanic Gardens in Kew by examining plants that have evolved to minimise their dependence on water. (S)(R)

9.00 **Never Mind the Buzzcocks** Guests Alex James, Julian Clary and Sister Bliss join host Greg Davies and regulars Noel Fielding and Jamali Maddix, with Mel B standing in as captain for a 1990s special. (S)(R)(AD)

10.00 **Last Week Tonight with John Oliver** New edition Talk show in which the comedian takes a satirical look at a range of news and pop culture topics.

10.45 **Andor** New episode *Daughter of Ferrix:* 11/12. Saw Gerrera decides to assist Kreegyr's attack on Spellhaus. (S1) (S)

11.45 **Grimm** 4/22. Nick and Hank battle a creature made of living clay. (S4) (S)(R)
12.40 AM **The Walking Dead** (S)(R)
1.35 **Road Wars** (S)(R)
2.00 **Bear Grylls Is Running Wild** New edition 5/8. With actor Michelle Monaghan. (S)(AD)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.20am Scotcast (S)(R) **12.50** Who Do You Think You Are? (S)(R)(AD) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Carl Frampton: On Probation New edition (S) **11.10** Have I Got News for You (S)(R) **11.40** NEW Football's New Generation (S)(AD) **12.55am** Who Do You Think You Are? (S)(R)(AD) **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40-11.10pm Feast of Football (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Giorraíonn Beirt Bóthar (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Straeon Harri Parri (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Hwyl (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Ralio+ **10.05** Y Cyfweliad **10.40** Cartrefi Cymru **11.10-11.45pm** Pysgod i Bawb

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** The world's strangest venomous fish. **7.30** Steve Backshall is in the Kalahari to search for its weirdest residents.
8.00 **Sort Your Life Out with Stacey Solomon** The team transform a home with ingenious hacks for a mother with limited mobility.
9.00 **Top Gear** James May drives a Toyota Hilux up an active Icelandic volcano.
10.00 **24 Hours with Ella Toone** Following the Manchester United and England star as she prepares for her wedding.
10.30 **Ibiza: Secrets of the Party Island** 1/4. Zara McDermott explores the island's economy. **11.15** 2/4. Zara gets a closer look at how social media is changing crime.
12.00 M'T **Deepfake Porn: Could You Be Next?**
1.00 AM **Brickies** Triple bill.
2.30 **High: Confessions of an Ibiza Drug Mule**
3.45 **to 4.00** AM **The Doghouse**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition gets under way at Anstey Hall in Cambridge. **4.50** From the Clover Spa & Hotel in Birmingham. **5.20** The third visit of the week is to The Angel Hotel in Coleford, Gloucestershire. **5.50** The fourth and final visit of the week is to Higher Gitcombe in Totnes, Devon. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer search for properties for house-hunters in south and east London.
7.55 **PopMaster TV** 2/9. Five more players go head-to-head in the second heat.
9.00 **24 Hours in A&E** A 75-year-old man who fell out of bed is suspected of having a stroke. Doctors have only a short window of time to administer a life-saving, clot-busting drug
10.00 **24 Hours in A&E** A 32-year-old man is brought to resus with a head injury after suffering an epileptic seizure.
11.05 **999: On the Front Line**
12.05 AM **Emergency Helicopter Medics**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The second round begins.
7.30 **Only Connect** The Mathematicians pit their wits against the Wordsmiths.
8.00 **Britain's Pompeii: A Village Lost in Time** Alice Roberts follows the team excavating a 3,000-year-old Bronze Age village.
9.00 **Art of America** Andrew Graham-Dixon charts the history of American art.
10.00 **American Visions** Art historian and critic Robert Hughes assesses how the first European immigrants' religious beliefs influenced American culture.
10.50 **Leonora Carrington: The Lost Surrealist** A profile of the surrealist artist, who was a key figure in the movement's heyday in Paris.
11.50 **This Is Joan Collins** The actor reflects on her life.
1.25 AM **Only Connect**
1.55 **American Visions**
2.45 **to 3.45** AM **Britain's Pompeii: A Village Lost in Time**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Cumbria.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Married at First Sight USA**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** The village gathers for Diane's funeral.
7.30 **The Simpsons** *Last Exit to Springfield:* Homer becomes a union representative.
8.00 **Married at First Sight USA** New edition As the retreat winds down, one couple make amends while others begin planning for the future, but for one pair, a serious roadblock arises.
9.00 **Gogglebox** *First Dates Hotel* and *Strictly Come Dancing* are appraised.
10.00 **Gogglebox** Opinions on *I Can See Your Voice, Emmerdale* and *The Ex-Wife.*
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.05 **Gogglebox**
2.10 **Married at First Sight USA**
3.00 **The Simpsons**
3.20 **The Goldbergs**
4.10 **Don't Tell the Bride: Revisited** Reality series.
5.00 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 | 306 | 30 | 123 | 256

Monday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

- 6.00 AM **Sun, Sea and A&E**
- 7.00 **Border Patrol**
- 8.00 **UK Border Force**
- 9.00 **Motorway Patrol**
- 10.00 **A1: Britain's Longest Road**
- 11.00 **Blue Bloods** 16/20. (S12)
- 12.00 NOON **FBI** 2&4/22. (S5)
- 2.00 PM **The Rookie** 14/20. National security issues arise as Officers Nolan and Harper investigate a murder. (S2)
- 3.00 **Law & Order: Criminal Intent** 7/22. A hip-hop producer is murdered. (S6)
- 4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM

7.00 Police 24/7 Officers use a pin manoeuvre to neutralise a couple that are suspected of stealing a truck.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 Law & Order: Special Victims Unit *A Waiver of Consent:* 2/21. A member of an elite social club is badly assaulted. (S27)

10 PM

10.00 Law & Order: Criminal Intent *The Third Horseman:* 11/22. The detectives search for a doctor's killer. (S1)

- 11.00 **The Rookie** 13/20. (S2)
- 12.00 M'T **FBI** 21&22/22. (S4)
- 2.00 **The Rookie** New episode 16/18. Crime drama. (S8)
- 3.00 **Road Wars** Double bill.
- 4.00 **Border Security: America's Front Line** Double bill.
- 5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

- 6.00 AM **Fish Town** Double bill.
- 8.00 **Homicide: Life on the Street**
- 10.00 **Hacks** 1&2/10. (S1)
- 11.15 **Catherine the Great** (S1)
- 12.05 PM **Billions** 3&4/12. (S7)
- 2.10 **We Own This City** 3/6. (S1)
- 3.15 **Succession** 7/10. Kendall and Roman ask Shiv to invite a campaign insider to Logan's pre-election day party. (S4)
- 4.25 **Billions** 3/12. Prince attempts to profit from a former employee's work.
- **5.25** 4/12. Chuck embarks on a case with ties to Prince. (S7)

9.00 Euphoria

6.30 The Gilded Age *Never the New:* 1/9. First episode of the period drama. A young woman begins a new life in New York City.

8.00 The Gilded Age *Money Isn't Everything:* 2/9. Tom Raikes visits New York as Peggy seeks advice. (S1)

9.00 Euphoria Series finale 8/8. Drama offering a look at the complexities of life in a social-media obsessed world. (S3)

10.15 Heated Rivalry *The Cottage:* 6/6. Scott discusses his public coming out on TV while accepting an award. (S1)

- 11.15 **Hacks** 1/10. A legendary Vegas comedian comedian and young writer join forces.
- **11.55** 2/10. Ava joins Deborah on a road trip. (S1)
- 12.35 AM **The Gilded Age** (S1)
- 3.05 **Homicide: Life on the Street**
- 5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

- 6.00 AM **Highlights**
- 7.20 AM **Dress to Impress**
- 8.20 **Billie and Greg: Family Diaries**
- 9.20 **The Only Way Is Essex**
- 10.20 **Real Housewives of Salt...**
- 11.15 **Real Housewives of Orange...**
- 12.05 PM **Wheel of Fortune**
- 1.05 **Celebrity Catchphrase**
- 2.05 **The Floor** Game show.
- 3.10 **The Only Way Is Essex**
- 4.10 **Real Housewives of Salt Lake City** Reality series.
- 5.00 **Real Housewives of Orange County** Reality series.
- 6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 The Floor Rob Brydon hosts another round of quick-fire quiz duels, with each win expanding a player's territory.

8.00 Million Dollar Listing: LA They might be sworn enemies, but Altman and Flagg team up to land a major listing.

9.00 NEW SERIES Love Island Return of the reality show in which singletons seeking romance compete.

10.35 NEW SERIES Love Island: The Debrief Companion show following all the latest goings-on in the villa.

- 11.05 **Family Guy** 8/30. Peter sells Meg to pay a debt.
- **11.35** 3/30. Peter decides he needs to achieve fame. (S4)
- 12.05 AM **American Dad!** (S3&2)
- 1.05 **Bob's Burgers** (S12)
- 1.55 **Plebs** 4/9. (S5)
- 2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

- 6.00 AM **On the Buses**
- 7.05 **Classic Emmerdale**
- 8.05 **Classic Coronation Street**
- 9.10 **Inspector Morse**
- 11.25 **Heartbeat** Double bill.
- 1.30 PM **Midsomer Murders** *Dark Secrets:* The life of a reclusive couple comes under police scrutiny.
- 3.35 **Classic Emmerdale**
- 4.40 **Classic Coronation Street**
- 5.50 **Heartbeat** *Heroes and Villains:* Ventress investigates missing golf balls and a local war hero's home is burgled.

10.00 Lewis

6.55 Heartbeat *Love Me Do:* The new sergeant arrives, and everyone is under suspicion when a girl reports a village stalker.

8.00 Midsomer Murders *The Sword of Guillaume:* Barnaby joins Causton's annual trip to Brighton when he becomes suspicious about the mayor's plans to buy up land for holiday chalets. Guest stars Neil Dudgeon and Mark Gatiss.

10.00 Lewis *The Lions of Nemea:* When a student's body is hauled from the canal, suspicion falls on her lover and his wife.

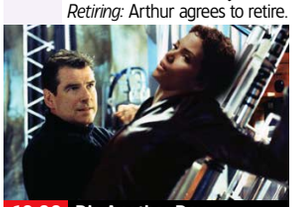
- 11.50 **Scott & Bailey** 5/8. The body count rises and the team try to identify the victims.
- **12.50** AM 6/8. The detective duo investigate the death of a care home resident. (S3)
- 1.50 **On the Buses**
- 2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

- 6.00 AM **The Protectors**
- 6.35 **Magnum, PI**
- 8.45 **The Saint**
- 9.50 **Boon**
- 11.00 **Isle of Man TT Highlights**
- 1.00 PM **The Protectors**
- 1.35 **BattleBots**
- 2.40 **Magnum, PI** Double bill.
- 4.45 **The Sweeney** *Victims:* A sergeant is injured in a shooting incident and names his informant as the suspect.
- 5.55 **Minder** *How to Succeed in Business Without Really Retiring:* Arthur agrees to retire.



10.00 Die Another Day

7.00 American Pickers Mike and Frank find little of value on a farm, but hope to buy something from an oil-can collector.

8.00 The Motorbike Show Henry Cole tours Dorset's Jurassic Coast and learns of the surprising history of Lawrence of Arabia.

9.00 Isle of Man TT Highlights Action from the first Motul Sidecar TT race, featuring three-wheeled racing where drivers.

10.00 FILM Die Another Day James Bond adventure with Pierce Brosnan, Halle Berry and Rosamund Pike. (2002, 12, 133min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.35 AM **Isle of Man TT Highlights** The Motul Sidecar TT race.
- 1.35 **Motorsport UK** Highlights from Donington Park.
- 2.35 **to 3.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- 12.00 NOON **This Is BBC Scotland**
- 2.00 PM **Sign Zone: This Farming Life**
- 3.00 **Sign Zone: Landward**
- 3.30 **Sign Zone: Beechgrove Garden**
- 4.00 **This Is BBC Scotland**
- 7.00 **Reporting Scotland**
- 7.30 **The Great Food Guys**
- 8.00 **The Harbour** Double bill.
- 9.00 **Surgeons: At the Edge of Life** 4/8. Surgeons have to drain a patient's blood to save his life.
- 10.00 **Only Child** New episode 5/6. Ken is looking forward to having Beth over for dinner. (S2)
- 10.25 **Two Doors Down** 4/6. Beth and Eric meet Gordon's parents. (S4)
- 10.55 **Scotcast** Topical debate.
- 11.25 **Stevens & McCarthy** Doorbell cameras come in handy for an opinion.
- 11.50 PM **to 12.00** M'T **Tune** Singer-songwriter Nina Nesbitt performs.

Sky Comedy

113/114 109/110 112 347 362

- 8.00 AM **Will & Grace** (S9)
- 9.00 **Sort Of** 7&8/8. (S3)
- 10.00 **Two Weeks to Live** (S1)
- 11.15 **Will & Grace** (S3)
- 12.15 PM **Frayed** 4/6. (S1)
- 1.15 **Sort Of** 4/8. (S3)
- 1.45 **Two Weeks to Live** (S1)
- 3.00 **Will & Grace** (S2)
- 4.00 **Frayed** 4/6. (S1)
- 5.00 **Community** (S2)
- 6.00 **Will & Grace** (S3)
- 7.00 **The Office (US)** (S9)
- 8.00 **Resident Alien** *Cat and Mouse:* 14/16. Harry faces one of his enemies. (S2)
- 9.00 **Real Time with Bill Maher** New edition
- 10.10 **The Office Movers** New episodes 3/6. Carla tries to clear out some junk at the HQ.
- **10.40** 4/6. Everett and his crew face off with a rival company. (S1)
- 11.10 **Two Weeks to Live** (S1)
- 12.20 AM **Resident Alien** (S2)
- 1.20 **Community** (S2)
- 2.20 **Frayed** 5/6. (S1)
- 3.20 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

- 6.00 AM **Venice: A Concert for Our Climate**
- 7.00 **Musical Masterpieces**
- 8.00 **Watercolour Challenge**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 NOON **Wonderland: From JM Barrie to JRR Tolkien**
- 1.00 PM **Tales of the...**
- 2.00 **Alfred Hitchcock Hour**
- 3.00 **Classic Albums**
- 4.00 **Discovering**
- 5.00 **Portrait Artist 2018**
- 6.00 **Tales of the Unexpected**
- 7.00 **Hitchcock Presents**
- 8.00 **André Rieu: Maastricht by Moonlight**
- 9.00 **Becoming Marilyn**
- 10.15 **Pavarotti: The Duets**
- 11.50 **Yuja x Hockney at Lightroom London**
- 1.10 AM **FILM Kiss Me, Kate** Musical. (1958) ★★★
- 4.10 **Dickens in Italy**
- 5.05 **to 6.00** AM **Painting Birds**

Sky Mix

151 158 156 11 141 23

- 7.00 AM **Motorway Patrol**
- 8.00 **Border Security: America's Front Line**
- 9.00 **Nothing to Declare**
- 11.00 **Highway Patrol**
- 12.00 NOON **Border Security: Canada's Front Line**
- 1.00 PM **Border Patrol**
- 2.00 **Nothing to Declare**
- 4.00 **Star Trek: Deep Space Nine** 4/26. (S4)
- 5.00 **Stargate SG-1** (S6)
- 6.00 **Stargate Atlantis** (S2)
- 7.00 **Star Trek: The Next Generation** 10/26. (S3)
- 8.00 **Star Trek: Voyager** (S2)
- 9.00 **FBI** *Ring of Fire:* 13/13. The group behind Hobbs' murder resurface. (S6)
- 10.00 **FBI: Most Wanted** (S1)
- 11.00 **Star Trek: Enterprise**
- 12.00 M'T **Warehouse 13** (S3)
- 1.00 AM **Brit Cops: Law & Disorder** Documentary.
- 2.00 **Road Wars**
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

- 9.00 AM **Deal or No Deal**
- 10.00 **Tipping Point** Triple bill.
- 1.00 PM **Lingo** Quiz show.
- 2.00 **Tenable** Quiz show.
- 3.00 **Who Wants to Be a Millionaire?** Quiz show.
- 4.00 **Riddiculous** Quiz show.
- 5.00 **Deal or No Deal**
- 6.00 **Lingo** A Newcastle couple, a husband and wife from London, and a mother and son from Pontypool compete.
- **7.00** Housemates from Rotherham, a married couple from Brigend and sisters from Leeds take part in the quiz.
- **8.00** Three more duos take on the Lingo grids.
- 9.00 **Who Wants to Be a Millionaire?** Big-prize quiz show hosted by Jeremy Clarkson.
- 10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
- 12.55 AM **Tenable** Game show.
- 1.50 **Riddiculous**
- 2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

- 9.00 AM **Sarah Beeny's New Life in the Country: The Big Build**
- 10.00 **Escape to Florida**
- 11.00 **Sun, Sea and Selling Houses** From Almeria.
- 12.00 NOON **A Place in the Sun** Triple bill of editions.
- 3.00 PM **Chateau DIY**
- 4.00 **A Place in the Sun**
- 4.30 **Come Dine with Me**
- 7.00 **Cruising to the Ends of the Earth** Alaska's Endicott Arm fjord.
- 8.00 **George Clarke's Beautiful Builds**
- 9.00 **Grand Designs**
- 10.00 **Shergar: The Racehorse and the IRA** An investigation into the theft of the racehorse.
- 11.35 **Celebrity Gogglebox**
- 12.35 AM **Night Coppers**
- 2.35 **Taskmaster**
- 3.35 **Travel Man: 48 Hours in Salzburg**
- 4.05 **to 5.00** AM **Ramsay's Kitchen Nightmares USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **The Ark** 5&6/12. (S2)
4.00 **Stargate SG-1** 20/22. (S5)
5.00 **Star Trek: Voyager** 22/26. Chakotay finds himself unable to remember a woman he fell in love with a week ago. (S4)
6.00 **Star Trek: Enterprise** 19/26. Intergalactic thieves the Ferengi stun the crew and try to rob the ship. (S1)

11.00 Britannia

7.00 **Stargate Atlantis** *The Siege:* 19/20. Part one of three. The team defend themselves against Wraith warships. (S1)

8.00 **Stargate SG-1** *The Sentinel:* 20/22. O'Neill enlists the help of two military prisoners. (S5)

9.00 **Grimm** *Nobody Knows the Trubel I've Seen:* 19/22. Hank and Nick hunt for a murderer who kills Wesens. (S3)

10.00 **The Walking Dead** *Still:* 12/16. Beth forces a reserved Daryl to leave their camp and search for alcohol. (S4)
11.00 **Britannia** 7/10. A traumatised Vitus returns to the castrum with a message from the Dead Man. Meanwhile, Aulus and Harka make a pact for vital information. (S2)
12.00 M'T **The Ark** 5&6/12. (S2)
2.00 AM **The Walking Dead** (S4)
3.00 **Britannia** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S19)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 13/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S19)
4.00 **The Mentalist** 13/24. (S3)
5.00 **Hudson & Rex** 16/16. Charlie and Rex witness an armed robbery at the bank. (S3)
6.00 **Father Brown** *The Honourable Thief:* The priest is forced to seek help from an unlikely ally to protect Lady Felicia's home.

9.00 Return to Paradise

7.00 **Unforgettable** *Allegiances:* 19/22. Carrie finds herself torn between her professional and personal life. (S1)

8.00 **Death in Paradise** *The Secret of the Flame Tree:* 2/8. A young literature student is pushed off a cliff to her death. (S6)

9.00 **Return to Paradise** *RIP Tide:* 1/6. A police officer is deployed to Australia and must work alongside her jilted ex-fiancé. (S1)

10.20 **Father Brown** *The Owl of Minerva:* The priest is stunned when he realises the identity of a fugitive hiding out at St Mary's.
11.20 **Death in Paradise** (S6)
12.50 AM **Hudson & Rex** (S3)
1.45 **Murdoch Mysteries** 16/21. A string of animal attacks in High Park terrorise the residents of Toronto. (S19)
2.35 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.45 AM **Highlights**
9.00 **The Green Green Grass**
9.35 **Are You Being Served?**
10.10 **Last of the Summer Wine**
11.30 **Porridge**
12.10 PM **Keeping Up Appearances**
12.50 **The Green Green Grass**
1.25 **Dad's Army**
2.10 **Ever Decreasing Circles**
2.45 **Are You Being Served?**
3.20 **Open All Hours**
4.35 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

5.20 Last of the Summer Wine

7.20 **Dad's Army** The platoon's daring bid to rescue Walker and Godfrey from a stricken pumping station goes wrong.

8.00 **Open All Hours** Arkwright loses his trousers on the way to a wedding. **8.40** Arkwright comes up with a cunning plan and invents a Saint's day.
9.20 **Not Going Out** Lee begins to feel isolated and is encouraged to try speed-dating.

10.00 **Not Going Out** Lucy announces to the friends that she is pregnant.
10.35 **Open All Hours** As shown at 8.00pm.
11.15 **Open All Hours**
11.55 **Harry Enfield and Chums**
12.35 AM **Not Going Out**
1.55 **Harry Enfield and Chums**
2.25 **Porridge**
2.55 **Ghosts**
3.30 **to 4.00** AM **Keeping Up Appearances**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** With Milton Jones.
2.00 **Turkey with Simon Reeve**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Would I Lie to You?** With Emma Bunton and Jo Brand. **6.40** Guests include Russell Howard and Carol Vorderman.

7.20 House of Games

7.20 **Richard Osman's House of Games** With Jasmine Harman, Dave Johns, Suzannah Lipscomb and Jason Mohammad.

8.00 **The Way Out** 3/4. Host Mel Giedroyc traps the teams in an off-the-scale world where nothing is as it seems.

9.00 **Have I Got a Bit More News for You** Roy Wood Jr hosts the satirical quiz, with guests Roisin Conaty and Richard Osman.

10.00 **QI XL** Ross Noble, David Baddiel and Cariad Lloyd join Alan Davies and Sandi Toksvig to contemplate nature and nurture.
11.00 **8 Out of 10 Cats** With the Rev Kate Bottley, Sara Pascoe and Dr Xand van Tulleken.
11.45 **Mock the Week**
12.25 AM **Would I Lie to You?**
1.45 **QI XL** With Phill Jupitus.
2.45 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.20 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Ivy tries to work out who sent her an anonymous love letter. **6.40** Howard concocts a plan to allay Pearl's suspicions.

8.00 The Brokenwood Mysteries

7.20 **Last of the Summer Wine** Smiler decides to provide a service to the local community by becoming a lollipop man.

8.00 **The Brokenwood Mysteries** New episode *Angels and Demons:* 2/6. A young, handsome and charismatic priest joins the parish, breathing new life into the church and boosting numbers – until a sudden death changes everything. (S12)

10.00 **New Tricks** *Love Means Nothing in Tennis:* The death of a teenage tennis star occupies the team. Guest stars Alexei Sayle.
11.20 **Dalziel & Pascoe** *Glory Days:* A leading football club's team bus is hit by a train, and the post-mortem examination reveals it was not an accident.
1.20 AM **Lovejoy**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM

8 PM

9 PM

10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 6-8/24. (S14)
12.00 NOON **Law & Order Toronto: Criminal Intent**
3.00 PM **Law & Order** (S22)
6.00 **NCIS** *One Book, Two Covers:* 21/24. A US Marine's murder is linked to a bike gang. **7.00** *Beastmaster:* 22/24. A mounted police officer helps the team discover the truth about why a US Marine died in a national park. **8.00** *Something Blue:* 23/24. Delilah is rushed to hospital when the stress of planning her wedding becomes too much for her. (S14) **9.00** *Empty Nest:* 1/20. An undercover agent goes missing. (S22)
10.00 **Law & Order: Special Victims Unit** (S9)
1.45 AM **Blue Bloods** (S11)
2.40 **to 3.50** AM **Criminal Minds: Evolution**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A woman's injury claim unravels.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Sister Rachel battles resus.
9.00 **Ambulance: Code Red** A man is trapped in his car after an accident.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **The Hospital: Life on the Line**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.55 **FILM A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
1.45 PM **FILM Something Big** Comedy Western starring Dean Martin. (1971, PG, 108min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An officer races to a hit-and-run.
9.00 **Police Interceptors: Taking Down the Shoplifting Gangs** Officers tackle thieves terrorising shops.
10.00 **Highway Thru Hell**
11.00 **The X-Files** 12/24. (S3)
12.00 M'T **Seconds from Death: On Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Celebrity Antiques Road Trip** Double bill.
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: The Big Build** The team renovate a Kettering home for a widow and her children. **7.00** An adventure playground in Bristol.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a dog on the brink of starvation.
9.00 **999 Rescue Squad** A man has been crushed by his own car. **10.00** The emergency response team seal a major chemical spill.
11.00 **The Supervet**
12.00 M'T **Celebrity Antiques Road Trip** Clive Myrie.
1.00 **to 3.00** AM **Absolutely Fabulous**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Mega Metro**
8.00 **Bangers & Cash**
10.00 **Churchill's Toyshop**
11.00 **The Battle of Britain**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Churchill's Toyshop**
5.00 **The Battle of Britain**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** New editions Robbie journeys from Runcorn to Middlewich on the Bridgewater Canal. **8.00** Robbie slips and falls overboard on Heartbreak Hill.
9.00 **Operation Gold Rush with Dan Snow** The historian follows in the footsteps of 19th-century gold prospectors.
10.00 **Bangers & Cash** An original 1988 Opel Manta.
11.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Mega Metro**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Celebrity Fantasy Homes** Shane Lynch.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Angus clears the family home of TV icon Anneka Rice.
8.00 **Antiques Road Trip** From Birmingham and Stratford-upon-Avon.
9.00 **The Yorkshire Auction House** A trip to London unearths some exquisite Victorian jewellery. **10.00** Angus helps a couple to downsize.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** (S3)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 10&11/22. (S7)
1.00 PM **The Waltons** (S9)
3.00 **Ballykissangel** (S4)
4.10 **Down to Earth** (S5)
5.20 **Bramwell** 4/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 16/24. Leslie Nielsen guest stars as a gung-ho colonel. **8.00** 17/24. Hawkeye sends a soldier home. **8.30** 18/24. Hawkeye writes to his father. **9.00** 19/24. Hawkeye donates his new long johns to Trapper. **9.35** 20/24. The 4077th must tackle an unexploded bomb. (S1)
10.10 **M*A*S*H** (S1)
1.00 AM **The Avengers** (S5)
2.00 **Rising Damp** 3/7. (S1)
2.25 **A Fine Romance** (S4)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.00 AM **FILM Hellgate** Western drama. (1952, b/w, PG, 87min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM **FILM Deadly Voltage** Adventure starring Alaina Huffman. (2015, PG, 84min) ★★
3.45 **The Persuaders!**
4.45 **The New Avengers**
6.45 **FILM The Duel** Western with Liam Hemsworth. (2016, 15, 110min) ★★
9.00 **FILM Death Wish** Crime thriller remake starring Bruce Willis and Vincent D'Onofrio. (2018, 18, 107min) ★★★
11.20 **Dragon Ball Super**
12.20 AM **Coast Guard Alaska**
1.20 **The New Avengers**
3.15 **FILM Asteroid: Final Impact** Disaster thriller starring Mark Lutz. (2015, PG, 86min) ★
4.50 **to 5.50** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: A Bone to Pick** Thriller. (2015, PG, 84min) ★★
10.05 **In Plain Sight** 7/8. (S5)
11.05 **Castle** 17/24. (S2)
12.05 PM **FILM Garage Sale Mysteries: Picture a Murder** Crime drama. (2018, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 18/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 8/8. (S5)
10.00 **FILM An Aurora Teagarden Mystery: Dead Over Heels** Drama. (2016, PG, 90min) ★★
11.55 **FILM Lost Letter Mysteries: Truth Be Told** Drama. (2015, PG) ★★
1.50 AM **FILM A Mother Betrayed** Thriller. (2015, PG, 90min) ★★
3.20 **to 5.00** AM **FILM A Date to Die For** (2015) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.15 AM **FILM Road to Christmas** (2018, U) ★★
10.20 **FILM Looks Like Christmas** Comedy. (2016, PG, 84min) ★★
12.10 PM **FILM The Christmas Getaway** Festive drama. (2017, PG, 90min) ★★
2.00 **FILM Fixing Up Christmas** Drama. (2021, PG, 85min) ★
3.55 **FILM Charming Christmas** Drama. (2015, PG, 85min) ★★
5.50 **FILM The Christmas Cottage** Comedy. (2017, U, 90min) ★★
7.45 **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
9.40 **FILM Spotlight on Christmas** Drama. (2020, PG, 84min) ★★
11.45 **FILM Christmas in My Heart** (2021, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Fixing Up Christmas**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Alan Cumming's Edge of Scotland**
3.00 **Great British Food**
4.00 **Country House Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **LumoTV: DeSign**
7.30 **Queer Lives Today**
8.00 **Garden Rescue** In Sheffield, Charlie Dimmock and Flo Headlam create a garden with a forest feel. **9.00** A couple from Greater Manchester transform their garden.
10.00 **LumoTV: DeSign**
10.30 **FILM Wife Swappers** Drama. (1965, 12) ★★
12.00 M'T **FILM Can You Keep It Up for a Week?** Bawdy comedy. (1974, 18, 94min) ★
2.00 AM **Love Your Garden**
3.00 **Country House Auction**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 6/7. (S3)
10.30 **Two's Company** (S1)
11.00 **Second Thoughts** (S5)
11.30 **The Fenn Street Gang**
12.00 NOON **Boon** 8/13. (S3)
1.05 PM **The Lovers** (S1)
1.35 **The Dustbinmen** (S1)
2.05 **The Prime of Miss Jean Brodie** 4/7. (S1)
3.10 **Rewind Time Machine**
3.15 **Hank the Cowboy**
3.30 **Boon** 9/13. (S2)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **Space 1999** 22/24. (S2)
7.00 **Two's Company** (S1)
7.30 **The Dustbinmen** (S1)
8.00 **The Gaffer** 6/7. (S3)
8.30 **Second Thoughts** (S5)
9.00 **The New Statesman**
10.00 **FILM Queen of the Blues** (1979, 18) ★★
11.15 **FILM Messiah of Evil** Horror. (1973, 18) ★★
1.05 AM **Stereo Underground**
2.05 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Guardians of the Glades**
10.00 **Deadliest Catch**
12.00 NOON **Unexplained and Unexplored**
1.00 PM **Expedition Unknown: Hunt for Extraterrestrials**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Opal Hunters: Red Dirt Road Trip** Double bill.
7.00 **Deadliest Catch**
9.00 **Crikey! It's the Irwins** Indah the Komodo dragon meets a potential mating partner.
10.00 **The Zoo** A special tool is required to extract a tusk from a sweet babirusa.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food**
7.00 **Mary Berry Cooks**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Champagne**
1.30 **James Martin's Brittany**
2.00 **James Martin's Great British Adventure**
3.00 **Mary Berry Cooks**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Ina is joined by actor Emily Blunt.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **James Martin's Spanish Adventure** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/24. (S8)
9.00 **T.J. Hooker** 2/23. (S4)
10.00 **Six Million Dollar Man**
11.00 **FILM Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
1.00 PM **FILM Comanche Station** Western. (1960, PG, 74min) ★★
2.25 **FILM Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★★
5.00 **Star Trek** 12/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 3/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Hunter Killer** Action thriller starring Gerard Butler. (2018, 15, 121min) ★★★
11.30 **FILM Faster** Thriller. (2010, 15, 97min) ★★★
1.30 AM **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
3.25 **to 5.05** AM **FILM Deadly Target** Thriller. (2015, 15, 87min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **King Solomon's Mines** Adventure.
11.00 **Andromeda** 9/22. (S2)
12.00 NOON **FILM The Land That Time Forgot** Sci-fi action fantasy. (2009, 12, 90min) ★★
2.00 PM **FILM The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Warbirds** Sci-fi war drama starring Jamie Elle Mann. (2008, 15, 87min) ★★
7.00 **Andromeda** 10/22. (S2)
8.00 **The Fall Guy** (S5)
9.00 **FILM Push** Sci-fi thriller starring Chris Evans and Dakota Fanning. (2008, 12, 111min) ★
11.20 **FILM While She Was Out** Crime thriller starring Kim Basinger. (2008, 18, 88min) ★★
1.10 AM **FILM Push** (2008)
3.20 **FILM Warbirds** (2008)
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Money for Nothing**
8.30 **Junk & Disorderly**
9.25 **Storage Wars Canada**
10.20 **What on Earth?**
12.10 PM **Cursed Treasures**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **History's Greatest Mysteries** Cleopatra.
11.00 **Hazardous History**
12.00 M'T **Discovered by Disaster** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** Scandinavia.
5.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** A visit to Rum in the Inner Hebrides. **8.00** Ben journeys to America's frozen Pacific Northwest.
9.00 **Spain with Michael Portillo** Michael explores Valencia.
10.00 **Crete: Jewel of the Med** An exploration of the Greek island.
11.00 **Nazi Megastructures**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.55 **World's Most Scenic Railway Journeys**
3.45 **to 4.00** AM **Cruising with Jane McDonald**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
1.00 PM **Dale's Supermarket Sweep** Double bill.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** A team of travel company colleagues take part.
7.00 **The Chase Celebrity Special** Rory Bremner, Laura Tobin, Deborah Meaden and Alan Titchmarsh take part.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Sam Quek, Basil Brush, Andi Peters and Charlie Higson.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 9/24. Bernadette wants to beat Howard in a video game. **8.30** 10/24. An old VHS tape inspires Sheldon not to give up. (S12)
9.00 **Mock the Week** With Rhys James, Scott Bennett, Ed Byrne, Hugh Dennis, Katherine Ryan and Sara Pascoe.
10.00 **Zero Stars** Roisin Conaty and Sara Pascoe try their best to find the Loch Ness monster.
11.00 **Dr Pimple Popper: Breaking Out**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** (S4)
9.00 **Michael McIntyre: Live & Laughing** Stand-up comedy show from the Hammersmith Apollo.
10.00 **Impractical Jokers** New edition The guys are breaking and entering a home for a commercial.
10.30 **Jimmy Carr: Comedy Central Live** Stand-up.
11.00 **Utopia** New episode *Grand Designs:* 2/8. The opening of a completed bypass is held up. (S5)
11.35 **Iain Stirling's Roast the Internet**
12.35 AM **Whose Line Is It Anyway? USA**
1.35 **South Park** (S27&28)
3.30 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 5.00pm.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S6)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 2/8. (S4)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Show** Ellie Goulding hands over her phone for Send To All, and tenor Andrea Bocelli performs.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S2)
10.00 **Friends** 8-15/24. (S4)
2.00 AM **Michael McIntyre's Big Show** As 5.00pm.
3.00 **Utopia** 1/8. (S4)
3.20 **Teachers** 1/20. (S3)
3.45 **Broad City** (S3)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 2/6. (S2)
10.55 **Steptoe and Son** (S3)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S3)
12.40 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 2/13. Drama. (S1)
2.45 **Minder** 5/10. (S10)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 2/6. (S2)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.15 **Rising Damp** 2/7. (S3)
6.50 **Steptoe and Son** (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 1/10. (S5)
9.00 **Benidorm** 7/7. (S8)
10.00 **Shameless** 2/14. (S11)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 7/7. (S8)
12.55 AM **Minder** 10/13. (S9)
1.55 **Duty Free** 7/7. (S1)
2.20 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Double bill.
8.00 **Teen Mom UK**
9.00 **Bar Rescue** New edition Jon Taffer sends chef Jason Santosto help a Michigan bar owner.
10.00 **Tattoo Fixers** Identical twins come in with matching bad tattoos.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo see which animals are 'wild freaks.'
12.30 AM **Ridiculousness**
1.00 **Catfish UK**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

1 June Monday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Extreme RVs** Double bill.
1.00 PM **Vantara: Sanctuary Stories** Double bill.
3.00 **How Do They Do It?** Four editions, including at: **4.30** How some farms are run with the help of robots.
5.00 **Alaska: Homestead Rescue** The Raneys shelter on their Alaskan homestead. **6.00** Marty is forced to hunt for a new source of water.

8.00 The Woodland Workshop

7.00 Wheeler Dealers World Tour In southern France, Mike and Elvis track down a charming 2CV Fourgonnette.

8.00 The Woodland Workshop Woodworker Saf and stained-glass artist Aimee build a spectacular storage unit.

9.00 Maine Cabin Masters Chase Morrill and his team turn a lakeside cabin into a lodge for combat-injured veterans.

10.00 Expedition X The team investigate reports of a half-wolf, half-man monster said to stalk the Michigan wilderness.

11.00 **Expedition X** Josh Gates sends the team to reportedly the most haunted place in America – Mackinac Island.
12.00 M'T **Border Control Poland**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **The Dark Side of the Sun**
10.00 **Tanked** A sailboat aquarium.
11.00 **Animal Cops Philadelphia**
1.00 PM **Alaska: Homestead Rescue** A crumbling cabin.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** A family are investigated for illegally keeping a deer as a pet.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff cautions an owner on the perils of buying online when she brings in her puppy.

8.00 Blue Serengeti

7.00 Treehouse Masters Pete Nelson installs a stainless steel kitchen in the trees for a family of sweet-makers.

8.00 Blue Serengeti Shark expert Barbara Block visits the Blue Serengeti, three marine hotspots off the coast of California.

9.00 Alaska: The Last Frontier Otto and August go on a risky quest for a huge crane, while Atz Lee and Jane go kayak fishing.

10.00 Alaskan Bush People The Brown family are ready to move into their new home, but Ami needs urgent medical attention.

11.00 **Mountain Monsters** Jeff sets out to find answers about the Dark Forest.
12.00 M'T **Alaska: Homestead Rescue** A crumbling cabin.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Battle for the Black Swan: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above** Nazi battleships attack key Norwegian ports.
1.00 PM **Plane Crash Recreated**
2.00 **Air Crash Investigation**
3.00 **Engineering by Catastrophe**
4.00 **Planes that Changed History**
5.00 **Inside Melbourne Airport**
6.00 **Hitler's Last Stand**

8.00 Amsterdam Central 24/7

7.00 Air Crash Investigation Niki Lauda joins forces with investigators looking into the crash of Lauda Air Flight 004 of May 1991.

8.00 Amsterdam Central 24/7 New edition The world's largest electronic music festival brings 500,000 dance fans to the city.

9.00 Air Crash Investigation When violent hijackers take over a Bulgarian airliner, negotiators try to reason with them.

10.00 To Catch a Smuggler New edition Officers find contraband concealed by smuggling suspects who don't fit the typical profile.

11.00 **Aircrash: Disasters Uncovered**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Inside the CIA: Secrets and Spies** Documentary.
2.00 **Primal Survivor**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
9.15 **Pawn Stars** A chandelier.
10.10 **Storage Wars** Four editions.
12.00 NOON **History's Greatest Picks with Mike Wolfe**
1.00 PM **Secrets Declassified with David Duchovny**
2.00 **World's First Battlefield**
3.00 **Digging for Britain** Triple bill of the series, including at: **5.00** Anglo Saxon history in Bamburgh, Northumberland.
6.00 **American Pickers** Mike Wolfe puts his trusted mechanic Dave in the driver's seat.

10.00 The Proof Is Out There

7.00 Forged in Fire Four bladesmiths recreate the Fairbairn Sykes fighting knife by combining three sizes of W1 round stock.

8.00 History's Greatest Picks with Mike Wolfe New edition Incredible items that were found in people's backyards.

9.00 NEW SERIES Secrets Declassified with David Duchovny The actor investigates evidence from recently declassified files.

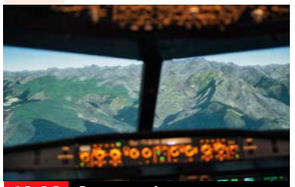
10.00 NEW SERIES The Proof Is Out There: Unexplained Edition Tony Harris and his team investigate evidence of alien encounters.

11.00 **What on Earth?**
12.00 M'T **Digging for Britain**
2.00 AM **World War II with Tom Hanks** New editions The actor looks back at Japan's attack on Pearl Harbour. **3.00** The story of America's battle to control the seas.
4.00 **Secrets Declassified with David Duchovny** As 9.00pm.
5.00 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Comedy Store**
7.05 **Discovering: Al Pacino**
8.00 **The Directors**
9.00 **Love Has Won: The Cult of Mother God** As 5.55pm.
10.05 **David Frost Vs**
11.05 **Juan Carlos: Downfall of the King** 1/4. Documentary.
12.00 NOON **Queen of Speed**
2.00 PM **Schmeichel**
4.00 **The Directors**
5.00 **Discovering: Al Pacino** (S10)
5.55 **Love Has Won: The Cult of Mother God** 1/3. Exploring the life and death of Amy Carlson.



10.00 Germanwings

7.00 Black Widow 1/3. Documentary following the decade-long police investigation into the crimes of Dena Thompson.

8.00 Tales of the Grim Sleeper Documentary about a suspected serial killer in Los Angeles, telling the stories of the victims and examining how the alleged perpetrator was arrested.

10.00 Germanwings: What Happened on Flight 9525? The circumstances surrounding the deliberate crashing of an Airbus A320-211 in 2015.

12.00 M'T **The Stroll** Exploring the history of New York's transgender sex workers.
1.40 AM **Love Scam: An Unbelievable Fraud**
3.30 **The Unbreakable Tatiana Suarez** Documentary.
5.00 **to 6.00** AM **Discovering: Al Pacino**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars**
9.00 **NEW SERIES Shed and Buried** Double bill. Henry Cole and friends try to make a profit from the UK's abandoned automotive gems.
10.00 **MotoGP Highlights**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **American Detective with Lt Joe Kenda**
7.00 **Judge Rinder's Crime Stories** The deaths of six children in a house fire in Derby.
8.00 **Murder on CCTV** The hunt for a girl who disappeared from a mall.
9.00 **The Killer in My Family**
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Almost Perfect Murders**
8.00 **Irish Crime Files: Murders of Sharon, Zarah and Nadia Whelan** Documentary.
9.00 **UK Crime Files: Multiple Identity Killer**
10.00 **Donal MacIntyre's UK Killer Evidence** A case that tested the limits of law and medicine. **11.00** The murder of PCSO Julia James.
12.00 M'T **Irish Crime Files: Murders of Sharon, Zarah and Nadia Whelan** True-crime.
1.00 AM **UK Crime Files: Multiple Identity Killer**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Britain's Almost Perfect Murders**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Cliff Top Killer**
9.55 **UK Crime Files: Railway Murders**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Evil Walks The Streets**
3.00 **UK Crime Files: Murder Against All Odds**
4.00 **48 Hours**
5.00 **Medical Detectives** The sudden death of a wealthy woman. **5.30** The hunt for an elderly woman's killer. **6.00** How authorities traced a gun without a serial number. **6.30** How the FBI identified a serial killer using only a computer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Brit Cops**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Murder Next Door**
2.00 **The Beverley Allitt Tapes** Documentary.
3.00 **How I Caught the Killer**
4.00 **Murdered at First Sight**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **The Real CSI: Miami**
10.00 **What the Killer Did Next** Debbie Starbuck.
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **Murder Uncut**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Bronze Age Apocalypse**
9.15 **Ancient Greece: The Dark Chronicles**
10.30 **Women of World War II: The Untold Stories**
11.40 **Dad's Secret War**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Bronze Age Apocalypse**
2.40 **Ancient Greece: The Dark Chronicles**
3.50 **Women of World War II: The Untold Stories**
5.00 **Dad's Secret War**
6.15 **Bronze Age Apocalypse**
7.15 **NEW SERIES Ancient Greece: The Dark Chronicles** Tracing the roots of Ancient Greece.
8.20 **Women of World War II: The Untold Stories**
9.35 **Dad's Secret War**
10.50 **Ancient Greece: The Dark Chronicles**
12.00 M'T **Women of World War II: Untold Stories**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

MONDAY

Monday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Parks of Africa**
7.00 **Monkey Life**
8.00 **Uptown Otters**
9.00 **Kenya Wildlife Diaries**
10.00 **Gangs of Baboon Falls**
11.00 **Ireland's Wild Islands...**
12.00 NOON **Pride Rules**
1.00 PM **Monkey Life**
2.00 **Uptown Otters**
3.00 **Kenya Wildlife Diaries**
4.00 **Gangs of Baboon Falls**
5.00 **Ireland's Wild Islands...**
6.00 **Pride Rules**
7.00 **Monkey Life** Double bill.
8.00 **Dawn to Dusk**
9.00 **Aussie Snake Wranglers: Deadly Pursuit** Double bill.
10.00 **Pride Rules**
11.00 **Ireland's Wild Islands with Eoin Warner** Western isles.
12.00 M'T **Dogs with Extraordinary Jobs** Documentary.
1.00 AM **Great Parks of Africa**
2.00 **Dawn to Dusk**
3.00 **Aussie Snake Wranglers...**
4.00 **Uptown Otters**
5.00 **to 6.00** AM **Kenya Wildlife Diaries**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **How to Lose a War**
9.00 **Combat Ships**
10.00 **The Abyss: Rise & Fall of the Nazis** A look at how the Nazis conquered Germany in the wake of World War One.
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
6.00 **Greatest Escapes of WWII**
7.00 **Crimes That Shook Britain** The murders of 16 people in a west Berkshire town in 1987.
8.00 **Life After People** How, if humanity ceased to exist, homes would face a relentless siege by fire, flood, wildlife and time.
9.00 **The Proof Is Out There** Investigating claims related to the Mississippi Bigfoot.
10.00 **History's Most Shocking** Featuring footage of a mid-air plane collision narrowly avoided by skydivers.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **Digging for Britain**
4.00 **Greatest Escapes of WWII**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
9.00 **Killers of the Cosmos**
11.00 **Richard Hammond's Big**
1.00 PM **Secrets Underground**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **How the Universe Works** New discoveries reveal the importance of black holes in creating stars, giving light, and building the universe itself. **10.00** New discoveries reveal the secrets of nebulas, which are strange structures of cosmic gas and dust where stars are born and die in space.
11.00 **NASA's Unexplained Files** Experts investigate whether the Roswell UFO incident was a Soviet conspiracy. **12.00** M'T Experts investigate the possibility of alien life on Saturn's largest moon.
1.00 AM **How the Universe Works**
4.00 **Richard Hammond's Big**
5.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Judge Rinder**
2.00 PM **Hometown Tragedy**
3.00 **Green Eyed Killers**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 **#Dead2Me** The story of how Caroline Mawhood murdered her partner Simon Gilchrist.
10.00 **Look What You Made Me Do** An up-and-coming cyclist is shot dead in cold blood.
11.00 **The Death Investigator with Barbara Butcher**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **The Death Investigator with Barbara Butcher** New edition
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Swamp Men**
4.00 **Hostile Planet**
5.00 **Yukon Rescue**
6.00 **Yukon Vet**
7.00 **The Incredible Dr Pol Compilation** New editions Highlights from the series.
9.00 **Baby Animal Rescue** Conservationist Giles Clark attempts to rescue wildlife orphans in South Africa.
10.00 **Alaska: The Next Generation** The next generation of Alaskans face brutal winter elements.
11.00 **Snakes in the City** Si and Sioux battle the heat to rescue a Houdini rat snake.
12.00 M'T **When Sharks Attack**
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Savage Kingdom**

Discovery History

161/172 147 181

7.00 AM **Combat Dealers: Reloaded**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Gravitational waves.
1.00 PM **The Alaska Triangle**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Combat Dealers: Reloaded** Exploring paratroopers' vital role in defeating the Germans in World War Two.
9.00 **Unexplained and Unexplored** Justin Fornal and Emiliano Ruprah unravel the mystery of the Mayan empire's fate.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **The Alaska Triangle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Aussie Road Train Truckers**
11.00 **Train Rescue Down Under**
1.00 PM **Aussie Road Train Truckers**
3.00 **Train Rescue Down Under** The Ghan's maintenance team must race to ensure this iconic train departs the next day. **4.00** The construction of a 130-tonne locomotive is nearing the finish line.
5.00 **The Two Ronnies** Vintage comedy sketches from Messrs Barker and Corbett, including a musical performance by Stephanie Lawrence. **6.00** Vintage comedy from Messrs Barker and Corbett, with music by Barbara Dickson. **7.00** Vintage comedy sketches, including News Items, Fatheads Revisited and Hell Fire. Plus, music from Elaine Paige. **8.05** Vintage comedy show, with guest star Elaine Paige performing *Unchained Melody*.
9.10 **The Two Ronnies**
5.05 **to 6.00** AM **Sue Perkins: Along the US-Mexico Border**

+1hour 266 376

ID

154 140 166

8.00 AM **Deadline: Crime with Tamron Hall** Documentary.
9.00 **American Detective with Lt Joe Kenda** Double bill.
11.00 **Evil Online**
12.00 NOON **The Lies That Bind**
1.00 PM **American Monster: Abuse of Power** Double bill.
3.00 **Murder in the Heartland**
7.00 **Mean Girl Murders** A shooting in a luxury building sends shockwaves through an upscale neighbourhood. **8.00** Workouts turn a group of fitness fanatics into bitter rivals.
9.00 **Faking It: Tears of a Crime** The cases of Shafilea Ahmed and Gordon Wardell.
10.00 **American Monster**
11.00 **Shock Docs: Scream the True Story** Steve Shippy and Cindy Kaza seek out the spirit of The Gainesville Ripper.
1.00 AM **The Real Murders on Elm Street** A house goes up in flames, leaving two people dead.
2.00 **Murder in the Heartland**
4.00 **to 6.00** AM **Mean Girl Murders**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Bad Chad Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Dream Jobs with Chris Hoy**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Dream Jobs with Chris Hoy** The cycling legend tries his hand at Porsche racing. **8.30** Chris experiences the Gymkhana Grid.
9.00 **Outback Car Hunters** The guys find a rare gem – a 1968 Volvo P1800 coupe.
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Dream Jobs with Chris Hoy**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Fuze** As 8.00pm.
8.30 **Gabby's Dollhouse: The Movie** Adventure. (2025, U)
10.15 **The Plague** Thriller. (2025, 15, 98min) ★★★★
12.00 NOON **We Bury the Dead** Horror. (2024, 15) ★★★★
1.45 PM **Fuze** As 8.00pm.
3.35 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
5.45 **The Running Man** Thriller. (2025, 15, 133min) ★★★

11.25 **Honey Don't!**

8.00 Fuze Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Him Supernatural horror starring Marlon Wayans and Tyriq Withers. A young athlete descends into a world of terror when he gets invited to train with a champion. (2025, 18, 96min)

11.25 **Honey Don't!** Comedy thriller starring Margaret Qualley. (2025, 15, 89min) ★★★
1.00 AM **The Shadow's Edge** Chinese-Hong Kong action thriller. (2025, 15, 141 min)
3.30 **Him** As shown at 9.45pm.
5.10 **The Cinema List: Race Against Time**
5.30 **to 7.00** AM **Tafiti: Across the Desert** Animated family adventure. (2025, PG, 81 min)

Sky Cinema Pride

303 303 403 503 517

6.00 AM **Boy Meets Boy** (2021)
7.20 **My First Summer** As 4.55pm.
8.40 **Wildhood** As 12.50am.
10.30 **Rurangi** As 2.40am.
12.00 NOON As shown at 4.15am.
1.40 PM **Minyan** Drama. (2020, 15, 130min) ★★★
3.40 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
4.55 **My First Summer** Drama. (2020, 15, 80min) ★★★
6.15 **Chuck Chuck Baby** Drama. (2023, 15, 101 min) ★★★★

6.15 **Chuck Chuck Baby**

8.00 A Nice Indian Boy Romantic comedy with Karan Soni. A traditional Indian family try to come to terms with the fact their son is planning to marry his white artist boyfriend. (2024, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Plainclothes Romantic thriller starring Tom Blyth and Russell Tovey. An undercover agent assigned to lure and arrest gay men defies orders when he falls for a target. (2025, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Am I OK?** Romantic comedy drama starring Dakota Johnson and Sonoya Mizuno. (2022, 15, 86min) ★★★
12.50 AM **Wildhood** Drama starring Michael Greyeyes and Steve Lund. (2021, 15, 108min) ★★★
2.40 **Rurangi** Drama with Elz Carrad. (2020, 15, 87min) ★★★★
4.15 **to 6.00** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.20 AM **The End of the Affair**
9.15 **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
10.55 **May December** Drama. (2023, 15, 117min) ★★★★
1.05 PM **A Good Person** Drama. (2022, 15, 129min) ★★★★
3.25 **Wuthering Heights** Romance. (2026, 15, 136min) ★★★★
5.50 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★

8.00 Erin Brockovich Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney, Aaron Eckhart and Marg Helgenberger. (2000, 15, 133min) ★★★★
10.20 **On Swift Horses** Drama with Daisy Edgar-Jones, Jacob Elordi and Will Poulter. A married couple's promising new life is scuppered by the husband's brother. (2024, 15, 119min) ★★★

12.25 AM **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
2.10 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
4.05 **Poison** As shown at 9.15am.
5.40 **to 7.40** AM **A Different Man** Thriller. (2024, 15, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **The Cinema List: Remakes**
6.55 **Beast of War** As 3.35am.
8.30 **Presence** Horror thriller. (2024, 15, 84min) ★★★★
10.05 **I Know What You Did Last;**
12.05 PM **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★★
2.10 **Ghostbusters** Fantasy comedy. (2016, 12, 113min) ★★★
4.10 **The Craft** Supernatural horror fantasy. (1996, 15, 101 min) ★★★

5.55 **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★
8.00 Zombieland Horror comedy starring Woody Harrelson. In a US overrun with flesh-eating zombies, a timid survivor joins forces with a tough zombie-killer and a pair of feisty sisters. (2009, 15, 84min) ★★★★
9.40 **Zombieland: Double Tap** Horror comedy sequel starring Woody Harrelson. (2019, 15, 99min) ★★★

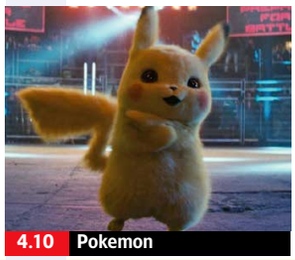
11.25 **28 Years Later** Horror sequel. (2025, 15, 115min) ★★★★
1.25 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.35 **Beast of War** Horror thriller. (2025, 15, 87min) ★★★★
5.05 **to 6.55** AM **Pet Sematary** Horror. (2019, 15, 101 min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Paulie** As 10.05pm.
7.45 **MouseHunt** (1997, PG) ★★★★
9.30 **Scooby-Doo** As 11.45pm.
11.05 **Scooby-Doo 2: Monsters Unleashed** (2004, PG) ★★★
12.45 PM **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★
2.35 **Flushed Away** Animation. (2006, U, 85min) ★★★★
4.10 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★
6.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★



4.10 Pokemon

8.00 **Jumanji: Welcome to the Jungle** Fantasy comedy sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Four teens get transported into a video game and transformed into a party of jungle explorers. (2017, 12, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Paulie** Family comedy starring Gena Rowlands and Tony Shalhoub. A talking parrot recounts his colourful life story. (1998, U, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Scooby-Doo** Live-action comedy with Freddie Prinze Jr and Sarah Michelle Gellar. (2002, PG, 86min) ★★★
1.15 AM **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
3.00 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
5.00 **to 6.25** AM **Fox and Hare Save the Forest** Animation. (2024, U, 71min) ★★★

Sky Cinema Action

306 306 407 507 521

6.55 AM **The Italian Job** (1969)
8.40 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
10.15 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
12.10 PM **Streetfighter** As 12.55am.
2.00 **Jurassic World: Fallen Kingdom** Adventure sequel. (2018, 12, 128min) ★★★
4.15 **Fuze** Thriller. (2026, 15) ★★★
6.00 **Bad Boys** Comedy thriller. (1995, 15, 118min) ★★★

6.00 Bad Boys

8.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union, Joe Pantoliano, Jordi Mollà and Theresa Randle. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick and Jean Reno. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. (1998, PG, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Streetfighter** Action drama. (1994, 12, 102min) ★★
2.40 **The Cinema List: Remakes**
2.55 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
4.45 **to 6.30** AM **The Italian Job** Classic crime caper. (1969, PG, 100min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
7.50 **The Cable Guy** As 1.40am.
9.35 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
11.50 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
1.50 PM **The Death of Stalin** Satire. (2017, 15) ★★★★
3.50 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
6.00 **Eddie the Eagle** Biopic. (2016, PG, 103min) ★★★

6.00 Eddie the Eagle

8.00 **Yesterday** Comedy written by Richard Curtis, directed by Danny Boyle and starring Himesh Patel. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Whole Nine Yards** Black comedy thriller. (2000, 15, 101min) ★★★
1.40 AM **The Cable Guy** Black comedy starring Jim Carrey. (1996, 12, 96min) ★★★★
3.30 **Sky Cinema Preview**
4.25 **to 6.20** AM **Seven Psychopaths** Comedy thriller. (2012, 15, 106min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Towering Inferno**
8.55 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★
10.55 **Lethal Weapon 2** Thriller. (1989, 15, 110min) ★★★★
12.55 PM **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
3.15 **Ocean's Thirteen** Thriller sequel with George Clooney. (2007, PG, 122min) ★★★
5.35 **Captain Phillips** Fact-based thriller starring Tom Hanks. (2013, 12, 129min) ★★★★★

5.35 Captain Phillips

8.00 **The Equalizer** Action thriller starring Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Equalizer 2** Action thriller sequel starring Denzel Washington. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
2.05 **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★
4.25 **to 7.20** AM **The Towering Inferno** Epic disaster movie. (1974, 12, 165min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Shenandoah** Western. (1965, PG, 101min) ★★★★
1.10 PM **The Andromeda Strain** Sci-fi thriller with Arthur Hill. (1970, PG, 127min) ★★★★
3.50 **Reap the Wild Wind** Cecil B DeMille's epic period drama. (1942, PG, 124min) ★★★
6.20 **Midway** World War Two drama with Ed Skrein, Patrick Wilson and Woody Harrelson. (2019, 12, 138min) ★★★★

9.00 Monolith

Midway (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Monolith** Thriller starring Lily Sullivan. While trying to salvage her career, a disgraced journalist begins investigating a conspiracy theory. (2022, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Firestarter** Horror thriller starring Zac Efron and Ryan Kiera Armstrong. A girl tries to understand how she gained the power to set things on fire with her mind. (2022, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.10** AM **The Fury** Brian De Palma's horror thriller. (1978, 18, 117min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors

302 302 402 502 516

7.00 AM **Look Who's Talking Too** Comedy sequel starring John Travolta. (1990, 12, 77min) ★
8.35 **Blazing Saddles** As 3.45am.
10.15 **Ferris Bueller's Day Off**
12.00 NOON **Multiplicity** Comic fantasy. (1996, 12, 117min) ★★★
2.00 PM **The Blues Brothers** (1980)
4.15 **Trading Places** As 11.30pm.
6.15 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★

8.00 **Ferris Bueller's Day Off** Teen comedy starring Matthew Broderick as an irrepressible high-school student playing truant in Chicago. With Jennifer Grey. (1986, 12, 103min) ★★★★
9.45 **The Breakfast Club** Comedy drama about five very different students who discover common bonds while spending a Saturday in detention. Stars Emilio Estevez, Molly Ringwald, Judd Nelson, Ally Sheedy and Anthony Michael Hall. (1984, 15, 97min) ★★★★

11.30 **Trading Places** Satirical comedy. (1983, 15, 116min) ★★★★★
1.30 AM **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
3.45 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
5.25 **to 8.00** AM **Eddington** Western. (2025, 15, 148min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.55 AM **The First Wives Club** Comedy. (1996, PG) ★★★
8.55 **E.T. The Extra Terrestrial**
10.55 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
12.55 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.25 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★

4.05 **Kindergarten Cop** Comedy thriller. (1990, 15, 111min) ★★★
6.05 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
8.00 **Big Daddy** Comedy with Adam Sandler and Kristy Swanson. (1999, 12, 95min) ★★★
9.45 **Billy Madison** Comedy starring Adam Sandler as a spoiled 27-year-old rich-kid who goes back to school to prove his worth to his billionaire father. (1995, PG, 90min) ★★

11.20 **'About Last Night...'** Comedy drama with Rob Lowe and Demi Moore. (1986, 18, 113min) ★
1.15 AM **Amadeus** Historical drama starring F Murray Abraham. (1984, PG, 158min) ★★★★★
4.10 **The Cinema List: Bingeable**
4.40 **to 6.30** AM **Big Daddy** (1999)

Disney+ Cinema

305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.15 **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U, 73min) ★★★
8.30 **A Bug's Life** Animated feature. (1998, U, 94min) ★★★★★
10.10 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
11.30 **Alice in Wonderland** Cartoon. (1951, U, 75min) ★★★★

12.45 PM **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
2.20 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
4.10 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
5.55 **WALL-E** Animated adventure. (2008, U, 98min) ★★★★★
7.35 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
9.00 **The Life Aquatic with Steve Zissou** Comedy adventure. (2004, 15, 119min) ★★★★

11.00 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
12.40 AM **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
2.15 **The Avengers** Adventure. (2012, 12, 137min) ★★★★
4.35 **to 6.00** AM **Bambi** As 6.00am.

Movies 24

312 313 419

7.00 AM **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
9.00 **A Taste of Christmas** Festive drama. (2023, PG, 90min) ★★
11.00 **The Wedding Contest** Romantic comedy drama. (2023, PG, 88min) ★★
1.00 PM **Finding Love in Saint Lucia** Drama. (2023, PG, 90min) ★★
3.00 **A Playful Love** Romantic comedy. (2022, PG, 84min) ★★

5.00 **Been There All Along** Drama. (2023, PG, 89min) ★★
7.00 **Mountain Rescue Romance** Romantic comedy starring Ashley Newbrough and Stephen Huszar. (2023, PG, 84min) ★★
9.00 **Love at the Christmas Market** Drama starring Ginna Claire Mason. An ornament-maker reconnects with her heritage at a Christmas market in Germany. (2023, PG, 88min) ★★
11.00 **A Safari Romance** Romantic comedy. (2023, PG, 84min) ★★

1.00 AM **Heart of the Manor** Romantic comedy drama. (2021, PG, 85min) ★★
3.00 **to 5.00** AM **A Match in Manhattan** Romantic drama. (2024, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 6/39. (S1)
6.30 **Love from a Stranger** Thriller. (1936, PG, 90min) ★★★
8.15 **A Cry from the Streets** Drama. (1958, b/w, U, 100min) ★★★
10.10 **The Narrowing Circle** Murder mystery starring Paul Carpenter. (1956, b/w, PG, 64min) ★★
11.30 **Four Star Theatre** 13/19. (S1)
12.00 NOON **Sergeant Cork** 8/8. (S2)
1.05 PM **Richard the Lionheart** (S1)

1.35 **The Gun and the Pulpit** Western. (1974, PG, 74min) ★★
3.10 **The Belle of Kent**
3.30 **Sea of Sand** Action drama starring Richard Attenborough. (1958, b/w, U, 97min) ★★★
5.30 **The Directors**
6.30 **The Veil** 6/12. (S1)
7.00 **The Footage Detectives**
8.00 **Maigret** 2/4. (S1)
9.50 **Quatermass 2** Sci-fi horror sequel starring Brian Donlevy. (1957, b/w, 12, 85min) ★★
11.35 **The Lawless Years** 2/18. (S1)

12.05 AM **The Traitor** Mystery thriller with Donald Wolfit and Robert Bray. (1957, b/w, PG, 88min) ★★
1.45 **King Rat** World War Two drama starring George Segal. (1965, b/w, PG, 134min) ★★★★
4.30 **Honey West** 23/30. (S1)
5.00 **to 6.00** AM **Danger UXB**

MONDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
7.00 **Sports Centre** A round-up of the sports news, with analysis, comments and interviews.
10.00 **Sky Sports News** A round-up of the day's sports news, featuring interviews and highlights.
1.00 AM LIVE **WNBA** **Dallas Wings v Seattle Storm.** Coverage of the match staged at College Park Center. The Wings will be looking to improve this time around after finishing bottom of the table in 2025, while the Storm reached the play-offs, but were eliminated by eventual champions Las Vegas Aces in round one. Tip-off **1.00am**.
3.30 LIVE **WNBA** **Phoenix Mercury v Minnesota Lynx.** Coverage of the Western Conference match at PHX Arena. These teams met in the semi-finals of the play-offs last year, with Phoenix advancing with a 3-1 series victory. Tip-off **3.00am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Liverpool v Bournemouth.
9.30 **Premier League Highlights**
11.00 **SNF** Wolves v Manchester City.
11.30 **Premier League Highlights**
1.00 PM **MNF Hits** Action from Leeds United v Everton at Elland Road.
1.30 **FNF** West Ham United v Chelsea.
2.00 **Premier League Highlights** Action from Burnley v Sunderland. **2.30** Action from Bournemouth v Wolverhampton Wanderers. **3.00** Brentford v Aston Villa.
3.30 **SNF** Arsenal v Leeds United.
4.00 **Premier League Highlights** Everton v Brighton & Hove Albion. **4.30** Crystal Palace v Nottingham Forest staged at Selhurst Park. **5.00** Fulham v Manchester United held at Craven Cottage.
5.30 **MNF Hits** Newcastle United v Liverpool from St James' Park.
6.00 **Premier League Review** A look back at the 2025/26 season.
8.00 **Netbusters** Recent action.
9.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** Liverpool v Newcastle United from 1996.
3.30 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2018 play-off finals.
9.00 **EFL Greatest Games**
10.00 **Championship Retro** Another chance to see Blackburn Rovers v Manchester City from 2000.
12.00 NOON **EFL Greatest Games**
1.00 PM **Bundesliga** A review of the German top-flight campaign.
2.00 **Best Scottish Premiership Goals 2025/26** A look at the finest strikes from the season.
2.30 **Martin O'Neill: Champion Again** Review of an unforgettable season in the Scottish Premiership.
2.45 **SPFL Round-Up** Goals scored in the Scottish Premiership.
3.00 **EFL: The Play-Offs At 40** The history of the play-offs.
4.30 **WSL** West Ham v Manchester City.
5.00 **EFL Greatest Games**
6.00 **EFL Highlights** Action from the Championship play-off semi-finals.
8.00 **EFL** Hull City v Middlesbrough in the Championship play-off final staged at Wembley Stadium.
9.00 **Bundesliga** Season review.
10.00 **EFL Cup Highlights**
12.00 M'T **EFL** Archive action.
1.00 AM **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup** Highlights from India v England.
7.00 **IPL** The final staged at Narendra Modi Stadium, Ahmedabad.
12.15 PM **Best of ICC WT20**
1.00 **Women's International T20 Cricket** A chance to see England v India in the second T20 in the three-match series staged at Seat Unique Stadium, Bristol.
5.00 **ICC Men's T20 World Cup** South Africa v Afghanistan.
5.30 **ICC Women's World Cup 2017** England v South Africa highlights.
6.00 **IPL** The final staged at Narendra Modi Stadium, Ahmedabad.
11.15 **Best of ICC WT20** England v Australia in the 2010 final. **11.30** Brief highlights of India v Australia from the 2016 staging. **11.45** Action from England v West Indies in the 2016 final.
12.00 M'T **Women's International T20 Cricket** England v India from Seat Unique Stadium, Bristol.
4.00 AM **ICC Men's T20 World Cup** South Africa v Afghanistan.
4.30 **ICC Women's World Cup 2017**
5.00 **Best of ICC WT20**
5.30 **to 6.00** AM **ICC Men's T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **DP World Tour Golf** Day four of the Austrian Alpine Open.
11.00 **PGA Tour Golf** The fourth day of the Charles Schwab Challenge.
4.00 PM **Rose Ladies Series** Action from West Lancashire Golf Club.
5.00 **Golf** Action from the G4D Open.
6.00 **Tour Golf Highlights** Action from the Danish Golf Challenge.
6.30 **PGA Tour Golf** The final day of the Charles Schwab Challenge.
7.30 **DP World Tour Golf** A review of the Austrian Alpine Open.
8.00 **Ladies European Tour Golf** Action from the Lalla Meryem Cup.
9.00 **Rose Ladies Series** Action from Southport and Ainsdale Golf Club.
9.30 **PGA Tour Golf** The final day of the Charles Schwab Challenge.
10.30 **DP World Tour Golf**
11.00 **PGA Tour Champions**
12.00 M'T **Tour Golf Highlights**
12.30 AM **Rose Ladies Series**
1.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Murray's Moments**
8.00 **Djokovic Top 10**
9.00 **ATP Tour Classic Matches**
10.00 **WTA Tennis** Highlights.
12.00 NOON **ATP Tennis**
1.00 PM **WTA Tennis** Rouen Open.
2.00 **ATP Tennis** The U.S. Men's Clay Court Championships final.
3.00 **WTA Tennis** Stuttgart Open final.
4.00 **ATP Tennis** Marrakech Open.
5.00 **Murray's Moments** A replay of Andy Murray v Novak Djokovic in the 2012 US Open final.
7.00 **Djokovic Top 10** Highlights from Novak Djokovic v Roger Federer in the 2012 ATP Finals.
8.00 **ATP Tour Classic Matches** Rafael Nadal v Andy Murray from the 2010 ATP World Tour Finals.
9.00 **ATP Tennis** Barcelona Open.
10.00 **US Open Classic Matches**
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Women's FA Cup** Brighton & Hove Albion v Manchester City in the final at Wembley Stadium.
7.30 **Premier League Stories**
8.00 **UEFA Champions League** Another chance to see Paris Saint-Germain v Arsenal in the final at Puskás Aréna in Budapest.
9.30 LIVE **Tennis: French Open** Coverage from around the courts on day nine of the tournament at Stade Roland Garros in Paris, featuring fourth-round matches.
7.00 PM LIVE **Tennis: French Open** Coverage of the evening session on the second day of round four of the tournament staged at Stade Roland Garros in Paris.
11.00 **Tennis: French Open** Action from the ninth day in Paris.
12.30 AM LIVE **MLB** **Milwaukee Brewers v San Francisco Giants.** Coverage of the National League match staged at American Family Field. Start-time **12.40am**.
3.30 **MLB Classic** A look at Boston Red Sox's play-off win over the New York Yankees in 2004.
4.00 **to 6.00** AM **Supercars Championship Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Grand Prix of Italy.
9.30 **World Superbikes**
11.00 **SailGP – Racing on the Edge**
11.30 **LIV Golf** From South Korea.
1.00 PM **MLB Highlights**
2.00 **UCI Mountain Bike World Series**
3.00 **Premier League Review**
5.00 **UEFA Europa League** Action from SC Freiburg v Aston Villa.
5.30 **UEFA Conference League** Crystal Palace v Rayo Vallecano.
6.00 LIVE **Ultimate Pool** Coverage of Group B from the last eight of the Pairs Cup, as the country's leading eightball players battle it out for places in the next stage.
9.30 **UEFA Champions League Magazine** News and updates.
10.00 **UEFA Europa League & Conference League Magazine**
11.00 **The Gruppetto** Cycling news.
11.15 **The Gallagher PREM: Wrap Up**
11.30 **MLB Highlights**
12.30 AM LIVE **MLB** **Milwaukee Brewers v San Francisco Giants.** The National League match from American Family Field. Start-time **12.40am**.
3.30 **Premier League Stories**
4.00 **Champions League Magazine**
4.30 **to 6.00** AM **Tennis: French Open**

Sky Sports Action

412 410 510 426 446

6.00 AM **NBA Basketball**
8.30 **NBA on Fire** Recent action.
9.00 **Women's State of Origin**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **State of Origin Rugby League**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **Women's State of Origin** New South Wales v Queensland.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
8.00 **NBA on Fire** Recent action.
8.30 **NBA Basketball** Another chance to see New York Knicks v Cleveland Cavaliers in game seven of the Eastern Conference finals.
11.00 **Super Bowl LX Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM LIVE **WNBA** **Dallas Wings v Seattle Storm.** Coverage of the match at College Park Center. Tip-off **1.00am**.
3.30 LIVE **WNBA** **Phoenix Mercury v Minnesota Lynx.** Coverage of the Western Conference match staged at PHX Arena. Tip-off **3.00am**.
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
8.00 **Super League** Another chance to see Bradford Bulls v Catalans Dragons at Odsal Stadium.
10.45 **EFL Greatest Games**
11.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news, with live analysis and comments.
3.00 **Premier League Darts** A chance to see the opening night of the season at Utilita Arena Newcastle.
7.00 **Sports Centre**
10.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Highlights from the archives.
1.00 AM **Tennis** Action from the WTA Mérida Open final staged at Yucatán Country Club in Mexico. **2.00** The ATP Acapulco Open final at Arena GNP Seguros.
3.00 LIVE **WNBA** **Phoenix Mercury v Minnesota Lynx.** The Western Conference match at PHX Arena. These teams met in the semi-finals of the play-offs last year, with Phoenix advancing after securing a 3-1 series victory. Tip-off **3.00am**.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **IPL** Recent T20 highlights.
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
2.45 **PGA Tour Champions**
3.45 **Super League** Another chance to see Leigh Leopards v Hull FC.
6.30 **Premier League Darts** Night 17 at the O2 Arena in London.
10.00 **PGA Tour Golf** The final day of the Charles Schwab Challenge.
11.00 **Premier League Darts**
3.00 AM **NBA on Fire** Recent action.
3.30 **EFL Greatest Games**
4.00 **Super League Highlights**
4.30 **World Club Challenge**
4.45 **NFL Bitesize Highlights**
5.30 **to 6.00** AM **PL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIV Golf** From South Korea.
7.30 **The Gallagher PREM** Highlights.
12.30 PM **Cycling** The 21st and final stage of the men's Giro d'Italia. **1.30** Action from the second stage of the women's Giro d'Italia.
2.30 LIVE **Cycling: Giro d'Italia** Coverage of the third stage of the women's race, a 156km route from Bibione though to Buja.
5.00 **Women's Giro d'Italia: Dreaming in Pink** Race preview.
6.00 **WRC Review** Rally Japan.
7.00 **SailGP – Racing on the Edge**
7.30 **The Gallagher PREM: Wrap Up**
7.45 **The Gruppetto** Cycling news.
8.00 **Cycling** Action from the third stage of the women's Giro d'Italia. **9.00** Highlights of the first stage of the men's Tour of Wallonia.
10.00 **World Superbike Highlights** The sixth round in Aragon, Spain.
11.00 **NWSL** Highlights of matches.
1.00 AM **Cycling** Race highlights.
5.00 **to 6.00** AM **Mountain Biking**

TNT Sports 4

414 416 524 411 434

6.00 AM **Cycling** Men's Giro d'Italia. **7.00** Women's Giro d'Italia.
8.00 **Tennis** French Open day eight.
9.30 LIVE **Tennis: French Open** Coverage from around the courts on day nine of the tournament at Stade Roland Garros in Paris, featuring fourth-round matches.
5.00 PM LIVE **Tennis: French Open** Further coverage of day nine held at Stade Roland Garros in Paris. Aryna Sabalenka, Iga Swiatek, Coco Gauff and Lois Boisson all progressed from this stage last year in the women's singles event. Gauff beat fellow American Madison Keys 6-7, 6-4, 6-1 in her fourth-round match, while Sabalenka, Swiatek and Boisson all made it through comfortably thanks to straight sets victories.
8.00 **IFSC Climbing World Series**
9.00 **Fishing: On the Bank**
10.00 **UFC** Yadong v Figueiredo.
1.00 **to 6.00** AM **The Gallagher PREM**

Premier Sports 1

419 528

6.00 AM **Sporting Countdowns**
7.00 **Top 14 Rugby Union** A replay of Montauban v La Rochelle.
9.00 **Sporting Greats**
9.30 **United Rugby Championship** A chance to see Glasgow Warriors v Connacht in the quarter-final.
11.30 **United Rugby Championship** Another chance to see Bulls v Munster in the quarter-final.
1.30 PM **Sporting Greats**
2.00 **NHL Tonight** Highlights.
3.00 **United Rugby Championship** A replay of Stormers v Cardiff.
5.00 **Sporting Countdowns**
5.30 **Top 14 Rugby Union** A replay of Toulon v Bordeaux Begles.
7.30 **Sporting Greats**
8.00 **International Football** Another chance to see USA v Senegal.
10.00 **Sporting Greats**
10.30 **United Rugby Championship** Glasgow Warriors v Connacht.
12.30 AM **United Rugby Championship**
4.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 529

6.00 AM **Football's Greatest**
6.30 **NASCAR** Another chance to see the Cracker Barrel 400.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Latest round of the season in Nashville.
2.00 PM **Temples of Sport**
3.00 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
5.00 **Football's Greatest** Series in which the finest football players in history discuss their careers.
6.00 **Challenge Cup** A replay of Montpellier v Ulster in the final.
8.00 **Temples of Sport** Iconic sporting venues from around the globe.
9.00 **Champions Cup** A replay of Leinster v Bordeaux in the final.
11.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.30 **Top 14 Rugby Union** Replay of Clermont Auvergne v Racing 92.
1.30 AM **NASCAR** Another chance to see the Cracker Barrel 400.
5.30 **to 6.00** AM **Bike World**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Monaco Grand Prix races from 2014 to 2018.
11.00 **F1 Academy Highlights** The Montreal Grand Prix races.
1.00 PM **Formula 1** Canadian Grand Prix at Circuit Gilles Villeneuve.
2.00 **F1 Classic Races** Archive action.
3.00 **British GT Championship** The first race at Oulton Park.
4.00 **Ginetta Juniors Highlights** The third round at Oulton Park.
5.00 **Formula 1** Highlights from the 2014 Monaco Grand Prix. **6.00** Monaco Grand Prix 2015. **7.00** Monaco Grand Prix 2016. **8.00** Monaco Grand Prix 2017. **9.00** The Canadian Grand Prix.
10.00 **GT World Challenge Europe**
12.00 M'T **Formula 1** Highlights.
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

2 June

Planner

Allegiance

DRAMA U&Alibi, 9pm (box set, Sky Box Sets)

As the Canadian drama returns for a second season, Sabrina Sohal (Supinder Wraich) has been promoted to Detective Constable and transferred to the Serious Crimes Unit, where she continues her quest to clear her father's name.

The Fortune

DRAMA 5, 9pm

Eleanor Tomlinson (centre) stars in this drama as Amanda, a cafe worker, wife and mother, whose life is turned upside-down overnight when she finds out that she has been left a substantial inheritance by a complete stranger.

Not Suitable for Work

COMEDY Disney+

Described by creator Mindy Kaling as the final part of her coming-of-age trilogy (after *Never Have I Ever* and *The Sex Lives of College Girls*), this comedy follows five 20-somethings juggling their careers and personal lives in Manhattan.

The Vardys

REALITY ITV1, 9pm

Cameras follow footballer Jamie Vardy, wife Rebekah and their family as they bid an emotional farewell to Leicester City after 13 years at the club and make the move to Italy, where Jamie has signed for Serie A underdogs US Cremonese. Continues to Thursday.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 Half...
	102 BBC2	7.00 Marcus Wareing Simply Provence		8.00 Springwatch		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation...	9.00 The Vardys		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 Falling		10.00 24 Hours in A&E	
	105 5	7.00 Dorset: Country and Coast		8.00 Reuben Owen: Life in the Dales		9.00 The Fortune		10.00 Murder Scene: The Incident Room	
	106 SKY ONE	7.00 The Simpsons		8.00 Shark with Steve Backshall		9.00 Bear Grylls Is Running Wild		10.00 Chris Ramsey: Live from London	
ENTERTAINMENT	115 BBC3		7.15 Match of the Day – Live: Wales v Ghana (Kick-off 7.45)					10.00 Louis Theroux: Life on the Edge	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Artsnight...	8.30 Butterflies	9.00 A History of Britain by Simon Schama		10.00 Muhammad Ali	
	118 ITV2	7.00 The Floor		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Ancient Greece by Train with Alice...		10.00 Castle Secrets	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight USA		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Fire Country	
	108 SKY ATLANTIC	7.00 The Gilded Age				9.00 Prisoner		10.00 Ponies	
	110 U&GOLD		7.20 Dad's Army	8.00 Open All Hours	8.40 Still Open All Hours		9.20 Not Going Out		10.35 Open All...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 House of Games	9.00 The Way Out		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	7.00 World Superbike Highlights		8.00 World Rally Championship Highlights		9.00 Isle of Man TT Highlights		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Kevin & Perry Go Large			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Return to Paradise		9.00 Allegiance		10.00 The Hunting Party	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Mary Cassatt: Painting the Modern Woman		9.15 Klimt and The Kiss			10.30 Irvine Welsh
	132 U&W	7.00 DIY SOS Strictly Special		8.00 Pete Wicks: For Dogs' Sake		9.00 Hashtag Homicide			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour				9.00 Deadliest Catch		10.00 Gold Rush: Mine Rescue	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blood Ivory		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Tucci in Italy		9.00 Hitler's Teen Killers		10.00 World War II: Secrets from Above	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Hitler v Churchill		9.00 World War II with Tom Hanks			
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Black Widow		8.00 Murder at the Post Office					

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** New edition
11.15 **Homes Under the Hammer** New edition From Devon. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Natalie Cassidy: Caring Together** New edition 6/8. Natalie's training switches to caring for the elderly. (S)
2.30 **Robson Green's Weekend Escapes** With KT Tunstall. (S)(R)(AD)
3.00 **Escape to the Country** New edition Gloucestershire. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Who Do You Think You Are?

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Ian's world comes crashing down around him, and Max drops a bombshell that leaves Cindy shocked. (S)(AD)

8.00 **Interior Design Masters with Alan Carr** New edition 7/8. The semi-finalists head to Brighton & Hove Albion's stadium to transform two hospitality boxes each – one for a player's family and the other for a corporate client. (S)(AD)

9.00 **Who Do You Think You Are?** New edition 2/8. *Strictly* professional Amy Dowden looks into rumours of a 19th-century murder in her family, and wants to know why her grandfather was the only one adopted out of six children. (S)(AD)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Half Man** Series finale 6/6. Niall's new life is interrupted when Mona reconnects with Ruben, and before long events begin to spiral toward a devastating conclusion. (S1) (S)(AD)
11.50 **FILM Everest** Fact-based adventure starring Jason Clarke and Josh Brolin. Two expeditions set out to climb to the summit of the world's highest mountain, only to get caught in one of the fiercest snowstorms ever recorded. With Jake Gyllenhaal and Keira Knightley. (S) (2015, 12, 110min) ★★★★
1.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Great Continental Railway Journeys** Hungary. (S)(R)(AD)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** Family heirlooms. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **The Great British Countryside** (R)
4.30 **Vintage Antiques Roadshow** From Ramsgate, Kent. (S)(R)
5.10 **Flog It!** From Blackpool. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** New edition Michael Portillo explores Budapest. (S)(AD)

6.30 Great Continental Railway...

7.00 **Marcus Wareing Simply Provence** 4/7. Marcus is on a mission to discover the French equivalent of British fish and chips, while uncovering the secrets of the versatile Provençal olive. (S)(R)

8.00 **Springwatch** New edition 6/12. Michaela Strachan and Chris Packham present from National Trust's Crom Estate on the shores of Lough Erne, Co Fermanagh. (S)
■ Continues tomorrow

9.00 **QI XL** *Sensational:* Sandi Toksvig hosts, with Aisling Bea, Roisin Conaty and Jessica Fostekew joining Alan Davies to answer questions on senses. (S)(R)
9.45 **Live at the Apollo** Ardal O'Hanlon introduces sets by Mawaan Rizwan and Sara Barron at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **NEW Witness: Fergal Keane's Journey of Hope** Documentary about the BBC journalist. (S)(AD)
11.30 **FILM Defiance** World War Two action drama starring Daniel Craig. (S)(AD) (2008, 15, 125min) ★★★★
1.35 AM **Sign Zone: Lucy Worsley Investigates: The American Revolution** 2/2. (S)(R)(AD)
2.35 **Sign Zone: Springwatch** (S)(R)
3.35 **Sign Zone: Surgeons: At the Edge of Life** (S)(R)(AD)
4.35 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Leeds, where items brought in by members of the public include a historic naval plaque, a frightening-looking picture and a potty chair. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 **Millionaire Hot Seat** Jeremy Clarkson hosts the quiz show in which six hopefuls compete for £1 million, and with each question being against the clock there is no room for indecision. (S)(R)

8.00 **Emmerdale** Ross contemplates another night with Laurel, while Chas and Charity hatch a plan.(S)(AD)
8.30 **Coronation Street** Daniel unmasks his online troll, and Alya encourages Adam to take on Idris as a client. (S)(AD)

9.00 **NEW SERIES The Vardys** 1/3. Documentary following Jamie and Rebekah Vardy and their family as they move to Italy, when the footballer leaves Leicester City for Serie A club US Cremonese. (S)(AD) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Torvill & Dean: The Last Dance** One-off documentary following Jayne Torvill and Christopher Dean as they embark on their final tour, training and preparing to say goodbye to their fans and dance on ice together one last time. (S)(R)(AD)
11.40 **The Vardys** As 9.00pm. (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Kat treats a patient brought in by air ambulance who has fallen from 10ft up. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Sabotage** With Fay Ripley. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S6&7) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 20-23/24. (S5) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Jo and Roger recreate their wedding photos at Teddington Lock. (S)(AD)
5.00 **Chateau DIY** New edition Vivienne and Simon race to complete their *Bridgerton*-inspired master bedroom. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A former chef turns to Sharon and Shaun Garner to help her acquire a suitable property in Spain. (S)(R)

9.00 Falling

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 2/10. The teams channel all their patisserie experience into making battenberg cakes, before creating a Shakespeare-inspired theatrical scene, complete with fruit fool desserts. (S)(AD)

9.00 **Falling** New episode 5/6. Anna feels out of place and struggles to settle back into old routines, while David begins to find his feet again, but still wrestles with his true feelings. (S1) (S)(AD)
■ Concludes tomorrow

10.00 **24 Hours in A&E** One of the Queen's Medical Centre's own staff members is admitted after being knocked off her mountain bike. Meanwhile, a 57-year-old man is treated after falling from a ladder. (S)(R)(AD)
11.00 **Emergency** (S)(R)
12.05 AM **In the Footsteps of Killers** The case of Vera Anderson. (S)(R)
1.00 **Ramsay's Kitchen Nightmares USA** From Washington. (S)(SL)(R)
1.50 **Couples Come Dine with Me** (R)
2.45 **Grand Designs** (S)(R)(AD)
3.40 **George Clarke's Amazing Spaces**
4.35 **Kirstie's House of Craft** (S)(R)
4.50 **Sarah Beeny's New Life in the Country** Documentary. (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Heroes and Villains:* 2/23. A vigilante is suspected of killing an ex-convict. (S)(R)
3.55 **Castle** *Head Case:* 3/23. A corpse disappears from the scene of a murder. (S4) (S)(R)
4.50 **Love Nature** A profile of the Vincent Wildlife Trust and the greater horseshoe bat. (S)(R)
5.00 **News** (S)
6.00 **Susan Calman's Summer by the Sea** Susan explores Bournemouth and meets up with Gareth Malone. (S)(R)
6.55 **News** (S)

8.00 **Life in the Dales**

7.00 **Dorset: Country and Coast** A visit to Poole Quay, where visitors have the chance to view pristine miniature steam engines, all competing for the title of 'best in show'. (S)(R)
7.55 **News** (S)

8.00 **Reuben Owen: Life in the Dales** New edition Reuben and the crew take their vintage tractors out of retirement for a huge log piling mission for a farmer, but Jess's tractor has sprung a leak. (S)(AD)

9.00 NEW SERIES **The Fortune** 1/4. Drama starring Eleanor Tomlinson. A young woman is left an enormous inheritance by a man she has neither met nor heard of before. *See feature, page 8.* (S1) (S) ■ Continues tomorrow

10.00 **Murder Scene: The Incident Room** Documentary investigating the murder of 63-year-old Gurmail Singh, who was killed by four teenagers attempting to rob his corner shop in Huddersfield. (S)(R)

11.05 **Broadmoor: For the Criminally Insane** 3&4/4. Double bill of editions. (S)(R)
1.00 AM **Teleshopping** S)(R)
2.30 **Digging Up Britain's Past** Experts seek a lost garden planted in 1592 for an event attended by Elizabeth I. (S)(R)
3.20 **Friends** (S7) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S6) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Pride Rules** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Viva Ned Flanders:* Homer takes Ned Flanders to Las Vegas. (S)(R)
5.30 *When You Dish Upon a Star:* Homer befriends a group of holidaying celebrities. (S)(R)
6.00 **The Office (US)** 4/25. Dwight rents a bus as temporary work space for the staff. (S)(R)
6.30 5/25. Jim and Pam fight over his new job. (S9) (S)(R)

9.00 **Bear Grylls Is Running Wild**

7.00 **The Simpsons** *Homer to the Max:* Homer changes his name. With the voice of Ed Begley Jr. (S)(R)
7.30 *I'm with Cupid:* Apu showers his wife with Valentine's Day gifts. With the voice of Elton John. (S)(R)

8.00 **Shark with Steve Backshall** 1/3. The naturalist celebrates the diversity of sharks, exploring the variety in the Atlantic and visiting the Bahamas, dubbed the shark capital of the world. (S)(R)

9.00 **Bear Grylls Is Running Wild** New edition 5/8. Bear takes actor Michelle Monaghan on a trek through the Great Basin Desert, which covers 200,000 square miles of the western United States. (S)

10.00 **Chris Ramsey: Live from London** A stand-up show at London's Royal Court Theatre, with the comedian lifting the curtain on his domestic frustrations and flawed attempts to be a good parent. (S)(R)

11.00 **Grimm** 5/22. Juliette learns that she is the key to restoring Nick's powers. (S4) (S)(R)
12.00 M'T **The Walking Dead** 1/13. The search for a missing Sophia leads to disaster for Rick's son Carl. (S2) (S)(R)
1.10 AM **The Force: North East** An uninsured driver gives officers the runaround. (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.50pm Scotcast (S)(R) **12.20am** FILM Everest (S) (2015, 12, 110min) ★★★★ **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Spotlight (S) **11.10** Half Man Series finale (S)(AD) **12.20am** Celebrity Bridge of Lies (S)(R) **1.05-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00pm Best of Weatherman Walking (S)(R) **7.15-10.00pm** LIVE Match of the Day (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
9.45pm If Walls Could Talk (S)(R) **10.00-10.30pm** Carl Frampton: On Probation (S)(R)

WALES
Sky **968**, Freesat **968**
1.45pm Welsh First Minister's Questions (S) **2.45** Mastermind (S)(R) **3.15** Lightning (S)(R) **3.45-4.30** Clean It, Fix It (S)(R) **7.00** The One Show (S) **7.30-8.00** EastEnders (S)(AD) **9.00** Interior Design Masters with Alan Carr New edition (S) **10.00-10.30pm** Rewind: 60 Years of Welsh Pop (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Bwyd Epic Chris **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralio+ **6.30** Heno New edition **7.00** Newyddion a'r Tywydd **7.20** LIVE Sgorio Rhyngwladol **10.00** Rownd a Rownd (AD) **10.30-11.35pm** Gwyl y Meirw: Mecsico

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Jobless** One-off comedy about a British Nigerian family in Milton Keynes.
7.15 LIVE **Match of the Day** Wales v Ghana: Coverage of the friendly fixture from Cardiff City Stadium. Wales missed out on a place in the World Cup finals following a penalty shoot-out defeat at the hands of Bosnia and Herzegovina in the play-offs and are now looking to rebuild. Kick-off is at 7.45.
10.00 **Louis Theroux: Life on the Edge** The film-maker looks back on his documentaries about the criminal justice system.
11.00 **Fake Friend: The Ticket Scammer** Documentary.
12.00 M'T **Top Gear**
1.00 AM **Top Gear Botswana Special** The presenters face a challenge in Botswana.
2.00 **Zara McDermott: Uncovering Rape Culture**
3.00 **to 4.00** AM **Louis Theroux: Life on the Edge**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** Four sets of campsite proprietors battle it out, beginning at Amber's Bell Tent Camping in Norfolk. **4.50** The second visit is to Park Farm Camping and Caravan Site in Norfolk. **5.20** The third visit is to Layer Marney Tower in Essex. **5.50** The final visit is to Foxhunter Park in Kent. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Bath.
7.55 **PopMaster TV** 3/9. Ken Bruce hosts the third heat, as music enthusiasts are put through their paces.
9.00 **Ancient Greece by Train with Alice Roberts** Alice's train odyssey takes her from Athens and across the Corinth Canal to Corinth, where she tracks down the precise place where St Paul stood to preach Christianity.
10.00 **Castle Secrets** Exploring how, in a castle in Transylvania, the legend of a bloodthirsty tyrant lives on – even after his death
11.00 **999: On the Front Line**
12.05 AM **24 Hours in A&E**
2.15 **999: On the Front Line**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The second round continues.
7.30 **Only Connect** Three history enthusiasts take on a trio of rugby union fans.
8.00 **Artsnight: A Tribute to Carla Lane** The writer discusses her life and work.
8.30 **Butterflies** *When Ria Met Leonard:* First-ever episode of Carla Lane's comedy.
9.00 **A History of Britain by Simon Schama** Exploring the changing role of women in Victorian society.
10.00 **Muhammad Ali** 1/8. Ken Burns' documentary about the sporting legend. **10.50** 2/8. How the boxer set his sights on becoming the youngest ever world heavyweight champion. **11.40** 3/8. The boxer dominates the heavyweight ranks for three years. **12.30** AM 4/8. The boxer refuses to join the US army.
1.20 **Only Connect**
1.50 **to 2.50** AM **Leonora Carrington: The Lost Surrealist**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From the Lake District.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Married at First Sight USA**
11.00 **Modern Family** (S6)
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family** (S7)
5.00 **The Simpsons**
7.00 **Hollyoaks** Warren has a big surprise for Mercedes.
7.30 **The Simpsons** *So It's Come to This: A Simpsons Clip Show:* Bart's latest prank lands Homer in hospital.
8.00 **Married at First Sight USA** New edition With Decision Day looming, the couples prepare for the biggest call of their lives, as they question love and trust.
9.00 **Gogglebox** Opinions on *Michael McIntyre's The Wheel* and *This Morning.*
10.00 **Gogglebox** *I'm a Celebrity... Get Me Out of Here!* and *Hollyoaks* are appraised.
11.05 **Naked Attraction**
12.10 AM **First Dates**
1.15 **Gogglebox**
2.15 **Married at First Sight USA**
3.05 **Ramsay's Kitchen Nightmares USA**
3.55 **The Simpsons**
4.20 **The Goldbergs**
5.05 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 | 306 | 30 | 123 | 256

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 17/20. (S12)
12.00 NOON **FBI** 5&6/22. (S5)
2.00 PM **The Rookie** 15/20. Officer Nolan finds out that his identity has been stolen. (S2)
3.00 **Law & Order: Criminal Intent** 8/22. Goren struggles with a personal crisis. Guest stars Michael Biehn. (S6)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM **7.00 Police 24/7** A traffic stop leads to the seizure of a gun and drugs, and officers make a discovery in an abandoned house.

8 PM **8.00 Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00 The Rookie** New episode *Out of Time:* 16/18. Nolan is forced to protect a man he does not trust. (S8)

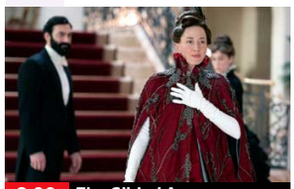
10 PM **10.00 Fire Country** *Backfire:* 21/22. The crews are called to a fire that has been started by a private firefighting company. (S1)
11.00 **The Rookie** 14/20. (S2)
12.00 M'T **FBI** 1&2/22. (S5)
2.00 AM **Matlock** New episode 13/16. Crime drama. (S2)
3.00 **Doc** New episode 18/22. (S2)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 3&4/10. (S1)
11.15 **Catherine the Great** (S1)
12.20 PM **Billions** 5&6/12. (S7)
2.25 **We Own This City** 4/6. (S1)
3.30 **Succession** 8/10. The Roy siblings spar over the outcome of the election. (S4)
4.50 **Billions** 5/12. Prince clashes with his employees and Ira turns to Chuck for help.
5.55 6/12. Axe turns to Chuck for a favour involving a common adversary. (S7)



8.00 The Gilded Age

7 PM **7.00 The Gilded Age** *Face the Music:* 3/9. An unfortunate development finds George's new railway station under threat. (S1)

8 PM **8.00 The Gilded Age** *A Long Ladder:* 4/9. George agrees to help Bertha, and a visit has a lasting impact on the staff. (S1)

9 PM **9.00 Prisoner** 5/6. Separated and under pressure, Amber turns to Tibor for help as a wider threat begins to emerge. (S1)

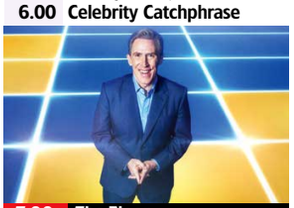
10 PM **10.00 Ponies** *Hanging on the Telephone:* 2/8. Bea becomes the handler for a Soviet technician. (S1)
11.05 Hacks 3/10. Ava gains insight into Deborah's past.
11.40 4/10. Ava comes to better understand Deborah and DJ's relationship. (S1)
12.15 AM **The Gilded Age** (S1)
2.15 **Homicide: Life on the Street**
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Billie and Greg: Family Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.05 PM **Real Housewives of Cheshire** Reality series.
1.05 **Celebrity Catchphrase**
2.05 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**



7.00 The Floor

7 PM **7.00 The Floor** The contest is heating up with just 33 players left as Rob Brydon hosts another round of quick-fire quiz .

8 PM **8.00 Million Dollar Listing: LA** James and David struggle with an unrealistic seller, while Tracy decides to list her own home.

9 PM **9.00 Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM **10.05 Love Island: The Debrief** New edition Companion show following all the goings-on in the villa.
10.35 Family Guy 9/30. Lois is sent to prison for persistent shoplifting. (S4)
11.05 **Family Guy** 4/30. Meg receives a makeover. (S4)
11.35 **American Dad!** (S3&2)
12.35 AM **Bob's Burgers** (S12)
1.30 **G'wed** 3&4/5. (S2)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.25 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Echoes of the Dead:* Barnaby investigates wedding-themed murders. Guest stars Pam Ferris and Kacey Ainsworth.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Snake in the Grass:* Resident rogue Greengrass comes off worst in a car deal.

6.55 Heartbeat

7 PM **6.55 Heartbeat** *Fall Out:* Two joyriders steal a car, unaware there is a radioactive isotope hidden in the boot.

8 PM **8.00 Vera** *Telling Tales:* DCI Vera Stanhope sets out to solve the murder of a teenage girl 11 years earlier, exposing the secrets and lies of a close-knit community. Guest stars Hugo Speer.

10 PM **10.00 Lewis** *Beyond Good and Evil:* A man incarcerated for the murders of three police officers launches an appeal when evidence is called into question.
11.50 Scott & Bailey 8/8. The warring detectives reunite when Gill is abducted. (S3)
12.50 AM 1/8. A vulnerable young man goes missing. (S4)
1.50 **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **Magnum, PI**
8.50 **The Saint**
9.55 **Boon**
11.00 **Isle of Man TT Highlights**
12.00 NOON **The Protectors**
12.30 PM **BattleBots**
1.35 **Magnum, PI**
3.45 **Boon**
4.50 **The Sweeney** *Jack or Knave:* Regan is implicated in a corruption scandal.
5.55 **Minder** *The Roof of All Evil:* Arthur investigates the sales potential of satellite dishes.

4.50 The Sweeney

7 PM **7.00 World Superbike Highlights** Action from the sixth round of the season, held at MotorLand Aragon in Spain.

8 PM **8.00 World Rally Championship Highlights** Action from the Rally of Japan, the seventh round of the campaign.

9 PM **9.00 Isle of Man TT Highlights** Action from the first Monster Energy Supersport TT race.

10 PM **10.00 Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
12.00 M'T **Lost** 24/25. The raft comes under attack, and the remaining islanders attempt to blow open the hatch. (S1)
1.00 AM **Isle of Man TT Highlights**
1.50 **Minder**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Banjo and Ro's Grand Island Hotel** The couple are forced to hunt for a new income stream.
8.00 **This Farming Life** Kezia's pigs aren't keen to budge for market day.
9.00 **Reported Missing** New edition 2/4. Fears grow for missing 19-year-old Chinese student Xiaoqiang, while 20-year-old Daniel has failed to return from a mountain hike.
10.00 **Disaster at Sea: The Piper Alpha Story** 3/3. The Cullen Inquiry reveals fatal errors, ignored warnings and failed systems.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Life on the Bay** Documentary about a caravan park on the Fife coast.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S9)
9.00 **Sort Of** 1&2/8. (S1)
10.00 **Two Weeks to Live** (S1)
11.15 **Will & Grace** (S3)
12.15 PM **Frayed** 5/6. (S1)
1.15 **Sort Of** 5/8. (S3)
1.45 **Two Weeks to Live** (S1)
3.00 **Will & Grace** (S2)
4.00 **Frayed** 5/6. (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S3)
7.00 **The Office (US)** 3/25. Andy discovers that he may be a distant relative of Michelle Obama.
7.30 4/25. Dwight rents a bus as temporary work space for the staff. (S9)
8.00 **Resident Alien** (S2)
9.00 FILM **Hope Springs** Romantic comedy drama with Meryl Streep and Tommy Lee Jones. (2012, 12, 98min) ★★★
11.00 **Two Weeks to Live** (S1)
12.35 AM **Resident Alien** (S2)
1.35 **Community** (S2)
2.35 **Frayed** 6/6. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **John Williams: The Berlin Concert**
7.50 **Watercolour Challenge**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wonderland: From JM Barrie to JRR Tolkien**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2018**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Mary Cassatt: Painting the Modern Woman**
9.15 **Klimt and The Kiss**
10.30 **Irvine Welsh: Reality Is Not Enough**
12.10 AM FILM **Mulholland Drive** Thriller. (2001, 15, 146min) ★★★★
3.05 **Cold War & Cinema**
4.05 **Dickens in Italy**
5.00 **to 6.00** AM **Painting Birds**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 5/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 11/26. (S3)
8.00 **Star Trek: Voyager** *Meld:* 16/26. Tuvok explores the human psyche. (S2)
9.00 **Fire Country** (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S3)
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family team from Lincolnshire take on a series of top 10 list questions.
3.00 **Who Wants to Be a Millionaire?** Six more contestants take part.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the infamous Banker.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** A novelty shop owner, a former GP and a learning and development trainer take part.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous**
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Life in the Country: Family Life**
10.00 **Narrow Escapes**
11.00 **Sun, Sea and Selling Houses** From Almeria.
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Dog House** A farmer is looking for a tractor cab companion.
8.00 **Steam Train Diaries** Staff and volunteers go to extremes to make a success of the railway's steam gala.
9.00 **24 Hours in A&E** A 92-year-old is rushed in having been trapped under her car.
10.00 **Emergency**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Night Coppers**
3.10 **24 Hours in A&E**
4.10 **to 4.40** AM **Travel Man: 48 Hours in Marseilles**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **The Ark** 7&8/12. (S2)
4.00 **Stargate SG-1** 21/22. (S5)
5.00 **Star Trek: Voyager** 23/26. The crew become the subject of a legend told by an alien museum curator. (S4)
6.00 **Star Trek: Enterprise** 20/26. The crew come to the aid of a vessel that has crashed on a desolate planet. (S1)

5.00 Star Trek: Voyager

7.00 **Stargate Atlantis** *The Siege:* 20/20. Part two of three. The Wraith close in and the future of the city looks bleak. (S1)

8.00 **Stargate SG-1** *Meridian:* 21/22. Jackson makes the ultimate sacrifice by exposing himself to a lethal dose of radiation. (S5)

9.00 **Grimm** *My Fair Wesen:* 20/22. Trubel moves in with Juliette as Nick tries to work out what to do about her. (S3)

10.00 **The Walking Dead** *Alone:* 13/16. Bob, Maggie and Sasha follow signs that supposedly lead to a sanctuary. (S4)
11.00 **Britannia** 8/10. Aulus outrages Domitius when he makes a confession about who he truly serves, and Andra discovers the truth about her family's past. (S2)
12.00 M'T **The Ark** 7&8/12. (S2)
2.00 AM **The Walking Dead** (S4)
3.00 **Britannia** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S19)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 14/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S19)
4.00 **The Mentalist** 14/24. (S3)
5.00 **Hudson & Rex** 1/16. Two hikers are found dead near a remote coastal trail. (S4)
6.00 **Father Brown** *The Celestial Choir:* A mysterious saboteur tries to stop Kembleford winning a choir competition.

9.00 Allegiance

7.00 **Unforgettable** *You Are Here:* 20/22. A bomb blast at a laboratory claims one seemingly innocent victim. (S1)

8.00 **Return to Paradise** *RIP Tide:* 1/6. A police officer is deployed to Australia and must work alongside her jilted ex-fiancé. (S1)

9.00 **NEW SERIES Allegiance** *Unsee This:* 1/10. Return of the crime drama. *See feature, page 12.* (S2)
■ Entire series on Box Sets

10.00 **The Hunting Party** *Richard Harris:* 1/10. A former FBI profiler and her team track down escaped serial killers. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** 3/8. Humphrey and Martha's weekend trip is cut short when a hotel owner is killed. (S6)
1.10 AM **Hudson & Rex** (S4)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Dad's Army**
2.00 **Ever Decreasing Circles**
2.40 **Are You Being Served?**
3.20 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

6.40 Keeping Up Appearances

7.20 **Dad's Army** Captain Mainwaring has an unusual dream in which he is Napoleon at the Battle of Waterloo.

8.00 **Open All Hours** Granville decides to change his image.
8.40 **Still Open All Hours** Leroy inadvertently gets involved in a love triangle.
9.20 **Not Going Out** Lee wins £1,000 for writing an essay about disability in the workplace.

10.00 **Not Going Out** Lucy complains neither of the flatmates is man enough to quell a noisy neighbour.
10.35 **Open All Hours** As shown at 8.00pm.
11.15 **Still Open All Hours**
11.55 **Harry Enfield and Chums** Featuring the Camp Jockeys.
12.30 AM **Not Going Out**
1.50 **Harry Enfield and Chums**
2.30 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** With Milton Jones.
2.00 **The Lakes with Simon Reeve**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Secret France** The chef concludes his culinary tour with trips to the Languedoc and Provence.

9.00 The Way Out

7.00 **Would I Lie to You?** Guests include Diane Morgan and Rory Reid. **7.40** Fern Britton, Stephen Mangan, Ken Livingstone and Reginald D Hunter take part.
8.20 **Richard Osman's House of Games** With Jasmine Harman and Dave Johns.

9.00 **The Way Out** Series finale 4/4. The teams rescue a woman from a burning flat.
■ Entire series on Box Sets

10.00 **QI XL** Phill Jupitus, Holly Walsh and Nish Kumar join Alan Davies and Sandi Toksvig to discuss the theme 'nonsense'.
11.00 **8 Out of 10 Cats** With Ellie Taylor, Jessica Knappett, David O'Doherty and Richard Osman.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **QI XL** With Matt Lucas.
2.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.20 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Foggy helps a man researching a guidebook on country walks. **6.40** Compo, Clegg and Foggy encounter a prophet of doom.

8.00 'Allo'Allo!

7.20 **Last of the Summer Wine** Compo bets Foggy that he will succeed in getting Nora Batty to kiss him before the day ends.

8.00 **'Allo 'Allo!** Monsieur Alphonse and Rene decide to duel with pistols. **8.40** Rene, Hans and the Colonel are taken to the château's dungeons for interrogation by Herr Flick. **9.20** Herr Flick learns the Communists have kidnapped his sausage.

10.00 **New Tricks** *Dead Poets:* The team re-examine the case of a poet from Belfast whose body was found in the scrapyard.
11.20 **Dalziel & Pascoe** *Wrong Time, Wrong Place:* Dalziel attends a conference in Amsterdam and finds himself the prime suspect in a murder case.
1.20 AM **Lovejoy**
2.15 **Waiting for God**
3.00 **to 4.00** AM **Monsieur Spade**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 9-11/24. (S14)
12.00 NOON **Law & Order Toronto: Criminal Intent**
3.00 PM **Law & Order** (S22)
6.00 **NCIS** *Rendezvous:* 24/24. A Navy SEAL disappears in a remote part of Paraguay controlled by violent rebels. (S14) **7.00** *Destiny's Child:* 1/24. The team search for Director Vance. **8.00** *Love Thy Neighbour:* 2/24. A navy lieutenant is found murdered in his hot tub. (S16)
9.00 **Law & Order** New episode *A Perfect Family:* 17/22. Price and Maroun depend on a child's testimony to solve a murder case. (S24)
10.00 **Law & Order: Special Victims Unit** (S9&10)
1.50 AM **Beauty and the Beast** 1&2/22. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition Undercover filming exposes a greedy opportunist boosting his payout.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Emergency Call Out** A team respond to a hit-and-run.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Scam City**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **The Hospital: Life on the Line**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.55 **FILM The Proud Rebel** Vintage Western starring Alan Ladd. (1958, b/w, U, 108min) ★★★
2.05 PM **FILM The Big Trees** Action drama starring Kirk Douglas. (1952, U, 89min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Double bill.
10.00 **Police Code Zero: Officer Under Attack** PC Mike Davey and his dog face a man armed with knives.
11.00 **The X-Files** 13/24. (S3)
12.00 M'T **Seconds from Death: Caught on Camera** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS Strictly Special**
12.00 NOON **DIY SOS: EastEnders Special**
1.00 PM **Celebrity Antiques Road Trip** Double bill.
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS Strictly Special** With the stars of *Strictly Come Dancing.*
8.00 **Pete Wicks: For Dogs' Sake** The presenter helps rehabilitate a group of ex-racing greyhounds.
9.00 **NEW SERIES Hashtag Homicide** 1&2/8. Documentary exploring the intersection of social media and true crime.
11.00 **Celebrity Antiques Road Trip** Double bill.
1.00 **to 3.00** AM **Absolutely Fabulous**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Shipwreck Secrets**
8.00 **Bangers & Cash**
10.00 **The Men and the Machines That Beat Hitler** Double bill.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The Men and the Machines That Beat Hitler** Double bill.
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Robbie Cumming journeys through Royal Leamington Spa and the historic town of Warwick.
8.00 **Bangers & Cash** A 1974 Mk3 Ford Cortina 2000E is valued.
9.00 **Bangers & Cash: Restoring Classics** Featuring a 1999 Morgan with a 4.6 V8 engine.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Shipwreck Secrets**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Celebrity Fantasy Homes** Michelle Collins.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** The homes of Jennie Bond and Sid Owen.
8.00 **Antiques Road Trip** Catherine Southon and Philip Serrell look for bargains in Christchurch.
9.00 **Who Do You Think You Are?** Claire Foy looks into her family history. **10.00** Matt Lucas explores his roots.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** (S3)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 12&13/22. (S7)
1.00 PM **The Waltons** (S9)
3.00 **Ballykissangel** (S4)
4.10 **Down to Earth** (S5)
5.20 **Bramwell** 5/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 23/24. The team celebrate a ceasefire. **8.00** 24/24. Kaplan crashes his scout car. (S1) **8.30** 1/24. The camp is on its best behaviour for an inspection. (S2)
9.00 **Brush Strokes** (S4&5)
11.00 **Robin's Nest** 1/6. Robin plans a holiday. **11.30** 2/6. Robin and Vicky maximise the space at home. (S5)
12.00 M'T **M*A*S*H** (S1&2)
1.30 AM **Rising Damp** (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.00 AM **FILM Kentucky Rifle** Western with Chill Wills. (1956, U, 84min) ★★
10.50 **Tombstone Territory**
11.20 **Wanted: Dead or Alive**
11.50 **The High Chaparral**
1.50 PM **FILM Assault on Station 33** Thriller. (2021, 15, 110min) ★★
3.40 **The Persuaders!** (S1)
4.40 **The New Avengers** (S2)
6.40 **FILM The Ice Road** Action thriller starring Liam Neeson. (2021, 12, 108min) ★★★
9.00 **FILM Dragon Eyes** Martial arts drama starring Jean-Claude Van Damme and Cung Le. (2012, 18, 87min) ★★
11.00 **Dragon Ball Super**
12.00 M'T **Coast Guard Alaska**
1.00 AM **The New Avengers**
3.00 **FILM Absolute Zero** Disaster movie. (2005, 12, 87min) ★
4.25 **Coast Guard Alaska**
5.10 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: Real Murders** Drama. (2015, PG, 90min) ★★
10.05 **In Plain Sight** 8/8. (S5)
11.05 **Castle** 18/24. (S2)
12.05 PM **FILM The Gourmet Detective: Roux the Day** Crime drama. (2020, PG, 83min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 19/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 1/12. (S1)
10.45 **Castle** 16/24. (S2)
11.45 **FILM An Aurora Teagarden Mystery: A Bundle of Trouble** Thriller with Lexa Doig. (2017, U, 85min) ★★
1.50 AM **FILM Killing Your Daughter** Thriller. (2019, PG, 95min) ★★
3.25 **to 5.00** AM **FILM A Deadly Lullaby** Thriller. (2020, 12, 86min) ★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Christmas Comes Home** Drama. (2020, PG, 84min) ★★
10.15 **FILM The Christmas Pageant** Comedy. (2011, U, 87min) ★★★
12.05 PM **FILM Christmas at the Greenbrier** Comedy. (2022, PG, 89min) ★★
2.00 **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
3.55 **FILM Christmas by Design** Festive comedy. (2023, U, 83min) ★★
5.45 **FILM A Christmas Crush** Comedy. (2019, PG) ★
7.45 **FILM A Gingerbread Romance** Festive drama. (2018, PG, 90min) ★★
9.45 **FILM Miss Christmas** Drama. (2017, U) ★★
11.50 **FILM Christmas with a View** Romantic drama. (2018, PG, 91min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas Comes Home**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **Great British Food**
4.00 **Country House Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **My Floating Home** A man seeks to secure a home on the Medway.
8.00 **Garden Rescue** Flo Headlam and Lee Burkhill design a practical space for a family in Hertfordshire,. **9.00** Flo and Lee design a New Zealand-inspired garden for a pair of junior doctors.
10.00 **FILM Adventures of a Plumber's Mate** Comedy. (1978, 18, 88min) ★
12.00 M'T **FILM Come Play with Me** Adult comedy. (1977, 18, 90min) ★★
2.00 AM **Love Your Garden**
3.00 **Country House Auction**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 7/7. (S3)
10.30 **Two's Company** (S1)
11.00 **Second Thoughts** (S5)
11.30 **The Fenn Street Gang**
12.00 NOON **Boon** 10/13. (S3)
1.05 PM **The Lovers** (S1)
1.35 **The Dustbinmen** (S1)
2.05 **The Prime of Miss Jean Brodie** 5/7. (S1)
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 10/13. (S2)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **Space 1999** 23/24. (S2)
7.00 **Two's Company** (S1)
7.30 **The Dustbinmen** (S1)
8.00 **The Gaffer** 7/7. (S3)
8.30 **Second Thoughts** (S5)
9.00 **The New Statesman**
10.00 **FILM Eskimo Nell** Comedy. (1974, 18) ★★
11.45 **FILM Inseminoid** Horror. (1981, 15, 93min) ★
1.45 AM **Stereo Underground**
2.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Guardians of the Glades**
10.00 **Deadliest Catch**
12.00 NOON **Unexplained and Unexplored**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Opal Hunters: Red Dirt Road Trip** Double bill.
7.00 **Deadliest Catch** John and Josh outmanoeuvre a Russian captain. **8.00** Sig makes a big call to save the fishery.
9.00 **Harpoon Hunters** A change in weather forces a shift in strategy. **10.00** Joe and Tyler fight for the top spot.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Spanish Adventure**
7.00 **Mary Berry Cooks**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** With Emily Blunt.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Great British Adventure**
3.00 **Mary Berry Cooks**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Stanley Tucci.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **Prue Leith's Cotswold Kitchen** Prue is joined by chef Tommy Banks.
10.00 **24 in 24: Last Chef Standing** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/24. (S8)
9.00 **T.J. Hooker** 3/23. (S4)
10.00 **Six Million Dollar Man**
11.00 **FILM MegaFault** Sci-fi action adventure. (2009, 12, 90min) ★★
1.00 PM **FILM High Flight** Drama with Ray Milland. (1958, PG, 8min) ★★
3.00 **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
5.00 **Star Trek** 13/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 4/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Carlito's Way** Thriller with Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
12.00 M'T **FILM Centurion** Action thriller. (2009, 15, 91min) ★★★
1.55 AM **FILM Unchained** Thriller. (2017, 15) ★★
3.40 **to 5.15** AM **FILM Curse of the Crimson Altar** Horror. (1968, 15) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
11.00 **Andromeda** 10/22. (S2)
12.00 NOON **FILM Warbirds** Sci-fi war drama. (2008, 15, 87min) ★★
2.00 PM **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Double Dragon** Martial arts adventure. (1994, 12, 91min) ★★
7.00 **Andromeda** 11/22. (S2)
8.00 **The Fall Guy** (S5)
9.00 **FILM Beyond the Law** Thriller starring DMX and Steven Seagal. (2019, 15, 89min) ★
10.55 **FILM Triple 9** Thriller starring Chiwetel Ejiofor and Casey Affleck. (2016, 15, 113min) ★★★
1.20 AM **FILM Beyond the Law** As 9.00pm.
3.10 **FILM Double Dragon**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Money for Nothing**
8.30 **Junk & Disorderly**
9.25 **Storage Wars Canada**
10.20 **What on Earth?**
12.10 PM **Cursed Treasures**
1.05 **Pawn Stars**
2.05 **Outback Wreckers** New edition
3.05 **Money for Nothing**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Outback Wreckers**
10.00 **Junk & Disorderly**
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **WWE's Greatest Moments** Double bill.
1.00 AM **UFOs: Lost Evidence**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Draining Loch Ness: In Search of the Monster**
7.00 **Ben Fogle: New Lives in the Wild** A couple who became safari guides in the Ruaha National Park in Tanzania. **8.00** Ben joins a couple in a derelict farmhouse in rural Hungary.
9.00 **Alexander Armstrong in India** Alexander begins the final leg of his trip in Mumbai.
10.00 **Keeping Faith** 2/8. (S1)
11.10 **Nazi Megastructures**
12.05 AM **Wentworth Prison**
1.10 **The Yorkshire Vet**
3.00 **World's Most Scenic Railway Journeys**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Double bill.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry take part.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Jodie Kidd, Danny Care, Mathew Horne and Al Murray.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 17/24. Sheldon comes up with some novel games to play. **8.30** 18/24. Sheldon and Amy try to charm the Nobel laureates. (S11)
9.00 **NEW SERIES 1000-lb Sisters** Following the lives of lively, morbidly obese sisters Amy and Tammy Slaton. **10.00** New edition Amy and Tammy have drifted further than ever, but are living parallel lives.
11.00 **Dr Pimple Popper: Breaking Out**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2&3)
1.00 PM **Friends** (S4&5)
8.00 **Friends** 6/24. Emily asks Ross to move away from his friends. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **FILM Kevin & Perry Go Large** Comedy spin-off starring Harry Enfield and Kathy Burke. (2000, 15, 82min) ★★
10.40 **Bradley & Barney Walsh: Breaking Dad**
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **Teachers** (S3)
1.10 **South Park** (S28&1)
2.40 **Kevin Bridges: A Whole Different Story**
3.30 **Modern Horror Stories**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
6.45 **The Culture Capsule**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 5.00pm.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 12-15/25. (S6)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 3/8. (S4)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Show** With Robbie Williams and Ian Wright.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S2&3)
10.00 **Friends** 16-23/24. (S4)
2.00 AM **Michael McIntyre's Big Show** As 5.00pm.
3.00 **Utopia** 2/8. (S4)
3.20 **Teachers** 2/20. (S3)
3.45 **Jimmy Carr's Am I the A**hole?**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 3/6. (S2)
10.55 **Steptoe and Son** (S3)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S3)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 3/13. Drama. (S1)
2.45 **Minder** 6/10. (S10)
3.45 **Whatever Happened...**
4.20 **Man About the House**
4.55 **Bread** 3/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.15 **Rising Damp** 3/7. (S3)
6.45 **Steptoe and Son** (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 2/10. (S5)
9.00 **Benidorm** 1/9. (S9)
10.00 **Shameless** 3/14. (S11)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 1/9. (S9)
1.00 AM **Minder** 11/13. (S9)
2.05 **Duty Free** 1/7. (S2)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
12.00 NOON **Catfish: The TV Show** Four editions.
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Double bill.
8.00 **Catfish: Troublemakers**
9.00 **Bar Rescue** New edition Jon Taffer heads to Milwaukee, Wisconsin, to rescue a family's frozen daiquiri bar.
10.00 **Dating Naked UK** New edition The Dumping Ground sees multiple casualties as the Daters head into this year's final stages.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Catfish UK**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Extreme RVs** Double bill.
1.00 PM **Vantara: Sanctuary Stories** Documentary.
2.00 **Nature's Strangest Mysteries: Solved**
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** The Raneys pass on essential skills to the next generation. **6.00** In Alaska, Marty rescues his property from a deluge of snow runoff.

9.00 **Deadliest Catch**

7.00 **Wheeler Dealers World Tour** Mike and Elvis engage in the ultimate Aussie showdown – Ford versus Holden.

8.00 **Wheeler Dealers World Tour** Mike and Elvis find a 1970s classic VW camper in need of some mechanical TLC.

9.00 **Deadliest Catch** New edition Tensions rise on the *Time Bandit*, giving Keith a chance to lure Freddy back to the *Wizard*.

10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition A mine owner and her foreman face financial ruin.

11.00 **Expedition X** Jess and Phil continue to investigate Mackinac Island's mysteries.
12.00 M'T **Border Control Poland**
1.00 AM **Deadliest Catch**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** A custom tank.
11.00 **Animal Cops Philadelphia**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Game Warden Randolph McGee assesses a gas spill in the water system.
6.00 **Dr Jeff: Rocky Mountain Vet** Amy debates emergency surgery for a French bulldog that ate its favourite toy.

8.00 **Blood Ivory**

7.00 **Treehouse Masters** Two tastemakers hire Pete to create a treetop structure with a wall of windows and a crow's nest.

8.00 **Blood Ivory** The team receive a tip-off about a major elephant-killing crew operating in Rungwa Game Reserve, Tanzania.

9.00 **Alaska: The Last Frontier** Jewel returns to the homestead for son Kase's first cattle drive.

10.00 **Alaskan Bush People** Ami tries to find mates for her five grown boys by enlisting the help of an Alaskan matchmaker.

11.00 **Mountain Monsters** Buck travels into the forest and meets someone from his past.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Blue Serengeti**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above**
1.00 PM **Seconds from Disaster**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Planes that Changed History**
5.00 **Inside Melbourne Airport**
6.00 **Hitler's Last Stand** A surprise offensive against American forces in the Ardennes Forest.

8.00 **Tucci in Italy**

7.00 **Air Crash Investigation** The crash of a Boeing 737 in a remote part of the Amazon jungle in September 1989.

8.00 **Tucci in Italy** New edition Stanley immerses himself in the myths and mysteries of the wild island of Sardinia.

9.00 **Hitler's Teen Killers** The story of the 20,000 teenagers that pledged to give their lives to Hitler during World War Two.

10.00 **World War II: Secrets from Above** New edition Acts of resistance during World War Two.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Airport Security: Peru**
2.00 **Primal Survivor**
2.30 **Bid & Destroy**
2.55 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Digging for Britain**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **Lost U-Boats of WWII**
2.00 PM **Hell on Earth: WWII** Four editions, including at: **4.00** The tide of the war begins to turn against Germany. **5.00** The lifting of the Siege of Leningrad after 900 days and the Battle of Normandy.
6.00 **American Pickers** A massive stash of junior dream cars is recovered by Robbie Wolfe.

9.00 **World War II**

7.00 **Forged in Fire** Bladesmiths battle it out to recreate one of Japan's deadliest swords – the Nagamaki.

8.00 **Hitler v Churchill: The Eagle and the Lion** 2/2. Documentary exploring the personal rivalry between the war leaders.

9.00 **World War II with Tom Hanks** New editions The actor looks back at the attack on Pearl Harbor. **9.55** How America's battle to control the seas turned the tide of the war.
10.50 **History's Deadliest with Ving Rhames** A look at history's most evil tyrants.

11.50 **Hell on Earth: WWII** World War Two in its third year. **12.50** AM Hitler's renewed assault on the Soviet Union. **1.50** How the tide of the war began to turn against Germany. **2.50** The lifting of the Siege of Leningrad after 900 days and the Battle of Normandy.
3.50 **American Pickers**
4.45 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Comedy Store**
7.05 **Discovering: Bill Murray**
8.00 **The Directors**
9.00 **Love Has Won: The Cult of Mother God** As 5.55pm.
10.05 **Black Widow**
11.00 **Juan Carlos: Downfall of the King** 2/4. Documentary.
12.00 NOON **Bruno v Tyson**
1.50 PM **Everton: Howard's Way**
4.00 **The Directors**
5.00 **Discovering: Bill Murray**
5.55 **Love Has Won: The Cult of Mother God** 2/3. Relatives of Amy Carlson reveal her past.

5.55 **Love Has Won**

7.00 **Black Widow** 2/3. Police believe Lee Wyatt could be the key to solving the mystery of Julian Webb's death.

8.00 **Murder at the Post Office** 1/3. Documentary about the murder of postmistress Diana Garbutt in 2010.

9.00 **Murder at the Post Office** 2/3. At trial, the prosecution alleges Robin Garbutt was stealing from the Post Office.

10.00 **Murder at the Post Office** 3/3. Robin Garbutt is sentenced to 20 years in prison, but key evidence is still missing.

11.00 **Salt Path: A Very British Scandal** Journalist Chloe Hadjimatheou's investigation into allegations of inaccuracies in Raynor Winn's book.
12.30 AM **The Legend of the Underground** Documentary.
2.10 **MoviePass, MovieCrash**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Bill Murray**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Arusha Irvine and Angus Ashworth traverse south-west Wales.
8.00 **Shed and Buried**
9.00 **FILM Transformers** Sci-fi action adventure with Shia LaBeouf and Tyrese Gibson. (2007, 12, 144min) ★★★★
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **American Detective with Lt Joe Kenda**
7.00 **Judge Rinder's Crime Stories** Kenneth Noye.
8.00 **Murder on CCTV**
9.00 **Body Cam** New editions An officer is shot while trying to save a dog. **10.00** In Wisconsin, officers approach a dangerous driver's car.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Almost Perfect Murders** The case of Carol Wray.
8.00 **UK Crime Files: A Deadly Love Triangle**
9.00 **UK Crime Files: Murder of a Lonely Hearted Wife**
10.00 **Killers: Caught on Camera** New edition The death of Angela Craig, who was poisoned by her husband James.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: A Deadly Love Triangle**
1.00 AM **UK Crime Files: Murder of a Lonely Hearted Wife**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Britain's Almost Perfect Murders**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Evil Walks the Streets**
9.55 **UK Crime Files: Murder Against All Odds**
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Head on the Beach**
3.00 **UK Crime Files: Murder at the Gate**
4.00 **48 Hours** Maureen Maher investigates the case of a mother of two.
5.00 **Medical Detectives** The hunt for a rapist. **5.30** A family contract deadly illnesses. **6.00** A renowned surgeon is found dead. **6.30** Detectives suspect a woman of murdering her husband.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **The Beverley Allitt Tapes** Documentary.
3.00 **How I Caught the Killer**
4.00 **Murdered at First Sight**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
12.00 M'T **World's Most Evil Killers** Jerry Brudos.
1.00 AM **Murder Uncut**
2.00 **Murders That Shocked the Nation** Lord Lucan.
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Bronze Age Apocalypse**
9.35 **Ancient Greece: Dark Chronicles**
10.45 **Peleliu: WWII's Most...**
11.55 **Jungle War**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Bronze Age Apocalypse**
2.40 **Ancient Greece: Dark Chronicles**
3.55 **Peleliu: WWII's Most...**
5.05 **Jungle War**
6.10 **Bronze Age Apocalypse**
7.15 **Ancient Greece: Dark Chronicles** New edition The era of change following the Dark Ages.
8.30 **Peleliu: WWII's Most Well-Preserved Battlefield** Documentary.
9.40 **Jungle War**
10.50 **Ancient Greece: The Dark Chronicles**
12.00 M'T **Peleliu: WWII's...**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

TUESDAY

Tuesday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Great Parks of Africa**
- 7.00 **Monkey Life**
- 8.00 **Uptown Otters**
- 9.00 **Kenya Wildlife Diaries**
- 10.00 **Gangs of Baboon Falls**
- 11.00 **Ireland's Wild Islands...**
- 12.00 NOON **Pride Rules**
- 1.00 PM **Monkey Life**
- 2.00 **Uptown Otters**
- 3.00 **Kenya Wildlife Diaries**
- 4.00 **Gangs of Baboon Falls**
- 5.00 **Ireland's Wild Islands...**
- 6.00 **Pride Rules**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Big Cats: An Amazing Animal Family** 2/2. Documentary.
- 9.00 **Island of the Monsoon**
- 10.00 **Pride Rules**
- 11.00 **Ireland's Wild Islands with Eoin Warner** Clare Island.
- 12.00 M'T **Dogs with Extraordinary Jobs** Documentary.
- 1.00 AM **Great Parks of Africa**
- 2.00 **Big Cats: An Amazing Animal...**
- 3.00 **Island of the Monsoon**
- 4.00 **Uptown Otters**
- 5.00 **to 6.00** AM **Kenya Wildlife Diaries**

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Green Eyed Killers**
- 8.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **Britain's Killer Teens**
- 2.00 PM **Hometown Tragedy**
- 3.00 **Buried in the Backyard**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Hometown Tragedy**
- 9.00 NEW SERIES **Staged: Deadly Deception** Shocking cases where crime scenes were staged to conceal the truth.
- 10.00 **The Death Investigator with Barbara Butcher** New edition A Las Vegas neighbourhood is shattered by a double murder.
- 11.00 **Very Scary People**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Crime in Progress** New edition
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Hometown Tragedy**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Inside the Ambulance**
- 1.00 PM **Inside the Ambulance**
- 5.00 **David Jason's Great British Inventions** The actor examines British innovations in the history of engineering, beginning with a look at wheeled vehicles. **6.00** British innovations in the history of flight. **7.00** David operates one of the world's biggest hydraulic cranes. **8.00** The actor examines British innovations that have transformed the home.
- 9.00 **Warbird Workshop** A team of military veterans hope to put the Sea King rescue helicopter back in the air. **10.00** Veteran engineer Gerry Cooper rebuilds two pre-war biplanes with glorious histories.
- 11.00 **David Jason's Great British Inventions** Four editions.
- 3.00 AM **Warbird Workshop**
- 4.40 **David Jason's Great British Inventions** As 5.00pm.
- 5.30 **to 6.00** AM **Robson Green's Weekend Escapes**

+1 hour 266 376

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **How to Lose a War**
- 9.00 **Combat Ships**
- 10.00 **The Abyss: Rise & Fall of the Nazis** A look at how the failed coup on 9 November 1923 eliminated Hitler's movement.
- 10.55 **Ancient Aliens**
- 12.50 PM **Apocalypse D-Day**
- 3.00 **D-Day: 100 Days to Beat the Third Reich** 1&2/2. The Allies' liberation of Normandy.
- 5.00 **Hitler's Coup 1923**
- 6.00 **Combat Ships**
- 7.00 **Crimes That Shook Britain**
- 8.00 **The Abyss: Rise & Fall of the Nazis** A look at how the Nazis conquered Germany in the wake of World War One.
- 9.00 **The UnXplained: Mysteries of the Universe** Documentary.
- 10.00 **Secrets in the Dark**
- 11.00 **Ancient Aliens** Double bill.
- 1.00 AM **Crimes That Shook Britain**
- 2.00 **D-Day: 100 Days to Beat the Third Reich** 2/2. Documentary.
- 3.00 **Hitler's Coup 1923**
- 4.00 **Combat Ships**
- 5.00 **to 6.00** AM **Canadian Pickers**

WILD

165 145 182

- 8.00 AM **Secrets of the Zoo**
- 10.00 **Monster Fish**
- 11.00 **Savage Kingdom**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **North American Birds**
- 3.00 **Swamp Men**
- 4.00 **Hostile Planet**
- 5.00 **Yukon Rescue**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo: Tampa** The bears and the panthers get habitat upgrades.
- 8.00 NEW **Wild Transylvania: Dracula's Hidden Kingdom** Exploring the wilderness of the Romanian region.
- 9.00 NEW **Nilgiris: A Shared Wilderness** Documentary about India's very first UNESCO Biosphere Reserve.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Snakes in the City**
- 12.00 M'T **When Sharks Attack**
- 1.00 AM **Last of the Giants: Wild Fish** Documentary.
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Savage Kingdom**

ID

154 140 166

- 8.00 AM **Murder in the Heartland**
- 12.00 NOON **Mean Girl Murders**
- 1.00 PM **American Monster: Abuse of Power** Double bill.
- 3.00 **I'd Kill For You** Four editions.
- 7.00 **The Lies That Bind** Focusing on the case of Paula Allen, who died when a fire burned down a parsonage behind a church. Upon investigation, a fire marshal discovers the blaze was no accident. **8.00** The 2014 murder of Karla Villagra Garzon by her husband Abayuba Rivas, who dumped the 43-year-old's body inside an abandoned house.
- 9.00 **Signs of a Psychopath** When a woman disappears from Sunrise, Florida, detectives uncover her manipulative, ex-con husband as the prime suspect and a cold-blooded psychopath.
- 10.00 **Evil Lives Here** Triple bill.
- 1.00 AM **Blood Relatives**
- 2.00 **I'd Kill for You**
- 4.00 **to 6.00** AM **The Lies That Bind**

+1 hour 254 366

Discovery Science

167 148 179

- 8.00 AM **Killers of the Cosmos**
- 11.00 **Richard Hammond's Big**
- 12.00 NOON **Extreme Engineering**
- 1.00 PM **Secrets Underground**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made**
- 9.00 **Savage Builds** Using material salvaged from scrap yards, Adam Savage and two colleagues build three motorised vehicles inspired by post-apocalyptic worlds. **10.00** Adam wants to build his own version of King Arthur's legendary sword, Excalibur. Using the iron found in a meteorite, he attempts to make an indestructible weapon.
- 11.00 **You Have Been Warned** A brave sportsman skiing behind a supercar, and people pulling cars with their teeth. **12.00** M'T Featuring clips of punching robots and bowling ball launchers.
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Blowing Up History**

+1 hr 267 379

Discovery History

161/172 147 181

- 7.00 AM **Combat Dealers: Reloaded**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Investigating an invisible scaffold of dark matter known as the Cosmic Web.
- 1.00 PM **The Alaska Triangle**
- 2.00 **Alien Highway**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Combat Dealers: Reloaded** Bruce Crompton and his team embark on a tour across Europe to buy and restore some of World War Two's rarest tanks.
- 9.00 **Unexplained and Unexplored**
- 10.00 **How Do They Do It?**
- 11.00 **Combat Dealers**
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **The Alaska Triangle**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Big**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Bad Chad Customs**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **Massive Engineering Mistakes**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Dream Jobs with Chris Hoy**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Dream Jobs with Chris Hoy** Chris competes against online Formula E racers. **8.30** The cycling legend tries his hand at 'drifting'.
- 9.00 **Outback Car Hunters** The guys fall for a rare 1966 beauty – a MK1 Ford Cortina.
- 10.00 **Massive Engineering Mistakes**
- 11.00 **Shed and Buried: Classic Cars**
- 12.00 M'T **Dream Jobs with Chris Hoy**
- 1.00 AM **Richard Hammond's Big**
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 7.00 AM **Gabby's Dollhouse: The Movie** Family comedy adventure. (2025, U, 99min)
- 8.50 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
- 11.00 **Honey Don't!** As 5.20am.
- 12.40 PM **Fuze** As 8.00pm.
- 2.20 **The Bride!** As 3.10am.
- 4.30 **We Bury the Dead** Horror. (2024, 15, 94min) ★★★★
- 6.15 **The Plague** Thriller. (2025, 15, 98min) ★★★★

9.40 The Running Man

8.00 Fuze Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 The Running Man Edgar Wright's comedy thriller based on the Stephen King story, starring Glen Powell. Desperate to save his sick daughter, a man enters a deadly televised competition. (2025, 15, 133min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
- 1.30 AM **Him** Horror with Marlon Wayans. (2025, 18, 96min)
- 3.10 **The Bride!** Gothic horror. (2025, 15, 126min) ★★★★
- 5.20 **to 6.55** AM **Honey Don't!** Ethan Coen's comedy thriller. (2025, 15, 89min) ★★★

Sky Cinema Pride

303 303 403 503 517

- 6.00 AM **Summerland** Drama. (2020, 12, 99min) ★★★
- 7.45 **Mascarpone** As 2.35am.
- 9.40 **Minyan** (2020, 15) ★★★
- 11.40 **Am I OK?** (2022, 15) ★★★
- 1.10 PM **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
- 2.50 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
- 4.35 **A Nice Indian Boy** Comedy. (2024, 12, 96min) ★★★
- 6.15 **The Wedding Banquet** Comedy. (2025, 15) ★★★

6.15 The Wedding Banquet

8.00 Wicked Part one of *The Wizard of Oz* prequel based on the hit stage musical, starring Cynthia Erivo and Ariana Grande. An unlikely but profound friendship grows between Elphaba, a misunderstood green-skinned outcast, and Glinda, a popular, gilded socialite. With Jonathan Bailey and Michelle Yeoh. (2024, PG, 160min) ★★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Downton Abbey: The Grand Finale Period drama spin-off starring Hugh Bonneville. (2025, PG, 123min) ★★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.55 AM **You Can Live Forever** Drama with Anwen O'Driscoll. (2022, 15, 96min) ★★★
- 2.35 **Mascarpone** Comedy drama. (2021, 15, 101min) ★★★
- 4.35 **to 6.05** AM **The Man with the Answers** Romantic drama. (2021, 12, 80min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 7.40 AM **Aisha** Drama starring Letitia Wright. (2022, 12, 94min) ★★★★
- 9.25 **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
- 11.15 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
- 1.05 PM **Erin Brockovich** Fact-based drama starring Julia Roberts. (2000, 15, 133min) ★★★★
- 3.20 **Rocketman** As 10.05pm.
- 5.25 **Cast Away** Survival drama with Tom Hanks and Helen Hunt. (2000, 12, 143min) ★★★★
- 8.00 **Chicago** Oscar-winning screen version of the Broadway musical, with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
- 10.05 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★★
- 12.10 AM **Horizon: An American Saga – Chapter 1** Western. (2024, 15, 181min) ★★★★
- 3.10 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
- 5.20 **to 7.10** AM **The Room Next Door** As shown at 11.15am.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.55 AM **The Cinema List: Remakes**
- 7.10 **The Nun** Horror. (2018, 15) ★★★
- 8.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
- 10.25 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
- 12.10 PM **The Craft** Supernatural horror. (1996, 15, 101min) ★★★
- 1.55 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
- 3.55 **Salem's Lot** Horror thriller. (2024, 15, 109min) ★★★
- 6.00 **28 Years Later** Horror sequel. (2025, 15, 115min) ★★★★
- 8.00 **Sinners** Horror thriller starring Michael B Jordan. Twin brothers return to their hometown to start over, and find a dark force waiting to welcome them back. (2025, 15, 132min) ★★★★
- 10.20 **Pet Sematary** Horror based on the Stephen King novel, starring Jason Clarke and Amy Seimetz. (2019, 15, 101min) ★★★
- 12.05 AM **Presence** Horror thriller. (2024, 15, 84min) ★★★★
- 1.35 **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
- 3.05 **28 Days Later** Horror thriller. (2002, 18, 113min) ★★★★
- 5.05 **to 6.50** AM **Wolf Man** Horror. (2024, 15, 103min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family
304 304 406 506 519

6.25 AM **Teen Titans Go! to the...**
8.05 **Annie** As shown at 9.50pm.
10.15 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★
12.10 PM **Jumanji** Comic fantasy. (1995, PG, 104min) ★★★★
2.00 **Jumanji: Welcome to the Jungle** Fantasy comedy. (2017, 12, 119min) ★★★★
4.05 **DC League of Super-Pets** Animation. (2022, PG) ★★★
6.00 **Sing** Animated comedy. (2016, U, 108min) ★★★

6.00 Sing

8.00 The Wild Robot Family animation with the voices of Lupita Nyong'o, Pedro Pascal, Kit Connor and Bill Nighy. A shipwrecked robot survives on an uninhabited island with the help of wild animals. (2024, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Annie Musical remake starring Quvenzhané Wallis and Jamie Foxx. An orphan goes to live with a wealthy businessman in New York. With Cameron Diaz and Rose Byrne. (2014, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Teen Titans Go! to the Movies** Animated adventure. (2018, PG, 84min) ★★★
1.40 AM **The Ant Bully** Animation. (2006, U, 89min) ★★★★
3.15 **Tafiti: Across the Desert** Animation. (2025, PG, 81min)
4.45 **to 6.40** AM **The Last Airbender** Fantasy adventure. (2010, PG, 103min) ★★

Sky Cinema Action
306 306 407 507 521

6.30 AM **Sky Cinema Preview**
7.20 **William Tell** As 5.25am.
9.35 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
11.30 **Kraven the Hunter** (2024)
1.40 PM **Bad Boys** Comedy thriller. (1995, 15, 118min) ★★★
3.40 **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★
5.40 **Godzilla** Monster movie. (1998, PG, 139min) ★★★

5.40 Godzilla

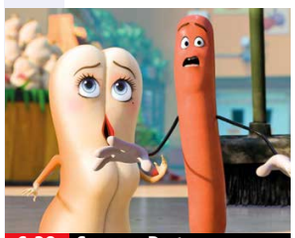
8.00 xXx Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Fuze Thriller with Aaron Taylor-Johnson and Theo James. An unexploded bomb is discovered on a construction site in the centre of London. (2026, 15, 15min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★
2.30 **Kraven the Hunter** Fantasy starring Aaron Taylor-Johnson. (2024, 15, 127min) ★★★
4.45 **Sky Cinema Preview**
5.25 **to 7.50** AM **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★

Sky Cinema Comedy
308 308 408 508 522

6.20 AM **Eddie the Eagle** Biopic. (2016, PG, 103min) ★★★
8.15 **Blue Moon** (2025, 15) ★★★★
10.10 **Dumb and Dumberer: When Harry Met Lloyd** (2003, 12) ★
11.50 **Eddington** (2025, 15) ★★★★
2.20 PM **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
4.25 **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
6.20 **Sausage Party** Animation. (2016, 15, 89min) ★★★



6.20 Sausage Party

8.00 Mamma Mia! Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Mamma Mia! Here We Go Again Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
2.00 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
3.50 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
5.40 **to 7.30** AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★

Sky Cinema Thriller
309 309 409 509 523

7.20 AM **Lethal Weapon 3** Action thriller. (1992, 15, 118min) ★★
9.25 **Lethal Weapon 4** Thriller. (1998, 15, 128min) ★★★
11.35 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
1.55 PM **Dog Day Afternoon** Sidney Lumet's thriller. (1975, 15, 130min) ★★★★
4.10 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
6.15 **Drop** Thriller with Meghann Fahy. (2025, 15, 95min) ★★★★

6.15 Drop

8.00 The Hunt for Red October Cold War thriller based on the novel by Tom Clancy, set on a nuclear-powered submarine. Stars Sean Connery, Alec Baldwin and Scott Glenn. (1990, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Speak No Evil Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
2.00 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
3.50 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
5.40 **to 7.15** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Rare Breed** Western. (1966, U, 97min) ★★★
12.55 PM **The Siege at Red River** Western. (1954, PG) ★★★
2.40 **3.10 to Yuma** Classic Western. (1957, b/w, PG, 80min) ★★★★
4.30 **Charade** Romantic comedy thriller starring Cary Grant. (1963, PG, 114min) ★★★★
6.45 **Belle** Fact-based drama starring Gugu Mbatha-Raw. (2013, 12, 100min) ★★★★

9.00 Django Unchained

Belle (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Django Unchained Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. A former slave becomes a deadly bounty hunter and embarks on a perilous mission to rescue his wife from a Mississippi plantation. (2012, 18, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 **to 3.05** AM **Tombstone** Western starring Kurt Russell and Val Kilmer. Gunslinger Wyatt Earp abandons his plans to hang up his guns when he runs into a marauding outlaw and his gang. With Sam Elliott. (1993, 15, 129min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors
302 302 402 502 516

8.00 AM **The Man with Two Brains**
9.35 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
11.20 **National Lampoon's Vacation**
1.05 PM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
2.45 **The Breakfast Club** Comedy drama. (1984, 15, 97min) ★★★★
4.25 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★

6.10 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
8.00 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
10.00 **This Is Spinal Tap** Spoof rock documentary starring Christopher Guest, Michael McKean and Harry Shearer. (1983, 15, 83min) ★★★★★
11.30 **Spinal Tap II: The End Continues** Spoof sequel. (2025, 15, 83min) ★★★

1.00 AM **The Man with Two Brains** Black comedy starring Steve Martin. (1983, 15, 93min) ★★★★
2.35 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★
4.20 **to 6.20** AM **The 40-Year-Old Virgin** Comedy starring Steve Carell. (2005, 15, 116min) ★★★★

Sky Cinema Greats
307 307 404 504 518

6.30 AM **Blazing Saddles** As 1.45am.
8.10 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder. (1989, 15, 107min) ★★★
9.55 **Billy Madison** Comedy. (1995, PG, 90min) ★★
11.30 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
1.05 PM **Look Who's Talking** Comedy starring John Travolta. (1989, 12, 96min) ★★★

2.45 **Look Who's Talking Too** Comedy sequel. (1990, 12) ★
4.10 **Look Who's Talking Now** Comedy sequel. (1993, 12) ★
5.50 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
8.00 **The Karate Kid Part II** Martial arts adventure sequel with Ralph Macchio. (1986, PG, 113min) ★★
9.55 **The Karate Kid: Part III** Martial arts adventure sequel with Ralph Macchio. (1989, PG, 111min) ★
11.50 **Free Willy** Family adventure. (1993, U, 112min) ★★★★

1.45 AM **Blazing Saddles** Mel Brooks' Western spoof starring Gene Wilder and Cleavon Little. (1974, 12, 90min) ★★★★
3.20 **National Lampoon's Christmas Vacation** Comedy with Chevy Chase. (1989, PG, 103min) ★
5.05 **to 6.35** AM **Liar Liar** (1997)

Disney+ Cinema
305

6.00 AM **Big Hero 6** Animation. (2014, PG, 102min) ★★★★
7.50 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
9.40 **The Good Dinosaur** Pixar animated adventure. (2015, PG, 101min) ★★★★
11.15 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★

1.40 PM **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
3.20 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
5.15 **Percy Jackson: Sea of Monsters** Fantasy adventure sequel. (2013, PG, 102min) ★★★
7.05 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **The Maze Runner** Adventure. (2014, 12, 110min) ★★★
10.55 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★

12.55 AM **Young Woman and the Sea** Biopic starring Daisy Ridley. (2024, PG, 129min) ★★★★
3.05 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.55 **to 6.00** AM **Bambi** Disney's classic feature-length cartoon. (1942, U, 69min) ★★★★★

Movies 24
312 313 419

7.00 AM **The Royal Nanny** Festive comedy. (2022, PG, 84min) ★★
9.00 **My Argentine Heart** Romantic comedy. (2025, PG, 84min) ★★
11.00 **Love Under the Lemon Tree** Comedy. (2022, PG, 88min) ★★
1.00 PM **An American in Austen** Romantic comedy drama. (2024, PG, 84min) ★★
3.00 **Just in Time** Drama with Laura Osnes. (2024, PG, 90min) ★★

5.00 **Return to Office** Romantic drama. (2025, PG, 84min) ★★
7.00 **Love Marks the Spot** Romantic adventure starring Annika Foster. (2023, PG, 86min) ★★
9.00 **The Dancing Detective: A Deadly Tango** Mystery with Lacey Chabert. A detective teams up with a ballroom dancer to go undercover in search of a killer at a dance contest. (2023, PG, 84min) ★★
11.00 **Home Turf** Romantic comedy. (2025, PG, 84min) ★★

1.00 AM **Something New: A Teagarden Mystery** Crime drama. (2023, U, 87min) ★★
3.00 **to 5.00** AM **A Bestselling Kind of Love** Romantic drama. (2024, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures
324 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **Subway in the Sky** Thriller. (1958, b/w, PG, 85min) ★★
8.20 **The Madame Gambles** Comedy with Richard Hearne. (1951, b/w, U, 80min) ★★★
10.00 **Tread Softly** Crime thriller. (1952, b/w, PG, 70min) ★★★
11.30 **Four Star Theatre** 17/38. (S3)
12.00 NOON **Sergeant Cork** 1/13. (S3)
1.05 PM **Adventures of William Tell**

1.35 **The Gentle Sex** War drama. (1943, b/w, U, 93min) ★★★
3.25 **Cinebox Memories**
3.30 **That Beryl Marston!** 6/6. (S1)
4.00 **Mad Mel and Mister Gibson**
5.05 **Band of Thieves** Musical. (1962, b/w, U, 68min) ★★
6.25 **Whiplash** 17/34. (S1)
7.00 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.05 **The Racing Game** 2/6. (S1)
10.10 **Sapphire** Murder mystery with Nigel Patrick and Michael Craig. (1959, 15, 92min) ★★★

11.55 **Fortean TV** Exploring bizarre phenomena and beliefs.
12.30 AM **Cream: Farewell Concert**
2.10 **Design for Loving** Comedy. (1962, b/w, U, 68min) ★★★
3.30 **Target: The Corruptors** (S1)
4.30 **The Beverly Hillbillies** (S2)
5.00 **to 6.00** AM **Danger UXB**

TUESDAY Sport

2 June

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
12.00 NOON **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news, with live analysis and comments.
6.00 LIVE **Women's International T20 Cricket England v India.** Coverage of the third and final T20 in the series from the Cooper Associates County Ground in Taunton, as both sides play their last T20 before the upcoming World Cup in a couple of weeks. Before this series started, the hosts had the better record in matches in this format against India having won 24 of the 35 completed T20's since their first meeting in 2006.
10.00 **Sky Sports News** A round-up of the evening's sports news, featuring highlights and interviews with the players and managers making the headlines.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **Premier League Highlights**
11.00 **SNF** Action from Leeds United v Newcastle United at Elland Road.
11.30 **Premier League Highlights**
4.00 PM **SNF** Action from West Ham United v Tottenham Hotspur.
4.30 Brentford v Chelsea.
5.00 **Premier League Highlights** Burnley v Liverpool at Turf Moor.
5.30 Action from Manchester City v Manchester United.
6.00 **Premier League Review** A look at some of the finest strikes throughout the 2025/26 season.
7.00 **Brazilians in the Premier League** A look at the Brazilian stars who graced the top flight.
8.15 **Netbusters** Recent action.
9.15 **Premier League Review** A look at some of the finest strikes throughout the 2025/26 season.
10.15 **Brazilians in the Premier League** A look at the Brazilian stars who graced the top flight.
11.30 **Premier League Years** A look back at the 1993/94 season.
1.30 AM **PL Retro** Manchester City v Queens Park Rangers from 2012.
3.30 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2018/19 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Greatest Games**
1.00 PM **EFL Highlights**
3.00 **EFL** Hull City v Middlesbrough in the Championship play-off final.
4.00 **Bundesliga** A review of the German top-flight campaign.
5.00 **EFL Greatest Games**
6.00 **EFL Highlights** League One.
9.00 **Best Scottish Premiership Goals 2025/26** A look at the finest strikes from the season.
9.30 **Scottish Football VAR Review** The major talking points and decisions within Scottish football.
10.15 **Martin O'Neill: Champion Again**
10.30 **EFL Cup Highlights** Action from Arsenal v Manchester City in the final at Wembley Stadium.
11.30 **Best Goals: EFL Cup 25/26**
12.00 M'T **EFL** Hull City v Middlesbrough in the Championship play-off final.
1.00 AM Highlights of Bolton Wanderers v Stockport County in the League One play-off final.
2.00 Notts County v Salford City in the League Two play-off final.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
7.00 **Women's International T20 Cricket** England v India.
11.00 **Best of ICC WT20**
12.00 NOON **ICC Women's World Cup**
1.00 PM **ICC Men's T20 World Cup**
1.30 **ICC Women's World Cup 2017**
2.00 **Women's International T20 Cricket** England v India.
6.00 LIVE **Women's International T20 Cricket England v India.** Coverage of the third and final T20 in the series at the Cooper Associates County Ground, as both sides play their last T20 before the World Cup in a couple of weeks. Before this series started, the hosts had the better record in matches in this format against India having won 24 of the 35 completed T20's since their first meeting in 2006.
10.00 **Lauren Bell Masterclass**
10.30 **ICC Women's World Cup**
11.30 **ICC Men's T20 World Cup**
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.30 **ICC Women's World Cup 2017**
5.00 **Best of ICC WT20**
5.30 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons** Expert advice.
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **Best of the Women's Open**
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **PGA Tour Champions**
12.00 NOON **Golf Academy**
1.00 PM **Best of the Open Zone 2017**
2.00 **Playing Lessons**
3.00 **Best of the Open Zone 2018**
4.00 **PGA Tour Golf** Highlights.
5.00 **Golf** Action from the G4D Open.
6.00 **DP World Tour Golf**
6.30 **HotelPlanner Tour Golf** Action from the Danish Golf Challenge.
7.00 **Solheim Cup Golf** Highlights from the third and final day of the biennial Solheim Cup in Toledo.
9.00 **Solheim Cup Golf** The singles matches on day three in 2023.
10.00 **PGA Tour Golf** The final day of the Charles Schwab Challenge.
11.00 **PGA Tour Champions** Action from the Trophy Hassan II.
12.00 M'T **HotelPlanner Tour Golf**
12.30 AM **DP World Tour Golf**
1.00 **Ladies European Tour Golf**
2.00 **PGA Tour Golf** Highlights.
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **NWSL** Recent highlights.
8.00 **The Breakdown**
8.15 **Premier League Stories**
8.45 **UEFA Champions League**
9.00 **UEFA Conference League**
9.15 **UEFA Europa League Goals**
9.30 LIVE **Tennis: French Open** Coverage from around the courts on day 10 at Stade Roland Garros, featuring the quarter-finals.
2.00 PM LIVE **Tennis: French Open** Further coverage of the quarter-finals at Stade Roland Garros.
5.00 **MotoGP** Grand Prix of Italy.
6.30 **Premier League Stories**
7.00 LIVE **Tennis: French Open** Continued coverage from the opening day of the quarter-finals at Stade Roland Garros in Paris.
11.00 **Tennis: French Open** Action from the 10th day in Paris.
12.30 AM LIVE **MLB Philadelphia Phillies v San Diego Padres.** Coverage of the National League match at Citizens Bank Park, joining in progress.
2.30 **MLB Closer** A look back.
3.00 **Premier League Stories**
3.30 **LIV Golf** A review of round eight of the season in South Korea.
4.30 **to 6.00** AM **Tennis: French Open**

TNT Sports 2

411 414 522 409 431

6.00 AM **Motocross World Championship** From Germany.
9.00 **MotoGP** Grand Prix of Italy.
12.30 PM **MLB Highlights**
1.30 **UEFA Champions League Magazine** Recent action.
2.00 **Premier League Review**
4.00 **Premier League Review**
5.00 **UEFA Conference League**
5.15 **UEFA Europa League Goals**
5.30 **UEFA Champions League**
7.00 **UEFA Europa League & Conference League Magazine**
9.00 **LIV Golf** From South Korea.
10.00 **MotoGP Rewind** A look back at the MotoGP Grand Prix of Italy.
10.15 **World Superbike Rewind** The latest round of the season in Spain.
10.30 **Premier League Stories**
11.00 **MLB Lead Off** A look ahead.
11.30 LIVE **MLB Philadelphia Phillies v San Diego Padres.** Coverage of the National League match at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Closer** A look back.
3.00 **UFC Main Event**
4.00 **UCI Mountain Bike World Series** In Loudenvielle, France.
5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Warrington Wolves v Leeds Rhinos in 2025.
9.00 **Super League** St Helens v Warrington Wolves from 2025.
12.00 NOON **NFL Highlights** Atlanta Falcons v Buffalo Bills.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Houston Texans v Buffalo Bills.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
5.00 **Women's State of Origin** Queensland v New South Wales.
6.00 **NBC's Pro-Football Talk**
8.00 **State of Origin Rugby League** Highlights of New South Wales Blues v Queensland Maroons.
9.00 **NBA on Fire** Recent action.
9.30 **NBA Basketball** A replay of Oklahoma City Thunder v San Antonio Spurs in game seven of the Western Conference finals.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **World Club Challenge** Wigan Warriors v Penrith Panthers.
2.00 **Super League** St Helens v Hull Kingston Rovers from 2025.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **Super League** A replay of Hull Kingston Rovers v Leeds Rhinos.
10.45 **EFL Greatest Games** Gillingham v Manchester City at Wembley.
11.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
3.00 **Premier League Darts** Another chance to see the second night at AFAS Dome in Antwerp, with a format featuring quarter-finals, semi-finals and a final in one night.
7.00 **Sports Centre** Sports news, with live analysis and comments.
10.00 **Sky Sports News** A round-up of the evening's sports news, featuring highlights and interviews with the players and managers making the headlines.
12.00 M'T **EFL Greatest Games**
1.00 AM **WTA Tennis** Highlights from the Adelaide Open final at Memorial Drive Tennis Centre.
2.00 **ATP Tennis** The Dallas Open final from Ford Center at The Star.
3.00 **Super League** A chance to see Bradford Bulls v Catalans Dragons.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP & WTA Tour Classics**
7.00 **Murray's Moments**
8.00 **Djokovic Top 10**
9.00 **ATP Tour Classic Matches**
10.00 **WTA & ATP Tennis**
4.00 PM **ATP Tennis** Munich Open.
5.00 **Murray's Moments**
6.00 **Djokovic Top 10** Novak Djokovic v Rafael Nadal in the 2013 final of the Monte-Carlo Masters.
7.00 **ATP Tour Classics** Rafael Nadal v Novak Djokovic in the 2012 Monte-Carlo Masters final.
8.00 **WTA Tennis** Madrid Open.
8.30 Italian Open review.
9.00 **ATP Tennis** Hamburg Open.
10.00 **US Open Classic Matches** Emma Raducanu v Leylah Fernandez in the 2021 final.
11.00 Serena Williams v Victoria Azarenka in the 2013 final.
12.00 M'T **to 6.00** AM **Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Golf**
8.00 **PGA Tour Champions**
9.00 **IPL** Action from the final.
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **Women's International T20 Cricket** England v India.
7.00 **PGA Tour Golf** The final day of the Charles Schwab Challenge.
8.00 **IPL** Highlights of Qualifier One.
9.00 Action from the Eliminator.
10.00 The second Qualifier.
11.00 Action from the final.
12.00 M'T **Premier League Darts**
4.00 AM **PL Greatest Games**
5.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Four match replays.
12.00 NOON **The Gruppetto**
12.15 PM **Cycling: Giro d'Italia**
1.15 LIVE **Cycling: Giro d'Italia** Coverage of stage four of the women's race, a 12.7km individual time trial from Belluno to Nevegal.
4.00 **Women's FA Cup** Brighton & Hove Albion v Manchester City.
5.30 **The Gruppetto** Cycling news.
5.45 **The Gallagher PREM: Wrap Up**
6.00 **Test Cricket Highlights**
7.00 **Rolex SailGP Championship**
8.00 **Women's Giro d'Italia**
9.00 **Men's Cycling Pro Series**
10.00 **UCI Mountain Bike World Series**
11.00 **The Gallagher PREM: Wrap Up**
11.15 **The Gruppetto** Cycling news.
11.30 **Women's Giro d'Italia**
12.30 AM **Men's Cycling Pro Series**
1.30 **Test Cricket Highlights**
2.30 **UEFA Champions League**
2.45 **UEFA Conference League**
3.00 **Fishing: On the Bank**
4.00 **to 6.00** AM **NWSL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's Giro d'Italia**
7.00 **Men's Cycling Pro Series**
8.00 **Tennis: French Open**
9.30 LIVE **Tennis: French Open** Coverage from around the courts on the 10th day of the Grand Slam tournament staged at Stade Roland Garros in Paris, featuring quarter-final matches.
12.00 NOON LIVE **Tennis: French Open** Further coverage of the opening quarter-finals staged at Stade Roland Garros in Paris.
2.00 PM LIVE **Tennis: French Open** Continued coverage of the opening quarter-finals in Paris.
5.00 **Fishing: On the Bank**
6.00 **WRC Review** Rally Japan.
7.00 LIVE **Tennis: French Open** Concluding coverage of the opening quarter-finals from Paris.
11.00 **UFC** Yadong v Figueiredo.
2.00 AM **MotoGP** Grand Prix of Italy.
5.30 **The Gallagher PREM: Wrap Up**
5.45 **to 6.00** AM **The Gruppetto**

Premier Sports 1

419 528

6.00 AM **Sporting Countdowns**
7.00 **Top 14 Rugby Union**
9.00 **NASCAR Highlights**
10.00 **DTM Motorsport Highlights**
11.00 **URC in 60** Recent action.
12.00 NOON **Top 14 Rugby Union**
12.30 PM **Sporting Countdowns**
1.00 **FIM Sidecarcross Championship**
2.00 **NHL Tonight** Highlights from the previous evening's NHL action.
3.00 **United Rugby Championship**
4.55 **Top 14 Rugby Union Highlights**
5.25 **Motorsport** Valentino Rossi.
5.55 LIVE **Swedish Speedway** Smederna v Vastervik.
8.00 **Bike World** Recent action.
8.30 **NASCAR** Cracker Barrel 400.
9.30 **United Rugby Championship**
11.30 **Sporting Countdowns**
12.00 M'T **Swedish Speedway**
2.00 AM **Bike World** Highlights.
2.30 **United Rugby Championship**
4.30 **FIM Quadcross Championship**
5.00 **to 6.00** AM **FIM Sidecarcross Championship**

Premier Sports 2

420 529

6.00 AM **Motorsport** Valentino Rossi.
6.30 **NASCAR Trucks**
9.30 **Bike World** Magazine.
10.00 **Football's Greatest**
11.00 **Coppa Italia** Another chance to see Lazio v Inter Milan in the final.
1.00 PM **Temples of Sport**
2.00 **Motorsport** Drew Gibson.
3.00 **Champions Cup** A chance to see Leinster v Bordeaux in the final.
5.00 **Temples of Sport**
6.00 **Scottish Cup** A replay of Celtic v Dunfermline Athletic in the final.
8.00 **Football's Greatest**
8.30 **Challenge Cup** A replay of Montpellier v Ulster in the final.
10.30 **Temples of Sport**
11.00 **LaLiga** Barcelona v Real Madrid.
12.55 AM LIVE **International Football Haiti v New Zealand.** Coverage of the friendly at Fort Lauderdale Stadium. Kick-off **1.00am**.
3.00 **Temples of Sport**
3.30 **German Cup** The final.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Monaco Grand Prix.
11.00 **GT World Challenge Europe**
1.00 PM **Formula 1** Highlights.
2.00 **F1 Classic Races** Archive action.
5.00 **Formula 1** The Monaco Grand Prix from 2018 to 2022.
9.00 **Indycar** The Detroit Grand Prix on the Streets of Detroit, Michigan.
10.00 **Formula 1** The Canadian Grand Prix at Circuit Gilles Villeneuve.
11.00 **Indycar** The Detroit Grand Prix.
12.00 M'T **Formula 1** From Canada.
1.00 AM **F1 Explained**
2.00 **The Best of F1** Highlights.
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 3 June Planner

MasterChef

COOKERY BBC1, 8pm

It's Finals Week, and the remaining cooks are whisked off to Antigua and Barbuda in the Caribbean, where three culinary challenges await them. The winner will be crowned on Friday.

Clarkson's Farm

DOCUMENTARY

Prime Video

As we return to Diddly Squat for a fifth season, the UK's farming community are in uproar after a government budget, and Jeremy decides big changes are needed at the farm to try to improve its profitability.

The Hadron Collider: In Search of the Peace Particle

DOCUMENTARY

BBC4, 9pm

Featuring rare access to CERN, Europe's nuclear research centre, this documentary tells the human stories of scientists working together for peace.

Will Trent

CRIME DRAMA Disney+

Five months on from the season three cliffhanger, we finally learn the fates of both Amanda and Ormewood. Meanwhile, Will discovers the serial killer who murdered his mother has escaped prison and is on the loose – which sends Will into a spiral.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Amandaland	9.30 Only Child	10.00 News; Local News	10.40 Good...
	102 BBC2	7.00 Sunshine &...	7.30 The Future...	8.00 Springwatch		9.00 Surgeons: At the Edge of Life		10.00 Peelers...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 For the Love...	8.00 Emmerdale	8.30 Coronation...	9.00 The Vardys		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Falling		10.00 Celebrity Gogglebox	
	105 5	7.00 GPs: Behind Closed Doors		8.00 Inside the Tower of London		9.00 The Fortune		10.00 Trauma Room One	
	106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own Road Trip		9.00 Film: Pitch Black			
ENTERTAINMENT	115 BBC3	7.05 Asia		8.00 Interior Design Masters with Alan Carr		9.00 A Good Girl's Guide to Murder			10.30 Film: Escape...
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Little Ships: The Miracle of Dunkirk		9.00 The Hadron Collider: In Search of the...		10.00 Too Near the Sun	
	118 ITV2	7.00 The Floor		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Kevin McCloud's Listed Britain		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight USA		9.00 Gogglebox		10.05 First Dates	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	7.00 The Gilded Age				9.00 The White Lotus			10.15 Euphoria
	110 U&GOLD	‹ 6.45 Keeping...	7.25 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.35 Still Open...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Would I Lie to You?	8.20 House of Games		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Junk & Disorderly		9.00 Isle of Man TT Highlights		10.00 Film: London Has Fallen	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 Michael McIntyre's Big Show	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 This Is Not a Murder Mystery			9.15 The Chelsea Detective		10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Art Traffickers		9.00 The Warhol Effect			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Shades of Blue			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Sara Price: Chasing Dakar		9.00 Wheeler Dealers		10.00 Supercar Showroom	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Mayday		8.00 Ancient Structures: Secrets Revealed		9.00 The Lost Tomb of Alexander the Great		10.00 Saxon Gold: New Secrets Revealed	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Train Truckers		9.00 Seven Worlds, One Planet		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Black Widow		8.00 One to One: John & Yoko				10.00 Film: When We Were Kings	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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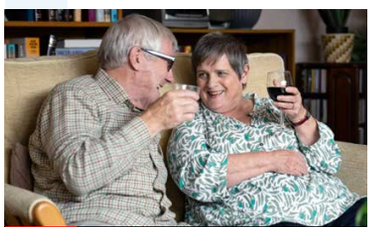
Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** New edition A mother spots a dodgy duo stealing her child's bike. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Natalie Cassidy: Caring Together** New edition 7/8. Natalie learns about dementia care. (S)(AD)
2.30 **Robson Green's Weekend Escapes** Druridge Bay. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition (S)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)


9.30 Only Child

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Great Continental Railway Journeys** Budapest. (S)(R)(AD)
8.00 **Sign Zone: Great Japanese Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Great Korean Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **The Great British Countryside** (R)
4.30 **Vintage Antiques Roadshow** From Oban, west Scotland. (S)(R)
5.15 **Flog It!** Memorable finds. (S)(R)
6.00 **Richard Osman's House of Games** Trivia-based quiz. (S)(R)
6.30 **Great Continental Railway Journeys** New edition (S)(AD)

7.30 The Future with Hannah Fry

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the dealers are in Milton Keynes, where items include a tin-plate toy car and a table of Cartier trinkets. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 For the Love of Dogs

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 3-5/22. (S7) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5&6) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Hollywood. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple seek a holiday home in Spain. (S)(R)
4.00 **Narrow Escapes** New edition Paul and Anthony have an adorable new crewmate. (S)(AD)
5.00 **Chateau DIY** New edition Donna and Paul take their house apart to replace its beams. (S)(AD)
6.00 **Sun, Sea and Selling Houses** Essex couple Christy and Mike want the perfect home in Almeria for a permanent move to Spain. (S)(R)

8.00 Location, Location, Location

7 PM

7.00 The One Show Alex Jones and Vernon Kay present the topical show. (S)

7.30 EastEnders Max's emotions force him into a reckless decision, and Yolande covers for Denise as she's pulled in two directions. (S)(AD)

7.00 NEW Sunshine & Secrets: The Hidden Side of IVF Disturbing discoveries about IVF treatments in Cyprus. (S)(AD)

7.30 The Future with Hannah Fry New edition 4/6. Exploring nuclear fusion. (S)(AD)
■ Entire series on BBC iPlayer

7.30 For the Love of Dogs with Alison Hammond Series finale 6/6. Alison meets excitable Staffy-cross pups who need to learn some manners, and she also helps a Husky-Shepherd cross get over his separation anxiety. (S)(AD)

7.00 News (S)

8 PM

8.00 MasterChef New edition 19/21. The finalists jet off to the Caribbean where they are set three tough challenges designed to broaden their culinary horizons like never before. (S)(AD)
■ Continues tomorrow

7.55 The Secret Genius of Modern Life: The Best Bits (S)(R)

8.00 Springwatch New edition 7/12. Chris Packham and Michaela Strachan present from the National Trust's Crom estate. (S)
■ Continues tomorrow

8.00 Emmerdale Liam gives Cain some advice, while Laurel is enjoying the thrill of her secret affair. (S)(AD)

8.30 Coronation Street Ken gets caught up in the crossfire of Adam and Daniel's showdown. (S)(AD)

8.00 Location, Location, Location New edition Former Olympian Eddie 'the Eagle' Edwards – aka Michael – seeks help finding a new home for him and partner Karen in Berkshire, while first-time buyers Orla and Luke want to settle down in Hampshire. (S)

9 PM

9.00 Amandaland New episode 5/6. Fi becomes a white-van man. (S2) (S)(AD)
■ Entire series on BBC iPlayer

9.30 Only Child New episode 5/6. Ken has Beth over for dinner. (S2) (S)(AD)
■ Entire series on BBC iPlayer

9.00 Surgeons: At the Edge of Life New edition 5/8. A surgeon must remove his patient's voice box to save his life, while another takes on a life-changing procedure for a patient suffering a rare auto-immune condition. (S)(AD)

9.00 The Vardys New edition 2/3. After an emotional farewell to their home and family in the UK, Becky and the kids make the move to Italy, but an injured Jamie is unable to play. (S)(AD)
■ Concludes tomorrow

9.00 Falling Series finale 6/6. As Susan's wedding approaches, David must figure out what it really means to let love in. Anna seeks a fresh start, finding support from an unlikely source. (S1) (S)(AD)
■ Entire series on C4 streaming

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 A Good Girl's Guide to Murder 3/6. Pip's day in court proves harder than she imagined, a promising lead about Jamie comes from an unlikely source, and Pip has a confrontation with Cara. (S2) (S)(R)(AD)
11.25 A Good Girl's Guide to Murder 4/6. Fresh evidence compels Pip to re-examine her original suspect. (S2) (S)(R)(AD)
■ Entire series on BBC iPlayer
12.10 AM **Celebrity Bridge of Lies** With Krishnan Guru-Murthy, the Rev Kate Bottley, Cherry Healey and Babatunde Aléshé. (S)(R)
12.55 Weather for the Week Ahead (S)
1.00 to 6.00 AM **BBC News** (S)

10.00 Peelers: The PSNI for Real New edition 5/6. Perri and Adam respond to reports of cars performing dangerous stunts on the streets. (S)
■ Concludes tomorrow
10.30 Newsnight (S)
11.00 Unspun World with John Simpson A look at the week's major global news stories. (S)
11.30 Emma Barnett: Fighting Endometriosis The broadcaster's struggle with endometriosis. (S)(R)
12.30 AM **Sign Zone: Panorama** (S)(R)
1.00 Sign Zone: MasterChef (S)(R)(AD)
2.00 Sign Zone: The Future with Hannah Fry (S)(R)(AD)
2.25 Sign Zone: Do You Know Your Place? From Falkirk. (S)(R)
2.55 to 6.45 AM **Previews** (S)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Peston Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.30 British Touring Car Championship Highlights Recent action from Snetterton. (S)
12.45 AM **Gallagher PREM Unleashed** The 17th round of fixtures. (S)(R)
1.10 Teleshopping
3.00 Tonight: Over the Counter – Our Hidden Drug Addiction? (S)(R)
3.25 Emergency Nurses: A&E Stories A man crushed by a bull. (S)(SL)(R)
4.15 Unwind with ITV (S)
5.35 to 6.00 AM **Celebrity Lingo** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

10.00 Celebrity Gogglebox Famous faces appraise shows including *24 Hours in A&E, Five Star Kitchen: Britain's Next Great Chef, Sky Coppers, The Chase* and *Jamie's One-Pan Wonders*. (S)(R)(AD)
11.00 Emergency Helicopter Medics In Lanchester, heli-medics struggle to free a man trapped inside his mangled car. (S)(R)(AD)
12.00 M'T **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
12.50 AM **See No Evil** (S)(SL)(R)(AD)
2.50 Dispatches: Hunting Britain's Fugitives (S)(SL)(R)(AD)
3.45 Couples Come Dine with Me (R)
4.40 Kirstie's House of Craft (S)(R)
4.50 Sarah Beeny's New Life in the Country Documentary. (S)(R)
5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Kick the Ballistics:* 4/23. A detective's stolen gun is used in a murder. (S)(R)
3.55 **Castle** *Eye of the Beholder:* 5/23. Castle investigates the theft of a priceless sculpture from a museum. (S4) (S)(R)
4.50 **Love Nature** A volunteer explains the history of sea glass on Seaham beach. (S)(R)
5.00 **News** (S)
6.00 **Susan Calman's Summer by the Sea** Susan visits Margate on the Kent coast. (S)(R)
6.55 **News** (S)

8.00 Inside the Tower of London

7.00 **GPs: Behind Closed Doors** Dr George Hawche comes to the aid of pensioner Horace, who is suffering from a mix of dizzy spells and heart-related symptoms. (S)(R)
7.55 **News** (S)

8.00 **Inside the Tower of London** New edition Curator Alfred Hawkins joins a human bone specialist to learn more about the skeletons of two people who were buried at the Tower 800 years ago. (S)(AD)

9.00 **The Fortune** New episode 2/4. Amanda is kidnapped by the groundskeeper from Brackburn House, and Anthony searches for a suicide note to no avail. Stars Eleanor Tomlinson. (S1) (S)

10.00 **Trauma Room One** Surgeons remove a life-threatening brain mass from 34-year-old Milton, operate on Annie's spinal tumour to prevent paralysis, and perform complex keyhole surgery on Rob's spine. (S)(R)

11.05 **A&E After Dark** An ambulance crew bring in a patient who is acting aggressively and is a regular at the hospital. (S)(R)
12.05 AM **A&E: Crash Scene Emergency** (S)(R)
1.00 **Teleshopping** (S)
2.30 **Digging Up Britain's Past** (S)(R)
3.20 **Friends** (S7&8) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S)(R)
9.00 **NCIS: Los Angeles** (S)(R)
10.00 **Will & Grace** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Pride Rules** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Marge Simpson in 'Screaming Yellow Honkers':* Marge's aggressive driving habits come under scrutiny. (S)(R)
5.30 *Homer Simpson in Kidney Trouble:* Homer offers to donate a kidney to Grampa. (S)(R)
6.00 **The Office (US)** 6/25. Dwight appears on a radio show. (S)(R)
6.30 7/25. Dwight struggles with a female client. (S9) (S)(R)

9.00 Pitch Black

7.00 **The Simpsons** *Make Room for Lisa:* Lisa has to share a room with Bart but finds it difficult to cope with the stress. (S)(R)
7.30 *Maximum Homerdrive:* Homer and Bart deliver a dead trucker's cargo. (S)(R)

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie Redknapp and Micah Richards are joined by Patrice Evra, Maisie Adam and Mo Gilligan as they take on more sporting and cultural challenges. (S)(R)(AD)

9.00 **FILM Pitch Black** Sci-fi chiller starring Vin Diesel and Radha Mitchell. A space transport ship crash-lands on a planet populated by voracious monsters that can only come out at night. With Cole Hauser and Keith David. (S) (1999, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Grimm** 6/22. Nick and Juliette undergo a ritual to restore his powers. (S4) (S)(R)
12.00 M'T **The Walking Dead** 2/13. Carl fights for his life. (S2) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **From** New episode 6/10. Boyd and Jade find themselves at odds, while deeply troubling news from the settlement makes its way back to town. (S3) (S)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
2.30pm Politics Scotland (S) **3.15-3.45** Robson Green's Weekend Escapes (S)(R)(AD) **12.10am** Scotcast (S)(R) **12.40** Celebrity Bridge of Lies (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Carl Frampton: On Probation Series finale (S) **11.10** A Good Girl's Guide to Murder: Double bill. (S)(R) **12.40-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00-7.30pm 21st Century TV with Lucy Owen New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Spotlight (S)(R) **11.00** Peelers: The PSNI for Real (S)(R) **11.30** Unspun World with John Simpson (S) **12.00m't-12.30am** BBC News (S)

WALES
Sky **968**, Freesat **968**
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ein Llwybrau Celtaidd **12.30** Heno **1.00** Ciao! Colleen Ag Owain (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Stiwdio Grefftau (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Caeau Cymru **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Pobol y Cwm (AD) **8.55** Newyddion a'r Tywydd **9.00** 3Cân New edition **9.30** Y Byd ar Bedwar **10.00** Codi Hwyl (AD) **10.30-11.35pm** Cynefin

TV&Streaming week
More channels than any other TV magazine

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Asia** 6/7. Focusing on animals that live in Asia's deserts and dry grasslands.
8.00 **Interior Design Masters with Alan Carr** 7/8. The semi-finalists transform hospitality boxes at Brighton & Hove Albion's stadium.
9.00 **A Good Girl's Guide to Murder** New episodes 3/6. Pip's day in court proves harder than she imagined. **9.45** 4/6. Fresh evidence drives Pip to re-examine her original suspect. (S2)
■ Entire series on BBC iPlayer
10.30 **FILM Escape Room** Psychological thriller starring Deborah Ann Woll. A group of individuals are unwittingly lured into escape room scenarios, leading to a terrifying battle for their lives. (2019, 15, 99min) ★★★
12.05 AM **Top Gear Africa Special** 1&2/2. A search for the source of the Nile.
2.00 **to 4.00** AM **Glow Up: Britain's Next Make-Up Star**

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The second round of the student quiz continues.
7.30 **Only Connect** A trio of chess players compete against puzzle writers.
8.00 **Little Ships: The Miracle of Dunkirk** The boats that rescued thousands of Allied troops from Dunkirk in 1940.
9.00 NEW **The Hadron Collider: In Search of the Peace Particle** The human stories behind mankind's biggest experiment in particle physics.
10.00 **Too Near the Sun** The history of the hydrogen bomb, following the race by scientists to imitate the nuclear reactions of the sun and to build the first thermonuclear weapon.
10.50 **A Very Peculiar Practice** 5-7/7. Triple bill of the surreal university drama. (S1)
1.30 AM **The Hadron Collider: In Search of the Peace Particle** As 9.00pm.
2.30 **to 3.30** AM **Little Ships: The Miracle of Dunkirk**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at Swallows Rest in Weymouth, Dorset. **4.50** The second visit of the week is to The Burley Inn in the New Forest. **5.20** The third visit is to Hotel Montville in Redditch. **5.50** The fourth and final visit of the week is to Silverton B&B in Shrewsbury. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp helps Jacinta and Marco, who have outgrown their home in Didsbury.
7.55 **PopMaster TV** 4/9. Ken Bruce hosts the fourth heat of the music quiz.
9.00 **Kevin McCloud's Listed Britain** New edition 4/5. Kevin looks at bold, modern places that challenge the idea of what heritage can be, and the places that can be the easiest to dismiss and the hardest to save.
10.00 **24 Hours in A&E** A 70-year-old woman with lung cancer is rushed in with suspected sepsis.
11.05 **24 Hours in A&E**
12.10 AM **Kevin McCloud's Listed Britain** As 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Swindon.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Married at First Sight USA**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** Mercedes has a life-altering decision to make.
7.30 **The Simpsons** *The Front:* Bart and Lisa decide to write their own cartoon script.
8.00 **Married at First Sight USA** New edition It is Decision Day in Austin, and the final reckoning for the newlyweds. The stakes have never been higher as the couples face the ultimate decision.
9.00 **Gogglebox** *Mammals, Love Is Blind, Family Fortunes* and *The Crown* are appraised.
10.05 **First Dates** Charity worker Freddie goes on a date with fashion buyer Rebecca.
11.05 **Naked Attraction**
12.10 AM **Gogglebox**
1.10 **First Dates**
2.15 **Married at First Sight USA**
3.15 **Ramsay's Kitchen Nightmares USA**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 | 306 | 30 | 123 | 256

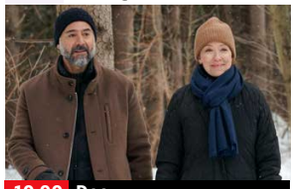
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 18/20. (S12)
12.00 NOON **FBI** 7&8/22. (S5)
2.00 PM **The Rookie** 16/20. Officers Chen and Bradford respond to a call at *American Idol*. (S2)
3.00 **Law & Order: Criminal Intent** 10/22. A video blogger is apparently kidnapped during a live broadcast. (S6)
4.00 **Nothing to Declare**



10.00 **Doc**

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 5&6/10. (S1)
11.15 **Catherine the Great** (S1)
12.20 PM **Billions** 7&8/12. (S7)
2.25 **We Own This City** 5/6. (S1)
3.30 **Succession** 9/10. Amid rising tensions, Shiv tries to reposition herself within a new political landscape. (S4)
4.50 **Billions** 7/12. Chuck and Wendy face a family crisis. **5.55** 8/12. Chuck and Prince venture upstate to rub elbows with a new political force. (S7)

9.00 **The White Lotus**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Billie and Greg: Family Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.05 PM **Real Housewives of Cheshire** Reality series.
1.05 **Celebrity Catchphrase**
2.05 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

10.35 **Family Guy**

ITV3

119 123 117 10 115 7

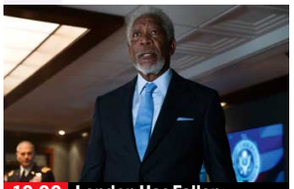
6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.25 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Oblong Murders:* Jones infiltrates a cult to investigate a woman's disappearance.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *For Better or Worse:* Greengrass inherits an unusual legacy – a pair of racing pigeons.

11.50 **Scott & Bailey**

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **Magnum, PI**
8.40 **The Saint**
9.50 **Boon**
11.00 **Isle of Man TT Highlights**
12.00 NOON **British Touring Cars**
12.15 PM **The Protectors**
12.50 **BattleBots**
1.50 **Magnum, PI**
3.50 **Boon**
4.55 **The Sweeney** *Chalk and Cheese:* A series of robberies are committed on rich couples.
6.00 **World Cup Preview Show** Double bill of editions.



10.00 **London Has Fallen**

7 PM

7.00 Police 24/7 A fleeing driver leads police on a wild chase, and an intense storm adds difficulty to investigating a shooting.

7.00 The Gilded Age *Charity Has Two Functions:* 5/9. Bertha, Marian and Aurora visit Dansville to hear Clara Barton speak.

7.00 The Floor Rob Brydon hosts another round of quick-fire quiz duels with each win expanding a player's territory.

6.55 Heartbeat *Past Crimes:* A respectable bank manager is haunted by the past and Greengrass fixes a golf tournament.

7.00 Gallagher PREM Unleashed Action from the penultimate round of fixtures, including Saracens v Harlequins.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 The Gilded Age *Heads Have Rolled for Less:* 6/9. Armstrong intensifies her campaign against Peggy. (S1)

8.00 Million Dollar Listing: LA Altman hosts an open house for a party pad that used to belong to Howard Hughes.

8.00 Midsomer Murders *Drawing Dead:* A former supermodel is murdered during a convention – and the only clue is a comic that seems to reveal the dark secrets of several local people. Guest stars Bill Bailey and Jemma Redgrave.

8.00 Junk & Disorderly Henry Cole, Allen Millyard and Guy Willison are in Stafford with a stall full of bikes and trinkets.

9 PM

9.00 Matlock New episode *The Future Is Nigh:* 13/16. A client fights to gain full control of an AI afterlife software company. (S2)

9.00 The White Lotus *Full-Moon Party:* 5/8. As a yacht party extends into the night and the friends explore Bangkok's clubs, parallel stories begin to unfold. (S3)
10.15 Euphoria 8/8. Drama starring Zenday and Sydney Sweeney. (S3)

9.00 Love Island New edition Relationship-based reality show in which singletons compete to find love and win a £50,000 prize.

9.00 Isle of Man TT Highlights The second Motul Sidecar TT Race on the Mountain Course.

10 PM

10.00 Doc New episode *Orientation:* 18/22. Amy and Michael take Katie on a road trip to her college orientation. (S2)
11.00 The Rookie 15/20. (S2)
12.00 M'T **FBI** 4/22. (S5)
1.00 AM **Law & Order: SVU** (S26)
2.00 FBI New episode 18/22. (S8)
3.00 Road Wars Double bill.
4.00 Border Security: America's Front Line Double bill.
5.00 to 6.00 AM **The Real A&E**

11.30 Hacks 5/10. Ava takes a chance on George.
12.10 AM 6/10. Deborah and Ava have a unique bonding experience. (S1)
12.50 The Gilded Age (S1)
2.55 Homicide: Life on the Street
5.05 to 6.00 AM **Urban Secrets**

10.05 Love Island: The Debrief New edition Discussion on the latest goings-on.
10.35 Family Guy 10/30. Lois becomes a model. (S4)
11.05 Family Guy 5/30. Peter learns Loretta is having an affair. (S4)
11.35 American Dad! (S3)
12.35 AM **Bob's Burgers** (S12)
1.30 Plebs 5/9. (S5)
2.00 Totally Bonkers Guinness World Records
2.25 to 3.00 AM **Unwind with ITV**

10.00 Lewis *One for Sorrow:* The detective investigates the discovery of a body in a well, and he also has to contend with a new boss.
11.50 Scott & Bailey 2/8. The duo take on a historical case after a body is found 23 years on.
12.50 AM 3/8. The murder of a gay man appears to be that of a hate crime. (S4)
1.50 On the Buses
2.15 to 2.30 AM **Unwind with ITV**

10.00 FILM London Has Fallen Thriller sequel with Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on London. (2016, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Isle of Man TT Highlights**
1.05 The Sweeney
2.00 Minder
2.50 to 3.00 AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Food Fest Scotland** Edith Bowman and Colin Murray head to the Stranraer Oyster Festival.
8.00 **Born to Be Wild** Rescue officer Bob has to deal with a bat caught in a light fitting.
9.00 **City Lights: Pure Dead Brilliant** A celebration of the comedy that captured the spirit of 1980s Scotland.
10.00 **City Lights** 3/7. Chancer's latest money-making scheme causes trouble. (S3)
10.30 **Scot Squad** 6/6. McIntosh and Mackay arrest a malicious metal detectorist. (S2)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Showpeople: Licensed to Thrill** The showmen look ahead to the future.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Sort Of** 3&4/8. (S1)
10.00 **Two Weeks to Live** (S1)
11.15 **Will & Grace** (S3)
12.15 PM **Frayed** 6/6. (S1)
1.15 **Sort Of** 6/8. (S3)
1.45 **Two Weeks to Live** (S1)
3.00 **Will & Grace** (S3)
4.00 **Frayed** 6/6. (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S3)
7.00 **The Office (US)** 5/25. Andy invites his former college a cappella group to perform for the staff. **7.30** 6/25. Dwight makes a guest appearance on a radio show. (S9)
8.00 **Resident Alien** *I Believe in Aliens:* 16/16. (S2)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **Ricky Gervais: Politics**
11.05 **Ellie Taylor: Palavering!**
12.05 AM **Two Weeks to Live**
12.40 **Resident Alien** (S2)
1.40 **Community** (S2)
2.40 **Upright** 1&2/8. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Jonas Kaufman at Arena di Verona**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wonderland: From JM Barrie to JRR Tolkien**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2018**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Art Traffickers**
9.00 **The Warhol Effect**
10.55 **Clint Eastwood: A Life in Film**
12.45 AM **The Seventies**
1.45 **Cover Your Ears**
3.35 **Dickens: Phantoms and Fictions**
4.30 **Inside Art**
5.00 **to 6.00** AM **Painting Birds with Jim and Nancy Moir**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 6/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 12/26. (S3)
8.00 **Star Trek: Voyager** *Dreadnought:* 17/26. missile heads for a populated planet. (S2)
9.00 **The Rookie** (S3)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S3)
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Wheel of Fortune**
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal**
6.00 **Lingo** A couple from Nottinghamshire, two sisters from Derby and Birmingham cousins take part in the quiz. **7.00** Duos from London, Glasgow and Norwich take part in the quiz. **8.00** Two Bolton sisters, a mother and son from Liverpool and a couple from London compete.
9.00 **Beat the Chasers** Bradley Walsh hosts as contestants face the formidable quiz team.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Game show.
1.50 **Ridiculous**
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Life in the Country**
10.00 **Narrow Escapes**
11.00 **Sun, Sea and Selling Houses** From Almería.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Dermot O'Leary, Greg James, Fern Brady and Mel B.
8.00 **Bake Off: Professionals** The teams must create a Shakespeare-inspired theatrical scene.
9.00 **Night Coppers** Ramon races to break up a mass brawl and hunt down the suspects. **10.00** Drunken revellers are moved on by police.
11.00 **Tip Toe** 1&2/5. (S1)
1.10 AM **Gypsy Rose: Life After Lock Up**
3.00 **Celebrity Gogglebox**
4.00 **to 5.00** AM **Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **The Ark** 9&10/12. (S2)
4.00 **Stargate SG-1** 22/22. (S5)
5.00 **Star Trek: Voyager** 24/26. Paris and Kim face danger as they visit an unexplored planet in search of fuel supplies. (S4)
6.00 **Star Trek: Enterprise** 21/26. Archer and Mayweather are imprisoned by aliens after entering a military zone. (S1)

9.00 Grimm

7.00 **Stargate Atlantis** *The Siege:* 1/20. Part three of three. The team race to protect Atlantis before their enemies arrive. (S2)

8.00 **Stargate SG-1** *Revelations:* 22/22. The team are sent to rescue a scientist who is stranded on a moon. (S5)

9.00 **Grimm** *The Inheritance:* 21/22. Nick and Trubel receive a trunk full of relics from a recently murdered Grimm. (S3)

10.00 **The Walking Dead** *The Grove:* 14/16. Tyreese and Carol face growing problems with Lizzie's troubling behaviour. (S4)
11.00 **Britannia** 9/10. Phelan tries to right his wrongs, and Divis is given one last chance to try and prove himself. (S2)
12.00 M'T **The Ark** 9&10/12. Double bill of the sci-fi drama. (S2)
2.00 AM **The Walking Dead** As shown at 10.00pm.
3.00 **Britannia** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S19)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 15/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S19)
4.00 **The Mentalist** 15/24. A gold prospector is killed. (S3)
5.00 **Hudson & Rex** 2/16. A troubled young pop star is suspected of murder. (S4)
6.00 **Father Brown** *The Queen Bee:* The priest investigates the death of a beekeeper.

9.00 Saint-Pierre

7.00 **Unforgettable** *Endgame:* 21/22. When Morgan is found dead, Carrie finds herself under suspicion of murder. (S1)

8.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of the local cricket club is found shot dead on the pitch. (S6)

9.00 **Saint-Pierre** New episode *Ghost from the Past:* 7/10. Arch and Fitz race to save a kidnapped flight attendant. (S1)

10.00 **Father Brown** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at the local girls' borstal.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S6)
1.00 AM **Hudson & Rex** (S4)
2.00 **Murdoch Mysteries** 19/21. A man is found dead in a burned-out truck. (S4)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.35 **Are You Being Served?**
10.15 **Last of the Summer Wine**
11.35 **Porridge**
12.10 PM **Keeping Up...**
12.50 **The Green Green Grass**
1.30 **Dad's Army**
2.10 **Ever Decreasing Circles**
2.50 **Are You Being Served?**
3.30 **Open All Hours**
4.10 **Still Open All Hours**
4.50 **Dad's Army**
5.25 **Last of the Summer Wine**
6.45 **Keeping Up Appearances**

9.20 Not Going Out

7.25 **Dad's Army** Jones is horrified to discover the pigeons he bought off Walker were taken from Trafalgar Square.

8.00 **Still Open All Hours** Granville invests in a giant balloon for advertising.
8.40 **Open All Hours** Arkwright learns he has a rival for Nurse Gladys Emmanuel's attention.
9.20 **Not Going Out** Lee, Lucy and Daisy go on a skiing trip to Eastern Europe.

9.55 **Not Going Out** Lee is jealous when Lucy talks about her first love.
10.35 **Still Open All Hours** As shown at 8.00pm.
11.15 **Open All Hours**
11.55 **Harry Enfield and Chums** Tim Nice-but-Dim finds a kindred spirit when he meets Dick Nice-but-Thick.
12.35 AM **Not Going Out**
1.55 **Harry Enfield and Chums**
2.35 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** With Milton Jones.
2.00 **The Lakes with Simon Reeve**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave examine the food that was popular in the 1970s.
6.00 **Rick Stein's Long Weekends** Sampling the cuisine of Berlin.

9.00 QI XL

7.00 **Would I Lie to You? At Christmas** With James Acaster and Lily Allen.
7.40 **Would I Lie to You?** With Jimmy Carr, Jamelia, Marcus Brigstocke and Terry Christian.
8.20 **Richard Osman's House of Games** With Suzannah Lipscomb and Dave Johns.

9.00 **QI XL** Guests Matt Lucas, Jerry Springer and Cariad Lloyd join Alan Davies and Sandi Toksvig to contemplate 'noodles.'

10.00 **Have I Got a Bit More News for You** Lorraine Kelly hosts the satirical quiz, with guests Maisie Adam and Matt Chorley.
11.00 **8 Out of 10 Cats**
11.45 **Mock the Week**
12.25 AM **Would I Lie to You?**
1.45 **QI XL** With Johnny Vegas.
2.45 **Dave Gorman: Modern Life Is Goodish** Celebrity culture.
3.35 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Sister Boniface Mysteries**
3.15 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** The trio investigate reports of something sinister in the woods.
6.40 Compo takes Nora for a ride on a motorbike.

8.00 This Is Not a Murder Mystery

7.20 **Last of the Summer Wine** Compo steps in to test Wesley's heavy-duty sucker and blower, which can only mean disaster.

8.00 **This Is Not a Murder Mystery** Series finale *The Survivor:* 6/6. The night takes an unexpected turn and secrets are revealed. (S1)
■ Entire series on U
9.15 **The Chelsea Detective** *The Gentle Giant:* 5/8. Part one of two. A popular security guard is stabbed to death. (S1)
10.20 **New Tricks** *Blue Flower:* The detectives investigate the murder of an East German immigrant.
11.40 **Dalziel & Pascoe** *Guardian Angel:* A housewife dies of chemical poisoning, leading the duo to suspect terrorism. Guest stars Stephen Tompkinson.
1.50 AM **Lovejoy**
2.50 **to 4.00** AM **This Is Not a Murder Mystery**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 12&13/24. (S14)
11.00 **Law & Order Toronto: Criminal Intent** (S1)
3.00 PM **Law & Order**
6.00 **NCIS** *Boom:* 3/24. One of the NCIS agents becomes starstruck.
7.00 *Third Wheel:* 4/24. Gibbs' quiet holiday at his cabin is interrupted.
8.00 *Fragments:* 5/24. The NCIS team try to exonerate a Marine with a life sentence. (S16)
9.00 **Criminal Minds: Evolution** New episode *Stars & Stripes:* 9/10. The team probe the mind of serial killer Elias Voit aka Sicarius. (S17)
10.05 **Law & Order: Special Victims Unit** (S10)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **NCIS** 1/20. (S22)
2.45 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A bus is targeted by scammers.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** A patient thinks the worst when he suffers chest pains.
8.00 **Casualty 24/7: Every Second Counts** A 93-year-old has had a fall and is suffering from a bleeding head wound.
9.00 **FILM Inferno** Thriller starring Tom Hanks and Felicity Jones. Professor Robert Langdon tries to stop a lethal virus from killing millions. (2016, 12, 121min) ★★★
11.25 **Making a Serial Killer**
1.25 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
12.35 PM **FILM Black Horse Canyon** Western. (1954, U, 81min) ★★
2.20 **FILM The Lone Gun** Western drama. (1954, U, 78min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers deal with a speeding driver.
9.00 **Police Interceptors** The officers are on the tail of a fast-moving Astra reported as stolen.
10.00 **Police: Night Shift 999** Officers are called to a late-night break-in.
11.00 **The X-Files** 14/24. (S3)
12.00 M'T **Seconds from Death: On Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia**
7.00 **Tipping Point**
10.00 **DIY SOS: EastEnders Special** In Harlow, Essex.
11.00 **DIY SOS: The Big Build**
1.00 PM **Celebrity Antiques Road Trip** Double bill.
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: EastEnders Special** In Harlow, Essex.
7.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Documentary.
9.00 **Shades of Blue** *Pilot:* 1/13. US crime drama starring Jennifer Lopez. Harlee finds herself arrested by an FBI agent.
10.00 *Original Sin:* 2/13. Harlee struggles with being an informant. (S1)
■ Entire series on U
11.00 **Celebrity Antiques Road Trip** Double bill.
1.05 **to 3.00** AM **Absolutely Fabulous**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Shipwreck Secrets**
8.00 **Bangers & Cash**
10.00 **D-Day to Berlin**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **D-Day to Berlin**
6.00 **Antiques Roadshow** The team head to Somerleyton Hall, Suffolk.
7.00 **Canal Boat Diaries** Robbie journeys from Yardley Wood to Netherton Tunnel.
8.00 **Train Truckers** A wartime iron workhorse is hauled from Staffordshire to Oxfordshire.
9.00 **Seven Worlds, One Planet** David Attenborough narrates a look at life on each continent, beginning with Antarctica.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Shipwreck Secrets**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** With Ann Widdecombe.
8.00 **Antiques Road Trip** The search for items in the West Country.
9.00 **Long Lost Family** A man feels ready to face his fears and find his birth mother.
10.00 **Who Do You Think You Are?** Actor Claire Foy traces her ancestry.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** (S3)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 14&15/22. (S7)
1.00 PM **The Waltons** (S1)
3.00 **Ballykissangel** (S4)
4.10 **Down to Earth** (S5)
5.20 **Bramwell** 6/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 2/24. General Clayton's car is bombed.
8.00 3/24. Hot Lips and Frank refer Klinger to a psychiatrist.
8.30 4/24. The team plan to rebuild a bombed village. (S2)
9.00 FILM **Ned Kelly** Western with Heath Ledger and Orlando Bloom. (2003, 15, 109min) ★★★
11.25 **M*A*S*H** 2–4/24. (S2)
12.55 AM **Rising Damp** (S1)
1.25 **Man About the House**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.00 AM FILM **Death Rides a Horse** Western starring John Phillip Law. (1969, 15, 111min) ★
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM FILM **The Exception** War drama with Lily James and Jai Courtney. (2016, 15, 107min) ★★★
3.55 **The Persuaders!** (S1)
4.55 **The New Avengers**
6.55 FILM **Eye for an Eye** Thriller with John Travolta. (2019, 15, 98min) ★
9.00 FILM **Mercenary: Absolution** Thriller starring Steven Seagal. (2015, 18, 91min) ★★
11.05 **Dragon Ball Super**
12.05 AM **Coast Guard Alaska**
1.05 **The New Avengers**
3.05 FILM **Seattle Superstorm** Thriller starring Esai Morales. (2012, PG, 95min) ★★
4.30 **to 6.00** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.20 **In Plain Sight** 1/12. (S1)
11.05 **Castle** 19/24. (S2)
12.05 PM **Hailey Dean Mysteries** 2/9. (S1)
2.00 **Diagnosis Murder** (S1)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 20/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 2/12. (S1)
10.00 FILM **The Gourmet Detective: A Healthy Place to Die** Comedy sequel starring Dylan Neal and Brooke Burns. (2015, PG, 85min) ★★
11.55 FILM **An Aurora Teagarden Mystery: Last Scene Alive** Whodunit starring Candace Cameron Bure. (2018, PG, 90min) ★★
1.50 AM FILM **Death By Friendship** Thriller. (2020, 12, 95min) ★★
3.25 **to 5.00** AM FILM **Island of Shadows**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Rocky Mountain Christmas** Drama. (2017, PG) ★
10.05 FILM **Crashing Through the Snow** (2021) ★★
12.05 PM FILM **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
2.00 FILM **Christmas on 5th Avenue** (2021, PG) ★★
3.55 FILM **Candy Cane Christmas** (2020) ★★
5.55 FILM **A Christmas Duet** Romantic comedy. (2019, PG, 100min) ★★
7.45 FILM **A Very Country Christmas** Romance. (2017, PG, 90min) ★★
9.40 FILM **Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
11.45 FILM **Christmas Ever After** Romantic drama. (2020, PG, 87min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas on 5th Avenue** (2021, PG) ★★

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **Great British Food**
4.00 **Country House Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **My Floating Home** A man commissions a semi-cruiser narrowboat.
8.00 **Garden Rescue** Flo Headlam and Lee Burkhill transform a garden for junior doctors.
9.00 Chris Hull and Lee Burkhill create a family garden inspired by holidays in Greece.
10.00 FILM **Adventures of a Private Eye** Comedy starring Christopher Neil. (1977, 18, 92min) ★
12.00 M'T FILM **Cruel Passion** Drama with Koo Stark. (1977, 18, 99min) ★★
2.00 AM **Love Your Garden**
3.00 **Country House Auction**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S1)
11.00 **Second Thoughts** (S5)
11.30 **Agony** 1/6. (S1)
12.00 NOON **Boon** 11/13. (S3)
1.05 PM **The Lovers** (S1)
1.35 **The Dustbinmen** (S1)
2.05 **The Prime of Miss Jean Brodie** 6/7. (S1)
3.10 **Rewind Time Machine**
3.15 **Hank the Cowboy**
3.30 **Boon** 11/13. (S2)
4.30 **Jack Hargreaves' Old Country** 6/20. (S3)
5.00 **Stereo Underground**
6.00 **Space 1999** 24/24. (S2)
7.00 **Two's Company** (S1)
7.30 **Doctor at Large** (S1)
8.00 **The Dustbinmen** (S1)
8.30 **Second Thoughts** (S5)
9.00 **The New Statesman**
10.00 FILM **Sex with the Stars** Comedy. (1980, 18) ★
11.50 FILM **Horror Hospital** Thriller. (1973, 18) ★
1.35 AM **Stereo Underground**
2.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Guardians of the Glades**
10.00 **Deadliest Catch**
12.00 NOON **Unexplained and Unexplored**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Opal Hunters: Red Dirt Road Trip** Double bill.
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition A mission to save and transform abandoned cabins.
10.00 **Barnwood Builders** New edition Mark Bowe reveals the tools it takes to be part of the crew.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** A dangerous hunt.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **Mary Berry Cooks**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Stanley Tucci.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Great British Adventure**
3.00 **Mary Berry Cooks**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Laura Linney.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **Paul Hollywood: City Bakes** In Cape Town.
10.00 **Prue Leith's Cotswold Kitchen** Chef Tommy Banks joins Prue.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/24. (S8)
9.00 **T.J. Hooker** 4/23. (S4)
10.00 **Six Million Dollar Man**
11.00 FILM **Malibu Shark Attack** Disaster movie. (2009, 15, 110min) ★★
1.00 PM FILM **Shalako** Western adventure. (1968, PG, 118min) ★★
3.05 FILM **Angel and the Bad Man** Western. (2009, PG, 95min) ★★
5.00 **Star Trek** 14/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 5/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Last Stand** Thriller starring Arnold Schwarzenegger. (2012, 15, 107min) ★★★
11.10 FILM **The Fan** Thriller. (1996, 15, 114min) ★★
1.30 AM FILM **Best of the Best** Action drama. (1989, 15, 100min) ★★
3.25 **to 5.10** AM FILM **POW: The Escape** Drama. (1986, 15, 90min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
11.00 **Andromeda** 11/22. (S2)
12.00 NOON FILM **Double Dragon** Adventure. (1994, 12, 91min) ★★
2.00 PM FILM **Princess of Mars** Sci-fi adventure. (2009, 12, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **The Virginian** Western adventure. (2014, 12, 90min) ★★
7.00 **Andromeda** 12/22. (S2)
8.00 **The Fall Guy** (S5)
9.00 FILM **Vertical Limit** Adventure starring Chris O'Donnell. (2000, 12, 124min) ★★★
11.35 FILM **Sniper: Special Ops** Action thriller. (2016, 15, 82min) ★★
1.25 AM FILM **Horror Express** Horror chiller. (1972, 15, 88min) ★★★
3.10 FILM **The Virginian**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** In Huddersfield.
6.40 **Pawn Stars** Double bill.
7.30 **Money for Nothing**
8.30 **Junk & Disorderly**
9.25 **Storage Wars Canada**
10.20 **What on Earth?**
12.10 PM **Cursed Treasures**
1.05 **Pawn Stars** Double bill.
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
10.00 **The UnXplained**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Draining the Thames: What Lies Beneath**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets a pair of journalists who now work as grizzly bear guides in Canada.
8.00 Ben travels to the wild, secluded valley of Casita Verde on Ibiza.
9.00 **Keeping Faith** 3/8. The lawyer finds herself in custody on suspicion of murder. (S1)
10.05 **The Madame Blanc Mysteries** 2&3/7. (S2)
12.05 AM **Wentworth Prison**
1.10 **The Yorkshire Vet**
3.00 **World's Most Scenic Railway Journeys**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Game show.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Five Hartlepool United fans take part.
7.00 **The Chase Celebrity Special** With Louise Hazel, Joel Dommett, Sinitta and Les Dennis.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Andi Osho, Mark Ramprakash and Alex Beresford.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at:
8.00 1/17. Leonard is smitten with new neighbour Penny.
8.30 2/17. Sheldon tries to do a good deed. (S1)
9.00 **The 600lb Diaries with Dr. Now** New edition A woman seeks help from Dr Now after a trauma induced weight gain.
10.00 **Dangerously Obese** New edition Yolanda's immense size attracts the wrong kind of men.
11.00 **Dr Pimple Popper: Breaking Out**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 7–12/26. (S3)
1.00 PM **Friends** (S4&5)
9.00 **Bradley & Barney Walsh: Breaking Dad** The duo's road trip continues in Costa Rica.
9.30 The duo continue to explore Costa Rica.
10.00 **Michael McIntyre's Big Show** With music by Paloma Faith and Nile Rodgers and Chic.
11.00 **Teachers** New episode 14/20. Hot Dad surprises Ms Bennigan with a visit from her parents. (S3)
11.30 **8 Out of 10 Cats Uncut**
1.10 AM **Whose Line Is It Anyway? USA**
2.10 **South Park** (S1)
3.05 **Michael McIntyre's Big Show** As 10.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&5/26. (S3)
6.45 **The Culture Capsule**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Christmas Show**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 14–17/25. (S6)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 4/8. (S4)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Christmas Show**
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 7–12/26. (S3)
10.00 **South Park** (S4)
1.00 AM **Mike Judge's Beavis and Butt-Head**
2.00 **Michael McIntyre's...**
3.00 **Utopia** 3/8. (S4)
3.20 **Teachers** 3/20. (S3)
3.45 **Broad City** (S3)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 4/6. (S2)
10.55 **Steptoe and Son** (S3)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S3)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 4/13. Drama. (S1)
2.45 **Minder** 7/10. (S10)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 4/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Rising Damp** 4/7. (S3)
6.40 **Steptoe and Son** (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 3/10. (S5)
9.00 **Benidorm** 2/9. (S9)
9.55 **Shameless** 4/14. (S11)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 2/9. (S9)
12.55 AM **Minder** 12/13. (S9)
2.00 **Duty Free** 2/7. (S2)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Double bill.
8.00 **Teen Mom UK** New edition Mia and Manley sit down with Marliya to discuss her attitude towards them.
9.00 **Bar Rescue** New edition Jon Taffer sends mixologist Phil Wills to Holly, Michigan to help rescue a bar.
10.00 **Tattoo Fixers** Identical twins come in with matching bad tattoos.
11.00 **Geordie Shore**
12.00 M'T **Help I Sexted My Boss** New edition
1.00 AM **Catfish UK**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

3 June Wednesday

Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Extreme RVs** Double bill.
1.00 PM **Nature's Strangest Mysteries: Solved**
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** Misty enlists her family to build a predator-proof coop for the chickens. **6.00** Spring arrives and the family self-shoot preparation for the epic expansion of their homestead.

8.00 Sara Price: Chasing Dakar

7.00 **Wheeler Dealers World Tour** Mike Brewer and Elvis Priestley hunt for Australia's favourite pick up – the Hilux.

8.00 NEW SERIES **Sara Price: Chasing Dakar** Following Sara's quest to become the first American woman to win the Dakar Rally.

9.00 **Wheeler Dealers** After years of searching, Mike's found the ultimate 1980s hot hatch – the Renault 5 GT Turbo.

10.00 **Supercar Showroom** Dean tries to convince a serial supercar swapper to buy an Audi R8, and Ollie becomes a dad.

11.00 **Expedition X** Reports of possessions by spirits of people who died in World War Two.
12.00 M'T **Border Control Sweden**
1.00 AM **Sara Price: Chasing Dakar** As 8.00pm.
2.00 **Supercar Showroom**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** In California.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A musician who feels abused by her cat. **4.00** A woman over-run with neighbourhood cats.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and Petra train new vets at a wildlife sanctuary.

7.00 Treehouse Masters

7.00 **Treehouse Masters** Pete Nelson designs a beehive-style structure for couple Donald and Alison Farmer.

8.00 **Rugged Justice** A vessel is in danger of sinking and a sex offender attempts to flee after being confronted.

9.00 **Alaska: The Last Frontier** The Kilchers must move the Octagon building, and finish work on Shane's cabin.

10.00 **Alaskan Bush People** The family search for egg-laying chickens, while 27-year-old Bear goes on his first official date.

11.00 **Mountain Monsters** Buck searches for the little girl at the heart of the mystery.
12.00 M'T **Alaska: Homestead Rescue** A tire bale home.
1.00 AM **Blood Ivory**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Venice's Lost Empire: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above**
1.00 PM **Seconds from Disaster**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Planes that Changed History**
5.00 **Inside Melbourne Airport**
6.00 **Hitler's Last Stand** A war hero volunteers for a mission.

8.00 Ancient Structures

7.00 **Mayday** The 1992 accident that saw Copa Airlines Flight 201 enter a high-speed dive, causing it to disintegrate in mid-air.

8.00 NEW SERIES **Ancient Structures: Secrets Revealed** A look at ancient structures that defy comprehension.

9.00 **The Lost Tomb of Alexander the Great** Pepi Papakosta goes in search of the conqueror's final resting place.

10.00 **Saxon Gold: New Secrets Revealed** The discovery of Anglo-Saxon treasure in Staffordshire in July 2009.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Amsterdam Central 24/7**
2.00 **Primal Survivor** A village with a history of cannibalism.
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Hell on Earth: WWII**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Triple bill.
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly** Triple bill of the series, including at: **5.00** Henry Cole heads to the Cotswold Oil Engine and Preservation Society's famous bring and buy sale.
6.00 **American Pickers** A collection of medical equipment is found.

9.00 The Curse of Oak Island

7.00 **Forged in Fire** Bladesmiths battle it out to recreate a legendary weapon – Attila the Hun's Sword of Mars.

8.00 **Storage Wars** New edition The buyers return to Moreno Valley, where an old friend surprises them.

9.00 **The Curse of Oak Island** New edition New revelations are made about the sand and stone road in the swamp.

10.00 **Mysteries Unearthed with Danny Trejo** New edition The dog that recovered the football World Cup trophy.

11.00 **Cursed Treasures** The origins of the curses surrounding the Turin Shroud, the Cave of Altamira and other artifacts.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **American Pickers** A stockpile of vintage motorbikes.
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Comedy Store**
7.05 **Discovering: Clint Eastwood**
8.00 **The Directors**
9.00 **Love Has Won: The Cult of...**
10.00 **Black Widow**
11.00 **Juan Carlos: Downfall of the King** 3/4. Documentary.
12.00 NOON FILM **Man on Wire**. (2007, 12, 93min) ★★★★
2.00 PM **Terry Venables: A Man Can Dream** Documentary.
4.00 **The Directors**
5.00 **Discovering: Clint Eastwood**
5.55 **Love Has Won: The Cult of Mother God** 3/3. Documentary.

10.00 When We Were Kings

7.00 **Black Widow** 3/3. The police execute a warrant for Dena Thompson's arrest and detectives begin to join the dots.

8.00 **One to One: John & Yoko** Documentary examining the 18 months that John Lennon and Yoko Ono spent living in Greenwich Village in New York City in the early 1970s, featuring restored footage of Lennon's only full-length, post-Beatles concert.

10.00 FILM **When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Pantani: The Accidental Death of a Cyclist** Documentary about the rise and fall of Marco Pantani.
1.45 AM **Missile from the East** A motorcycle racer who defected to West Germany.
3.45 **My Icon: Deta Hedman**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Clint Eastwood**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** A retired couple asks Angus to sell their collection of toys. **9.00** Angus helps a roofer-turned-artist sell his sculptures for a small fortune.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories** Kenneth Noye.
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **American Detective with Lt Joe Kenda**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Who Hired the Hitman?** New edition The assassination of a computer genius.
10.00 **American Detective with Lt Joe Kenda**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Almost Perfect Murders** The case of Thomas Downey, who was tragically murdered in Bath.
8.00 **UK Crime Files: Killer Commadore** The story of Paul Longworth.
9.00 **UK Crime Files: Drug Den Murder**
10.00 **Bloodline Detectives** New edition The case of Pamela Maurer, whose killer was identified after 43 years.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UUK Crime Files: Killer Commadore**
1.00 AM **UK Crime Files: Drug Den Murder**
2.00 **Bloodline Detectives**
3.00 **Britain's Almost Perfect Murders**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Head on the Beach**
9.55 **UK Crime Files: Murder at the Gate**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder Without a Body**
3.00 **UK Crime Files: A Murderous Journey**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A woman appeals against a conviction for murder. **5.30** A murderer sends his victim's family her last will and testament. **6.00** Toxicologists try to determine whether a man was poisoned. **6.30** A 12-year-old girl shot dead in her home.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **The Beverley Allitt Tapes** Documentary.
3.00 **How I Caught the Killer**
4.00 **Murdered at First Sight**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Britain's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **Murder Uncut**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 155 49

8.00 AM **Lost World of Angkor Wat**
9.20 **Ancient Greece: The Dark Chronicles**
10.35 **Vichy and the Nazis: A Deal with the Devil**
11.55 **Jungle War**
1.00 PM **Weathered**
1.35 **Lost World of Angkor Wat** The Khmer empire.
2.40 **Ancient Greece: The Dark Chronicles**
3.50 **Vichy and the Nazis: A Deal with the Devil**
5.05 **Jungle War**
6.15 **Lost World of Angkor Wat** The Khmer empire.
7.20 **Ancient Greece: The Dark Chronicles** New edition The era of Athenican democracy.
8.30 **Vichy and the Nazis: A Deal with the Devil**
9.45 **Jungle War**
10.50 **Ancient Greece: The Dark Chronicles**
12.00 M'T **Vichy and the Nazis: A Deal with the Devil**
1.15 **to 2.00** AM **Weathered**

WEDNESDAY

Wednesday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Great Parks of Africa**
- 7.00 **Monkey Life**
- 8.00 **Arctic from Above**
- 9.00 **Chasing the Rains**
- 10.00 **Gangs of Baboon Falls**
- 11.00 **Ireland's Wild Islands with Eoin Warner** Fastnet Rock.
- 12.00 NOON **Pride Rules**
- 1.00 PM **Monkey Life**
- 2.00 **Arctic from Above**
- 3.00 **Chasing the Rains**
- 4.00 **Gangs of Baboon Falls**
- 5.00 **Ireland's Wild Islands with Eoin Warner** Fastnet Rock.
- 6.00 **Pride Rules**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Untamed Valley**
- 9.00 **Tales from Zambia**
- 10.00 **Pride Rules**
- 11.00 **Ireland's Wild Islands with Eoin Warner** Fastnet Rock.
- 12.00 M'T **Dogs with Extraordinary Jobs** Documentary.
- 1.00 AM **Great Parks of Africa**
- 2.00 **Untamed Valley**
- 3.00 **Tales from Zambia**
- 4.00 **Arctic from Above**
- 5.00 **to 6.00** AM **Chasing the Rains**

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Green Eyed Killers**
- 8.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **999: Killer on the Line**
- 2.00 PM **Hometown Tragedy**
- 3.00 **Murder at the Motel**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Hometown Tragedy**
- 9.00 **Crime in Progress** New edition Officers in Indiana respond to a potential kidnapping.
- 10.00 **City Confidential** The military community is shocked when a soldier is shot dead.
- 11.00 **Spring Break Murders** How the 40-year cold case of a student's murder was solved.
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Green Eyed Killers**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Hometown Tragedy**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Expedition with Steve Backshall** Four editions.
- 1.00 PM **Expedition with Steve Backshall** Four editions.
- 5.00 **Bangers & Cash** Derek auctions off a Jensen Healey and a Jensen Interceptor. **6.00** A Roller and a Rover go under the hammer. **7.00** A Triumph Herald brings a few smiles on auction day. **8.00** An Aston Martin DB6 looks set to break the Mathewsons auction record. **9.00** Derek picks up some 'emerging' sporting classics.
- 10.00 **Trawlermen** Skipper Jimmy Buchan faces a dilemma. **10.30** Prawn boat *Amity* gets caught up in a winter storm 100 miles from shore. **11.00** Jimmy ignores advice and goes fishing for prawns. **11.30** Two trawlers risk disaster during a storm.
- 12.00 M'T **Bangers & Cash**
- 5.25 **to 6.00** AM **Robson Green's Weekend Escapes**

+1 hour 266 376

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **How to Lose a War**
- 9.00 **Combat Ships**
- 10.00 **The Abyss: Rise & Fall of the Nazis** How a social protest turned into an anti-Jewish movement during the 1920s.
- 11.00 **Ancient Aliens**
- 1.00 PM **Ancient Aliens**
- 6.00 **Combat Ships**
- 7.00 **Crimes That Shook Britain** The crimes of Peter Sutcliffe, who murdered 13 women during a five-year killing spree in the late 1970s and into 1980.
- 8.00 **The Abyss: Rise & Fall of the Nazis** A look at how the failed coup on 9 November 1923 eliminated Hitler's movement.
- 9.00 **History's Greatest Myths** How conflict has reshaped nations and devastated generations.
- 10.00 **Pharaohs at War** The Battle of Megiddo, fought in 1457 BC.
- 11.00 **Ancient Aliens** Double bill.
- 1.00 AM **Crimes That Shook Britain**
- 2.00 **Ancient Aliens**
- 4.00 **Combat Ships**
- 5.00 **to 6.00** AM **Canadian Pickers**

WILD

165 145 182

- 8.00 AM **Secrets of the Zoo**
- 10.00 **Monster Fish**
- 11.00 **Savage Kingdom**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Wild Transylvania: Dracula's Hidden Kingdom**
- 3.00 **Swamp Men**
- 4.00 **Hostile Planet: Africa**
- 5.00 **Yukon Rescue**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo: Tampa**
- 8.00 **Europe's New Wild** The return of European bison and grey wolves to the Carpathian mountains. **9.00** A look at how the world's rarest cat is flourishing in Iberia.
- 10.00 **Alaska: The Next Generation** The Alaskans must stockpile necessary resources.
- 11.00 **Snakes in the City**
- 12.00 M'T **When Sharks Attack**
- 1.00 AM **Last of the Giants: Wild Fish** The search for a short-tailed river stingray continues.
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Savage Kingdom**

ID

154 140 166

- 8.00 AM **I'd Kill for You**
- 12.00 NOON **The Lies That Bind**
- 1.00 PM **American Monster: Abuse of Power** A so-called 'anti-corruption' sheriff in Georgia abuses his position.
- 2.00 **American Monster**
- 3.00 **Homicide City**
- 7.00 **Murder Under the Friday Night Lights** Conspiracies rock a Texas town after a high-school football player vanishes. **8.00** In a struggling town in Pennsylvania, the killing of an immigrant splits the community.
- 9.00 **999 Murderer Calling** The case of Collin Reeves, who stabbed his neighbours to death after a parking dispute. He blamed it on a mental breakdown but his call to police revealed the truth.
- 10.00 **Crime Scene Confidential**
- 11.00 **American Detective with Lt Joe Kenda** Double bill.
- 2.00 AM **Homicide City**
- 4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1 hour 254 366

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Savage Builds**
- 1.00 PM **Secrets Underground**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made**
- 9.00 **In Search of Monsters** A team of researchers seek answers to mysteries surrounding the Mothman. They explore theories that the legendary cryptid is an abnormality in the evolutionary chain. **10.00** Paranormal investigations reveal shocking new evidence about the Jersey Devil, a monster that prowls the Pine Barrens of New Jersey.
- 11.00 **The Alaska Triangle** Investigating reports of a sea monster lurking beneath the icy waters of Alaska. **12.00** M'T A woman claims to be under attack from an unseen force, which could be linked to a Native American legend.
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Discovery History

161/172 147 181

- 7.00 AM **Combat Dealers: Reloaded**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** The risk to manned space exploration of cosmic rays.
- 1.00 PM **The Alaska Triangle**
- 2.00 **Alien Highway**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Combat Dealers: Reloaded** The team hunt down the rarest and most inventive spy gear used in World War Two.
- 9.00 **Unexplained and Unexplored** Investigating a mysterious ancient Egyptian society.
- 10.00 **How Do They Do It?**
- 11.00 **Combat Dealers**
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **The Alaska Triangle**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Workshop** Richard opens a classic car restoration workshop.
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Bad Chad Customs**
- 2.00 **Ant Anstead Master Mechanic**
- 3.00 **Massive Engineering Mistakes**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Dream Jobs with Chris Hoy**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Dream Jobs with Chris Hoy**
- 9.00 **Outback Car Hunters** Dave and GT find a rare 1964 Ford Falcon XM delivery sedan.
- 10.00 **Incredible Engineering Blunders: Fixed**
- 11.00 **Shed and Buried: Classic Cars**
- 12.00 M'T **Dream Jobs with Chris Hoy**
- 1.00 AM **Richard Hammond's Workshop** As 11.00am.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

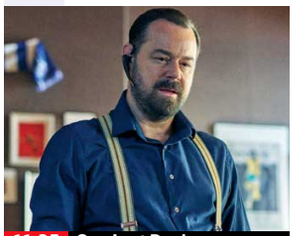
+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.55 AM **Tafiti: Across the Desert** Animation. (2025, PG, 81min)
- 8.20 **The Shadow's Edge** (2025)
- 10.45 **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★
- 12.20 PM **Fuze** As 8.00pm.
- 2.00 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
- 3.40 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
- 5.45 **The Running Man** Thriller. (2025, 15, 133min) ★★★



11.25 One Last Deal

8.00 Fuze Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

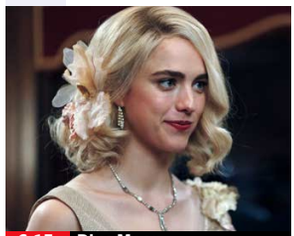
9.45 Him Supernatural horror starring Marlon Wayans and Tyriq Withers. A young athlete descends into a world of terror when he gets invited to train with a champion. (2025, 18, 96min)

- 11.25 **One Last Deal** Drama starring Danny Dyer and Elliott Rogers. (2026, 18, 89min)
- 1.00 AM **The Plague** Psychological thriller starring Everett Blunck, Joel Edgerton and Kayo Martin. (2025, 15, 98min) ★★★★
- 2.45 **The Shadow's Edge** Chinese-Hong Kong action thriller starring Jackie Chan. Subtitled. (2025, 15, 141min)
- 5.10 **to 6.50** AM **Fuze** As 8.00pm.

Sky Cinema Pride

303 303 403 503 517

- 6.05 AM **Beach Rats** As 3.35am.
- 7.50 **You Can Live Forever** Drama. (2022, 15, 96min) ★★★
- 9.35 **The United States vs. Billie Holiday** Biopic. (2021, 15) ★★★
- 11.50 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
- 2.00 PM **Monsoon** As 5.20am.
- 3.30 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
- 6.15 **Blue Moon** Comedy drama. (2025, 15, 100min) ★★★★



6.15 Blue Moon

8.00 On Swift Horses Drama starring Daisy Edgar-Jones, Jacob Elordi and Will Poulter. A married couple's promising new life is scuppered by the husband's brother. With Sasha Calle, Diego Calva and Don Swayze. (2024, 15, 119min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Rocketman Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell and Richard Madden. (2019, 15, 121min) ★★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05 AM **Bonus Track** Comedy. (2023, 12, 98min) ★★★
- 1.45 **Carmen & Lola** Drama. (2018, 18, 120min) ★★★
- 3.35 **Beach Rats** Coming-of-age drama. (2017, 15, 98min) ★★★
- 5.20 **to 7.00** AM **Monsoon** Drama. (2019, 12, 85min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 7.10 AM **Miss You Already** (2015)
- 9.05 **A Star Is Born** As 10.30pm.
- 11.25 **Cast Away** Adventure drama. (2000, 12, 143min) ★★★★
- 1.50 PM **Chicago** Oscar-winning screen version of the hit musical. (2002, 12, 112min) ★★★★
- 3.45 **A Different Man** Psychological thriller. (2024, 15, 112min) ★★★★
- 5.50 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★

8.00 Molly's Game Fact-based drama about Molly Bloom, a skier who ran the world's most exclusive high-stakes poker game and became an FBI target. Stars Jessica Chastain, Idris Elba and Kevin Costner. (2017, 15, 137min) ★★★★

- 10.30 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
- 12.55 AM **Touch** Icelandic drama starring Egill Ólafsson. Subtitled. (2024, 15, 121min) ★★★★
- 3.10 **Miss You Already** Comedy drama starring Drew Barrymore. (2015, 12, 112min) ★★★
- 5.15 **to 7.05** AM **Babylon** Drama. (1980, 15, 94min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.50 AM **Companion** As 2.10am.
- 8.30 **47 Metres Down** As 4.00am.
- 10.05 **Logan's Run** As 5.40am.
- 12.05 PM **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
- 1.35 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
- 3.20 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★
- 5.40 **The Conjuring: Last Rites** Horror. (2025, 15, 135min) ★★★

8.00 Pacific Rim Epic sci-fi action adventure starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 126min) ★★★

- 10.15 **Salem's Lot** Horror based on Stephen King's novel, starring Lewis Pullman. A writer attempts to destroy vampires in a small American town. (2024, 15, 109min) ★★★
- 12.20 AM **The Nun** Horror with Taissa Farmiga. (2018, 15, 96min) ★★★
- 2.10 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
- 4.00 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
- 5.40 **to 7.40** AM **Logan's Run** Sci-fi. (1976, PG, 115min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.40 AM **MouseHunt** Comedy. (1997, PG, 98min) ★★★★
8.30 **Annie** As shown at 11.50pm.
10.45 **DC League of Super-Pets** Animation. (2022, PG) ★★★
12.35 PM **Sing** Animated comedy. (2016, U, 108min) ★★★
2.25 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.10 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
6.00 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★

4.10 Paddington in Peru

7.45 **Jumanji: The Next Level** Fantasy adventure sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Players of the rebooted Jumanji return and attempt to rescue one of their own. (2019, 12, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Teenage Mutant Ninja Turtles** Fantasy starring Megan Fox and William Fichtner. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Annie** Musical starring Aileen Quinn. (1982, U, 128min) ★★★
2.10 AM **Scooby-Doo** Comedy. (2002, PG, 86min) ★★★
3.45 **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★★
5.25 **to 7.05** AM **Daddy Day Care** Comedy. (2003, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.50 AM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
9.45 **Olympus Has Fallen** Action thriller. (2011, 15, 119min) ★★★
11.50 **Morbius** Adventure with Jared Leto. (2022, 12, 104min) ★★
1.45 PM **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
3.50 **Fuze** Thriller. (2026, 15) ★★★
5.30 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★

5.30 Gladiator II

8.00 **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. Former assassin Hutch Mansell takes his family on a holiday, but soon finds himself in the crosshairs of a crime boss. (2025, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
1.35 AM **Once Upon a Time in China** Martial arts adventure. (1991, 15, 120min) ★★★★★
4.00 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
5.55 **to 6.10** AM **The Cinema List: Remakes**

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Gremlins 2: The New Batch** (1990, 12) ★★★
9.30 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
11.10 **Police Academy** (1984) ★★★
12.55 PM **Police Academy 2: Their First Assignment** (1985) ★★
2.35 **Police Academy 3: Back in Training** (1986, PG) ★
4.10 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
6.15 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★

6.15 Blades of Glory

8.00 **Little Fockers** Comedy sequel with Ben Stiller and Robert De Niro. A male nurse must prove to his father-in-law that he is worthy of taking his place as the family patriarch. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The 40-Year-Old Virgin** Comedy starring Steve Carell. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
1.25 AM **The Naked Gun 2½: The Smell of Fear** Spoof sequel. (1991, 15, 81min) ★★★
3.05 **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
4.45 **Sky Cinema Preview**
5.45 **to 7.25** AM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
9.20 **Murder by Numbers** Crime thriller with Sandra Bullock. (2002, 15, 120min) ★★★
11.25 **The Firm** As 8.00pm.
2.05 PM **Nightcrawler** As 10.40pm.
4.05 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
6.20 **Cellular** Thriller starring Kim Basinger and William H Macy. (2004, 15, 94min) ★★★

6.20 Cellular

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Gene Hackman and Jeanne Tripplehorn. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Nightcrawler** Thriller starring Jake Gyllenhaal. An unscrupulous freelance TV cameraman prowls the streets of LA, looking for scoops to sell to sensation-hungry TV stations. With Riz Ahmed. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
3.35 **Safe House** Action thriller. (2012, 15, 110min) ★★★
5.40 **to 8.00** AM **Lethal Weapon 4** Action comedy thriller sequel. (1998, 15, 128min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Yellow Mountain** Western. (1954, U, 77min) ★★
12.35 PM **Arizona Raiders** Western. (1965, PG, 88min) ★★
2.20 **For Whom the Bell Tolls** Classic romantic adventure. (1943, PG, 160min) ★★★
5.00 **The Battle at Apache Pass** Western. (1952, U, 85min) ★★
6.40 **Deep Impact** Disaster movie starring Robert Duvall. (1998, 12, 123min) ★★★★

9.00 Rescue Dawn

Deep Impact (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Rescue Dawn** Werner Herzog's fct-based action adventure starring Christian Bale. A German-born US fighter pilot plots a daring escape after he is captured and imprisoned during the Vietnam War. (2006, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **M3GAN** Sci-fi horror starring Allison Williams and Violet McGraw. A robotics engineer at a toy company builds a life-like doll that begins to take on a life of its own. (2022, 15, 102min) ★★★
1.30 **to 3.50** AM **Corsage** Drama starring Vicky Krieps and Colin Morgan. Partly subtitled. (2022, 15, 116min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors

302 302 402 502 516

6.20 AM **The 4:30 Movie** (2024)
8.00 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
9.40 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
11.20 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
1.10 PM **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
3.00 **This Is Spinal Tap** Spoof rock documentary with Christopher Guest and Michael McKean. (1983, 15, 83min) ★★★★★
4.30 **Spinal Tap II: The End Continues** Spoof sequel. (2025, 15, 83min) ★★★
6.00 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
8.00 **The Phoenician Scheme** Wes Anderson's comedy thriller. (2025, 15, 101min) ★★★
10.00 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
12.20 AM **28 Days Later** Horror. (2002, 18, 113min) ★★★★
2.20 **28 Years Later** Horror sequel. (2025, 15, 115min) ★★★★
4.20 **Sky Cinema Preview**
5.20 **to 7.00** AM **The 4:30 Movie** Comedy starring Austin Zajur. (2024, 15, 88min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.35 AM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
8.05 **Babe** As shown at 1.35am.
9.40 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
11.50 **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
1.45 PM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
3.40 **Free Willy** Family adventure. (1993, U, 112min) ★★★★
5.35 **Hook** Fantasy adventure. (1991, U, 140min) ★★★
8.00 **Ghostbusters** Supernatural comedy with Bill Murray, Dan Aykroyd and Sigourney Weaver. (1984, 12, 105min) ★★★★
9.50 **Ghostbusters II** Supernatural comedy sequel with Bill Murray. (1989, PG, 99min) ★★★
11.40 **The Next Karate Kid** Martial arts adventure sequel. (1994, PG, 104min) ★★
1.35 AM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
3.15 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
4.55 **Cinema List: Book Adaptations**
5.25 **to 7.20** AM **Batteries Not Included** Sci-fi fantasy. (1987, PG, 105min) ★★★★

Disney+ Cinema

305

6.00 AM **Cars 2** (2011, U) ★★★
7.50 **Bambi** Disney's classic cartoon. (1942, U, 69min) ★★★★★
9.05 **The Many Adventures of Winnie the Pooh** Animated feature. (1977, U, 71min) ★★★
10.20 **Pocahontas** As 3.15am.
11.45 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
1.35 PM **A Bug's Life** Animation. (1998, U, 94min) ★★★★★
3.10 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.35 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
7.10 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
9.00 **The Avengers** Adventure. (2012, 12, 137min) ★★★★
11.20 **Deadpool & Wolverine** Superhero adventure sequel. (2024, 15, 128min) ★★★★
1.30 AM **28 Weeks Later** Horror sequel starring Robert Carlyle. (2007, 18, 99min) ★★★★
3.15 **Pocahontas** Animation. (1995, U, 81min) ★★★
4.40 **to 6.00** AM **The Tigger Movie** Family feature-length cartoon. (2000, U, 77min) ★★★

Movies 24

312 313 419

7.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
9.00 **Love in the Maldives** Romantic drama. (2023, PG, 84min) ★★
11.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
1.00 PM **What We Do For Love** Romantic comedy drama. (2023, PG, 89min) ★★
3.00 **Retreat to You** Romantic drama. (2023, PG, 90min) ★★
5.00 **A Safari Romance** Romantic comedy. (2023, PG, 84min) ★★
7.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie. (2021, PG, 85min) ★★
9.00 **Haul Out the Halloween** Comedy starring Lacey Chabert. New residents with a love of all things spooky prompt a neighbourhood to lift a ban on Halloween for the first time in years. (2025, PG, 84min) ★★
11.00 **Something's Brewing** Drama. (2023, PG, 89min) ★★
1.00 AM **You, Me, and that Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **My Argentine Heart** Romantic comedy. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Bob's Your Uncle** Comedy. (1942, b/w, U, 71min) ★★★
7.30 **The Stranger Came Home** Mystery. (1954, b/w, 15) ★★★
9.10 **Penny Serenade** Drama. (1941, b/w, U, 120min) ★★★
11.30 **Star Performance: The Gun**
12.00 NOON **Sergeant Cork** (S3)
1.05 PM **The Buccaneers** 12/39. (S1)
1.35 **Devil's Bait** Suspense thriller. (1959, b/w, U, 58min) ★★
2.45 **None But the Tortoise**
3.00 **Dial 999** 28/39. (S1)
3.30 **The Guinea Pig** Drama. (1948, b/w, U, 97min) ★★★
5.30 **Film Noir**
6.30 **Give Us a Clue**
7.00 **Out of Town**
7.30 **Scotland Yard** 36/39. (S1)
8.00 **A Man Called Harry Brent** (S1)
8.30 **Travelling Man** 3/6. (S1)
9.35 **Doctor in Love** Hospital comedy starring Michael Craig, Leslie Phillips and Virginia Maskell. (1960, PG, 97min) ★★
11.35 **Dr Jekyll and Mr Hyde** Horror starring David Hemmings. (1980, 15, 115min) ★★★
1.55 AM **An Affair in Mind** Thriller. (1988, 12, 90min) ★★★
3.45 **Look at Life**
4.00 **Stagecoach West** 11/38. (S1)
5.00 **to 6.00** AM **Danger UXB**

WEDNESDAY Sport 3 June

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
6.30 LIVE **Vitality T20 Blast Cricket Surrey v Middlesex.** Coverage of the South Group match staged at the Kia Oval, London. The hosts finished top of this group last season having won 11 of their 14 matches and progressed to the quarter-finals before they were knocked out by Northamptonshire. Middlesex didn't fare so well as they finished second-bottom of the table with just three wins from their 14 fixtures.
10.00 **Sky Sports News at Ten**
12.30 AM LIVE **WNBA New York Liberty v Toronto Tempo.** Coverage of the Eastern Conference match staged at Barclays Center in Brooklyn, New York. Tip-off **1.00am**.
3.00 LIVE **WNBA Seattle Storm v Phoenix Mercury.** The Western Conference match from Climate Pledge Arena. Tip-off **3.00am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **Premier League Highlights**
11.00 **SNF** Manchester Utd v Chelsea. **11.30** Fulham v Brentford.
12.00 NOON **PL Highlights**
3.30 PM **SNF** Highlights from Nottingham Forest v Sunderland. **4.00** Tottenham Hotspur v Wolverhampton Wanderers.
4.30 **Premier League Highlights** Action from Aston Villa v Fulham.
5.30 **MNF Hlts** Everton v West Ham United at Hill Dickinson Stadium.
6.00 **Premier League Review**
7.00 **Premier League Stories** A look behind the scenes.
7.30 **Transfer 360** Delving into the transfers of Alan Shearer.
8.00 **Netbusters** Fast-paced highlights of Premier League matches.
9.00 **Premier League Review** A review of the 2025/26 season.
11.00 **Premier League Years** Memorable moments and classic games from the 1994/95 season.
1.00 AM **PL Retro** Another chance to see Manchester United v Tottenham Hotspur in 1998/99.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** Action from 2019/20.
9.00 **EFL Greatest Games**
10.00 **Championship Retro** West Ham United v Blackpool from 2011/12.
12.00 NOON **EFL Greatest Games**
1.00 PM **EFL Highlights**
4.00 **Best Scottish Premiership Goals 2025/26**
4.30 **Scottish Football VAR Review**
5.15 **EFL Greatest Games**
6.00 **EFL Highlights** Action from League Two play-off semi-finals.
8.00 **EFL Highlights** Notts County v Salford City in the League Two play-off final at Wembley Stadium.
9.00 **Best Goals: EFL Cup 25/26**
9.30 **WSL** Action from West Ham United v Manchester City.
10.00 **EFL Trophy** Doncaster Rovers v Stockport County in the semi-final. **10.30** Luton Town v Northampton Town in the semi-finals. **11.00** Action from Luton Town v Stockport County in the final.
11.30 **Best Scottish Premiership Goals 2025/26**
12.00 M'T **EFL Cup Highlights**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee United – Champions 83**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
7.00 **Women's International T20 Cricket** England v India.
11.00 **Best of ICC WT20**
11.30 **ICC Men's T20 World Cup**
12.00 NOON **ICC Women's World Cup**
1.00 PM **Women's International T20 Cricket** England v India.
5.00 **Best of ICC WT20**
5.30 **ICC Men's T20 World Cup**
6.00 **Best of ICC WT20**
6.15 **Lord's Pavilion Portraits**
6.25 LIVE **Vitality T20 Blast Cricket Surrey v Middlesex.** Coverage of the South Group match from the Kia Oval, London. The hosts finished top of this group last season having won 11 of their 14 matches, while Middlesex finished second-bottom of the table with three wins from their 14 fixtures.
10.00 **Best of ICC WT20**
10.30 **ICC Women's World Cup** India v England from Holkar Stadium.
11.30 **ICC Men's T20 World Cup**
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.30 **ICC Women's World Cup 2017**
5.00 **Best of ICC WT20**
5.30 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Women's Open Golf**
8.00 **US Women's Open Golf**
1.00 PM **Rose Ladies Series**
1.30 **Ladies European Tour Golf**
2.30 **US Women's Open Golf**
4.30 **Rose Ladies Series**
5.00 **PGA Tour: The Cut**
5.30 **HotelPlanner Tour Golf Highlights** Challenge De Espana.
6.00 **Golf Channel Live from the US Women's Open** Build-up to the Major from California.
10.30 **HotelPlanner Tour Golf Highlights** Challenge De Espana.
11.00 **Rose Ladies Series** Action from Formby Ladies Golf Club.
11.30 **PGA Tour: The Cut**
12.00 M'T **PGA Tour Champions**
1.00 AM **PGA Tour Golf**
4.00 **Best of the Sky Zone**
4.30 **Best of the Sky Zone: US Open**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
7.30 **UEFA Europa League & Conference League Magazine**
9.30 LIVE **Tennis: French Open** Coverage from around the courts on day 11 of the Grand Slam tournament at Stade Roland Garros, featuring quarter-finals.
5.00 PM **TNT Sports Reload**
5.30 **Inside Serie A**
6.30 **Premier League Review**
7.30 LIVE **Tennis: French Open** Further coverage from the quarter-finals at Stade Roland Garros in Paris. In last year's women's singles quarter-finals eventual winner Coco Gauff beat Madison Keys 6-7, 6-4, 6-1.
11.00 **Tennis: French Open** Action from the 11th day in Paris.
12.30 AM LIVE **MLB Philadelphia Phillies v San Diego Padres.** The National League match staged at Citizens Bank Park, joining in progress.
2.30 **MLB Plays of the Week**
3.00 **UFC Main Event** UFC 318.
4.00 **Ultimate Pool** Pairs Cup.
5.30 **The Gruppetto** Cycling news.
5.45 **to 6.00** AM **The Gallagher PREM – The Wrap Up**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIV Golf** From South Korea.
7.00 **Rolex SailGP Championship**
8.00 **World Superbike Highlights**
9.00 **WRC Review** Rally Japan.
10.00 **Fishing: On the Bank**
11.00 **MotoGP Rewind**
11.15 **World Superbike Rewind**
11.30 **The Gallagher PREM: Wrap Up**
11.45 **The Gruppetto** Cycling news.
12.00 NOON **Men's Cycling Pro Series**
1.00 PM LIVE **Men's Cycling Pro Series** Coverage of the one-day Mercan'Tour Classic race in France.
3.00 **Test Cricket Highlights**
4.00 **UEFA Europa League**
4.30 **UEFA Conference League**
5.00 **UEFA Champions League**
5.30 **Premier League Stories**
6.00 **MotoGP Highlights**
7.00 **MLB Highlights**
8.00 **MLB Plays of the Week**
8.30 LIVE **MLB Seattle Mariners v New York Mets.** All the action from the inter-league match at T-Mobile Park. Start-time **8.40pm**.
11.30 **Ultimate Pool** The Pairs Cup.
1.00 AM **UEFA Champions League**
2.30 **UEFA Europa League & Conference League Magazine**
4.30 **to 6.00** AM **Tennis: French Open**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **Women's State of Origin** New South Wales v Queensland.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** Golden State Warriors v Los Angeles Clippers.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **Super League Highlights**
12.30 AM LIVE **WNBA New York Liberty v Toronto Tempo.** Coverage of the Eastern Conference match from Barclays Center. The Liberty were beaten by Phoenix Mercury in the first round of the play-offs last year, and the Tempo are newcomers to the WNBA. Tip-off **1.00am**.
3.00 LIVE **WNBA Seattle Storm v Phoenix Mercury.** The Western Conference match from Climate Pledge Arena. Tip-off **3.00am**.
5.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **Super League** A chance to see Wigan Warriors v Leigh Leopards at Brick Community Stadium.
10.45 **EFL Greatest Games** Bolton Wanderers v Watford in 1998/99.
11.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
3.00 **Premier League Darts** A chance to see the third night of the tournament at OVO Hydro in Glasgow, with a format featuring quarter-finals, semi-finals and a final all in one night.
6.30 **Sports Desk** Sports news.
7.00 **Sports Centre** A round-up of the sports news with analysis.
10.00 **Sky Sports News at Ten**
12.00 M'T **EFL Greatest Games** Action from the 2017/18 season.
1.00 AM **Tennis** The WTA Abu Dhabi Open final held at Zayed Sports City International Tennis Centre. **2.00** The ATP Rotterdam Open final from Rotterdam Ahoy.
3.00 **Super League** A replay of Hull Kingston Rovers v Leeds Rhinos.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tour Classic Matches**
10.00 **US Open Tennis** The 2010 final.
11.00 **ATP Tour Classic Matches**
2.00 PM **US Open Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP Tour Classic Matches** Action from Guillermo Coria v Rafael Nadal from 2005. **5.00** Action from the 2006 Monte-Carlo Masters final. **6.00** Rafael Nadal v Roger Federer in the 2006 Rome Masters final. **7.00** Novak Djokovic v Rafael Nadal in the 2009 Madrid Masters.
8.00 **ATP Tour This Week**
8.30 **US Open Tennis** Rafael Nadal v Novak Djokovic in the 2010 final.
9.30 **ATP Tour Classic Matches** Highlights from Rafael Nadal v Andy Murray in a 2010 ATP World Tour Finals semi-final. **10.30** Action from the 2012 Monte-Carlo Masters final.
11.30 **ATP Tour This Week**
12.00 M'T **ATP Tour Classic Matches**
1.00 AM **US Open Tennis**
2.00 **US Open Classic Matches**
3.00 **to 6.00** AM **ATP Tour Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Three match replays.
10.30 **Adobe Women's FA Cup**
12.00 NOON **UEFA Champions League Magazine**
12.30 PM **MLB Highlights**
1.30 **Women's Giro d'Italia**
2.30 LIVE **Cycling: Giro d'Italia** The fifth stage of the women's race, a route from Longarone to Santo Stefano di Cadore.
5.00 **NWSL** Recent action.
7.00 **Women's Giro d'Italia: Dreaming in Pink** A look ahead.
8.00 **Women's Giro d'Italia**
9.00 **Men's Cycling Pro Series**
10.00 **Discovery Golf** The latest news.
10.30 **Test Cricket Highlights**
11.30 LIVE **MLB Philadelphia Phillies v San Diego Padres.** Coverage of the National League match at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **Premier League Stories**
3.00 **to 6.00** AM **Motocross World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling Pro Series**
7.00 **Women's Giro d'Italia**
8.00 **Tennis: French Open** Day 10.
9.30 LIVE **Tennis: French Open** Coverage from day 11 of the Grand Slam tournament at Stade Roland Garros in Paris, featuring quarter-final matches.
5.00 PM **TNT Sports Reload**
6.00 **Ultimate Pool** Pairs Cup.
7.30 LIVE **Tennis: French Open** Further coverage from the quarter-finals on day 11 staged at Stade Roland Garros in Paris.
11.00 **The Match That Changed Tennis**
12.00 M'T **UEFA Champions League Goals Reload**
12.15 AM **TNT Sports Reload**
12.30 **MotoGP Rewind**
12.45 **World Superbike Rewind**
1.00 **Men's Cycling Pro Series**
2.00 **Women's Giro d'Italia**
3.00 **Men's Cycling Pro Series**
4.00 **Fishing: On the Bank**
5.00 **to 6.00** AM **LIV Golf**

Premier Sports 1

419 528

6.00 AM **Sporting Countdowns**
7.00 **Top 14 Rugby Union**
9.00 **Sporting Countdowns**
10.00 **NASCAR Highlights**
11.00 **DTM Motorsport Highlights**
12.00 NOON **URC in 60**
1.00 PM **Top 14 Rugby Union Hlts**
1.30 **Sporting Countdowns**
2.00 **NHL Tonight** Play-off highlights.
3.00 **Swedish Speedway**
5.00 **United Rugby Championship** Another chance to see Stormers v Cardiff in the quarter-final. **7.00** Another chance to see Leinster v Lions in a quarter-final.
9.00 **Top 14 Rugby Union Highlights**
9.30 **KOTV Weekly** Boxing news.
10.00 **International Football**
12.00 M'T **Top 14 Rugby Union**
2.00 AM **FIM Quadcross Championship** From Germany.
2.30 **United Rugby Championship**
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **European Le Mans Series**

Premier Sports 2

420 529

6.00 AM **Bike World** Magazine.
6.30 **NASCAR O'Reilly Series**
9.30 **Motorsport** Valentino Rossi.
10.00 **Football's Greatest**
10.30 **International Football** Another chance to see Haiti v New Zealand.
12.30 PM **Temples of Sport**
1.00 **Football's Greatest**
2.00 **Coppa Italia** Lazio v Inter Milan.
4.00 **Football's Greatest**
5.00 **Motorsport** Drew Gibson.
6.00 **Champions Cup** A replay of Leinster v Bordeaux in the final.
8.00 **Temples of Sport** Iconic sporting venues from around the globe.
9.00 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
11.00 **Football's Greatest** The finest players discuss their careers.
11.30 **Challenge Cup** A chance to see Montpellier v Ulster in the final.
1.30 AM **Temples of Sport**
2.00 **NASCAR O'Reilly Series**
5.00 **Football's Greatest**
5.30 **to 6.00** AM **Bike World**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent T20 highlights.
9.00 **PGA Tour Golf** Highlights.
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **Women's International T20 Cricket** A replay of England v India in the third and final T20.
7.00 **IPL** The second Qualifier. **8.00** The final from Narendra Modi Stadium, Ahmedabad.
9.00 **State of Origin Rugby League** Action from New South Wales Blues v Queensland Maroons.
10.00 **Fight Night** Recent action.
11.00 **PGA Tour Champions**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **IPL**

Sky Sports F1

407 407 507 424 444

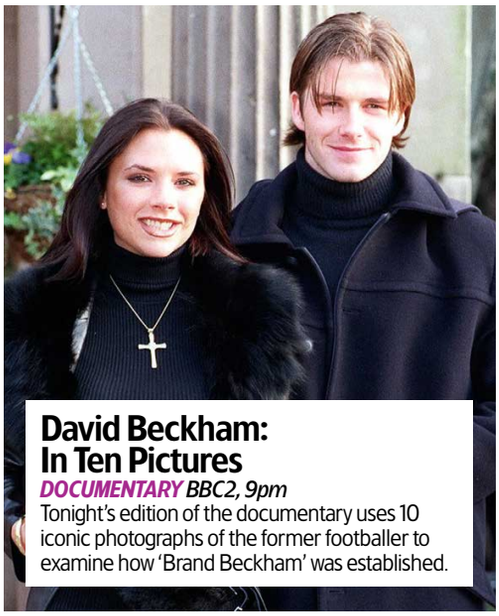
6.00 AM **Formula 1** The Monaco Grand Prix from 2018 to 2023.
11.00 **Formula 1** Canadian Grand Prix.
1.15 PM **Ted's Notebook**
1.45 **Golf with Sergio Perez**
2.00 **F1 Classic Races** A replay of the 2011 Monaco Grand Prix.
5.00 **Formula 1** The Monaco Grand Prix from 2023 to 2025.
8.00 **F1 Classic Races** Action from the 2008 Monaco Grand Prix. **10.30** Another chance to see the 2003 Monaco Grand Prix.
12.45 AM **Naomi Hot Laps with Kimi Antonelli**
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

4 June

Planner



David Beckham: In Ten Pictures

DOCUMENTARY BBC2, 9pm

Tonight's edition of the documentary uses 10 iconic photographs of the former footballer to examine how 'Brand Beckham' was established.

The Witness

DRAMA Netflix

This moving drama based on real events focuses on the experiences of Rachel Nickell's partner André (played here by Jordan Bolger, right) and their son Alex in the years following Rachel's brutal murder on Wimbledon Common in 1992.

England v New Zealand: 1st Test

CRICKET Sky Sports Main Event & Sky Sports Cricket, play starts at 11am

England's summer of cricket starts with the first of three Tests against New Zealand, which has become one of cricket's most entertaining rivalries since the 2022 'Bazball' series.

The Hardacres

DRAMA 5, 9pm

As the rags-to-riches period drama continues, Edward and Liza's relationship is blossoming – but Ma (Julia Graham) cannot shake her uneasy feelings about the soldier, and she asks Callum to dig into Edward's story to find out if he's being truthful.

Thursday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Reported Missing		10.00 News; Local News	
	102 BBC2	7.00 Cricket: Today at the Test		8.00 Springwatch		9.00 David Beckham: In Ten Pictures		10.00 Peelers...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 The Vardys		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Beautiful Builds		9.00 Taskmaster		10.00 Make That Movie	
	105 5	7.00 Build Your Dream Home in the Country		8.00 Cornwall: A Year by the Sea		9.00 The Hardacres		10.00 The Lie: Murder in Suburbia	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Magic in Vegas		9.00 From		10.00 Evil	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Athletics: Diamond League Rome – Live: The Golden Gala Pietro Mennea				10.00 Kidnapped by My Mum	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Film: The Searchers			9.55 Reputations		
	118 ITV2	7.00 The Floor		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Great British Train Journeys from Above		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Married at First Sight USA		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.45 Billions		8.00 The Gilded Age		9.00 Prisoner		10.00 The Miniature Wife	
	110 U&GOLD	‹ 6.50 Keeping...	7.25 Dad's Army...	8.00 Still Open All Hours			9.20 Not Going Out		10.30 Still Open All...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 House of Games	9.00 QI XL		10.00 The Way Out	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	7.00 American Pickers		8.00 Junk & Disorderly		9.00 Isle of Man TT Highlights		10.00 Beat the Chasers – Celebrity Special	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Private Benjamin			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Art Detectives		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Saint-Pierre		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Lion in Winter		9.00 Film: The Lion in Winter			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 DIY SOS: The Big Build			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour				9.00 Naked and Afraid		10.00 In the Eye of the Storm: Chasers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.: Ultimate Countdown		9.00 Car S.O.S.		10.00 Engineering by Catastrophe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 MonsterQuest		10.00 Chaos Uncut	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	114 SKY DOCS	‹ 6.00 Elvis Presley: The Searcher		8.00 Elvis Presley: The Searcher				10.00 Chernobyl: The Lost Tapes	

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** New edition A gang of suspected car thieves. (S)
11.15 **Homes Under the Hammer** New edition In Wiltshire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Natalie Cassidy: Caring Together** Series finale 8/8. Natalie faces a session on end-of-life care. (S)(AD)
2.30 **Robson Green's Weekend Escapes** With Steph Houghton. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Reported Missing

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** George makes a decision for the sake of his family, and the sun rises on Walford after a life-changing night. (S)(AD)

8 PM

8.00 **MasterChef** New edition 20/21. The finalists cook for six leading restaurateurs, including Daniel Clifford and Paul Ainsworth, before putting their own twist on a classic dish. (S)(AD)
■ Concludes tomorrow

9 PM

9.00 **Reported Missing** New edition 2/4. Fears grow for missing 19-year-old student Xiaoqiang, who may be at risk of extortion, while 20-year-old Daniel has failed to return from a mountain hike. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce hosts from the Makerfield constituency in Greater Manchester, with a panel of politicians and other guests facing topical questions from the audience. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Blankety Blank** 6/9. With Helen George, Sam Campbell, Dean McCullough, Sam Quek, Ria Lina and Josh Widdicombe. (S)(R)
12.45 **Weather for the Week Ahead** (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Great Continental Railway Journeys** Huvösvölgy. (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **The Great British Countryside** The Highlands. (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Leeds Town Hall. (S)(R)
5.15 **Flog It!** From Barrow Hill Railway Heritage Centre, Derbyshire. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** New edition Michael Portillo explores Szeged. (S)(AD)

7.00 Cricket: Today at the Test

7 PM

7.00 **Cricket: Today at the Test** England v New Zealand: Action from the opening day's play of the first Test in the three-match series, held at Lord's. Ben Stokes' side have won two of the last three Test series against New Zealand. (S)

8 PM

8.00 **Springwatch** New edition 8/12. Michaela Strachan and Chris Packham present from the National Trust's Crom estate on the shores of Lough Erne, Co Fermanagh. (S)

9 PM

9.00 **David Beckham: In Ten Pictures** New edition 2/4. A journey through former England captain David Beckham's life in 10 defining photographs. *See feature, page 20.* (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **Peelers: The PSNI for Real** Series finale 6/6. Officers are called to a house where a woman has been attacked and are confronted by a man brandishing a knife. (S)
10.30 **Newsnight** (S)
11.00 **Surgeons: At the Edge of Life** 5/8. A surgeon takes on a life-changing procedure for a patient who has a rare auto-immune condition. (S)(R)(AD)
12.00 M'T **Sign Zone: MasterChef** (S)(R)
1.00 AM **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
2.00 **Sign Zone: Peelers – The PSNI for Real** 2/6. Documentary. (S)(R)
2.30 **Sign Zone: Two Weeks in August** 3/8. Drama. (S1) (S)(R)(AD)
3.15 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the dealers are in Bridlington, where items of interest include a stunning jewellery box, a railway poster and some silver. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7 PM

7.30 **Tonight: Healthy Ageing – What Should You Eat?** Kate Quilton investigates what people should be eating to try to stay healthier and live longer, and whether they can improve the quality of life by eating the right diet. (S)

8 PM

8.00 **Emmerdale** Kim becomes convinced that Laurel is having an affair with Sam. (S)(AD)
8.30 **Coronation Street** The Barlows convene to address Daniel's drinking, and Lisa arrests Brody. (S)(AD)

9 PM

9.00 **The Vardys** Series finale 3/3. Despite Jamie's best efforts on the pitch, Cremonese are struggling to get a win and stay out of the relegation zone. Things go from bad to worse when the Vardys' villa is burgled. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.15 **FILM Taken** Action thriller starring Liam Neeson. A divorced ex-spy tries to rescue his daughter from a gang of people traffickers in Paris. (S)(AD) (2008, 18, 95min) ★★★★
12.50 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Documentary. (S)(SL)(R)
3.50 **The Assembly** (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.30 **to 6.00** AM **For the Love of Dogs with Alison Hammond** (S)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 6-8/22. (S7) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 4-7/24. (S6) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Chicago. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Heather and John seek their own characterful bolthole on Crete. (S)(R)
4.00 **Narrow Escapes** New edition Paul performs his Elvis tribute act for his fellow narrowboaters. (S)(AD)
5.00 **Chateau DIY** New edition Jon and Carmen hope to get married after years of challenges. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A Yorkshire couple hunt for a retirement retreat in Almería. (S)(R)

10.00 Make That Movie

7 PM

7.00 **News** (S)

8 PM

8.00 **George Clarke's Beautiful Builds** New edition George is charged with making changes to a Victorian terrace in London, while remaining sympathetic to the family's memories of their late husband and father. (S)(AD)

9 PM

9.00 **Taskmaster** New edition 9/10. Joel Dommett is just having a really good time, Amy Gledhill wrings out a poached egg, and Armando Iannucci shows why it's important not to curtail his nap time. (S)(AD)

10 PM

10.00 **Make That Movie** New episodes 3/6. A pair of schoolgirls ask Sam to make a film about their teacher. (S)(AD)
10.30 4/6. The number one fan of a hopeless football team wants to see them win – if only in a movie. (S1) (S)(AD)
11.00 **Gogglebox** (S)(R)(AD)
12.05 AM **Tip Toe** (S1) (S)(SL)(R)(AD)
1.55 **FILM Fire Island** Romantic comedy starring Joel Kim Booster, Bowen Yang and Margaret Cho. (S)(SL) (2022, 15, 105min) ★★★
3.40 **Couples Come Dine with Me** (R)
4.35 **Sunday Brunch** (S)(R)
4.50 **Sarah Beeny's New Life in the Country** Sarah and her family build a thatched boathouse. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Demons:* 6/23. Castle investigates when a ghost hunter is murdered. (S)(R)
3.55 **Castle** *Cops and Robbers:* 7/23. Martha and the author are held hostage by bank robbers who have disguised themselves as TV doctors. (S4) (S)(R)
4.50 **Love Nature** Efforts to restore Cave Hill Country Park. (S)(R)
5.00 **News** (S)
6.00 **Susan Calman's Summer by the Sea** Susan visits Southwold on the Suffolk coast. (S)(R)
6.55 **News** (S)

8.00 Cornwall: A Year by the Sea

7.00 SERIES RESUMES Build Your Dream Home in the Country Mark Millar helps a couple building their own home in the Lancashire countryside. (S)

7.55 News (S)

8.00 Cornwall: A Year by the Sea New edition On the southern shores of the Helford River, the reigning world champion gig-rowing team are training hard. (S)

9.00 The Hardacres New episode 4/6. Keen to thank the staff, the Hardacres decide to throw a servants' ball where the staff will be guests, waited on by the family. (S2) (S)(AD)
■ Entire series on 5 streaming

10.00 The Lie: Murder in Suburbia 1/2. The dramatic twists and turns of the investigation into Rachel O'Reilly's murder in 2004, and the devastating impact it had on her family and friends. (S)(R)

11.05 The Lie: Murder in Suburbia 2/2. A look at how the search for Rachel O'Reilly's killer took a dramatic turn. (S)(R)
12.05 AM **Murder 360** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Margrethe II: End of an Era** Documentary. (S)(R)
3.25 **Friends** (S8) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S6) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Macaque Island** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Simpsons Bible Stories:* Homer, Marge and the kids have biblical dreams. (S)(R) **5.30** *Homer to the Max:* Homer adopts a new identity. (S)(R)
6.00 **The Office (US)** 8/25. Angela learns her husband is having an affair with Oscar. (S)(R) **6.30** 9/25. Dwight organises a Pennsylvania-Dutch-themed Christmas party. (S9) (S)(R)

9.00 From

7.00 The Simpsons *Mom and Pop Art:* Homer becomes an artist. (S)(R) **7.30** *The Old Man and the C Student:* Bart is forced to undertake community service at Grampa's retirement home. (S)(R)

8.00 Rob & Romesh vs Magic in Vegas Comedians Rob Beckett and Romesh Ranganathan are invited to join Penn & Teller's show in Las Vegas and have just three days to pull their act together. (S)(R)(AD)

9.00 From New episode *The Heart Is a Lonely Hunter:* 6/10. Boyd and Jade find themselves at odds, while deeply troubling news from the settlement makes its way back to town. (S3) (S)

10.00 Evil *The Demon of Memes:* 2/10. David is recruited by LeConte, an agent of the 'Entity', and assigned to visit a dying Chinese national in a hotel room and administer his last rites. (S3) (S)(R)

11.00 Bear Grylls Is Running Wild Bear takes Michelle Monaghan on a trek through the Great Basin Desert. (S)(R)(AD)
12.00 M'T **Grimm** 7/22. Nick and Hank spend Christmas pursuing three Wesen. (S4) (S)(R)
1.00 AM **The Walking Dead** 3/13. Shane becomes trapped inside a derelict school. (S2) (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Scotcast **12.10am** Newscast **12.40** Blankety Blank **1.15** Weather **1.20-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50** Blankety Blank **1.25-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm Who Do You Think You Are?

BBC2

N. IRELAND
Sky 969, Freesat 969
4.30pm The Chronicles of Armagh **4.45-7.00 LIVE** International Football **10.00-10.30** Carl Frampton: On Probation **11.00** Peelers: The PSNI for Real **11.30pm-12.00m't** Mortimer & Whitehouse: Gone Fishing

WALES
Sky 968, Freesat 968
11.00pm Sunshine & Secrets: The Hidden Side of IVF **11.30pm-12.00m't** Beechgrove Garden

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition

BORDER/TYNE TEES
10.45-11.15pm Around the House

LONDON
10.45-11.15pm Late Debate

CENTRAL
10.45-11.15pm Central Lobby

GRANADA
10.45-11.15pm The Granada Debate

MERIDIAN
10.45-11.15pm Last Word

WALES
10.45-11.15pm Face to Face

WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate

YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion **12.05pm** Gwladfa: Gwilym Bowen Rhys **12.30** Heno **1.00** Cartrefi Cymru **1.30** Y Byd ar Bedwar **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Canu gyda Fy Arwr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** 3Cân **7.00** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Cyfrinachau'r Llyfrgell **10.00** Busnes Bwyd **11.00-11.35pm** Ciao! Colleen Ag Owain

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 Deadly 60 Steve Backshall encounters a saltwater crocodile in Australia. **7.30** Steve heads to Snake Island in Brazil.
8.00 LIVE Athletics: Diamond League Rome Coverage of the Golden Gala Pietro Mennea, the fourth meeting of the campaign, held at Stadio Olimpico.
10.00 Kidnapped by My Mum The story of Alex Batty, who went missing when he was 11 on what was supposed to be a short holiday with his mother and grandfather.
11.35 Ladhood 1/6. First episode of the comedy drama. Liam reflects on his youth. **12.00** M'T 2/6. Liam reflects on where his relationship with alcohol began. **12.25** AM 3/6. Liam is forced to confront his mental health issues. (S1)
12.50 Dubai Hustle Double bill.
1.50 BBC New Comedy Awards
2.20 to 3.50 AM **A Good Girl's Guide to Murder**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the King's Head in Addlethorpe, Lincolnshire. **4.50** The second visit of the week is to the dog-friendly Beck Hall in North Yorkshire. **5.20** The third visit is to The Albaston in Torquay. **5.50** The final visit of the week is to the Hotel Piccadilly in Bournemouth. **6.20** Payment Day arrives.
6.50 Location, Location, Location Kirstie Allsopp and Phil Spencer help two couples looking for homes in Birmingham.
7.55 PopMaster TV 5/9. Ken Bruce hosts the fifth heat.
9.00 Great British Train Journeys from Above Hugh Bonneville narrates a journey through the rolling hills of England's south-west on the West Somerset Railway created by Isambard Kingdom Brunel.
10.00 24 Hours in A&E Junior doctor Silas works his first-ever shift in resus.
11.05 24 Hours in A&E A woman with a severe form of autism is brought in by her sister.
12.10 AM **999: On the Front Line** Medical documentary.
1.15 24 Hours in A&E
3.25 to 3.55 AM **The Perfect Pitch**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The second round continues.
7.30 Only Connect Three mathematicians compete against the Cambridge Quiz Society in the first semi-final.
8.00 FILM The Searchers John Ford western starring John Wayne. A Confederate war veteran undertakes an obsessive five-year search for his niece after she is captured by Comanches and her family slaughtered. (1956, U, 114min) ★★★★★
9.55 Reputations Examining the heroic image of American movie star John Wayne.
10.55 FILM The Blues Brothers Cult comedy from John Landis, starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
1.00 AM **Too Near the Sun**
1.50 Only Connect
2.20 to 3.20 AM **Art of America**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Couples compete for the £1,000 prize in Wiltshire.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Married at First Sight USA**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Four episodes of the animation.
7.00 The Simpsons *Smart & Smarter:* Marge tries to get Maggie into a nursery for gifted children. **7.30** *Whacking Day:* Lisa tries to convince her family of the evils of the town's snake-clubbing ritual.
8.00 Married at First Sight USA New edition The brides and grooms reunite to reflect on their experience.
9.00 Gogglebox Opinions on *The Crown* and the World Cup.
10.00 Gogglebox *The Traitors* and *I'm a Celebrity... Get Me Out of Here!* are appraised.
11.05 Naked Attraction
12.10 AM **First Dates**
1.15 Gogglebox
2.15 Married at First Sight USA
3.05 Ramsay's Kitchen Nightmares USA
3.55 The Goldbergs
4.45 to 6.00 AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 306 30 123 256

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 19/20. (S12)
12.00 NOON **FBI** 9&10/22. (S5)
2.00 PM **The Rookie** 17/20. Nolan discovers that his confidential informant has gone back to her criminal ways. (S2)
3.00 **Law & Order: Criminal Intent** 11/22. A pregnant Muslim student is murdered. (S6)
4.00 **Nothing to Declare**

9.00 FBI

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 7&8/10. (S1)
11.15 **Catherine the Great** (S1)
12.20 PM **Billions** 9&10/12. (S7)
2.40 **We Own This City** 6/6. (S1)
3.55 **Succession** 10/10. Kendall and Shiv shore up their opposing interests. (S4)
5.35 **Billions** 9/12. Prince is tipped off about a potential mutiny.
6.45 10/12. Axe and Taylor work to dismantle Prince's sinister moves. (S7)

10.00 The Miniature Wife

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Billie and Greg: Family Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.05 PM **Real Housewives of Cheshire** Reality series.
1.05 **Celebrity Catchphrase**
2.05 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

11.35 American Dad!

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse** *The Death of the Self.*
11.25 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Sleeper Under the Hill:* A farmer is found dead at a sacred stone circle.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Spellbound:* A witchcraft scare sweeps through Aidensfield.

9.10 Inspector Morse

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.15 **The Protectors**
6.45 **Magnum, PI**
8.50 **The Saint**
9.55 **Boon**
11.00 **Isle of Man TT Highlights** The second Motul Sidecar TT Race.
12.00 NOON **The Protectors**
12.30 PM **BattleBots**
1.35 **Magnum, PI**
3.40 **Boon**
4.45 **The Sweeney**
5.55 **Minder** *Last Orders at the Winchester:* Money troubles threaten the Winchester.

1.35 Magnum PI

7 PM

7.00 Police 24/7 Officers work with citizens to save an overdosed man, and an intoxicated man gives officers a tough time.

Billions (started at 6.45pm)

7.00 The Floor Rob Brydon hosts the semi-final as the 17 remaining contestants face another tense round of quiz duels.

6.55 Heartbeat *Baby Love:* A baby is kidnapped from outside the post office, and Greengrass gets into a spot of bother.

7.00 American Pickers Danielle finds a 1937 Harley Knucklehead motorbike, and the guys pick through a farm.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 The Gilded Age *Irresistible Change:* 7/9. Edison's illuminating electricity demonstration sparks conversation. (S1)

8.00 Million Dollar Listing: LA Altman hunts for his own office space to create some distance from Fredrik Eklund.

8.00 Vera *The Crow Trap:* A murder at a remote Northumberland cottage takes DCI Vera Stanhope back to a place full of childhood memories and reminds her of an unsolved case from earlier in her career.

8.00 Junk & Disorderly Henry Cole and Sam Lovegrove search for bargains at autojumbles.

9 PM

9.00 FBI New episode *Behaviour:* 18/22. A woman and her son are abducted while visiting a state park. (S8)

9.00 Prisoner 6/6. Amber's plan to get Tibor to court is in jeopardy as a game of cat and mouse unfolds across London. (S1)

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

9.00 Isle of Man TT Highlights Action from race two of the Superstock TT, as the riders battled it out on 1000cc production bikes.

10 PM

10.00 Burn Notice *False Flag:* 11/14. Michael tries to track down a woman's estranged husband. Guest stars Lucy Lawless. (S1)
11.00 **The Rookie** 16/20. With Katy Perry and Lionel Richie. (S2)
12.00 M'T **FBI** 5&6/22. (S5)
2.00 AM **FBI: International** (S2)
3.00 **Road Wars** Double bill.
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

10.00 The Miniature Wife New episode *Janet Reno:* 9/10. Time rewinds to 20 years earlier. (S1)
■ Entire series on Box Sets
11.00 **True Detective: Night Country** 4/6. Danvers and Navarro confirm the location of Annie's murder. (S4)
12.10 AM **Hacks** 7&8/10. (S1)
1.20 **The Gilded Age** (S1)
3.15 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

10.05 Love Island: The Debrief New edition Discussion on the latest goings-on.
10.35 Family Guy 11/30. Brian begins dating a teacher and neglects Peter. (S4)
11.05 **Family Guy** 6/30. Peter tries to prove he is a genius. (S4)
11.35 **American Dad!** 6&2/16. (S3)
12.35 AM **Bob's Burgers** (S12)
1.30 **Botched** Medical series.
2.25 **to 3.00** AM **Unwind with ITV**

10.00 Lewis *Magnum Opus:* A college dean is found bludgeoned to death and the detectives discover evidence suggesting there may be three more murders to follow.
11.50 **Scott & Bailey** 4/8. A woman is found dead in a hotel room.
12.50 AM 5/8. A baby is admitted to hospital. (S4)
1.50 **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

10.00 Beat the Chasers: Celebrity Special With Nish Kumar, Chris McCausland, Mary Earps and Alexander Armstrong.
11.00 **Berlin Station** New episode 4/10. A burned body is found and suspected to be that of CIA agent Daniel Miller. (S3)
12.00 M'T **Hell's Kitchen**
1.00 AM **Isle of Man TT Highlights**
1.55 **Minder**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **Beechgrove Garden** New edition Advice on the best way to tackle a border that has got out of control.
8.30 **Landward** New edition Dougie Vipond finds out about the challenges of modern crofting.
9.00 **Highland Cops** Police race to a major accident on the A9.
10.00 **Icons of Football** New edition 5/6. A profile of Chick Young.
10.25 **Two Doors Down** 4/6. Beth and Eric meet Gordon's parents. (S4)
10.55 **Scotcast** Topical debate.
11.25 **Life on the Bay**
11.55 PM **to 12.00** M'T **NEW Loop** An environmental sculpture connecting people to moths.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Sort Of** 5&6/8. (S1)
10.00 **Avenue 5** 1&2/9. (S1)
11.15 **Will & Grace** (S3)
12.15 PM **Upright** 1&2/8. (S1)
1.30 **Avenue 5** 1&2/9. (S1)
2.45 **Will & Grace** (S3)
3.45 **Upright** 1&2/8. (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S3)
7.00 **The Office (US)** 7/25. Dwight struggles to sell to a female client.
7.30 8/25. Angela asks Dwight for help when she learns that her husband is having an affair with Oscar. (S9)
8.00 **Resident Alien** *Lone Wolf:* 1/8. Harry puts Asta in harm's way. (S3)
9.00 **Rob Beckett: Giraffe**
10.45 **Last Week Tonight with John Oliver** Talk show.
11.30 **Avenue 5** 1&2/9. (S1)
12.50 AM **Resident Alien** (S3)
1.50 **Community** (S2)
2.50 **Upright** 3&4/8. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Pavarotti: The Duets**
7.35 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wonderland: From JM Barrie to JRR Tolkien**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2019**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Movies: The Story of The Lion in Winter** Series finale
9.00 **FILM The Lion in Winter** Drama. (1968) ★★★★
11.35 **Katharine Hepburn: Call Me Kate**
1.35 AM **Peter O'Toole: Along the Sky Road to Aqaba**
3.35 **National Treasures**
4.30 **Inside Art**
5.00 **to 6.00** AM **Painting Birds**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 7/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 13/26. (S3)
8.00 **Star Trek: Voyager**
9.00 **David Fuller: Monster in the Morgue** 1&2/2. Documentary about the murderer and necrophile.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S3)
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Beat the Chasers**
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Celebrity Lingo** Judy Murray and Mark Pougatch take on Helen Skelton and Rav Wilding.
9.30 Tia Kofi and Danny Beard take on David and Frankie Seaman.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Life in the Country**
10.00 **Narrow Escapes**
11.00 **Sun, Sea and Selling Houses** From Spain.
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **George Clarke's Beautiful Builds** George designs a kitchen extension in Bromley, south London.
8.00 **Location, Location, Location** Eddie 'the Eagle' Edwards seeks help finding a property.
9.00 **FILM Wrath of Man** Guy Ritchie's thriller starring Jason Statham and Holt McCallany. (2021, 15, 119min) ★★★
11.20 **FILM Lion** Drama starring Dev Patel. (2016, PG, 113min) ★★★★
1.40 AM **First Dates**
2.40 **Celebrity Gogglebox**
3.40 **to 4.40** AM **Taskmaster**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **The Ark** 11 & 12/12. (S2)
4.00 **Stargate SG-1** 1/22. (S6)
5.00 **Star Trek: Voyager** 25/26. Seven of Nine experiences human weakness. (S4)
6.00 **Star Trek: Enterprise** 22/26. An alien creature invades the ship, ensnaring the crew members and feeding off them for survival. (S1)

6.00 Star Trek: Enterprise

7.00 **Stargate Atlantis** *The Intruder:* 2/20. The battle cruiser *Daedalus* becomes infected with a mysterious virus. (S2)

8.00 **Stargate SG-1** *Redemption – Part One:* 1/22. The Stargate malfunctions, plunging Earth into jeopardy. (S6)

9.00 **Grimm** *Blond Ambition:* 22/22. Adalind comes up with a plan to get revenge on Nick by robbing him of his powers. (S3)

10.00 **The Walking Dead** *Us:* 15/16. Glenn and Tara are determined to reach Terminus, but Abraham is reluctant. (S4)
11.00 **Britannia** 10/10. Druid brothers Veran and Harka finally face each other in a dramatic challenge. Meanwhile, Cait talks with Quane. (S2)
12.00 M'T **The Ark** 11 & 12/12. Double bill of the sci-fi drama. (S2)
2.00 AM **The Walking Dead** (S4)
3.00 **Britannia** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S19)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 16/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries**
4.00 **The Mentalist** 16/24. (S3)
5.00 **Hudson & Rex** 3/16. A writer is killed while searching for buried pirate treasure. (S4)
6.00 **Father Brown** *The Scales of Justice:* The sleuthing priest must race to save Bunty from the hangman's noose.

9.00 Death in Paradise

7.00 **Unforgettable** *Man in the Woods:* 22/22. Carrie's latest case brings back painful memories of her sister's murder. (S1)

8.00 **Saint-Pierre** *Ghost from the Past:* 7/10. Arch and Fitz race against time to save a kidnapped flight attendant. (S1)

9.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. The team's latest murder inquiry takes them to London. (S6)

10.00 **Father Brown** *The Enigma of Antigonish:* The priest investigates when an ex-health spa employee is found dead.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S6)
1.00 AM **Hudson & Rex** (S4)
2.00 **Murdoch Mysteries** 21/21. Murdoch and Inspector Choi butt heads. (S19)
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.55 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Porridge**
12.25 PM **Keeping Up Appearances**
1.05 **The Green Green Grass**
1.45 **Dad's Army**
2.20 **Ever Decreasing Circles**
2.55 **Are You Being Served?**
3.35 **Still Open All Hours**
4.15 **Open All Hours**
4.55 **Dad's Army**
5.30 **Last of the Summer Wine**
6.50 **Keeping Up Appearances**

7.25 Dad's Army: The Animations

7.25 **Dad's Army: The Animations** The platoon arrest a supposed Nazi agent on charges of signalling to enemy aircraft.

8.00 **Still Open All Hours** Eric, Cyril and Mr Newbold consider exploring their feminine side.
8.40 Leroy tells Beth about his plan to find a blind date for Ruby.
9.20 **Not Going Out** Lee is banished to the sofa when Lucy's father moves in.

9.55 **Not Going Out** Lee checks himself for lumps – with unexpected results.
10.30 **Still Open All Hours** As shown at 8.00pm.
11.10 **Still Open All Hours**
11.50 **Harry Enfield and Chums** Comedy sketches featuring the Camp Jockeys, the Scousers and Kevin the Teenager.
12.30 AM **Not Going Out**
1.45 **Harry Enfield and Chums**
2.30 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Would I Lie to You?**
12.40 PM **Would I Lie to You? – The Unseen Bits**
1.20 **Richard Osman's House of Games** With Milton Jones.
2.00 **Mediterranean with Simon Reeve** Malta, Italy and Albania.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Long Weekends**

6.00 Rick Stein's Long Weekends

7.00 **Would I Lie to You?** Guests include Ronan Keating and Rhod Gilbert.
7.40 With Claudia Winkleman, Clive Anderson, Jason Manford and Miranda Hart.
8.20 **Richard Osman's House of Games** With Jasmine Harman and Dave Johns.

9.00 **QI XL** Guests Johnny Vegas, Ronni Ancona and Jimmy Carr join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **The Way Out** 4/4. It's a fiery finale as the teams race to rescue a woman from a burning flat.
11.00 **8 Out of 10 Cats** With Lethal Bizzle, Tiff Stevenson, Jessica Knappett and Nish Kumar.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **QI XL** With Colin Lane.
2.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Nora's unusual osteopathic skills make a new man of Compo.
6.40 Truly traisn Compo and Clegg as an active rescue team.

9.00 Art Detectives

7.20 **Last of the Summer Wine** Compo wants to be the first to try out Wesley's new invention – a bed on wheels.

8.00 **Father Brown** *The Celestial Choir:* A mysterious saboteur tries to stop Kembleford winning a choir contest.

9.00 **Art Detectives** *Dead and Buried:* 2/6. Mick and Shazia investigate the discovery of a Viking hoard. (S1)

10.00 **New Tricks** *Glasgow Ucos:* Gerry and Steve investigate the 1993 unsolved murder of a bookie in Glasgow.
11.20 **Dalziel & Pascoe** *A Death in the Family:* The detectives are called out to a robbery where a security guard has been found dead. With Art Malik.
1.20 AM **Lovejoy**
2.30 **Waiting for God**
3.00 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15–17/24. (S14)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Beneath the Surface:* 6/24. Torres recognises a victim as a former friend from law enforcement training.
7.00 *A Thousand Words:* 7/24. The team probe a conspiracy jeopardising the safety of ocean mammals.
8.00 *Friendly Fire:* 8/24. A murder case at home is linked to a string of soldiers killed by friendly fire overseas. (S16)
9.00 **Blue Bloods** *Spilling Secrets:* 5/16. Eddie and Rachel Witten are heralded for bravery after stopping an active shooter. (S11)
10.00 **Law & Order: Special Victims Unit** (S10&9)
1.50 AM **Bull** 7&8/22. (S3)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A bus and a bin lorry collide.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition The night-time challenges facing NHS staff working in A&E departments.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Babies 24/7: The Maternity Ward**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Police Interceptors**
11.05 **FILM Men in War** Korean War drama. (1956, b/w, PG, 104min) ★★
1.10 PM **FILM Red River** Western. (1948, b/w, U, 133min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A driver refuses to stop for PC Brian Camsell and ditches his car.
9.00 **Rookie Truckers** New edition Rookie Chevy battles slippery ground and an oil leak.
10.00 **Ice Road Truckers**
11.00 **The X-Files** 15/24. (S3)
12.00 M'T **Seconds from Death: Caught on Camera** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary series.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Celebrity Antiques Road Trip** Double bill.
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: The Big Build** Nick Knowles is joined by Charlie Luxton to help a Stoke family.
7.00 The team work on an incomplete extension in Gloucestershire.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a pug facing a worrying surgery.
9.00 **DIY SOS: The Big Build** Nick Knowles and the team visit Chesterfield.
10.00 The team help a family in Conwy.
11.00 **Celebrity Antiques Road Trip** Double bill.
1.00 **to 3.00** AM **Absolutely Fabulous**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Shipwreck Secrets**
8.00 **Bangers & Cash**
10.00 **D-Day to Berlin**
11.00 **D-Day: The Last Heroes**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **D-Day to Berlin**
5.00 **D-Day: The Last Heroes**
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Stanway House in the Cotswolds.
7.00 **Canal Boat Diaries** Robbie Cumming journeys from Hawne Basin to Stourbridge.
8.00 **Bangers & Cash: Restoring Classics** New edition The team purchase a confusing 1984 French Matra Murena and send it to Citroën specialists.
9.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Shipwreck Secrets**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House**
8.00 **Antiques Road Trip** Catherine Southon and Philip Serrell travel along the Cornish coastline.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa Groff investigate a library rumoured to be haunted.
10.00 **Help! My House Is Haunted** From Wales.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** (S3)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 16&17/22. (S7)
1.00 PM **The Waltons** (S1)
3.00 **Ballykissangel** (S4)
4.10 **Down to Earth** (S5)
5.20 **Bramwell** 7/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 5/24. Hawkeye works a three-day shift. **8.00** 6/24. Hawkeye operates on a young boy. **8.30** 7/24. Corporal Walker goes native. (S2)
9.00 FILM **Are You Being Served?** Comedy spin-off, with the staff of Grace Brothers on holiday on the Costa Plonka. Stars John Inman. (1977, PG, 95min) ★★
11.05 **Robin's Nest** (S5)
12.05 AM **M*A*S*H** (S2)
1.35 **Rising Damp** 6/7. (S1)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.00 AM FILM **War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
11.20 **Wanted: Dead or Alive**
11.50 **The High Chaparral**
1.50 PM FILM **The Expatriate** Action thriller starring Aaron Eckhart. (2012, 15, 100min) ★★
4.00 **The Persuaders!** (S1)
5.05 **The New Avengers** (S2)
7.05 FILM **Blowback** Thriller starring Randy Couture. (2022, 15, 93min) ★★
9.00 FILM **The Expendables** Action thriller starring Sylvester Stallone, Jason Statham, Jet Li and Dolph Lundgren. (2010, 18, 99min) ★★★
11.15 **Dragon Ball Super**
12.15 AM **Coast Guard Alaska**
1.15 **The New Avengers**
3.10 FILM **Collision Course** Thriller with Tia Carrere and David Chokachi. (2012, PG, 90min) ★★
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **An Aurora Teagarden Mystery: Three Bedrooms, One Corpse** Crime drama. (2016, PG, 84min) ★★
10.05 **In Plain Sight** 2/12. (S1)
11.05 **Castle** 20/24. (S2)
12.05 PM FILM **Poisoned in Paradise** Thriller. (2021, PG, 84min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 21/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 3/12. (S1)
10.00 FILM **Site Unseen** Murder mystery. (2017, PG, 90min) ★★
11.55 FILM **Reap What You Sew** Crime drama. (2018, PG, 90min) ★★
1.50 AM FILM **Out of Control** Crime thriller. (2009, PG, 95min) ★★
3.25 **to 5.00** AM FILM **Flirting with Danger** Thriller. (2006, PG) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Reunited at Christmas** (2018) ★★
10.05 FILM **A Christmas Exchange** Drama. (2020, PG, 87min) ★★
12.00 NOON FILM **Christmas with a View** Drama. (2018, PG, 91min) ★★
2.00 PM FILM **Christmas Coincidence** Drama. (2018, PG, 85min) ★★
3.55 FILM **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
5.50 FILM **Christmas Song** Drama. (2012, PG) ★★
7.50 FILM **A Very Country Christmas Homecoming** Drama. (2020, PG) ★★
9.40 FILM **12 Toys of Christmas** Comedy. (2025, U, 89min) ★★
11.45 FILM **Christmas Wedding Planner** Drama. (2017, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas Coincidence**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **Great British Food**
4.00 **Country House Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **My Floating Home** Mark Evans follows a duo designing and building a floating home.
8.00 **Garden Rescue** In Stockport, a 'tidy mess' is transformed into a serene garden. **9.00** Chris Hull and Charlie Dimmock transform a family garden in Harpenden.
10.00 FILM **Adventures of a Taxi Driver** Comedy. (1976, 18, 86min) ★
12.00 M'T FILM **Frustrated Wives** Adult comedy. (1974, 12, 84min) ★★
2.00 AM **Love Your Garden**
3.00 **Country House Auction**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Two's Company** (S1)
11.00 **Second Thoughts** (S5)
11.30 **Agony** 2/6. (S1)
12.00 NOON **Randall and...**
1.00 PM **The Lovers** (S1)
1.30 **The Dustbinmen** (S1)
2.00 **The Prime of Miss Jean Brodie** 7/7. (S1)
3.05 **Rewind Time Machine**
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 12/13. (S2)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S1)
6.30 **Second Thoughts** (S5)
7.00 **Two's Company** (S1)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 1/26. (S1)
9.00 **The New Statesman**
10.00 FILM **CB Hustlers** Thriller. (1976, 18, 85min) ★★
11.35 FILM **Flesh for Frankenstein** Horror comedy. (1973, 18) ★★★
1.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Guardians of the Glades**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Opal Hunters: Red Dirt Road Trip**
7.00 **Deadliest Catch** *Time Bandit* and *Northwestern* decide to join forces. **8.00** Josh and John ask Casey and Sig to help tank the fleetwide quota.
9.00 **Expedition X** Phil and Jess investigate portals to the Maya underworld.
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** A brutal extraction.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Cape Town.
7.00 **Mary Berry Everyday**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Laura Linney.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Great British Adventure**
3.00 **Mary Berry Everyday**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Double bill.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **James Martin's Great British Adventure** James visits Norfolk. **10.00** The chef's tour brings him to London.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/24. (S8)
9.00 **T.J. Hooker** 5/23. (S4)
10.00 **Six Million Dollar Man**
11.00 FILM **Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
1.00 PM FILM **MacShayne: Winner Takes All** Drama. (1994, PG, 87min) ★★
3.00 FILM **MacShayne: Final Roll of the Dice** Drama. (1993, PG, 88min) ★★
5.00 **Star Trek** 15/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 6/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **Cape Fear** Martin Scorsese's thriller. (1991, 18, 122min) ★★★★
11.40 FILM **Bullet to the Head** Action thriller. (2012, 15, 89min) ★★★
1.35 AM FILM **Vengeance: A Love Story** Thriller. (2017, 15, 99min) ★★
3.25 **to 5.10** AM FILM **Aftermath** Drama. (2016, 15, 94min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Princess of Mars** Sci-fi adventure. (2009, 12, 90min) ★★
11.00 **Andromeda** 12/22. (S2)
12.00 NOON FILM **The Virginian** Western. (2014, 12, 90min) ★★
2.00 PM **The Poseidon Adventure** 1&2/4. (S1)
4.00 **Walker, Texas Ranger**
5.00 FILM **Asteroid-a-geddon** Adventure starring Eric Roberts. (2020, PG, 90min) ★★
7.00 **Andromeda** 13/22. (S2)
8.00 **The Fall Guy** (S5)
9.00 FILM **Braven** Thriller starring Jason Momoa and Garret Dillahunt. (2018, 15, 94min) ★★★
11.00 FILM **Year of the Gun** Crime thriller starring Andrew McCarthy. (1991, 15, 111min) ★★
1.25 AM FILM **Braven** (2018)
3.15 FILM **Asteroid-a-geddon** As 5.00pm.
4.55 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Money for Nothing**
8.30 **Junk & Disorderly**
9.25 **Storage Wars Canada**
10.20 **What on Earth?**
12.10 PM **Cursed Treasures**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.00 **Ancient Aliens**
5.00 **UFO Conspiracies**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **UFO Chronicles** New editions Double bill.
10.00 **UFO POV**
11.00 **World's Most Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO Conspiracies**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Althorp House: Diana's Family Home** A look at the stately home in Northamptonshire.
10.00 **The Good Ship Murder** 1/7. Jack and Kate investigate a death of an opera troupe member in Rome. **11.00** 2/7. Things take a sinister turn when Jack crosses paths with a notorious ex-con. (S2)
12.00 M'T **Wentworth Prison**
1.05 AM **The Yorkshire Vet**
3.00 **World's Most Scenic Railway Journeys**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Double bill.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Celebrity Chase** With Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With *Coronation Street*'s Victoria Ekanoye, Andrew Whyment, Simon Gregson and Lucy Fallon.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 9/17. An invitation to a physics conference causes conflict. **8.30** 10/17. Sheldon and Leonard invent excuses to avoid going to watch Penny's performance in a musical. (S1)
9.00 FILM **The Italian Job** Crime thriller inspired by the 1960s caper film, starring Mark Wahlberg and Charlize Theron. (2003, 12, 110min) ★★★
11.00 **Dr Pimple Popper: Breaking Out**
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey receives disappointing news in Las Vegas. **8.30** 23/24. Part one of two. The pals head to Las Vegas. (S5)
9.00 FILM **Private Benjamin** Comedy drama starring Goldie Hawn as a spoiled socialite who is conned into joining the army. (1980, 15, 110min) ★★★
11.10 **Jimmy Carr's Am I the A**hole?**
12.10 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S1)
3.05 **Kevin Bridges: A Whole Different Story**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
6.45 **The Culture Capsule**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Very Christmassy...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 16–19/25. (S6)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 5/8. (S4)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Very Christmassy Christmas Show**
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S3)
10.00 **Friends** (S4&5)
2.00 AM **Michael McIntyre's Very Christmassy Christmas Show**
3.00 **Utopia** 4/8. (S4)
3.20 **Teachers** 4/20. (S3)
3.45 **Broad City** (S3)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 5/6. (S2)
10.55 **Steptoe and Son** (S3)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 5/13. Drama. (S1)
2.45 **Minder** 8/10. (S10)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 5/6. (S2)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 5/7. (S3)
6.40 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 4/10. (S5)
9.00 **Benidorm** 3/9. (S9)
9.55 **Shameless** 5/14. (S11)
10.55 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** 3/9. (S9)
12.55 AM **Minder** 13/13. (S9)
2.00 **Duty Free** 3/7. (S2)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.25 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Double bill.
8.00 **Ghosted: Love Gone Missing** Rachel and Travis help Brittney track down her best friend.
9.00 **Bar Rescue** New edition A bar in Missouri owned by estranged brothers.
10.00 **Jersey Shore Family Vacation** New edition Mike becomes the mayor of Tender Town.
11.00 **Geordie Shore**
12.00 M'T **Help I Sexted My Boss** New edition
1.00 AM **Love & Hip Hop: Atlanta** New edition
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

4 June Thursday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Extreme RVs** Double bill.
1.00 PM **Nature's Strangest Mysteries: Solved**
3.00 **How Do They Do It?** Four editions, including at: **4.30** The making of sarees.
5.00 **The Last Alaskans** Autumn arrives in the Arctic National Wildlife Refuge. **6.00** Heimo pursues a food source that could feed him and Edna for several months.

9.00 Naked and Afraid

7.00 **Wheeler Dealers World Tour** Mike and Elvis hit the beach in search of the ultimate surf wagon – the iconic Holden Sandman.
8.00 **Wheeler Dealers World Tour** Mike and Elvis offer their expertise to a Youtuber on his ambitious McLaren P1 build.
9.00 **Naked and Afraid** New edition Two survivalists take on a 21-day challenge in the wilds of Botswana.
10.00 **In the Eye of the Storm: Chasers** New edition When an EF2 blows up a farm, Brandon and Tanner race to the scene.
11.00 **Expedition X** Jess and Phil search for a beast that is said to stalk the wilderness.
12.00 M'T **Border Control Sweden**
1.00 AM **Naked and Afraid**
2.00 **In the Eye of the Storm: Chasers** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Penguins**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Warden Mike Boone attempts to track down the culprits responsible for an illegal dumpsite.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs surgery on a dog with laboured breathing.

11.00 Mountain Monsters

7.00 **Treehouse Masters** Pete Nelson creates a climber's haven for an arboreal couple whose love of trees rivals his own.
8.00 **Gator Boys** Paul takes Kayla out to hand-catch gators, and the team tackle a high number of nuisance alligators.
9.00 **Alaska: The Last Frontier** The Kilcher family celebrate the holidays off the grid by exchanging Secret Santa gifts.
10.00 **Alaskan Bush People** The Brown boys salvage goods from a demolition job so they can complete their new home.
11.00 **Mountain Monsters** A shocking discovery leads Buck to a secret garden.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Rugged Justice**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above**
1.00 PM **Seconds from Disaster**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Decoding History's Prophecies** Documentary.
5.00 **Inside Melbourne Airport**
6.00 **Hitler's Last Stand** The Allied invasion of Germany.

9.00 Car S.O.S

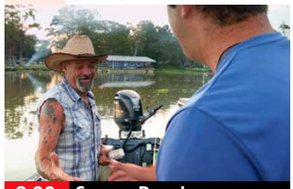
7.00 **Air Crash Investigation** Similarities between a crash landing at Tokyo's Narita Airport and an incident at Newark Airport.
8.00 **Car S.O.S: Ultimate Countdown** New edition Tim Shaw and Fuzz Townshend recall their favourite German cars.
9.00 **Car S.O.S** Tim and Fuzz restore a Ferrari 308 GTS for an ex-police sergeant who paused the project to support his family.
10.00 **Engineering by Catastrophe** Vast underground rivers in Tokyo, and storm surge barriers in New Orleans.
11.00 **Air Crash Investigation** A miraculous landing in France.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Airport Security: Peru**
2.00 **Primal Survivor**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Forged with Steele**
6.30 **Junk & Disorderly**
9.15 **Pawn Stars** A ceramic owl.
10.10 **Storage Wars** Double bill.
12.00 NOON **Egypt's Unexplained Files** Double bill of editions.
2.00 PM **Canadian Pickers**
4.00 **American Pickers** The Wolfe brothers pick a main-street grocery that is frozen in time. **5.00** Mike and Jersey go hog-wild over a honey hole. **6.00** On the hunt for a desirable Porsche, Mike speed-picks in South Carolina.



8.00 Swamp People

7.00 **Forged in Fire** The bladesmiths must create a san mai billet in their most complex challenge to date.
8.00 **Swamp People** New edition Troy Landry and Cheyenne 'Pickle' Wheat gamble on a rarely accessible honey hole.
9.00 **MonsterQuest** New edition Grave mistakes that turned curiosity into a nightmare.
10.00 **Chaos Uncut** Double bill. Footage of real-life incidents, featuring high-speed chases and shocking crashes.
11.00 **National Park Mysteries** Unexplained phenomena at Big Bend National Park. **11.30** Unexplained phenomena occurring at Death Valley National Park.
12.00 M'T **Canadian Pickers**
1.50 AM **American Pickers**
3.40 **MonsterQuest** As 9.00pm.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Comedy Store**
7.05 **Discovering: Michael Caine**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Black Widow**
11.00 **Juan Carlos: Downfall of the King** 4/4. Documentary.
12.00 NOON **The Man Who Stole The Scream** Documentary.
2.00 PM **FILM Busby** The life and career of Matt Busby. (2019, PG, 102min) ★★★
4.00 **The Directors**
5.00 **Discovering: Michael Caine**
6.00 **Elvis Presley: The Searcher**

5.00 Discovering: Michael Caine

Elvis Presley: The Searcher (started at 6.00pm) — 7 PM

8.00 **Elvis Presley: The Searcher** 2/2. Conclusion of the documentary about the singer, beginning with his return home after his discharge from the army, and how he dealt with a rapidly changing pop scene. — 8 PM / 9 PM

10.00 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion. — 10 PM

12.00 M'T **Wirecard: A Billion Euro Lie** The scandal surrounding the financial payment firm.
2.00 AM **Dave Not Coming Back**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Michael Caine**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Outback Truckers** Mike and Vinnie face unexpected challenges as they near Halls Creek.
9.00 **Aussie Gold Hunters** New edition As time runs out, the *Poseidon* crew call in a trusted ally.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **American Detective with Lt Joe Kenda**
7.00 **Judge Rinder's Crime Stories** A case involving a woman set on fire.
8.00 **Murder on CCTV**
9.00 **NEW SERIES Lethally Blonde** A fire in Pennsylvania reveals the body of a film director.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Almost Perfect Murders**
8.00 **UK Crime Files: Blackpool Double Murder** Exploring two similar murders that took place ten years apart.
9.00 **UK Crime Files: A Random Murder**
10.00 **Britain's Countryside Killers** New edition The story of Lindsay Birbeck.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Blackpool Double Murder** As 8.00pm.
1.00 AM **UK Crime Files: A Random Murder**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **Britain's Almost Perfect Murders**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder Without a Body**
9.55 **UK Crime Files: A Murderous Journey**
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Justice For My Brother**
3.00 **UK Crime Files: Mystery of the Man in the Woods**
4.00 **48 Hours**
5.00 **Medical Detectives** A murderer is brought to justice 24 years after committing the crime. **5.30** Handwriting experts help with a murder case. **6.00** A professor helps detectives with a case. **6.30** Robberies in Florida lead to murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Forensics: Catching the Killer** Documentary.
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **Murdered at First Sight**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** Double bill.
11.00 **The Real Manhunter**
12.00 M'T **Britain's Most Evil Killers** Robert Napper.
1.00 AM **Murder Uncut**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Lost World of Angkor...**
9.40 **Ancient Greece: The Dark Chronicles**
10.50 **Ambassadors in Berlin**
11.55 **Jungle War**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Lost World of Angkor Wat** Documentary.
2.45 **Ancient Greece: The Dark Chronicles**
3.55 **Ambassadors in Berlin**
5.05 **Jungle War**
6.15 **Lost World of Angkor Wat** Documentary.
7.20 **Ancient Greece: The Dark Chronicles** New edition The decline of Greece's golden age.
8.35 **Ambassadors in Berlin**
9.40 **Jungle War**
10.50 **Ancient Greece: The Dark Chronicles**
12.00 M'T **Ambassadors in Berlin** Documentary.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Thursday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Parks of Africa**
7.00 **Monkey Life**
8.00 **Arctic from Above**
9.00 **Chasing the Rains**
10.00 **Gangs of Baboon Falls**
11.00 **Ireland's Wild Islands...**
12.00 NOON **Pride Rules**
1.00 PM **Monkey Life**
2.00 **Arctic from Above**
3.00 **Chasing the Rains**
4.00 **Gangs of Baboon Falls**
5.00 **Ireland's Wild Islands...**
6.00 **Pride Rules**
7.00 **Monkey Life** Double bill.
8.00 **Aussie Snake Wranglers: Deadly Pursuit** Double bill.
9.00 **Over Australia**
10.00 **Pride Rules**
11.00 **Ireland's Wild Islands with Eoin Warner** Inishvickillane.
12.00 M'T **Dogs with Extraordinary Jobs** Documentary.
1.00 AM **Great Parks of Africa**
2.00 **Aussie Snake Wranglers: Deadly Pursuit** Double bill.
3.00 **Over Australia**
4.00 **Arctic from Above**
5.00 **to 6.00** AM **Chasing the Rains**

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **When Missing Turns to Murder**
2.00 PM **Hometown Tragedy**
3.00 **Spring Break Murders**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 **Predator Hunters** New edition An undercover investigation identifies a man who is targeting a 10-year-old.
10.00 **Interrogation Raw** New edition Exploring fascinating interrogations.
11.00 **Homicide Hunter** The murder of a furniture salesman.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Green Eyed Killers**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **The World at War**
1.00 PM **The World at War**
5.00 **Top of the Pops** Gary Davies hosts an edition from April 1989, featuring London Boys, Natalie Cole and Morrissey. **5.40** Simon Mayo hosts an edition from May 1989, with Lynne Hamilton, Donna Summer and Edelweiss. **6.20** Anthea Turner and Gary Davies host an edition from June 1989, featuring Sinitta, Fuzzbox and Neneh Cherry. **7.00** Nicky Campbell hosts an edition from June 1989, with The Beautiful South, Guns N' Roses and Jason Donovan. **7.35** Anthea Turner hosts an edition from June 1989, featuring Holly Johnson, London Boys and Queen. **8.20** Nicky Campbell hosts an edition from July 1989, with Sonita and Chaka Khan.
9.00 **Top of the Pops**
5.20 **to 6.00** AM **Robson Green's Weekend Escapes**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **How to Lose a War**
9.00 **Combat Ships**
10.00 **The Abyss: Rise & Fall of the Nazis** The events of 1933 and 1934 when President Hindenburg signed a decree that suspended freedom of speech.
11.00 **Ancient Aliens**
1.00 PM **What on Earth?**
6.00 **Combat Ships**
7.00 **Crimes That Shook Britain** The murders of Lin and Megan Russell in Kent in 1996.
8.00 **The Abyss: Rise & Fall of the Nazis** How a social protest turned into an anti-Jewish movement during the 1920s.
9.00 **The Secret Nazi Expeditions** The factors prompting an SS mission to the Himalayas.
10.00 **Hitler's Engineers** The support Adolf Hitler gave to car designer Ferdinand Porsche.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **What on Earth?**
4.00 **Combat Ships**
5.00 **to 6.00** AM **Canadian Pickers**

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Nilgiris: A Shared Wilderness**
3.00 **Shark Men**
4.00 **Hostile Planet: Masters of the Freeze** The creatures who live in the world's coldest habitats.
5.00 **Rocky Mountain Railroad**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** A beloved anteater receives urgent medical care.
8.00 **Canary Islands: Born of Fire** The massive volcanic eruption of Cumbre Vieja Volcano.
9.00 **The Hummingbird Effect** A look at Costa Rica's dazzling diversity of hummingbirds.
10.00 **Alaska: The Next Generation**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Savage Kingdom**

ID

154 140 166

8.00 AM **Homicide City**
12.00 NOON **Murder Under the Friday Night Lights**
1.00 PM **American Monster**
3.00 **A Body in the Basement**
7.00 **Dark Waters: Murder in the Deep** How evil struck a retired couple setting sail to Thailand. **8.00** The disappearance of a wife and the crew of a boat.
9.00 **The Murder of Caroline Crouch: A Faking It Special** A pilot sweeps a young woman off her feet, but after their child is born, tragedy strikes.
10.00 **A Body in the Snow: The Trial of Karen Read** Police arrest Karen Read for the murder of her boyfriend, Boston cop John O'Keefe, but her lawyers believe she is the victim of a police cover-up.
11.00 **Signs of a Psychopath** A woman disappears in Florida.
12.00 M'T **911: Did the Killer Call?**
2.00 AM **A Body in the Basement**
4.00 **to 6.00** AM **Dark Waters: Murder in the Deep**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
1.00 PM **Secrets Underground**
3.00 **How the Universe Works**
6.00 **How It's Made** A look at how unicycle wheel hubs are made. **6.30** The making of external hard drives and frozen shrimp. **7.00** How tea, roof finials and artificial flowers are made. **7.30** The making of gel caps and frozen pancakes. **8.00** How paper umbrellas and aircraft seats are made. **8.30** Aluminium canoes and wooden stave bowls. **9.00** A look at the making of Laguiole pocket knives. **9.30** The development of bamboo ceramic lights. **10.00** The making of asphalt pavers and basque espadrilles. **10.30** A look at how wood panel canvases are made.
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Combat Dealers: Reloaded**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Exploring how close the Earth has come to destruction.
1.00 PM **The Alaska Triangle**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Combat Dealers: Reloaded** The team look for the most impressive and advanced uniforms of World War Two.
9.00 **Unexplained and Unexplored** Searching for a source of water said to grant eternal life.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **The Alaska Triangle**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Bad Chad Customs**
2.00 **Ant Anstead Master Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Dream Jobs with Chris Hoy**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Dream Jobs with Chris Hoy**
9.00 **Outback Car Hunters** The guys work on a 1972 Ford Capri and a 1999 Holden Commodore Ute.
10.00 **Incredible Engineering Blunders: Fixed**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Dream Jobs with Chris Hoy**
1.00 AM **Richard Hammond's Workshop** Richard gambles on a 1970 Mark II Jensen Interceptor.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **The Cinema List**
7.05 **Gabby's Dollhouse: The...**
8.50 **Tafiti: Across the Desert** Animation. (2025, PG, 81min)
10.20 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
12.30 PM **Fuze** As 8.00pm.
2.15 **The Bride!** As 4.05am.
4.30 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
6.15 **The Plague** Thriller. (2025, 15, 98min) ★★★★

4.30 Gabby's Dollhouse

8.00 Fuze Thriller starring Aaron Taylor-Johnson, Gugu Mbatha-Raw and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Running Man Edgar Wright's comedy thriller based on the Stephen King story, starring Glen Powell. Desperate to save his sick daughter, a man enters a deadly televised competition. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min)
1.40 AM **The Shadow's Edge** Chinese-Hong Kong action thriller starring Jackie Chan. Subtitled. (2025, 15, 141min)
4.05 **to 6.15** AM **The Bride!** Gothic horror starring Jessie Buckley. (2025, 15, 126min) ★★★★

Sky Cinema Pride

303 303 403 503 517

7.00 AM **Bonus Track** Comedy. (2023, 12, 98min) ★★★
8.40 **Blue Moon** Comedy drama. (2025, 15, 100min) ★★★★
10.25 **Kindred** Psychological drama. (2021, 15, 101min) ★★★
12.10 PM **I Don't Understand You** Dark comedy. (2024, 15) ★★★
1.50 **Rocketman** Elton John biopic. (2019, 15, 121min) ★★★★
3.55 **On Swift Horses** Drama. (2024, 15, 119min) ★★★
5.55 **Interview with the Vampire**

5.55 Interview with the Vampire

8.00 Cuckoo Horror thriller starring Hunter Schafer, Jan Bluthardt and Dan Stevens. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Dog Day Afternoon Sidney Lumet's tragi-comic thriller based on a real-life incident, starring Al Pacino as a bank robber trying to raise money for a sex-change operation for his lover. With John Cazale. (1975, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
1.30 AM **Cuckoo** As 8.00pm.
3.15 **Interview with the Vampire** Gothic horror thriller. (1994, 18, 122min) ★★★★
5.20 **to 7.00** AM **Plainclothes** Romantic thriller starring Tom Blyth. (2025, 15, 95min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Uproar** As 12.10am.
9.00 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
10.50 **Girl You Know It's True** (2023)
1.05 PM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
3.20 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
5.50 **Cool Hand Luke** Prison drama starring Paul Newman. (1967, 15, 126min) ★★★★★

8.00 Dunkirk Christopher Nolan's drama with Kenneth Branagh, Tom Hardy and Fionn Whitehead. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
10.00 Regretting You Drama starring Allison Williams, Mckenna Grace and Dave Franco. A mother and daughter cope with matters after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★

12.10 AM **Uproar** Comedy drama with Julian Dennison and Rhys Darby. (2023, 12, 110min) ★★★
2.10 **Girl You Know It's True** Music biopic. (2023, 15, 124min) ★★★
4.25 **to 6.20** AM **I Used to Be Funny** Black comedy drama. (2023, 15, 105min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★★
9.40 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
12.10 PM **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
2.25 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
4.30 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★

6.05 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
8.00 Nosferatu Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
10.20 Smile 2 Horror sequel starring Naomi Scott and Kyle Gallner. A pop sensation faces increasingly terrifying events, leading her down a dark path into her past. (2024, 18, 127min) ★★★★
12.30 AM **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★

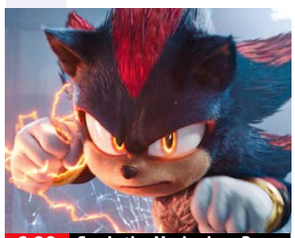
2.35 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
4.10 **Gator Creek** Horror starring Athena Strates and Madalena Aragão. (2025, 15, 87min) ★
5.45 **to 6.35** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.05 AM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
8.45 **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
11.00 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
12.50 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.35 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
4.25 **Penguins of Madagascar**
6.00 **Sonic the Hedgehog 3** Fantasy. (2024, PG) ★★★



6.00 Sonic the Hedgehog 3

8.00 Antz Animated comedy featuring the voices of Woody Allen and Sharon Stone. A neurotic worker ant falls in love with a princess and embarks on a series of adventures. (1998, PG, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

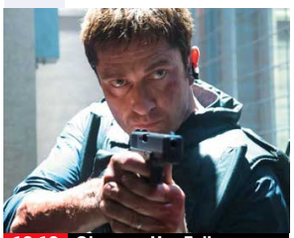
9.40 Penguins of Madagascar Animated comedy with the voices of Benedict Cumberbatch and John Malkovich. The flightless birds join a secret society of animals to foil a plot for world domination. (2014, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
1.10 AM **Batteries Not Included** Fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
3.10 **Harriet the Spy** Adventure. (1996, PG, 97min) ★★★★
5.05 **to 7.00** AM **Monster Trucks** Fantasy adventure with Lucas Till. (2016, PG, 104min) ★★★

Sky Cinema Action

306 306 407 507 521

6.10 AM **300: Rise of an Empire** Adventure. (2014, 15) ★★★
7.55 **Nobody 2** (2025, 15) ★★★
9.35 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
11.25 **Spider-Man** Adventure. (2002, 12, 121min) ★★★★
1.35 PM **Gladiator II** Drama sequel. (2024, 15, 148min) ★★★
4.05 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
6.10 **Morbius** Adventure with Jared Leto. (2022, 12, 104min) ★★



10.10 Olympus Has Fallen

8.00 Spider-Man 2 Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Olympus Has Fallen Action thriller starring Gerard Butler, Aaron Eckhart, Morgan Freeman and Angela Bassett. (2011, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Fuze** Thriller with Theo James. (2026, 15, 15min) ★★★
1.55 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
3.40 **Prisoner of War** Action thriller. (2025, 15, 112min) ★★★
5.35 **to 7.20** AM **Long Gone Heroes** Action thriller. (2024, 15, 101min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **Honey Don't!** Comedy thriller with Margaret Qualley. (2025, 15, 89min) ★★★
9.05 **Roofman** As 1.55am.
11.15 **Spinal Tap II: The End...**
12.45 PM **Sacramento** Comedy. (2024, 15, 89min) ★★★
2.30 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
4.15 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★
6.20 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★

6.20 Jackie Chan's The Tuxedo

8.00 Mean Machine Sports drama starring Vinnie Jones as a professional football player who is sent to prison after being convicted of assault and ends up coaching the prisoners' football team. (2001, 15, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Just Go With It Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife and then begins to realise that he has genuine feelings for her. (2011, 12, 117min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★
1.55 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
4.05 **Spinal Tap II: The End Continues** Comedy sequel. (2025, 15, 83min) ★★★
5.35 **to 7.10** AM **Sacramento**

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
10.10 **Jaws 2** Thriller sequel. (1978, PG, 115min) ★★★
12.10 PM **Cellular** Suspense thriller. (2004, 15, 94min) ★★★
2.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
4.00 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
6.00 **The Bourne Ultimatum** Spy thriller sequel with Matt Damon. (2007, 12, 115min) ★★★★

10.20 Jason Bourne

8.00 The Bourne Legacy Spy thriller sequel with Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Jason Bourne Spy thriller sequel starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Safe House** Action thriller. (2012, 15, 110min) ★★★
2.45 **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.55 **to 6.45** AM **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Nevadan** Western. (1949, U, 81min) ★★★
12.45 PM **The Caine Mutiny** Naval drama with Humphrey Bogart. (1954, U, 119min) ★★★★
3.15 **Santa Fe** Western adventure. (1951, U, 87min) ★★
5.05 **Apache Drums** Western. (1951, U, 76min) ★★
6.40 **The Land Girls** Wartime drama with Catherine McCormack. (1997, 12, 102min) ★★★

11.40 Bombshell

The Land Girls (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Erin Brockovich Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney and Aaron Eckhart. (2000, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on a TV news boss and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★
1.50 **to 4.00** AM **Hear My Song** Fantasy starring Ned Beatty (1991, 15, 105min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors

302 302 402 502 516

7.00 AM **The Phoenician Scheme** Comedy thriller. (2025, 15) ★★★
8.45 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
10.45 **About Time** Romantic comedy fantasy. (2013, 12, 120min) ★★★
1.00 PM **Jerry Maguire** Comedy drama starring Tom Cruise. (1996, 15, 139min) ★★★★
3.20 **Vanilla Sky** Romantic fantasy drama. (2001, 15, 136min) ★★★

5.40 **Mickey 17** Sci-fi comedy starring Robert Pattinson. (2024, 15, 137min) ★★★
8.00 **28 Years Later** Horror sequel with Jodie Comer, Rocco Haynes and Aaron Taylor-Johnson. (2025, 15, 115min) ★★★★
10.00 **Weapons** Horror thriller starring Julia Garner and Amy Madigan. When all but one child from the same class vanish on the same night, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★

12.10 AM **Sherlock Holmes** Guy Ritchie's action adventure. (2009, 12, 128min) ★★★★
2.20 **Sherlock Holmes: A Game of Shadows** Action adventure sequel. (2011, 12, 128min) ★★★
4.30 **to 6.20** AM **The Last Airbender** Fantasy. (2010, PG, 103min) ★★

Sky Cinema Greats

307 307 404 504 518

7.20 AM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
8.55 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
10.25 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★
12.15 PM **Ghostbusters II** Comedy sequel. (1989, PG, 99min) ★★★
2.05 **Hook** Fantasy adventure. (1991, U, 140min) ★★★

4.30 **The Next Karate Kid** Martial arts adventure sequel. (1994, PG, 104min) ★★
6.20 **Police Academy** Comedy. (1984, 15, 95min) ★★★
8.00 **Police Academy 2: Their First Assignment** Crime comedy sequel. (1985, 12, 87min) ★★
9.30 **Police Academy 3: Back in Training** Crime comedy sequel. (1986, PG, 82min) ★
11.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★

12.50 AM **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
2.35 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
4.15 **The Cinema List: Bingeable**
4.35 **to 6.35** AM **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★

Disney+ Cinema

305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.15 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
8.55 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
10.35 **A Bug's Life** Animation. (1998, U, 94min) ★★★★★
12.15 PM **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** (2005, PG) ★★★★

2.35 **A Goofy Movie** Cartoon adventure. (1995, U, 78min) ★★
3.55 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.40 **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
7.00 **Beauty and the Beast** Musical starring Emma Watson. (2017, PG, 129min) ★★★★
9.00 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
11.00 **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★

1.00 AM **Nightbitch** Dark comedy starring Amy Adams and Scoot McNairy. (2024, 15, 99min) ★★★
2.40 **Flightplan** Suspense thriller. (2005, 12, 98min) ★★★★
4.20 **to 6.00** AM **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

Movies 24

312 313 419

7.00 AM **An American in Austen** Comedy. (2024, PG, 84min) ★★
9.00 **Writing a Love Song** Romantic drama. (2024, PG, 85min) ★★
11.00 **Return to Office** Romantic drama. (2025, PG, 84min) ★★
1.00 PM **For The Love of Lily** Drama. (2024, PG, 90min) ★★
3.00 **Signed, Sealed, Delivered: A Tale of Three Letters** Crime drama. (2024, PG, 90min) ★★

5.00 **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
7.00 **A Costa Rican Wedding** Romantic comedy with Rhiannon Fish. (2024, PG, 84min) ★★
9.00 **Never Too Late to Celebrate** Romantic drama with Alexa and Carlos PenaVega. A substitute teacher helps a woman about to turn 30 to reconnect with her Mexican heritage. (2023, PG, 90min) ★★
11.00 **Falling Together** Drama. (2024, U, 90min) ★★

1.00 AM **An Easter Bloom** Drama starring Aimee Teegarden. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Write Place, Write Time** Romantic comedy. (2023, PG, 85min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Black Saddle** 17/24. (S2)
6.30 **I Love Trouble** Crime drama. (1947, b/w, PG, 93min) ★★★
8.25 **Who Killed The Cat** Mystery. (1966, b/w, U, 86min) ★★★
10.10 **The Monkey's Paw** Horror. (1948, b/w, PG, 64min) ★★★
11.25 **Tread Carefully**
11.30 **Star Performance: The Gift**
12.00 NOON **Sergeant Cork** (S3)
1.05 PM **Adventures of Sir Lancelot**

1.35 **The Abominable Snowman** Chiller. (1957, b/w, 12, 91min) ★★
3.20 **The Ship That Died of Shame** Drama. (1955, PG, 91min) ★★
5.20 **Railway Murders**
6.20 **Strange But True**
6.55 **The Brothers** 13/13. (S2)
8.00 **Mark Saber** 26/39. (S5)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Angel on My Shoulder** Classic fantasy comedy starring Paul Muni and Anne Baxter. (1946, b/w, PG, 100min) ★★★

11.25 **Nor the Moon by Night** Drama set in Kenya, starring Belinda Lee. (1958, U, 95min) ★★
1.25 AM **Doomwatch** 6/13. (S2)
2.25 **Come Back Peter** Comedy. (1952, b/w, U, 80min) ★★★
4.00 **Burke's Law** 23/32. (S1)
5.00 **to 6.00** AM **Danger UXB**

THURSDAY Sport 4 June

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE Test Cricket** **England v New Zealand.** Coverage of the first day of the first Test in the three-match series, held at Lord's. Ben Stokes' side have won two of the last three Test series against New Zealand, as well as winning six of their last eight matches against them. The last time these two teams met in this format England claimed a 2-1 series victory in New Zealand as they won the first two matches by eight wickets and 323 runs respectively.
6.45 PM **LIVE Vitality T20 Blast Cricket** **Somerset v Glamorgan.** Coverage of the Central Group match at the Cooper Associates County Ground in Taunton.
10.30 **LIVE US Women's Open Golf** Coverage of the opening day of the Major at Riviera Country Club in Pacific Palisades, California. Maja Stark is the reigning champion following her victory at Erin Hills in Wisconsin last year.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Bournemouth v Fulham.
9.30 **Premier League Highlights**
10.30 **SNF** Chelsea v Liverpool.
11.00 **Premier League Highlights**
4.00 PM **SNF** Fulham v Arsenal.
4.30 **Premier League Highlights** Tottenham Hotspur v Aston Villa. **5.00** Action from Liverpool v Manchester United at Anfield.
5.30 **MNF Hlts** Highlights from West Ham United v Brentford.
6.00 **Premier League Stories**
6.30 **Brazilians in The Premier League** The Brazilian stars who have graced the top flight.
7.45 **Premier League One on One** An interview with Mikel Arteta.
8.00 **Netbusters** Fast-paced highlights using alternative angles.
9.00 **Premier League Stories**
9.30 **Transfer 360** How John Hartson ended up moving to Scotland.
10.00 **Premier League Review** A look back at the 2025/26 campaign.
11.00 **Premier League Years**
1.00 AM **PL Retro** Manchester United v Everton from 2012.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2021 play-off finals.
9.00 **EFL Greatest Games**
10.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
12.00 NOON **EFL Greatest Games**
1.00 PM **EFL Highlights**
4.00 **Best Goals: EFL Cup 25/26**
4.30 **WSL** Action from West Ham United v Manchester City.
5.00 **EFL Greatest Games**
6.00 **EFL: The Play-Offs At 40**
7.30 **EFL Cup Highlights** Newcastle United v Manchester City. **8.00** Chelsea v Arsenal. **8.30** Arsenal v Chelsea in the semi-final second-leg. **9.00** Action from Manchester City v Newcastle United in the semi-final second-leg. **9.30** Highlights of Arsenal v Manchester City in the final.
10.30 **EFL: The Play-Offs At 40** A look at the history of the play-offs.
12.00 M'T **Craig Brown: My Scotland**
12.30 AM **Best Scottish Premiership Goals 2024/25**
1.00 **Edinburgh Derby Best Goals**
1.30 **SPFL Highlights** Celtic v Rangers.
5.00 **to 6.00** AM **SPFL Special: Celtic's Invincibles**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** England v India.
10.00 **LIVE Test Cricket** **England v New Zealand.** Coverage of the first day of the first Test in the three-match series, held at Lord's. Ben Stokes' side have won two of the last three Test series against New Zealand, as well as winning six of their last eight matches against them. The last time these teams met in this format England claimed a 2-1 series victory in New Zealand as they won the first two matches by eight wickets and 323 runs.
6.45 PM **LIVE Vitality T20 Blast Cricket** **Somerset v Glamorgan.** Coverage of the Central Group match at the Cooper Associates County Ground in Taunton.
10.30 **Test Cricket** Highlights from England v New Zealand at Lord's.
11.30 **Best of ICC WT20**
11.45 **Test Cricket Bitesize**
12.00 M'T **Best of ICC WT20**
12.15 AM **Test Cricket Bitesize**
12.30 **Test Cricket** Highlights.
1.30 **Women's International T20 Cricket** England v India.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Legends Tour Golf**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf**
8.00 **Golf** Action from the G4D Open.
9.00 **DP World Tour Golf**
9.30 **PGA Tour Golf** Highlights.
10.30 **Rose Ladies Series**
11.00 **US Women's Open Golf**
12.00 NOON **LIVE DP World Tour Golf** Coverage of day one of the KLM Open at the International Golf Club in Amsterdam.
5.00 PM **LIVE PGA Tour Golf** Coverage of day one of the Memorial Tournament at Muirfield Village Golf Club in Ohio. World number one Scottie Scheffler finished four strokes clear of his American compatriot Ben Griffin here in 2025 to win this title for the second consecutive year.
11.00 **LIVE US Women's Open** Coverage of the first day of the Major held at Riviera Country Club. Maja Stark is the reigning champion following her victory at Erin Hills in Wisconsin last year.
3.00 AM **PGA Tour Golf**
4.00 **US Women's Open Golf**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **TNT Sports Reload**
6.30 **UEFA Champions League**
7.00 **Inside Serie A** Season review.
8.00 **Discovery Golf**
8.30 **World Superbike Highlights**
9.30 **MotoGP Highlights**
10.30 **LIVE Tennis: French Open** Day 12 from Stade Roland Garros in Paris, featuring semi-finals.
11.00 **LIVE Tennis: French Open** Coverage of the mixed doubles final at Stade Roland Garros.
1.30 PM **LIVE Tennis: French Open** The women's singles semi-finals at Stade Roland Garros in Paris.
6.00 **LIVE MLB** **Philadelphia Phillies v San Diego Padres.** Coverage of the National League match at Citizens Bank Park. Start-time **6.05pm**.
9.00 **Giro d'Italia Men Highlights**
10.01 **Tennis: French Open**
12.30 AM **MLB Plays of the Week**
1.00 **LIVE MLB** **Chicago Cubs v Athletics.** From Wrigley Field. Start-time **1.05am**.
4.00 **MLB Plays of the Week**
4.30 **MLB Classic** Archive action.
5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **IFSC Climbing World Series Highlights**
7.00 **WRC Review** Rally Japan.
8.00 **NWSL** Recent action.
10.00 **UEFA Europa League Goals**
10.15 **UEFA Conference League Goals**
10.30 **LIV Golf** Action from Busan.
11.30 **LIVE LIV Golf** Coverage of the first day of the ninth round of the season staged at Real Club Valderrama in Sotogrande, Spain.
5.30 PM **TNT Sports Reload**
5.45 **The Breakdown** Pep Guardiola's 10 years at Manchester City.
6.00 **LIVE MLB** **Philadelphia Phillies v San Diego Padres.** The National League match held at Citizens Bank Park. Start-time **6.05pm**.
9.00 **MLB Plays of the Week** A look at the most exciting plays from the past week's matches.
9.30 **UFC Main Event** A look back at the main event of UFC 318.
10.30 **UFC** Another chance to see Song Yadong v Deiveson Figueiredo.
1.30 AM **AFL** Another chance to see Adelaide Crows v Geelong Cats.
3.00 **LIV Golf** In Sotogrande, Spain.
4.30 **to 6.00** AM **Tennis: French Open**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **NFL Highlights**
10.00 **Super League Highlights**
10.50 **LIVE NRL** **Manly Sea Eagles v South Sydney Rabbitohs.** Coverage of the match from the 14th round of fixtures staged at 4 Pines Park in Sydney. Kick-off **10.50am**.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBC's Pro-Football Talk**
7.00 **NBA on Fire** Recent action.
7.30 **LIVE Super League** **Leeds Rhinos v St Helens.** Coverage of the match from the 13th round of fixtures staged at AMT Headingley Stadium. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **World Club Challenge**
2.00 **Super League**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **Super League** Action from Leigh Leopards v Catalans Dragons at Progress with Unity Stadium.
10.45 **EFL Greatest Games** Ipswich Town v Barnsley in the 1999/00 Division One play-off final.
11.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
12.45 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day one of the Memorial Tournament staged at Muirfield Village Golf Club in Dublin, Ohio.
7.00 **Sports Centre**
7.30 **LIVE Super League** **Leeds Rhinos v St Helens.** The match from the 13th round of fixtures held at AMT Headingley Stadium. Kick-off **8.00pm**.
10.15 **EFL Greatest Games** Blackburn Rovers v Fulham from the 2021/22 season.
10.30 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
1.00 AM **WTA & ATP Tennis** Action from the Doha Open finals.
3.00 **Super League** A chance to see Wigan Warriors v Leigh Leopards.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP & WTA Tour Classics**
7.00 **Murray's Moments**
8.00 **Djokovic Top 10** Archive action.
9.00 **ATP Tour Classic Matches**
10.00 **WTA Tennis** Event reviews.
12.00 NOON **ATP Tennis** Madrid Open.
1.00 PM **WTA Tennis** Auckland Open.
2.00 **ATP Tennis** Italian Open final.
3.00 **WTA Tennis** Brisbane Open final.
4.00 **ATP Tennis** Hamburg Open final.
5.00 **Murray's Moments**
6.00 **Djokovic Top 10**
7.00 **ATP Tour Classic Matches**
8.00 **WTA Tennis** Event reviews.
9.00 **ATP Tennis** Indian Wells Open.
10.00 **US Open Classic Matches**
12.00 M'T **to 6.00** AM **Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Fight Night** Recent action.
9.00 **PGA Tour Champions**
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **Women's International T20 Cricket** England v India.
7.00 **LIVE US Women's Open Golf** Day one of the Major at Riviera Country Club in Pacific Palisades.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **Rolex SailGP Championship**
7.00 **World Superbike Rewind**
7.15 **MotoGP Rewind**
7.30 **Ultimate Pool** Pairs Cup.
9.00 **LIV Golf** Action from Busan.
10.00 **The Gallagher PREM: Wrap Up**
10.15 **LIVE AFL** **Adelaide Crows v Geelong Cats.** Coverage from Adelaide Oval. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **LIVE Cycling: Giro d'Italia** Stage six of the women's race.
5.00 **Giro d'Italia Men Highlights**
6.00 **Premier League Review**
8.00 **Women's Giro d'Italia**
9.00 **Test Cricket Highlights**
10.00 **UEFA Champions League**
10.30 **LIV Golf** From Sotogrande, Spain.
12.00 M'T **Giro d'Italia Men Highlights**
1.00 AM **Men's Cycling Pro Series**
2.00 **Women's Giro d'Italia**
3.00 **NWSL** Recent action.
5.00 **to 6.00** AM **UCI Mountain Bike World Series**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling Pro Series**
7.00 **Women's Giro d'Italia**
8.00 **Men's Cycling Pro Series**
9.00 **Tennis: French Open**
10.30 **LIVE Tennis: French Open** Coverage from day 12 of the Grand Slam at Stade Roland Garros, featuring semi-finals.
11.00 **LIVE Tennis: French Open** The mixed doubles final in Paris.
1.30 PM **LIVE Tennis: French Open** Coverage of the women's singles semi-finals in Paris. Last year's winner Coco Gauff beat French wildcard Lois Boisson 6-1, 6-2 in the semi-finals 12 months ago.
6.00 **UEFA Europa League & Conference League Magazine**
7.00 **Rolex SailGP Championship**
8.00 **AFL** Recent action.
9.30 **The Gallagher PREM**
2.45 AM **TNT Sports Reload**
3.00 **MotoGP Highlights**
4.00 **World Superbike Highlights**
5.00 **to 6.00** AM **WRC Review**

Premier Sports 1

419 528

6.00 AM **DTM Motorsport Highlights**
7.00 **International Football**
9.00 **European Le Mans Series**
10.00 **URC in 60** Recent action.
11.00 **Top 14 Rugby Union Highlights**
11.30 **Sporting Greats**
12.00 NOON **NASCAR Highlights**
1.00 PM **DTM Motorsport Highlights**
2.00 **NHL Tonight** Play-off action.
3.00 **United Rugby Championship** Action from Bulls v Munster. **5.00** Glasgow Warriors v Connacht in the quarter-final.
7.00 **Top 14 Rugby Union Highlights**
7.30 **World of FreeSports**
8.00 **Swedish Speedway** A chance to see Smederna v Vastervik.
10.00 **United Rugby Championship** Action from Stormers v Cardiff.
12.00 M'T **Sporting Countdowns**
12.30 AM **International Football**
2.30 **United Rugby Championship**
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **Indikart Championship**

Premier Sports 2

420 529

6.00 AM **Football's Greatest**
6.30 **Coppa Italia** Lazio v Inter Milan.
8.30 **Football's Greatest**
9.00 **GP Insights** The latest news.
9.30 **Challenge Cup** A chance to see Montpellier v Ulster in the final.
11.30 **Temples of Sport**
12.00 NOON **Scottish Cup Football** Celtic v Dunfermline Athletic.
2.00 PM **Football's Greatest**
3.00 **Top 14 Rugby Union** A replay of Montauban v La Rochelle.
5.00 **Coppa Italia** A chance to see Lazio v Inter Milan in the final.
7.00 **Football's Greatest** The finest players discuss their careers.
7.30 **German Cup** Bayern Munich v VfB Stuttgart in the final.
9.30 **Football's Greatest**
10.00 **Top 14 Rugby Union** A replay of Toulon v Bordeaux Begles. **12.00** M'T Montpellier v Pau.
2.00 AM **NASCAR Trucks** The latest round of the season in Nashville.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **F1 Features**
12.20 PM **LIVE Formula 3** The Monaco Grand Prix practice session at Circuit de Monaco.
1.15 **Chasing the Dream**
1.35 **F1 Features**
1.55 **LIVE Formula 2** The Monaco Grand Prix practice session at Circuit de Monaco in Monte Carlo.
2.55 **F1 Drivers Press Conference**
3.40 **Lewis Hamilton IV**
3.45 **Formula 1** Canadian Grand Prix.
4.45 **F1 Drivers Press Conference**
5.30 **Formula 1** Highlights.
7.00 **F1 Drivers Press Conference**
7.45 **Formula 1** Monaco Grand Prix.
9.15 **F1 Drivers Press Conference**
10.00 **Formula 1** Highlights.
11.30 **F1 Drivers Press Conference**
12.15 AM **Formula 1** From Monaco.
12.45 **F1 Features**
1.00 **F1 Explained**
2.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

5 June

Planner

Office Romance

***ROMANTIC COMEDY** Netflix*

Ted Lasso's Brett Goldstein co-wrote and stars in this romantic comedy as a lawyer who starts work at an airline company, and begins a secret romance with his boss (Jennifer Lopez).

Cape Fear

***THRILLER** Apple TV*

This gripping ten-part adaptation of the classic psychological thriller stars Javier Bardem as convicted killer Max Cady, who embarks upon a terrifying revenge campaign against the lawyers he holds responsible for putting him behind bars. Also stars Amy Adams and Patrick Wilson.

Women's World Cup Qualifiers

***FOOTBALL** BBC2 (Wales only), BBC iPlayer & ITV1*

Scotland play Israel and Wales travel to Montenegro (both BBC iPlayer, k-o 5pm) in their penultimate group matches. Later, England will qualify if they can beat world champions Spain (ITV1, k-o 8pm).

Dead Man's Wire

***THRILLER** Sky Premiere, 8am & 8pm*

Gus Van Sant directs Bill Skarsgård, Al Pacino and Colman Domingo in this fact-based drama, about a desperate man (played Skarsgård) who kidnaps the son of his mortgage broker and holds him hostage with a gun.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Marvellous... †	8.00 MasterChef Final		9.00 Have I Got...	9.30 Mrs Brown's...	10.00 News; Local News	10.40 St Denis...
	102 BBC2	7.00 Cricket: Today at the Test		8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Women's World Cup Qualifier – Live: Spain v England (Kick-off 8.00)						10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 Dispatches: Will My Summer Holiday...		9.00 Celebrity Gogglebox		10.00 First Dates	
	105 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 Titanic: Mysteries from the Grave			
	106 SKY ONE	7.00 The Simpsons		8.00 The F1 Show		9.00 An Idiot Abroad 2		10.00 Josh Widdicombe: Bit Much..	
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	7.35 Film: Shrek 2		9.00 Death in Paradise		10.00 A Good Girl's Guide to Murder	
	116 BBC4	7.00 TOTP: 1999		7.50 TOTP: 1979	8.30 TOTP: 1989	9.00 Aretha Franklin at the...	9.40 Aretha Franklin in...		10.20 Dolly Parton: Here I Am
	118 ITV2	7.00 The Floor		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Panda		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: The Great Wall			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 Ponies			
	110 U&GOLD	‹ 6.45 Dad's...	7.20 Keeping Up Appearances	8.00 Still Open All Hours			9.15 Not Going Out	9.55 Mrs Brown's Boys	10.35 Still Open...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 House of Games	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Lewis	
	120 ITV4	‹ 6.00 World Series of Darts – Live: Day one of the Nordic Darts Masters						10.00 Isle of Man TT Highlights	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges: The Brand New Tour		10.00 Al Murray: The Pub Landlord	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Albums			9.15 The Thousand and One Musical Lives of Fleetwood...		10.30 Fleetwood...
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake					
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Gold Rush: Mine Rescue		9.00 Expedition Files		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 The Battle for Britain: Drain the Oceans		9.00 Nazi Megastructures		10.00 Defending Europe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of Great British Castles		9.00 Hells Angels: Kingdom Come		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Citizen Smith				10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 Pantani: The Accidental Death of a...		8.00 Brazil 2002			9.50 The Two Escobars		

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Doorbell Detectives** New edition The case of a stolen food truck. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** New episode 3/6. The winery's finances depend on caring for a turkey. (S2) (S)(AD) ■ Entire series on BBC iPlayer
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Transforming two triangular, mirror-image gardens. (S)
4.30 **Celebrity Bridge of Lies** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 MasterChef Final

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **The Marvellous Miniature Workshop** Sara Cox and the team recreate Reading's iconic Central Club in miniature form. (S)(R)(AD)

8 PM

8.00 **MasterChef Final** Series finale 21/21. In their final challenge, the amateur cooks serve a three-course menu that delivers in presentation, taste and originality, hoping they will have done enough to be crowned champion. (S)(AD)

9 PM

9.00 **Have I Got News for You** Series finale 10/10. David Tennant hosts, with guests Chloe Petts and Michael Gove. (S)
9.30 **Mrs Brown's Boys** 4/4. Agnes gatecrashes Cathy's book club and shares her love of saucy stories. (S5) (S)(R)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode *This Isn't Bingo:* 11/18. Bruce saves a lady who has a 'do not resuscitate' order in place. (S2) (S)(AD)
11.00 **St Denis Medical** New episode 12/18. Bruce thinks Matt's home-made juice has great business potential. (S2) (S)(AD)
11.20 **FILM** **Bodies Bodies Bodies** Horror comedy starring Amandla Stenberg. A murder-mystery game in a remote mansion leads to a genuine slaughter. (S) (2022, 15, 90min) ★★★★
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Garden Rescue** (S)(R)
7.30 **Great Continental Railway Journeys** Szeged. (S)(R)(AD)
8.00 **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Summer: Earth's Seasonal Secrets** Documentary. (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.05 **Flog It!** From Reading. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** Series finale A visit to the historic city of Eger. (S)(AD)

9.00 Hidden Treaures of the...

7.00 **Cricket: Today at the Test** England v New Zealand: Action from the second day of the first Test, held at Lord's. The last time these two sides met in this country was right at the start of Ben Stokes and Brendon McCullum's tenure in 2022. (S)

8.00 **Gardeners' World** New edition Roses are stealing the spotlight at Longmeadow, and Monty Don is celebrating their full, head-turning blooms. Plus, Ashley Edwards visits Benton End in Suffolk to view a collection of bearded irises. (S)

9.00 **Hidden Treasures of the National Trust** New edition 4/6. Caring for the curious collections at two of the National's Trust's most unusual houses, Calke Abbey and Snowshill Manor. (S)(AD) ■ Entire series on BBC iPlayer

10.00 **Inside No. 9** *The Stakeout:* 6/6. A police community support officer asks awkward questions of a colleague. (S5) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM PREMIERE** **Bring Them Down** Drama starring Christopher Abbott, Barry Keoghan, Colm Meaney and Paul Ready. An Irish shepherding family are thrust into conflict with another farmer, facing a cycle of generational trauma. (S) (2024, 15, 105min) ★★★ *See review, page 27.*
12.45 AM **Sign Zone: Panorama** (S)(R)
1.15 **Sign Zone: MasterChef** 18/21. The semi-finals continue. (S)(R)(AD)
2.15 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
1.00 **LIVE** **Racing** Francesca Cumani and Ed Chamberlin present coverage of The Oaks from Epsom, plus the support races. Analysis from Jason Weaver and Adele Mulrennan, commentary from Richard Hoiles, and reports by Matt Chapman, Rishi Persad, Oli Bell and Mick Fitzgerald. (S)
5.00 **The Chase** Contestants from Middlesex, Bolton, Birmingham and Chesterfield take part in the quiz hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Football: World Cup Qualifier

7.30 **LIVE** **Football: Women's World Cup Qualifier** Spain v England: Seema Jaswal presents coverage of the Group A3 qualifier at Estadi Municipal de Son Moix. Lauren Hemp's early goal gave England a 1-0 win in April's reverse fixture and the Lionesses also prevailed on penalties when the sides met in the Euro 2025 final in Switzerland, but world champions Spain will be hopeful of making home advantage count this time around. With commentary by Seb Hutchinson and Siobhan Chamberlain, and analysis from Karen Carney and Anita Asante. Kick-off is at 8.00. (S)

10.20 **ITV News** (S)
10.55 **Local News** (S)
11.10 **The Vardys** 2/3. An injured Jamie is unable to play. (S)(R)(AD)
12.10 AM 3/3. Jamie's new Italian side are struggling stay out of the relegation zone. (S)(R)(AD)
1.05 **Teleshopping**
3.05 **Emergency Nurses: A&E Stories** Nurse Jo comes to the aid of a young asthma patient. (S)(SL)(R)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jason Atherton's Dubai Dishes** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 9-11/22. (S7) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 8-11/24. (S6) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A woman from Staffordshire searches for a property in Malaga, Spain. (S)(R)
4.00 **Narrow Escapes** New edition Paul's pop-up at Fradley Junction is a runaway success. (S)(AD)
5.00 **Chateau DIY** New edition Alison and Zion prepare for their biggest wedding yet. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A golf fan and his wife seek a property in Almería, Spain. (S)(R)

9.00 Celebrity Gogglebox

7.00 **News** (S)

8.00 **Dispatches: Will My Summer Holiday Be Cancelled?** Kate Quilton investigates the uncertainty over summer holidays, ever since the war in Iran sent jet fuel prices soaring and caused thousands of flights to be cancelled. (S)(AD)

9.00 **NEW SERIES** **Celebrity Gogglebox** 1/7. A cast of famous faces, including Vernon Kay and Paddy McGuinness, Denise Van Outen and Johnny Vaughan, and Bez and Shaun Ryder, offer their views on the week's TV. (S)(AD)

10.00 **First Dates** New edition A hairdresser and a builder show that age is just a number, a hip-hop artist meets a musician looking for love off stage, while a pair of 19-year-olds take their first dating steps together. (S)(AD)
11.05 **Sarah Millican: Bobby Dazzler** Stand-up comedy special. (S)(R)
12.10 AM **Taskmaster** Armando Iannucci proves why it's important not to curtail his nap time. (S)(SL)(R)(AD)
1.05 **FILM** **The Lighthouse** Psychological thriller with Robert Pattinson and Willem Dafoe. (S) (AD) (2019, b/w, 15, 110min) ★★★★
2.55 **Ramsay's Kitchen Nightmares USA** From Arizona. (S)(SL)(R)
3.45 **to 6.00** AM **Four in a Bed** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.40 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Heartbreak Hotel:* 8/23. The author investigates when an Atlantic City casino owner is found dead. (S)(R)
3.55 **Castle** *Kill Shot:* 9/23. Beckett struggles to hide her mental trauma. (S4) (S)(R)
4.50 **Love Nature** The Coastal Redwoods of mid-Wales. (S)(R)
5.00 **News** (S)
6.00 **Susan Calman's Summer by the Sea** The comedian heads to the Lincolnshire town of Cleethorpes. (S)(R)
6.55 **News** (S)

8.00 Traffic Cops

7.00 **Police Interceptors** An accident on the A43 turns into something far bigger when a lorry driver makes a wrong turn onto the other carriageway. (S)(R)
7.55 **News** (S)

8.00 **Traffic Cops** New edition After a high-speed chase, officers attempt to bring a young driver and his passenger to a stop, and another rookie driver is involved in a life-threatening collision. (S)

9.00 **Titanic: Mysteries from the Grave** Documentary examining the 1912 sinking of the RMS *Titanic*, and the attempt to decode her remaining secrets still lying on the Atlantic Ocean floor with time running out. (S)(R)

10.50 **Piers Morgan: Uncensored** Opinion-led news and debate show, blending journalism and cultural commentary. (S)

12.45 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.30 **Secrets of the Royal Palaces** Behind-the-scenes tales of royal residences, with contributions by royal commentators and former staff members. (S)(R)
3.20 **Friends** (S8) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S6) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Macaque Island** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Monty Can't Buy Me Love:* Mr Burns tries to improve his public image. (S)(R)
5.30 *Make Room for Lisa:* Lisa shares a room with Bart but finds it difficult to cope. (S)(R)
6.00 **The Office (US)** 10/25. Pam brings lice into the office. (S)(R)
6.30 11/25. Dwight and Clark pose as father and son in a bid to win an account. (S9) (S)(R)

10.00 Josh Widdicombe: Bit Much...

7.00 **The Simpsons** *They Saved Lisa's Brain:* Lisa joins Mensa and inspires the intelligentsia of Springfield to take over the town. (S)(R)
7.30 *Thirty Minutes Over Tokyo:* The family become stranded in Japan. (S)(R)

8.00 **The F1 Show** The latest Formula One news, highlights and previews ahead of the weekend's Monaco Grand Prix, the sixth round of the season at Circuit de Monaco.

9.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska, where Ricky Gervais and Stephen Merchant have arranged for him to watch whales and take part in other activities. (S)(R)(AD)

10.00 **Josh Widdicombe: Bit Much...** Stand-up show from the London Palladium, in which Josh tackles the hot comedy topics of advent calendars, weddings and the closing time of his local park. (S)(R)

11.15 **Grimm** 8/22. Nick discovers the truth behind the story of a legendary monster. (S4) (S)(R)
12.15 AM **The Walking Dead** 4/13. Daryl ventures into the woods to find Sophia. (S2) (S)(R)
1.15 **The Force: North East** The dog unit deal with a man who has barricaded himself in his house with his Rottweiler. (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward: With Dougie Vipond. (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Shift the Thrift (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
4.30pm Weather Watchers with Barra Best (S)(R) **5.00** Richard Osman's House of Games (S)(R) **6.00-6.30pm** Great Continental Railway Journeys (S)(R)(AD)

WALES
Sky 968, Freesat 968
4.30pm Weatherman Walking (S)(R) **4.45-7.00** LIVE Match of the Day Wales (S) **8.00** Great Continental Railway Journeys Series finale (S)(AD) **8.30** Gardeners' World New edition (S) **9.30-10.30pm** Hidden Treasures of the National Trust New edition (S)(AD)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Ralïo+ **1.30** 3Cân **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Sioe Fwyd **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Prosiect Pum Mil **8.55** Newyddion a'r Tywydd **9.00** NEW Pêl-Droed Rhyngwladol **10.00** Am Dro! (AD) **11.00pm-12.05am** Gwesty Aduniad

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall goes in search of bears and vipers in Slovenia.
7.35 FILM **Shrek 2** Animated comedy adventure sequel featuring the voices of Mike Myers, Eddie Murphy, Cameron Diaz and Antonio Banderas. A scheming Fairy Godmother threatens the happiness of newlyweds Shrek and Princess Fiona. (2004, U, 93min) ★★★★★
9.00 **Death in Paradise** 2/8. A game show contestant is stabbed during filming of the series's grand finale. (S14)
10.00 **A Good Girl's Guide to Murder** 3/6. Pip's day in court proves harder than she had imagined. **10.45** 4/6. 4/6. Fresh evidence makes Pip return to her original suspect. (S2)
11.30 **Planet Sex with Cara Delevingne** Double bill.
1.00 AM **Love in the Flesh**
2.30 **BBC New Comedy Awards**
3.00 **to 3.55** AM **Things You Should Have Done**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at Wharfe House in Wetherby, West Yorkshire. **4.50** The second visit is to Wortwell Hall Barn, Norfolk. **5.20** The third visit of the week is to Bath Lodge Castle in Somerset. **5.50** The fourth and final visit is to the Old Lodge Hotel in Gosport, Hampshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** A ballet dancer and his brother search for a home in north-east London.
7.55 **PopMaster TV** 6/9. Ken Bruce hosts the sixth heat of the music quiz.
9.00 **Panda** Series finale *Starter, Main, Deceased:* 6/6. Messina invites Panda and Lola to one of the best restaurants in the region. But in the middle of their meal, a prominent food critic chokes and dies before their eyes. Subtitled. (S2)
10.05 **24 Hours in A&E** Doctors investigate the medical conditions that may have caused a motorist to crash.
11.10 **24 Hours in A&E**
12.15 AM **999: On the Front Line** Medical documentary.
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Melanie C, Boyzone, Alice Deejay and Phats & Small. **7.25** Performances from Whitney Houston, Mario Piu, Jamiroquai and Celine Dion.
7.50 **TOTP: 1979** Music by Chas & Dave, Sparks, Fischer-Z, Voyager and Blondie.
8.30 **TOTP: 1989** With Sinitta, Fuzzbox and Neneh Cherry.
9.00 **Aretha Franklin at the BBC** A collection of archive appearances on the BBC by the Queen of Soul.
9.40 **Aretha Franklin in Amsterdam 1968** A performance by the American soul singer.
10.20 **Dolly Parton: Here I Am** A profile of the country star , with contributions by Dolly herself and collaborators from throughout her career.
11.50 **Sings the Great American Songbook**
12.50 AM **TOTP: 1999**
1.40 **TOTP: 1979** As 7.50pm.
2.20 **TOTP: 1989** As 8.30pm.
2.50 **to 3.35** AM **Aretha Franklin at the BBC**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Three couples from Ashford, Kent, compete.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Married at First Sight USA**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons** Four episodes of the animation.
7.00 **The Simpsons** *The Ziff Who Came to Dinner:* Homer is sentenced to 10 years in jail. **7.30** *Krusty Gets Kancelled:* Bart and Lisa call on the showbiz friends of Krusty the Clown to rescue his career.
8.00 **First Dates** A 69-year-old former roadie is looking for someone to settle down with after surviving cancer.
9.00 FILM **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Jing Tian. (2016, 12, 103min) ★★★
11.00 **Naked Attraction**
1.05 AM **Gogglebox**
2.05 **First Dates**
3.00 **Naked Attraction**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 306 30 123 256

primetime

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol** Double bill.
8.00 **UK Border Force**
9.00 **Motorway Patrol**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 20/20. (S12)
12.00 NOON **FBI** 11&12/22. (S5)
2.00 PM **The Rookie** 18/20. Officer Nolan and Harper are thrown into a scene of chaos. (S2)
3.00 **Law & Order: Criminal Intent** 12/22. Goren suspects that a woman's family were involved in her murder. (S6)
4.00 **Nothing to Declare**

9.00 Chicago Fire

7.00 **Police 24/7** Police investigate a driver who is asleep at the wheel, and officers apprehend a man barricaded in a house.

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9.00 **Chicago Fire** *Never Say Goodbye:* 13/13. Boden makes a decision that affects the race for deputy commissioner. (S12)

10.00 **Law & Order: Special Victims Unit** *First Light:* 9/22. A woman is faced with a video of a night she can't remember. (S26)
11.00 **Matlock** 13/16. Olympia tries to make up with Sarah. (S2)
12.00 M'T **FBI** 7&8/22. (S5)
2.00 AM **FBI: International** (S2)
3.00 **Road Wars** Double bill.
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 9&10/10. (S1)
11.15 **Westworld** 1/8. (S4)
12.15 PM **Billions** 11&12/12. (S7)
2.25 **The Regime** 1/6. (S1)
3.25 **Westworld** 1/8. (S4)
4.30 **Billions** 11/12. Prince Cappers' loyalties are tested.
5.35 12/12. Chuck, Axe and Prince prepare for the ultimate showdown. (S7)
6.45 **The Gilded Age** 8/9. Peggy reveals the truth. (S1)

9.00 Ponies

7.45 **The Gilded Age** *Let the Tournament Begin:* 9/9. As Ada and Aurora rush to stop Marian from making a huge decision, Bertha and Mrs Astor's clash impacts all of New York society. (S1)

9.00 **Ponies** New episode *Backstreets:* 3/8. Twila dives into an off-the-books investigation of a string of murders of sex workers.

10.00 **Ponies** New episode *Don't Go Breaking My Heart:* 4/8. Twila runs her first asset. (S1)
■ Entire series on Box Sets
11.00 **Under Salt Marsh** 1/6. (S1)
12.00 M'T **Heated Rivalry** 6/6. Scott discusses his public coming out on TV. (S1)
12.55 AM **Hacks** 9&10/10. (S1)
2.05 **The Gilded Age** (S1&2)
4.15 **Homicide: Life on the Street**
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Billie and Greg: Family Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.05 PM **Real Housewives of Cheshire** Reality series.
1.05 **Celebrity Catchphrase**
2.05 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **The Floor** Rob Brydon hosts the final as the nine remaining contestants face one last series of high-stakes quiz duels.

8.00 **Million Dollar Listing: LA** James and David are up against the clock to find their pregnant client a dream home.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **Love Island: The Debrief** New edition Companion show following all the goings-on in the villa.
10.35 **Family Guy** 12/30. Peter becomes stranded on a desert island. (S4)
11.05 **Family Guy** 7/30. (S4)
11.35 **American Dad!** 7&3/16. (S3)
12.35 AM **Bob's Burgers** (S12)
1.30 **Botched**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Inspector Morse**
11.20 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *A Sacred Trust:* Barnaby investigates the world of Midsomer Priory when a nun is found strangled.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Give a Dog a Bad Name:* Blaketon investigates an outbreak of fleas.

8.00 Doc Martin

6.55 **Heartbeat** *Hello, Goodbye:* Mike uncovers a blackmail case and Greengrass makes a tidy profit selling tinned meat.

8.00 **Doc Martin** *Hazardous Exposure:* 6/8. The doctor suspects that a patient's breathing difficulties may be linked to asbestos.

9.00 **Doc Martin** *Listen with Mother:* 7/8. The doctor is convinced something is wrong with him after a chat with his mother. (S6)

10.00 **Lewis** *What Lies Tangled:* A parcel bomb claims the life of a mathematician, and as Lewis and Hathaway investigate, suspicion falls on the victim's spurned wife.
11.50 **Scott & Bailey** 6/8. A couple are shot dead in their pub.
12.50 AM 7/8. A body on the moors leads to a discovery. (S4)
1.50 **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.15 **The Protectors**
6.45 **Magnum, PI**
8.45 **The Saint**
9.50 **Boon**
11.00 **Isle of Man TT Highlights** Race two of the Superstock TT.
12.00 NOON **The Best of the 90s**
12.15 PM **The Protectors**
12.50 **BattleBots**
1.45 **Magnum, PI**
3.50 **Boon**
4.55 **The Sweeney** *Supersnout:* The squad seek a gang of thieves. Guest stars Bill Maynard.

6.00 World Series of Darts

6.00 **LIVE World Series of Darts** Day one of the Nordic Darts Masters at Forum Copenhagen, featuring first-round matches in the third event of the campaign. The eight seeded players will take on Nordic and Baltic players with places in tomorrow's quarter-finals at stake. At this stage last year, eventual champion Stephen Bunting prevailed 6-3 against Oskar Lukasiak.

10.00 **Isle of Man TT Highlights** The second race of the Supersport TT discipline, where racing subtlety was set to be rewarded.
11.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring world-class talent including Jon Moxley and Claudio Castagnoli.
1.00 AM **Minder**
2.00 **to 3.00** AM **Isle of Man TT**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Stormborn** Following animals on the northern edges of the Atlantic.
8.30 **That Was the Team That Was** The Scotland team that travelled to West Germany for the 1974 World Cup.
9.00 NEW **Kevin Bridges: In Search of the Beautiful Game** The comedian explores the current state of football.
10.00 **Sportscene: Road to the World Cup** Scotland's historic World Cup qualifying campaign.
10.15 NEW **Scotland v Denmark: Through the Eyes of the Fans** Stories of the night Scotland qualified for this year's World Cup.
10.30 **Still Game** 1/6. (S1)
11.00 PM **to 12.00** M'T **Half Man** 6/6. (S1)

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Sort Of** 7&8/8. (S1)
10.00 **Avenue 5** 3&4/9. (S1)
11.15 **Will & Grace** (S3)
12.15 PM **Upright** 3&4/8. (S1)
1.30 **Avenue 5** 3&4/9. (S1)
2.45 **Will & Grace** (S3)
3.45 **Upright** 3&4/8. (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S3&4)
7.00 **The Office (US)** 9/25. Dwight organises a Pennsylvania-Dutch-themed office party.
7.30 10/25. Pam accidentally brings lice into the office. (S9)
8.00 **Resident Alien** *The Upper Hand:* 2/8. D'arcy inserts herself into Harry's mission. (S3)
9.00 **Kevin Hart: Reality Check** Stand-up show.
10.15 **The Office Movers** (S1)
11.15 **Avenue 5** 3&4/9. (S1)
12.20 AM **Resident Alien** (S3)
1.20 **Community** (S2)
2.20 **Upright** 5&6/8. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Mozart: The Magic Flute**
8.30 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wonderland: Gothic** Documentary.
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2019**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Albums**
9.15 **The Thousand and One Musical Lives of Fleetwood Mac**
10.30 **Fleetwood Mac: Live in Boston** From 2004.
12.45 AM **The Eagles: Desperado**
2.10 **Isle of Wight Festival**
4.05 **Classic Albums**
5.05 **to 6.00** AM **Painting Birds with Jim and Nancy Moir**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 8/26. (S4)
5.00 **Stargate SG-1** (S6)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** *A Matter of Perspective:* 14/26. (S3)
8.00 **Star Trek: Voyager** *Lifesigns:* 19/26. (S2)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13**
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five roller derby pals from Perth, Scotland take part.
3.00 **Celebrity Lingo** Judy Murray and Mark Pougatch take on Helen Skelton and Rav Wilding.
3.30 Tia Kofi and Danny Beard take on David and Frankie Seaman.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the infamous Banker.
6.00 **Lingo** Triple bill of the quiz hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Jeremy Clarkson hosts a double bill of the quiz.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Life in the Country**
10.00 **Narrow Escapes**
11.00 **Sun, Sea and Selling Houses** From Almería.
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Dog House**
8.00 **George Clarke's Beautiful Builds** A widow renovates the Victorian terrace she shared with her late husband.
9.00 **24 Hours in A&E** A staff member is admitted after being knocked off her mountain bike.
10.00 **Emergency** A mother of three is rushed in with a femur fracture.
11.05 **Celebrity Gogglebox**
1.05 AM **First Dates**
2.05 **Taskmaster**
3.10 **Couples Come Dine with Me** In South Wales.
4.05 **to 5.00** AM **Bake Off: The Professionals**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 FILM **Stargate Origins: Catherine** Adventure prequel. (2018, PG, 104min) ★★
4.00 **Stargate SG-1** 2/22. (S6)
5.00 **Star Trek: Voyager** 26/26. The crew find a prototype Starfleet vessel. (S4)
6.00 **Star Trek: Enterprise** 23/26. A Vulcan ambassador is transported home. (S1)

2.00 Stargate Origins: Catherine

7.00 **Stargate Atlantis** *Runner:* 3/20. Teyla and Sheppard are taken captive by an ex-soldier, and McKay has a close encounter. (S2)

8.00 **Stargate SG-1** *Redemption – Part Two:* 2/22. The team risk losing the portal for ever. (S6)

9.00 **Grimm** *Thanks for the Memories:* 1/22. Nick is forced to rely on Trubel for help after losing his powers. (S4)

10.00 **The Walking Dead** *A:* 16/16. The survivors discover whether the mysterious Terminus is as peaceful as promised. (S4)
11.00 **Britannia** 1/8. In the wilds of Britannia, Cait considers her next move. (S3)
12.00 M'T FILM **Stargate Origins: Catherine** Sci-fi adventure prequel starring Ellie Gall. (2018, 12, 104min) ★★
2.00 AM **The Walking Dead** (s4)
3.00 **Britannia** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** As 4.00pm.
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S1)
4.00 **The Mentalist** 17/24. A doctor is found murdered. (S3)
5.00 **Hudson & Rex** 4/16. Charlie and Rex investigate the murder of a college professor. (S4)
6.00 **Father Brown** *The Wisdom of the Fool:* The sleuthing priest visits a jesters' convention.

7.00 Unforgettable

7.00 **Unforgettable** *Bigtime:* 1/13. Carrie uses her gift to tackle a child abduction case. (S2)

8.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. The detectives are left with two murders to solve in London. (S6)

9.00 **Death in Paradise** *Frappe Death Day:* 4/8. The team investigate the fatal shooting of a coffee plantation owner. (S8)

10.00 **Allegiance** *Fallen Idols:* 9/10. A drive-by shooting thrusts Sabrina and Vince into the lives of a community volunteer. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S6)
1.00 AM **Hudson & Rex** (S4)
2.00 **Murdoch Mysteries** 2/13. The sleuth investigates the death of a renowned lawyer. (S1)
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.05 **The Green Green Grass**
9.45 **Are You Being Served?**
10.25 **Last of the Summer Wine**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.35 **Dad's Army: The Animations**
2.10 **Ever Decreasing Circles**
2.50 **Are You Being Served?**
3.30 **Still Open All Hours**
4.50 **Dad's Army: The Animations**
5.25 **Last of the Summer Wine**
6.45 **Dad's Army: The Animations**

9.55 Mrs Brown's Boys

7.20 **Keeping Up Appearances** Hyacinth and Richard move into their new country retreat.

8.00 **Still Open All Hours** The neighbourhood prepares for a wedding. **8.35** Granville and Gastric find themselves acting as marriage counsellors.

9.15 **Not Going Out** Tim decides to put the flat on the market in the wake of Kate's departure.

9.55 **Mrs Brown's Boys** Grandad hopes to witness his own funeral.

10.35 **Still Open All Hours** As shown at 8.00pm.
11.15 **Still Open All Hours**
11.55 **Harry Enfield and Chums** Featuring Kevin and Perry, and Tim Nice-But-Dim.
12.35 AM **Not Going Out**
1.15 **Mrs Brown's Boys**
1.55 **Harry Enfield and Chums**
2.40 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** With Milton Jones.
2.00 **Mediterranean with Simon Reeve** Exploring Cyprus.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Long Weekends** The chef visits the city of Bologna in northern Italy.

11.00 8 Out of 10 Cats

7.00 **Would I Lie to You?** Guests include Stacey Dooley and Alex Jones. **7.40** With guests Jack Whitehall, Frankie Boyle, Christine Bleakley and Kelvin MacKenzie.
8.20 **Richard Osman's House of Games** With Jasmine Harman and Dave Johns.

9.00 **QI XL** Guests Colin Lane, Sarah Millican and Noel Fielding join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the quiz, with Stacey Dooley and Andy Hamilton.
11.00 **8 Out of 10 Cats**
11.45 **Mock the Week**
12.25 AM **Would I Lie to You?**
1.45 **Have I Got a Bit More News...**
2.45 **Dave Gorman: Modern Life Is Goodish** The role of family.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Compo unwittingly bags a jumble sale bargain. **6.40** Compo competes against a childhood rival.

9.00 Happy Valley

7.20 **Last of the Summer Wine** Nora gets a cleaning job with a widower across the valley, leaving Compo writhing in jealousy.

8.00 **Father Brown** *The Queen Bee:* The sleuthing priest investigates the death of a beekeeper. Guest stars Nigel Planer.

9.00 **Happy Valley** 2/6. Catherine learns the truth about a betrayal by someone close to her, and Faisal feels increasing pressure from everyone around him. (S3)
10.20 **New Tricks** *Part of a Whole:* The team try to unmask an assassin.

11.40 **Silent Witness** *Intent:* After an insurance investigator dies from suspected cyanide poisoning, his work replacement causes problems for Leo when she accuses him of fraud.
2.00 AM **Lovejoy**
3.00 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18-20/24. (S14)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Tailing Angie:* 9/24. The lead suspect of a robbery case is released from prison. **7.00** *What Child Is This?* 10/24. A newborn baby is found with no apparent ties to a family. **8.00** *Toil and Trouble:* 11/24. The secretary of defence shuts down Gibbs' murder investigation. (S16)
9.00 **Beauty and the Beast** *All In:* 3/22. Cat tries to clear a Bosnian immigrant of murder. **10.00** *Basic Instinct:* 4/22. Vincent saves a youth who has been left for dead. (S1)
11.00 **Law & Order: Special Victims Unit** (S10&9)
2.45 AM **Law & Order Toronto: Criminal Intent**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition An unlucky pub goer takes a cut lip all the way to court.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A builder needs immediate treatment.
10.00 **A&E After Dark** A man needs treatment after falling downstairs.
11.00 **The Surgeon**
12.00 M'T **Skin A&E**
1.00 AM **Murderer on Ward 4**
2.40 **GPs: Behind Closed Doors** Medical series.
3.30 **Friends** 8/24. (S5)
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
10.55 FILM **The Last Sunset** Western melodrama. (1961, 12, 112min) ★★★
1.20 PM FILM **McLintock!** Comedy Western. (1963, U, 127min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police: Night Shift 999** Sgt Gladwin stops a car that is reportedly being driven dangerously.
10.00 **Cops** New editions Officers pursue an armed suspect in a stolen car. **10.25** The Air Unit and K-9 'Buddy' help capture a burglary suspect.
10.55 **The X-Files** 16/24. (S3)
11.55 **Seconds from Death: Caught on Camera**
12.55 AM **Outback Truckers**
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Celebrity Antiques Road Trip** Double bill.
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a litter of puppies who were found abandoned in a crisp box. **9.00** Pete meets a puppy who needs urgent treatment for a badly broken leg. **10.00** Pete travels to Northern Ireland to pick up three stray dogs and bring them back to Essex.
11.00 **Ghosts** Triple bill.
1.00 **to 3.00** AM **Absolutely Fabulous**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **How Britain Worked**
8.00 **Bangers & Cash**
10.00 **D-Day: The Last Heroes**
11.00 **D-Day: Last Words**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **D-Day: The Last Heroes**
5.00 **D-Day: Last Words**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** A journey from Stourton to Wolverhampton.
8.00 **Citizen Smith** Wolfie postpones the revolution. **8.40** Ken gives Wolfie and Shirley a unique wedding present. **9.20** Wolfie is in trouble when Speed is released from prison.
10.00 **Bangers & Cash** Paul picks up a 1936 Singer Le Mans sports car.
11.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **How Britain Worked**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House**
8.00 **Antiques Road Trip** Catherine Southon and Philip Serrell make their way to Somerset.
9.00 **Rock the Block** New edition The star-studded teams tackle their entries, great rooms and dens.
10.30 **My Lottery Dream Home** Coachella Valley.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** (S3)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 18&19/22. (S7)
1.00 PM **The Waltons** (S1)
3.00 **Ballykissangel** (S4)
4.10 **Down to Earth** (S5)
5.20 **Bramwell** 8/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 8/24. Hot Lips questions Colonel Blake's fitness to command. **8.00** 9/24. A bigoted sergeant learns a vital lesson about prejudice. **8.30** 10/24. A sniper pins down Henry and Radar in the shower. (S2)
9.00 **FILM The Bounty** Seafaring adventure starring Mel Gibson and Anthony Hopkins. (1984, 15, 133min) ★★★
11.55 **The Avengers** (S5)
12.55 AM **M*A*S*H** (S2)
2.25 **Robin's Nest** 2/6. (S5)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61

Great! Action

318 317 426 42 33

9.00 AM **FILM Angel and the Badman** Western with John Wayne. (1947, b/w, U, 100min) ★★★
11.20 **Wanted: Dead or Alive**
11.50 **The High Chaparral**
1.50 PM **FILM Beyond the Law** Thriller with DMX. (2019, 15, 89min) ★
3.45 **The Persuaders!** (S1)
4.45 **The New Avengers**
6.45 **FILM The Ballad of Lefty Brown** Western starring Bill Pullman. (2017, 15, 111min) ★★★
9.00 **FILM The Expendables 2** Action thriller sequel starring Jason Statham and Sylvester Stallone. (2012, 15, 98min) ★★★
11.15 **Dragon Ball Super**
12.15 AM **Coast Guard Alaska**
1.15 **The New Avengers**
2.15 **The Avengers** (S5)
3.10 **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
4.40 **to 5.50** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: The Julius House** Thriller. (2016, PG, 90min) ★★
10.05 **In Plain Sight** 3/12. (S1)
11.05 **Castle** 21/24. (S2)
12.05 PM **FILM Ruby Herring Mysteries: Prediction Murder** Crime drama. (2020, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 22/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 4/12. (S1)
10.00 **Hailey Dean Mysteries**
11.55 **FILM An Aurora Teagarden Mystery: The Disappearing Game** Crime drama. (2018, PG, 83min) ★★
1.50 AM **FILM Gone Daughter Gone** Thriller. (2020, PG, 87min) ★★
3.25 **to 5.00** AM **FILM The Black Widow Killer** Thriller. (2018, 12) ★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Dashing Home for Christmas** Drama. (2020, PG, 84min) ★★
10.10 **FILM Once Upon a Christmas Miracle** Drama. (2018, PG) ★★
12.05 PM **FILM Christmas at the Plaza** Comedy. (2019, U, 84min) ★★
2.00 **FILM The Christmas Chalet** (2019, PG) ★★
3.55 **FILM The Christmas Club** Romantic comedy. (2019, U, 100min) ★★
5.50 **FILM Christmas Everlasting** Drama. (2018, PG, 85min) ★★★
7.45 **FILM Christmas in the Air** Romantic drama. (2017, U, 90min) ★★
9.35 **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
11.35 **FILM Christmas in Paris** Drama. (2019, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Christmas Chalet**

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **Great British Food**
4.00 **The Greatest Auction**
5.00 **Celebrity Coach Trip**
6.00 **Love Your Garden**
7.00 **My Floating Home** A young couple who have purchased a 35-year-old narrowboat.
8.00 **Garden Rescue** Lee Burkhill and Flo Headlam transform a garden in Rocester. **9.00** Chris Hull and Flo Headlam head to Gloucestershire.
10.00 **FILM Au Pair Girls** Comedy with Gabrielle Drake and Astrid Frank. (1972, 18, 86min) ★★
12.00 M'T **FILM Adventures of a Plumber's Mate** Comedy. (1978, 18) ★
2.00 AM **Love Your Garden**
3.00 **The Greatest Auction**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S1)
11.00 **Second Thoughts** (S5)
11.30 **Agony** 3/6. (S1)
12.00 NOON **Randall and...**
1.00 PM **The Lovers** (S1)
1.30 **The Dustbinmen** (S2)
2.00 **The Champions**
3.00 **The Day Pele Came to Town** Documentary.
3.30 **Boon** 13/13. (S2)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S2)
6.30 **Second Thoughts** (S5)
7.00 **Two's Company** (S1)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 2/26. (S1)
9.00 **The New Statesman**
10.00 **FILM Virgin Witch** Horror. (1972, 18) ★★
11.45 **FILM Children Shouldn't Play with Dead Things** Horror. (1973, 15) ★★
1.30 AM **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Guardians of the Glades**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Opal Hunters: Red Dirt Road Trip**
7.00 **Deadliest Catch**
9.00 **Helicopter ER** A vet is paralysed following an attack by a bull.
10.00 **Animal Cops Philadelphia** The team receive a midnight call-out and discover hundreds of mistreated animals.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **Mary Berry Everyday**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Double bill.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's Great British Adventure**
3.00 **Mary Berry Everyday**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Be My Guest with Ina Garten** Double bill.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **River Cottage Road Trip** Hugh goes in search of culinary inspiration.
10.00 **Forever Summer with Nigella** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/24. (S8)
9.00 **T.J. Hooker** 6/23. (S4)
10.00 **Six Million Dollar Man**
11.00 **FILM Bermuda Tentacles** Monster thriller. (2014, 12, 86min) ★★
1.00 PM **FILM Charro!** Western starring Elvis Presley and Ina Balin. (1969, U, 98min) ★
3.00 **FILM Buckskin** Western. (1968, U, 98min) ★★
5.00 **Star Trek** 16/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 7/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Young Americans** Crime thriller starring Harvey Keitel. (1993, 18, 99min) ★★
11.05 **FILM The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
1.25 AM **FILM Reprisal** Thriller with Frank Grillo. (2018, 15, 91min) ★★
3.15 **to 5.00** AM **FILM Red** Thriller. (2008, 15) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Poseidon Adventure** 1&2/4. (S1)
11.00 **Andromeda** 13/22. (S2)
12.00 NOON **FILM Asteroid-a-geddon** Action adventure. (2020, PG, 90min) ★★
2.00 PM **The Poseidon Adventure** 1&2/4. (S1)
4.00 **Walker, Texas Ranger**
5.00 **FILM Alien Convergence** Thriller starring Stephen Brown. (2017, 15, 90min) ★★
7.00 **Andromeda** 14/22. (S2)
8.00 **The A-Team** 1/14. (S1)
9.00 **FILM Wild Card** Thriller starring Jason Statham and Michael Angarano. (2015, 15, 92min) ★★★
10.55 **FILM Who Dares Wins** Thriller starring Lewis Collins and Judy Davis. (1982, 18, 124min) ★
1.30 AM **FILM Wild Card**
3.20 **FILM Alien Convergence** (2017)
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Huddersfield.
6.40 **Pawn Stars**
7.30 **Money for Nothing**
8.30 **Junk & Disorderly**
9.25 **Storage Wars Canada**
10.20 **What on Earth?**
12.10 PM **Cursed Treasures**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.00 **Ancient Aliens**
5.00 **UFO Conspiracies**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **WWE's Greatest Moments** New editions
10.00 **The UnBelievable**
11.00 **The UnXplained**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **UFO Conspiracies**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Drain the Oceans**
7.00 **Ben Fogle: New Lives in the Wild** The presenter meets two Americans who started a new life in Morocco. **8.00** Ben heads to the remote Wilderness Island, off Australia's north-western cape.
9.00 **Taggart** *Devil's Advocate:* A murder suspect goes missing, and Fraser discovers Dr Argylle's dark secret.
11.00 **1977: When Virginia Wade Won Wimbledon**
12.45 AM **1971: The Year We Went Decimal**
1.45 **The Yorkshire Vet**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Dale's Supermarket Sweep** Double bill.
2.00 **The Chase** Quiz show.
3.00 **Celebrity Catchphrase**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Richard Arnold, Mark Bright, Kaye Adams and Jayne Torvill.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With *Emmerdale* stars Matthew Wolfenden, Mark Charnock, Charley Webb and Amy Walsh.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.30** 1/23. Penny tells Sheldon what happened on her disappointing first date with Leonard. (S2)
9.00 **90 Day Fiancé: Before the 90 Days** Series finale Explosive accusations fly when Daniel confronts Lisa.
11.00 **90 Day: The Single Life** New edition Sophie gets to the bottom of Pedro's avoidance, and Liz reveals a secret that threatens her friendship with Kim.
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
1.00 PM **Friends** (S5&6)
8.00 **Friends** 6/25. Joey and Chandler celebrate their last night as flatmates. **8.30** 7/25. An Australian dancer moves in with Joey. Guest stars Elle Macpherson. (S6)
9.00 **Kevin Bridges: The Brand New Tour** A 2018 show at Glasgow Hydro.
10.00 **Al Murray: The Pub Landlord – Live at the Palladium** Stand-up.
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
2.10 **Teachers** 14/20. (S3)
2.40 **Utopia** 2/8. (S5)
3.05 **Key & Peele**
3.25 **Impractical Jokers**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
6.50 **The Chart Show**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Christmas Show**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 18–21/25. (S6)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 6/8. (S4)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's Big Christmas Show**
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Michael McIntyre's Big Show** With Jamie Oliver.
10.00 **Friends** 8–11/24. (S5)
12.00 M'T **Am I the A**hole?**
1.00 AM **Michael McIntyre's Big Christmas Show**
2.00 **Everybody Loves...**
2.45 **Whose Line Is It...**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 6/6. (S2)
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 6/13. Drama. (S1)
2.45 **Minder** 9/10. (S10)
3.45 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 6/6. (S2)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 6/7. (S3)
6.40 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 5/10. (S5)
9.00 **Benidorm** 4/9. (S9)
9.55 **Shameless** 6/14. (S11)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 4/9. (S9)
1.00 AM **Minder** 1/10. (S10)
2.00 **Duty Free** 4/7. (S2)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

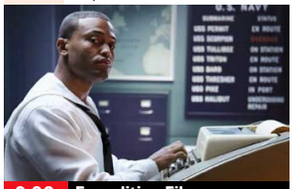
6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Catfish: The TV Show**
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Double bill.
8.00 **Teen Mom UK** Mia and Manley sit down with Marliya to discuss her attitude towards them.
9.00 **Bar Rescue** New edition Jon Taffer attempts to rescue a failing business in Houston, Texas.
10.00 **Unplugged** Canadian pop superstar Shawn Mendes plays an intimate acoustic set.
11.00 **Geordie Shore**
12.00 M'T **Help I Sexted My Boss** New edition
1.00 AM **Catfish UK**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: White Water**
11.00 **Extreme RVs** Double bill.
1.00 PM **Nature's Strangest Mysteries: Solved**
3.00 **How Do They Do It?** Four editions, including at: **4.30** The making of umbrellas.
5.00 **The Last Alaskans** The families hunt for a way to stay fed through the heart of winter. **6.00** Bob deals with the ramifications of crashing his plane as winter sets in.



9.00 Expedition Files

7.00 **Wheeler Dealers World Tour** Mike and Elvis build a tribute to Paddy Hopkirk's Monte Carlo Rally winning 1964 Mini Cooper.

8.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan unravel an underground mystery at a couple's Oregon claim.

9.00 **Expedition Files** New edition Josh Gates explores American history, including a theory about John Wilkes Booth.

10.00 **Conspiracies & Coverups** Series finale Andrew Bustamante's investigation into the drug war uncovers shocking insights.

11.00 **Expedition X** Jess Chobot and Phil Torres dive into the mysteries of Niagara Falls and its history of violent deaths.
12.00 M'T **Border Control Sweden**
1.00 AM **Expedition Files**
2.00 **Conspiracies & Coverups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** A failing cabin.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Warden Cynde Aguilar helps hunt down the criminal involved in a high-speed chase.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed to the clinic after being hit by a car.

6.00 Dr Jeff

7.00 **Treehouse Masters** Pete connects with old friends in North Carolina to build them a Zen-like sanctuary in the trees.

8.00 **100 Days Wild** Stranded, freezing and desperate for food, Adam and Evan make a dangerous journey to base camp.

9.00 **Alaska: The Last Frontier** Otto buries a giant water tank, and Eivin builds a motorbike fitted with weapons.

10.00 **Alaskan Bush People** After Billy is offered a deal on a one-of-a-kind boat, the Brown family are faced with a decision.

11.00 **Mountain Monsters** The team hunt down a wolf-like creature.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Richard E Grant's Seven Deadly Sins** The roots of envy.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Inside the CIA: Secrets and Spies** Documentary.
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above**
1.00 PM **Seconds from Disaster**
2.00 **Air Crash Investigation**
3.00 **Hidden Histories**
4.00 **Decoding History's Prophecies** Documentary.
5.00 **Inside Melbourne Airport**
6.00 **Extreme China**

10.00 Defending Europe

7.00 **Air Crash Investigation** Investigating what caused John F Kennedy Jr's light aircraft to crash into the Atlantic Ocean in 1999.

8.00 **The Battle for Britain: Drain the Oceans** The wrecks of planes and ships from the Battle of Britain.

9.00 **Nazi Megastructures** In 1940, Hitler formed a strategy to destroy Britain's air power and land troops in southern England.

10.00 **Defending Europe** Archaeologist Tony Pollard explores Rochester Castle and an infamous medieval siege.

11.00 **Air Crash Investigation**
12.00 M'T **Engineering by Catastrophe** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Primal Survivor**
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Forged with Steele**
6.30 **Canadian Pickers**
7.25 **American Pickers**
9.15 **Pawn Stars** A cowboy hat.
10.10 **Storage Wars** Double bill.
12.00 NOON **History's Greatest Aircraft** Douglas A-1 Skyraider.
1.00 PM **Ancient Aliens**
2.00 **Hardcore Pawn** Eight editions of the series, including at: **5.30** Les hands over a lot of money for an item based on the word of a customer.
6.00 **American Pickers** Mike visits a time-capsule drugstore.

10.00 Ancient Aliens

7.00 **Forged in Fire** Four bladesmiths must forge a Damascus blade from three different steels.

8.00 **Secrets of Great British Castles** Dan Jones heads to Gwynedd to explore the history of Caernarfon Castle.

9.00 **Hells Angels: Kingdom Come** The twisted relationship between Greg 'Picasso' Woolley and Marty Robert.

10.00 **Ancient Aliens** New edition The discovery of strange, elongated skulls.

11.00 **Ancient Aliens: Secret Science** The suggestion that aliens may have planted some animals on Earth.
12.00 M'T **Ancient Aliens** Suggestions the human body was intended to be a vessel for otherworldly entities.
12.55 AM **Hardcore Pawn**
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Comedy Store**
7.05 **Discovering: Jean Simmons**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Queen of Speed**
12.00 NOON **Jealous Guy: The Assassination of John Lennon** Documentary.
1.50 PM **My Icon: Moeen Ali**
2.00 **The United Way**
3.50 **My Icon: Leon McKenzie**
4.00 **The Directors**
5.00 **Discovering: Jean Simmons**
6.00 **Pantani: The Accidental Death of a Cyclist**

8.00 Brazil 2002

Pantani: The Accidental Death of a Cyclist (started at 6.00pm) — 7 PM

8.00 **Brazil 2002** Documentary following the Brazilian national team through the 2002 World Cup, which culminated in the country's fifth victory in the tournament. — 8 PM

9.50 **The Two Escobars** How the fates of two Colombians – Andrés Escobar, the inspirational captain of Nacional, and Pablo Escobar, the notorious leader of the Medellin cartel – were permanently linked. — 9 PM

12.00 M'T **Bobby Robson: More Than a Manager** Exploring the career of the much-loved former football manager.
2.00 AM **Football Bomber: The Dortmund Bus Attack** The attack on Borussia Dortmund's team bus in 2017.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Jean Simmons** — 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus Ashworth helps an engineer and his wife with their collection of 200 clocks.
9.00 **The Repair Shop** Items include a miniature house, a Bakelite radio and an Indian painting. **10.00** Items include an electrostatic generator.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Disappeared**
11.00 **Crime Stories**
12.00 NOON **Love, Honor, Betray** Documentary.
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster: Abuse of Power**
6.00 **American Detective with Lt Joe Kenda**
7.00 **Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Investigates: Surviving a Serial Killer** New edition
10.00 **People Magazine Presents: Crimes of the 2000s** New edition
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Almost Perfect Murders**
8.00 **UK Crime Files: Lady Killer** How the murder of an actor triggered a nationwide manhunt.
9.00 **UK Crime Files: Murder of Rachel Manning** The story of Rachel Manning, who vanished after leaving a nightclub in 2000.
10.00 **Murder by the Sea** The case of Michael Barber.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Lady Killer** As 8.00pm.
1.00 AM **UK Crime Files: Murder of Rachel Manning** As 9.00pm.
2.00 **Murder by the Sea**
3.00 **Britain's Almost Perfect Murders**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Justice For My Brother**
9.55 **UK Crime Files: Mystery of the Man in the Woods**
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder of a Showgirl**
3.00 **UK Crime Files: Murder of Innocents**
4.00 **48 Hours** The accused killer of a military pilot.
5.00 **Medical Detectives** Detectives question dated forensic techniques. **5.30** Police try to link two cases of murder. **6.00** A nurse learns she is HIV positive. **6.30** A film plot reveals clues to a murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **Murdered at First Sight**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **How I Caught the Killer**
10.00 **The Real CSI: Miami**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil Killers** True-crime.
1.00 AM **Murder Uncut**
2.00 **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Lost World of the...**
9.25 **Ancient Greece: The Dark Chronicles**
10.35 **Village of Death...**
11.55 **Jungle War**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Lost World of the Hanging Gardens**
2.50 **Ancient Greece: The Dark Chronicles**
3.55 **Village of Death...**
5.05 **Jungle War**
6.15 **Lost World of the Hanging Gardens**
7.20 **Ancient Greece: The Dark Chronicles** Series finale The rise of Alexander the Great through a series of cruel conquests.
8.35 **Village of Death: Oradour-sur-Glane 1944**
9.45 **Jungle War**
10.50 **Ancient Greece: The Dark Chronicles**
12.00 M'T **Village of Death...**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

FRIDAY

Friday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Parks of Africa**
7.00 **Monkey Life**
8.00 **Arctic from Above**
9.00 **Chasing the Rains**
10.00 **Gangs of Baboon Falls**
11.00 **Ireland's Wild Islands with Eoin Warner** Connemara.
12.00 NOON **Pride Rules**
1.00 PM **Monkey Life**
2.00 **Arctic from Above**
3.00 **Chasing the Rains**
4.00 **Gangs of Baboon Falls**
5.00 **Ireland's Wild Islands with Eoin Warner** Connemara.
6.00 **Pride Rules**
7.00 **Monkey Life** Double bill.
8.00 **Malawi Wildlife Rescue**
9.00 **Wildlife ER**
10.00 **Pride Rules**
11.00 **Ireland's Wild Islands with Eoin Warner** Connemara.
12.00 M'T **Dogs with Extraordinary Jobs** Documentary.
1.00 AM **Great Parks of Africa**
2.00 **Malawi Wildlife Rescue**
3.00 **Wildlife ER**
4.00 **Arctic from Above**
5.00 **to 6.00** AM **Chasing the Rains**

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Green Eyed Killers**
8.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murder Detective**
2.00 PM **Hometown Tragedy**
3.00 **Accident, Suicide or Murder?**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 **Fugitives Caught on Tape**
10.00 **My Strange Arrest** A fugitive leads police on a wild foot chase down a busy highway.
10.30 **Court Cam** A man convicted of murdering his five-year-old son makes a scene in court.
11.00 **Crime in Progress** Police find three dead bodies in a house.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Green Eyed Killers**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **Tropic of Cancer with Simon Reeve** Four editions.
1.00 PM **Tropic of Cancer with Simon Reeve** Four editions.
5.00 **Bread** 6/6. Joey gets closer to Roxy, who has left home after rowing with husband Stan. (S4) **5.40** 1/14. Cousin Shifty is released from prison, while Aveline gets engaged to Oswald. **6.20** 2/14. Adrian signs up with a model agency, and Cousin Shifty is up to his old tricks. **7.00** 3/14. Grandad suffers a fall, Adrian takes up art in a big way, and Shifty has a date. **7.40** 4/14. Mrs Boswell bonds with new neighbour Celia, and Billy manages to upset Adrian in the middle of a poetry recital. **8.20** 5/14. Billy's romantic overtures do not go down well when he tries to reconcile with Julie, forcing him to return to the bosom of his family. (S5)
9.00 **Bread** (S4&5)
5.35 **to 6.00** AM **Robson Green's Weekend Escapes**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **How to Lose a War**
9.00 **Combat Ships**
10.00 **The Abyss: Rise & Fall of the Nazis** How discrimination against Jews was evident in Nazi Germany in 1934.
11.00 **Ancient Aliens**
1.00 PM **Combat Ships**
7.00 **Crimes That Shook Britain** The story of nurse Beverley Allitt, who killed four children and tried to murder 11 others.
8.00 **The Abyss: Rise & Fall of the Nazis** The events of 1933 and 1934 when President Hindenburg signed a decree that suspended freedom of speech.
9.00 **Mysteries Unearthed with Danny Trejo** A Chinese curse that has gained a reputation for being more than just a myth.
10.00 **Evidence of the Unexplained** Investigating reports of so-called 'first contact' moments.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **Combat Ships** Triple bill.
5.00 **to 6.00** AM **Canadian Pickers**

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Big Cat Planet**
3.00 **Shark Men**
4.00 **Secrets of the Zoo: North Carolina** Documentary.
5.00 **Rocky Mountain Railroad**
6.00 **Yukon Vet** Dr Oakley treats a limping bison and a litter of puppies struggling to survive.
7.00 **Secrets of the Zoo: Tampa** It's breeding season at the zoo as two koalas are reunited.
8.00 **Africa's Hidden Wonders** The continent's most mysterious landscapes, starting in Rwanda. **9.00** A look at the wildlife of Ethiopia's mountain regions.
10.00 **Alaska: The Next Generation**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
1.00 AM **Last of the Giants: Wild Fish** Documentary.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Savage Kingdom**

ID

154 140 166

8.00 AM **A Body in the Basement**
12.00 NOON **Dark Waters: Murder in the Deep** The story of how evil struck a retired couple setting sail to Thailand.
1.00 PM **American Monster**
3.00 **Blood Runs Cold**
7.00 **Devil Among Us** A case in which a woman fell to her death in the Grand Canyon. **8.00** A serial killer who seemingly targeted California's homeless population.
9.00 **Does Murder Sleep?** A home invasion leaves Bill Ross murdered in his sleep.
10.00 **Amityville Horror House** The story of the apparently haunted property in Long Island, New York, with footage and interviews revealing frightening new secrets about it.
12.00 M'T **Paranormal Lockdown UK** Nick Groff and Katrina Weidman visit a property in Lincolnshire.
1.00 AM **Destination Fear**
2.00 **Blood Runs Cold**
4.00 **to 6.00** AM **Devil Among Us**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **The Dino Hunters** Clayton and his team prepare to extract a 20,000lb carnivore fossil from the earth, Mike hunts for a duckbill skull, and Jared uncovers an ancient reptile. **10.00** Clayton must haul his 20,000lb dinosaur fossil to a lab for analysis, the Harris-Bolan clan chase poachers off their land, and Jared makes a final bid to make money.
11.00 **Tesla's Death Ray: A Murder Declassified** After Aron's successful test of his Death Ray, Jack focuses on Tesla's potential murder. **12.00** M'T In Serbia, the team discover unseen documents drawn by Tesla himself.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Combat Dealers: Reloaded**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Experts explore the most astonishing discoveries of the *Voyager* spacecraft.
1.00 PM **The Alaska Triangle**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Combat Dealers: Reloaded** Bruce Crompton examines whether the Allies or the Nazis were the most advanced side of World War Two.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **The Alaska Triangle**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Bad Chad Customs**
2.00 **Ant Anstead Master Mechanic**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Dream Jobs with Chris Hoy**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Dream Jobs with Chris Hoy**
9.00 **Outback Car Hunters** GT and Dave try to resurrect a farmer's 1977 Toyota Land Cruiser.
10.00 **Incredible Engineering Blunders: Fixed**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Dream Jobs with Chris Hoy**
1.00 AM **Richard Hammond's Workshop** Richard finds a classic Mini that needs restoring.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **The Cinema List: Race Against Time**
6.30 **Tafiti: Across the Desert**
8.00 **PREMIERE Dead Man's Wire**
9.50 **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★
11.35 **Fuze** As shown at 10.00pm.
1.25 PM **The Plague** Thriller. (2025, 15, 98min) ★★★★
3.15 **The Shadow's Edge** Action thriller. (2025, 15, 141min)
5.45 **The Running Man** Thriller. (2025, 15, 133min) ★★★

8.00 Dead Man's Wire

8.00 PREMIERE Dead Man's Wire Thriller starring Bill Skarsgård and Al Pacino. A land-swindled developer kidnaps his broker's son at gunpoint, demanding revenge for an alleged financial betrayal. (2025, 15, 105min) ★★★★
See review, page 24.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fuze Thriller starring Aaron Taylor-Johnson and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Him** Horror starring Marlon Wayans. (2025, 18, 96min)
1.20 AM **One Last Deal** Drama with Danny Dyer. (2026, 18, 89min)
2.55 **The Bride!** Gothic horror. (2025, 15, 126min) ★★★★
5.05 **The Cinema List: Remakes**
5.30 **to 7.05** AM **Tafiti: Across the Desert** Animated family adventure. (2025, PG, 81min)

Sky Cinema Pride

303 303 403 503 517

7.00 AM **Kindred** Psychological drama. (2021, 15, 101min) ★★★
8.45 **I Don't Understand You** Dark comedy starring Nick Kroll. (2024, 15, 97min) ★★★
10.25 **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
12.05 PM **Wicked** As 8.00pm.
2.45 **Rocketman** As 10.40pm.
4.50 **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
6.20 **A Nice Indian Boy** Comedy. (2024, 12, 96min) ★★★

6.20 A Nice Indian Boy

8.00 Wicked Part one of *The Wizard of Oz* prequel based on the hit stage musical, starring Cynthia Erivo and Ariana Grande. An unlikely but profound friendship grows between Elphaba, a misunderstood green-skinned outcast, and Glinda, a popular, gilded socialite. With Jonathan Bailey and Michelle Yeoh. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Rocketman Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell. (2019, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
2.50 **Am I OK?** As 4.50pm.
4.20 **to 6.00** AM **A Nice Indian Boy**

Sky Cinema Drama

310 310 410 510 524

6.20 AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
7.45 **Footloose** As 2.30am.
9.50 **Joker: Folie à Deux** Thriller. (2024, 15, 138min) ★★★★
12.10 PM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
2.05 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
4.10 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★
6.00 **Regretting You** Drama. (2025, 12, 116min) ★★★
8.00 **Catch Me If You Can** Steven Spielberg's fact-based crime adventure starring Leonardo DiCaprio and Tom Hanks. (2002, 12, 141min) ★★★★★
10.20 **Lost in Translation** Sofia Coppola's bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
12.10 AM **Moneyball** Fact-based sports drama starring Brad Pitt. (2011, 12, 133min) ★★★★
2.30 **Footloose** Teen dance drama remake starring Kenny Wormald. (2011, 12, 113min) ★★★
4.30 **Sky Cinema Preview**
5.30 **to 7.30** AM **Boyz N the Hood**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.35 AM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
8.50 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
10.30 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
12.20 PM **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
2.35 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
4.35 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
6.10 **Get Out** Psychological thriller. (2017, 15, 104min) ★★★★★
8.00 **The Nun** Horror thriller starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
9.45 **Waterworld** Sci-fi action adventure with Kevin Costner. (1995, 12, 134min) ★★★
12.00 M'T **The Running Man** Sci-fi action adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
1.45 AM **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
3.55 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
5.50 **to 6.40** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.00 AM **Daddy Day Care** (2003)
8.45 **Trolls** As shown at 7.50pm.
10.30 **Gabby's Dollhouse: The Movie** Adventure. (2025, U, 99min)
12.15 PM **Teenage Mutant Ninja Turtles: Out of the Shadows**
2.20 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
4.25 **Antz** Animated comedy. (1998, PG, 83min) ★★★
6.00 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★

7.50 Trolls

7.50 **Trolls** Animation with the voice of Anna Kendrick. A pair of trolls embark on a daring rescue mission when members of their tribe are kidnapped. (2016, U, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

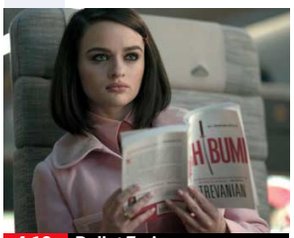
9.35 **The Ant Bully** Animated adventure about a young boy who survives a series of perils and learns some valuable lessons after he is shrunk to the size of an ant. Featuring the voices of Julia Roberts, Nicolas Cage and Meryl Streep. (2006, U, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel. (2016, 12, 112min) ★★★
1.15 AM **Harriet the Spy** Adventure. (1996, PG, 97min) ★★★★
3.05 **The Wiz** Motown musical. (1978, U, 133min) ★★
5.30 **to 7.15** AM **Daddy Day Care** Comedy. (2003, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.20 AM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
9.30 **Bad Boys II** Comedy thriller. (2003, 15, 147min) ★★★
12.00 NOON **xXx: The Next Level** Adventure. (2005, 12) ★★
1.50 PM **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
4.10 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★
6.20 **Fuze** Thriller with Theo James. (2026, 15, 15min) ★★★



4.10 Bullet Train

8.00 **Spider-Man 3** Fantasy adventure sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. With Kirsten Dunst and James Franco. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **The Meg** Thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Safe House** Thriller. (2025, 15, 90min) ★★★
2.00 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
3.50 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
5.40 **to 7.30** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
8.40 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
10.20 **Multiplicity** (1996, 12) ★★★
12.25 PM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
2.15 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
4.05 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
5.55 **Anchorman 2: The Legend Continues** (2013, 15) ★★

5.55 Anchorman 2

8.00 **Bridget Jones: The Edge of Reason** Romantic comedy sequel starring Renée Zellweger. Bridget's new relationship comes under threat when she is thrown together with her ex-boss on a TV assignment to Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

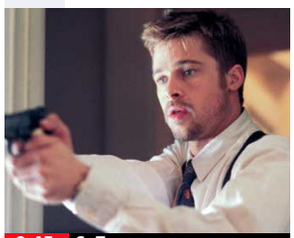
10.00 **Bridget Jones's Baby** Romantic comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
1.55 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. (2014, 15, 94min) ★★
3.45 **The Cinema List: Bingeable**
4.15 **to 6.15** AM **The Wedding Banquet** Comedy drama. (2025, 15, 103min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **The Cinema List: Outlaws**
7.05 **The Alto Knights** Drama. (2024, 15, 123min) ★★★
9.20 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
11.25 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
1.25 PM **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★
3.25 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
5.45 **Jason Bourne** Thriller sequel. (2016, 12, 123min) ★★★



9.45 Se7en

8.00 **Snatch** Crime comedy starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Equalizer 2** Thriller sequel with Denzel Washington. (2018, 15, 121min) ★★★
2.10 AM **Vanilla Sky** Fantasy drama starring Tom Cruise. (2001, 15, 136min) ★★★
4.40 **to 6.45** AM **Ocean's Eight** Thriller with Sandra Bullock. (2018, 12, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Reap the Wild Wind** Cecil B DeMille's epic drama. (1942, PG, 124min) ★★★
1.30 PM **Send Me No Flowers** Comedy. (1964, U) ★★★
3.35 **The Last Wagon** Western. (1956, PG, 99min) ★★★
5.35 **Decision at Sundown** Western. (1957, PG, 77min) ★★
7.10 **Taxi** Action comedy starring Queen Latifah and Jimmy Fallon. (2004, 12, 97min) ★★

9.00 Nope

Taxi (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Nope** Writer-director Jordan Peele's sci-fi thriller starring Daniel Kaluuya, Keke Palmer and Steven Yeun. The residents of a lonely valley in inland California bear witness to an uncanny and chilling discovery. (2022, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Monolith** Thriller starring Lily Sullivan. While trying to salvage her career, a journalist begins investigating a conspiracy theory. (2022, 15, 90min) ★★★
1.30 **to 3.15** AM **Significant Other** Thriller starring Maika Monroe. A couple on a backpacking trip through the Pacific Northwest soon realise they might not be alone. (2022, 15, 84min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Directors

302 302 402 502 516

6.20 AM **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
8.40 **About Time** Romantic comedy fantasy. (2013, 12, 120min) ★★★
10.45 **Cast Away** Adventure drama. (2000, 12, 143min) ★★★★
1.10 PM **Sherlock Holmes** Guy Ritchie's adventure starring Robert Downey Jr and Jude Law. (2009, 12, 128min) ★★★★
3.20 **Sherlock Holmes: A Game of Shadows** Action adventure sequel. (2011, 12, 128min) ★★★
5.30 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. (2010, 12, 148min) ★★★★★
8.00 **Interstellar** Christopher Nolan's sci-fi drama with Anne Hathaway and Matthew McConaughey. (2014, 12, 166min) ★★★★
10.50 **Dunkirk** Christopher Nolan's drama with Fionn Whitehead, Kenneth Branagh and Tom Hardy. (2017, 12, 106min) ★★★★★
12.40 AM **The Survivor** Fact-based drama starring Ben Foster. (2021, 15, 129min) ★★★★
2.55 **The Natural** Sports drama. (1984, PG, 137min) ★★★
5.15 **to 7.15** AM **Lethal Weapon** Action thriller with Mel Gibson. (1987, 15, 110min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.35 AM **The Blues Brothers** Cult comedy from John Landis. (1980, 15, 135min) ★★★★★
8.50 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
10.35 **Big Daddy** As 10.55pm.
12.15 PM **Police Academy** Comedy. (1984, 15, 95min) ★★★
1.55 **Police Academy 2: Their First Assignment** Crime comedy sequel. (1985, 12, 87min) ★★
3.25 **Police Academy 3: Back in Training** Crime comedy sequel. (1986, PG, 82min) ★
4.55 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
6.30 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller. sequel. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
10.55 **Big Daddy** Comedy with Adam Sandler. (1999, 12, 95min) ★★★
12.30 AM **National Lampoon's Christmas Vacation** Festive comedy. (1989, PG, 103min) ★
2.15 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
3.55 **Tootsie** (1982, 15) ★★★★
5.55 **to 7.50** AM **Kindergarten Cop** Comedy thriller. (1990, 15) ★★★

Disney+ Cinema

305

6.00 AM **Alice in Wonderland** Cartoon version of Lewis Carroll's tale. (1951, U, 75min) ★★★★
7.20 **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
8.35 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
10.05 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
11.45 **WALL-E** Animated adventure. (2008, U, 98min) ★★★★★
1.25 PM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
3.10 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.35 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
7.20 **Percy Jackson: Sea of Monsters** Fantasy sequel. (2013, PG, 102min) ★★★
9.00 **A Complete Unknown** Biopic starring Timothée Chalamet. (2024, 15, 140min) ★★★★
11.20 **Juno** Offbeat comedy. (2007, 12, 96min) ★★★★
1.00 AM **The East** Political thriller. (2013, 15, 111min) ★★★★
2.55 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.45 **to 6.00** AM **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★

Movies 24

312 313 419

7.00 AM **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
9.00 **A Missed Connection** Romantic drama. (2023, PG, 90min) ★★
11.00 **Field Day** Comedy with Rachel Boston. (2023, PG, 84min) ★★
1.00 PM **Heart of the Manor** Romantic comedy drama. (2021, PG, 85min) ★★
3.00 **Haul Out the Halloween** Comedy. (2025, PG, 84min) ★★
5.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
7.00 **For Love & Honey** Romantic comedy. (2024, U, 84min) ★★
9.00 **The Stars Between Us** Romantic drama starring Sarah Drew and Matt Long. A reporter and a professor who had a memorable encounter during an eclipse are reunited when the planets align once more. (2026, PG, 84min) ★★
11.00 **My Argentine Heart** Romantic comedy. (2025, PG, 84min) ★★
1.00 AM **An American in Austen** Romantic comedy drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Three Silent Men** Drama. (1940, b/w, PG, 72min) ★★★
7.25 **Cinebox Memories**
7.30 **A Case for PC 49** Mystery. (1951, b/w, PG, 80min) ★★★
9.10 **The Royal County**
9.30 **Behemoth the Sea Monster** Horror. (1959, b/w, 12, 70min) ★
11.00 **The Lucy Show** 8/24. (S6)
11.30 **Star Performance: The Test**
12.00 NOON **Sergeant Cork** (S3)
1.05 PM **Edgar Wallace Mystery Theatre** *On The Run:* 4/9. (S4)
2.15 **The Adventures of Robin Hood**
2.45 **Albert RN** (1953, b/w, PG) ★★★
4.30 **The Cheaters** 2/27. (S2)
5.00 **A Family at War** 5/13. (S1)
6.00 **Hannay** 5/6. (S1)
7.00 **Z Cars** 18/42. (S3)
8.00 **Public Eye** 5/13. (S5)
9.05 **Play for Today: The Flipside of Dominick Hyde** Sci-fi drama.
11.00 **The Omega Factor** 7/10. (S1)
12.15 AM **Burke & Hare** Horror. (1972, 15, 94min) ★★★
2.10 **Voyage to the Planet of Prehistoric Women** Sci-fi adventure starring Mamie Van Doren. (1968, 18, 78min) ★★★
3.45 **The Purple Monster Strikes**
4.00 **Lord Tramp** 5/6. (S1)
4.30 **The Vise** 2/39. (S1)
5.00 **to 6.00** AM **Danger UXB**

FRIDAY Sport 5 June

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** **England v New Zealand.** Coverage of the second day of the first Test in the three-match series, held at Lord's. The last time these two sides met in this country was right at the start of Ben Stokes and Brendon McCullum's tenure as England captain and coach. They played in a three-match series that saw England make the perfect start, as they claimed two victories by five wickets and a seven wicket win in the final game.
6.45 PM LIVE **Vitality T20 Blast Cricket** **Yorkshire v Lancashire Lightning.** The North Group match from Headingley. This meeting last year saw Lancashire come away with a 21-run victory.
10.30 LIVE **US Women's Open Golf** Coverage of day two of the Major at Riviera Country Club in Pacific Palisades. Mao Saigo held a three-stroke lead at the end of this stage last year in Wisconsin.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Highlights of Leeds United v West Ham United at Elland Road.
9.30 **Premier League Highlights**
10.30 **SNF** Action from Manchester United v Brighton & Hove Albion.
11.00 **Premier League Highlights**
4.00 PM **SNF** Highlights from Tottenham Hotspur v Chelsea.
4.30 **Premier League Highlights** West Ham United v Newcastle United. **5.00** Manchester City v Bournemouth at Etihad Stadium.
5.30 **MNF Hlts** Sunderland v Everton.
6.00 **Premier League Review**
7.00 **Premier League Stories** Behind the scenes of the Premier League.
7.30 **Transfer 360** Michael Carrick and Dimitar Berbatov transfers.
8.00 **Netbusters** Fast-paced highlights using alternative angles.
9.00 **Premier League Stories**
9.30 **Transfer 360** Michael Carrick and Dimitar Berbatov transfers.
10.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** West Ham United v Tottenham Hotspur in 2006/07.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL Greatest Games**
1.00 PM **EFL: The Play-Offs At 40**
2.30 **EFL Trophy** Action from the final.
3.00 **EFL Cup Highlights**
4.00 **Best Goals: EFL Cup 25/26**
4.30 **Best Scottish Premiership Goals 2025/26**
5.00 **EFL Greatest Games**
6.00 **How the Scottish Premiership Was Won 2025/26**
7.30 **Best Scottish Premiership Goals 2025/26**
8.00 **Scottish Football VAR Review**
8.45 **Martin O'Neill: Champion Again**
9.00 **EFL Trophy** Doncaster Rovers v Stockport County in the semi-final. **9.30** Luton Town v Northampton Town in the semi-finals. **10.00** Luton Town v Stockport County in the final at Wembley.
10.30 **How the Scottish Premiership Was Won 2025/26**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **There's Only One Sauzee**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket**
7.00 **ICC Women's World Cup**
8.00 **Test Cricket** Highlights.
9.00 **ICC Women's World Cup 2017**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** **England v New Zealand.** Coverage of the second day of the first Test in the three-match series, held at Lord's. The last time these two sides met in this country was right at the start of Ben Stokes and Brendon McCullum's tenure as England captain and coach. They played in a three-match series that saw England make the perfect start.
6.45 PM LIVE **Vitality T20 Blast Cricket** **Yorkshire v Lancashire Lightning.** The North Group match from Headingley, Leeds.
10.30 **Test Cricket** Highlights.
11.30 **Best of ICC WT20**
12.00 M'T **Test Cricket Bitesize**
12.15 AM **Best of ICC WT20**
12.30 **Women's International T20 Cricket** England v India.
4.30 **ICC Men's T20 World Cup**
5.00 **ICC Women's World Cup 2017**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **HotelPlanner Tour Golf**
10.30 **US Women's Open Golf**
11.30 **Rose Ladies Series**
12.00 NOON LIVE **DP World Tour Golf** Coverage of day two of the KLM Open at the International Golf Club in Amsterdam.
5.00 PM LIVE **PGA Tour Golf** Day two of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio. Scottie Scheffler has won this title in each of the last two years and will be aiming to emulate Tiger Woods by becoming only the second player to win this event three times in a row.
11.00 LIVE **US Women's Open Golf** Day two of the Major at Riviera Country Club in California. Mao Saigo held a three-stroke lead at the end of this stage last year, with eventual champion Maja Stark among five players in joint-second.
3.00 AM **PGA Tour Golf**
4.00 **US Women's Open Golf**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP & WTA Tour Classics**
7.00 **Murray's Moments**
8.00 **Djokovic Top 10** Archive action.
9.00 **US Open Tennis**
10.00 **Tennis** Miami Open review.
11.00 **WTA Tennis** Adelaide Open final.
12.00 NOON **ATP Tennis** Geneva Open.
1.00 PM **WTA Tennis** Hobart Open.
2.00 **ATP Tennis** Brisbane Open final.
3.00 **WTA Tennis** Abu Dhabi Open.
4.00 **ATP Tennis** Hong Kong Open.
5.00 **Murray's Moments**
6.00 **Djokovic Top 10** Archive action.
7.00 **US Open** The 2013 men's final.
8.00 **WTA Tennis** Event reviews.
9.00 **ATP Tennis** Monte-Carlo Masters.
10.00 **US Open Classic Matches**
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Adobe Women's FA Cup**
7.30 **UEFA Champions League**
9.00 **UEFA Europa League Goals**
9.15 **UEFA Conference League Goals**
9.30 **Premier League Stories**
10.00 **The Breakdown** Pep Guardiola.
10.15 **TNT Sports Reload**
10.30 **Tennis: French Open**
1.00 PM LIVE **Tennis: French Open** Coverage of day 13 at Stade Roland Garros in Paris, featuring the men's singles semi-finals.
4.45 **UEFA Europa League Goals**
5.00 **UEFA Champions League**
5.30 LIVE **Tennis: French Open** Further coverage of the men's singles semi-finals from Paris.
9.30 **UEFA Champions League**
10.30 **UEFA Europa League Goals**
10.45 **UEFA Conference League Goals**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **New York Yankees v Boston Red Sox.** Coverage from Yankee Stadium. Start-time **12.05am**.
3.00 AM **MLB Plays of the Week**
3.30 **AFL** Recent action.
5.00 **to 8.00** AM LIVE **AFL** **North Melbourne Kangaroos v Fremantle Dockers.** From Hands Oval. Bounce-up **5.15am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
8.00 LIVE **MotoGP** The Grand Prix of Hungary MotoGP, Moto2 and Moto3 first free practice sessions in the eighth round of the season held at Balaton Park.
10.45 **MotoGP Rewind**
12.15 PM LIVE **MotoGP** Coverage of the Grand Prix of Hungary MotoGP, Moto2 and Moto3 first practice sessions in the eighth round of the season held at Balaton Park.
3.15 **MLB Highlights**
4.15 **Premier League Review**
5.15 **Sign Up – Into Football**
5.45 **World Superbike Rewind**
6.00 **MotoGP** Grand Prix of Hungary.
6.30 LIVE **FIM Speedway Grand Prix** Coverage of the third round of the season at Manchester's National Speedway Stadium.
10.00 **MotoGP** Grand Prix of Hungary.
10.30 **LIV Golf** In Sotogrande, Spain.
12.00 M'T **TNT Sports Reload**
12.30 AM **UFC Main Event**
1.30 **MotoGP** Grand Prix of Hungary.
2.00 **UEFA Champions League**
3.00 **Discovery Golf**
3.30 **Rolex SailGP Championship**
4.30 **to 6.00** AM **Tennis: French Open**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Women's State of Origin** New South Wales v Queensland.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Philadelphia Eagles v Denver Broncos.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
5.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **NBA Basketball** Brooklyn Nets v Minnesota Timberwolves.
10.00 **NBA on Fire** Highlights.
10.30 **NFL Bitesize Highlights** Detroit Lions v Dallas Cowboys.
10.45 **NFL Highlights** New England Patriots v New York Jets. **11.00** Action from Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **World Club Challenge**
2.00 **Super League** Wigan Warriors v Warrington Wolves from 2025.
4.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 LIVE **Super Rugby** A match from the southern hemisphere.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
12.45 PM LIVE **PGA Tour Golf** Coverage of the featured groups on day two of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio. Scottie Scheffler has won this title in each of the last two years and will be aiming to emulate Tiger Woods by becoming only the second player to win this event three times in a row. The only other person to win this tournament more times than Scheffler is Kenny Perry who won it three times between 1991 and 2008.
7.00 **Sports Centre**
10.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
1.00 AM **Tennis** The WTA Dubai Tennis Championships final. **2.00** The ATP Rio Open final at Jockey Club Brasileiro in Brazil.
3.00 **Super League** A replay of Leigh Leopards v Catalans Dragons.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Action from the final.
8.00 **Test Cricket** England v New Zealand from Lord's, London.
9.00 **US Women's Open Golf**
10.00 **Premier League Darts**
2.00 PM **PL Greatest Games**
3.00 **Super League**
5.45 **State of Origin Rugby League**
6.00 **US Women's Open Golf**
7.00 LIVE **US Women's Open Golf** Day two of the Major at Riviera Country Club in Pacific Palisades.
3.00 AM **EFL Greatest Games**
3.30 **One Championship Weekly**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **Fishing: On the Bank**
7.00 **TNT Sports Reload**
7.30 **Ultimate Pool** Pairs Cup.
9.00 **AFL** Recent action.
10.30 LIVE **AFL** **Hawthorn Hawks v Western Bulldogs.** Bounce-up **10.40am**.
1.30 PM **TNT Sports Reload**
2.00 LIVE **Cycling: Giro d'Italia** Stage seven of the women's race.
4.45 **Cycling** News and highlights.
6.00 **MLB Highlights**
7.00 LIVE **MLB** **Chicago Cubs v San Francisco Giants.** Coverage of the match at Wrigley Field. Start-time **7.20pm**.
10.00 **TNT Sports Reload**
11.00 **Tennis: French Open**
12.30 AM **MotoGP** GP of Hungary.
1.00 **Cycling** Race highlights.
4.00 **MotoGP** Highlights and analysis.
4.45 **to 6.00** AM LIVE **Test Cricket** **India v Afghanistan.** The first day of the one-off Test from Maharaja Yadavindra Singh PCA Stadium.

TNT Sports 4

414 416 524 411 434

6.00 AM **Supercars Championship**
8.00 **Men's Cycling Pro Series**
9.00 **Women's Giro d'Italia**
10.00 **LIV Golf** In Sotogrande, Spain.
11.30 LIVE **LIV Golf** Coverage from the second day of the ninth round of the season at Real Club Valderrama in Sotogrande, Spain.
5.30 PM **Fishing: On the Bank**
6.30 LIVE **IFSC Climbing World Series** Coverage from the men's bouldering final in Prague, Czechia.
8.45 **TNT Sports Reload**
9.15 **The Gallagher PREM – The Wrap Up** The 17th round.
9.30 **Giro d'Italia Men Highlights**
10.30 **Women's Giro d'Italia** Action from the seventh stage.
11.30 **AFL** A chance to see Hawthorn Hawks v Western Bulldogs.
1.00 AM **Motocross World Championship** Action from Teutschenthal, Germany.
4.00 **UFC Main Event** UFC 318.
5.00 **to 6.00** AM **World Superbikes**

Premier Sports 1

419 528

6.00 AM **NASCAR Highlights**
7.00 **Swedish Speedway**
9.00 **URC in 60** Recent action.
10.00 **Top 14 Rugby Union Highlights**
10.30 **Sporting Greats**
11.00 **European Le Mans Series**
12.00 NOON **DTM Motorsport**
1.00 PM **NASCAR Highlights**
2.00 **NHL Tonight** Play-off action.
3.00 **United Rugby Championship**
7.00 **Top 14 Rugby Union Highlights** The 25th round of fixtures.
7.30 **United Rugby Championship** Action from Glasgow Warriors v Connacht in the quarter-final. **9.30** Another chance to see Leinster v Lions in a quarter-final.
11.30 **Sporting Countdowns**
12.00 M'T **United Rugby Championship** Stormers v Cardiff.
2.00 AM **Sporting Greats**
3.00 **Swedish Speedway**
5.00 **FIM Quadcross Championship**
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 529

6.00 AM **Football's Greatest**
6.30 **German Cup** The final.
8.30 **Football's Greatest**
9.00 **Scottish Cup Football**
11.00 **Football's Greatest**
12.00 NOON **Champions Cup** A replay of Leinster v Bordeaux in the final.
2.00 PM **Temples of Sport**
3.00 **NASCAR O'Reilly Series**
6.00 **Bike World** Magazine.
6.30 **Temples of Sport**
7.00 **Motorsport** Drew Gibson.
8.00 **Coppa Italia** Another chance to see Lazio v Inter Milan in the final.
10.00 **NASCAR Highlights** Action from the Cracker Barrel 400.
11.00 **International Football** Another chance to see Haiti v New Zealand.
12.55 AM LIVE **International Football** **Haiti v Peru.** Coverage of the friendly from Nu Stadium at Miami Freedom Park. Kick-off **1.00am**.
3.00 **Temples of Sport**
3.30 **Scottish Cup Football**
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **F1 Features**
7.15 **British GT Championship**
8.15 **F1 Features**
10.00 LIVE **Formula 3** The Monaco Grand Prix qualifying session.
11.00 **F1 Features**
12.00 NOON LIVE **Formula 1** The Monaco Grand Prix first practice.
2.05 PM LIVE **Formula 2** Monaco Grand Prix qualifying session.
3.00 **F1 Press Conference**
3.30 LIVE **Formula 1** The Monaco Grand Prix second practice session.
5.15 **The F1 Show** Monaco Grand Prix.
6.15 **British GT Championship**
7.15 **The F1 Show** The latest news.
8.15 **Ferrari Challenge UK Highlights**
8.45 **Formula 1** Monaco Grand Prix.
11.15 **The F1 Show** The latest news.
12.15 AM **F1 Academy**
12.45 **Oscar Piastri Drives a V8**
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Next week

On sale Tuesday 2 June

Every Year After

In Prime Video's romantic drama, Sadie Soverall and Matt Cornett play first loves who must confront their feelings when they are brought back together in a lakeside town.

Kevin Bridges: In Search of the Beautiful Game

The comedian travels through his native Scotland, Brazil and the USA for BBC1 to speak to fans and players to examine how our connection to football has evolved.

World Cup 2026

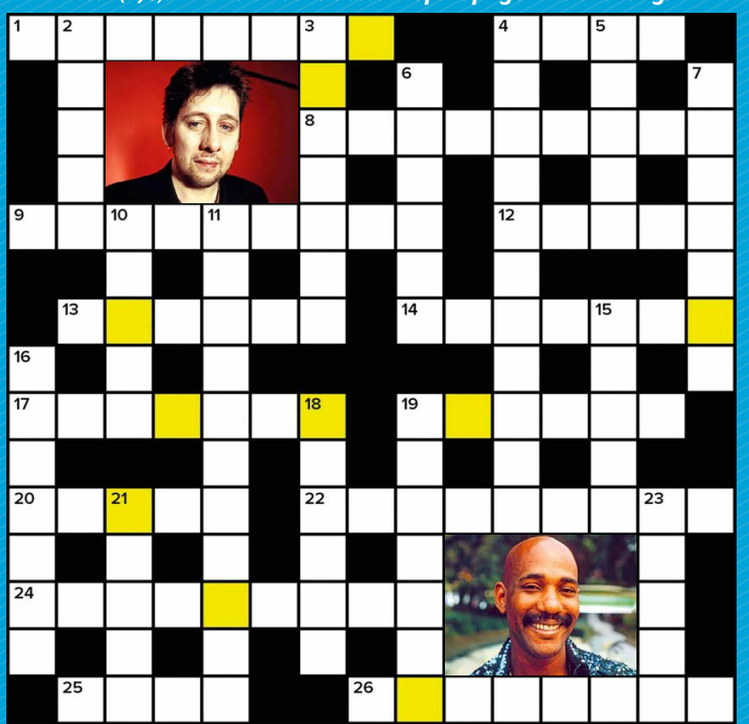
As England and Scotland go for glory on the BBC and ITV, don't miss our essential 32-page guide to all the action taking place in Canada, Mexico and the United States.

Alice and Steve

Disney+'s quirky comedy follows Alice (Nicola Walker), whose long-term friendship with Steve (Jemaine Clement) is torn apart when he starts dating her daughter.

Crossword

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out the name of a late American actor (4,6). Answers at the bottom of the page – no cheating!



ACROSS

1 The Four Tops hit song from 1988, *Loco in* --------- (8)
4 Played Carrie in sitcom *The King of Queens*, ---- Remini (4)
8 Entrepreneur in BBC1's *The Apprentice* (4,5)
9 Long-running children's cartoon series set on the ocean's bed, ---------- *SquarePants* (9)
12 See picture clue: Singer with band Hot Chocolate, ------ Brown (5)
13 *The Rocky* ------- *Show*, stage musical and 1975 movie written by Richard O'Brien (6)
14 Actor who played Zed in the Men in Black films (3,4)
17 Puzzle-loving enemy of crime-fighter Batman (7)
19 Actor who stars in TV series *Rivals* and *Poldark*, Aidan ------- (6)
20 TV lawyer, Perry ------ (5)
22 Girl group with Frankie Bridge and Mollie King, The ---------- (9)
24 Tony ----------, British DJ and 2002 winner of *I'm a Celebrity...* (9)
25 *What Not to* ----, series with Trinny Woodall and Susannah Constantine from 2001 to 2005 (4)
26 Roy ---------, starred as the police chief in 1975 movie *Jaws* (8)

DOWN

2 Debut single by English rock band Radiohead (5)
3 Second movie in the hit fantasy series, *Harry Potter and the* -------- *of Secrets* (7)
4 *The* ---- --------, film from 1988 about the life of Puyi, the former ruler of China (4,7)
5 2003 film starring Jack Nicholson, ------ *Management* (5)
6 Actor in TV series *Battlestar Galactica*, Jamie ------- (6)
7 Model daughter of actors Kim Basinger and Alec Baldwin, -------- Baldwin (7)
10 Star of sitcom *The IT Crowd* and *Moone Boy*, Chris -'----- (1'4)
11 TV presenter and former professional footballer (4,7)
15 Hit Queen album from 1975, *A Night at the* ------ (5)
16 2016 Sacha Baron Cohen and Mark Strong film, *The Brothers* -------- (7)
18 *Garden* -------, BBC1 show with Charlie Dimmock (6)
19 1997 disaster movie with Leonardo DiCaprio and Kate Winslet (7)
21 See picture clue: ------ MacGowan, late Pogues lead singer (5)
23 Lead singer of Radiohead, Thom ------ (5)

CROSSWORD SOLUTION
ANSWER: Rock Hudson **ACROSS:** 1 Acapulco 4 Leah 8 Alan Sugar 9 SpongeBob 12 Errol 13 Horror 14 Rip Torn 17 Riddler 19 Turner 20 Mason 22 Saturdays 24 Blackburn 25 Wear 26 Schelder
DOWN: 2 Creep 3 Chamber 4 Last Emperor 5 Anger 6 Bamber 7 Ireland 10 O'Dowd 11 Gary Lineker 15 Opera 16 Grimsby 18 Rescue 19 Titanic 21 Shane 23 Yorke

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Coming soon

Hannah Waddingham and Octavia Spencer star in an action comedy

Ride or Die

Hannah Waddingham and Octavia Spencer face thrills and spills as they go on the run in Prime Video's high-octane upcoming comedy adventure *Ride or Die*.

The eight-part series, available from 15 July, sees Waddingham play Judith Burton, who is best pals with Debbie Claybourne, portrayed by Spencer. The pair assume there is nothing they don't know about each other, but Judith has been hiding a shocking secret – she is an elite international assassin. And after a shady figure from her past resurfaces and one of her hits goes spectacularly awry, she and Debbie must undertake a dangerous road trip across Europe to escape both the law and some ruthless criminals. But as they try to unravel the conspiracy, can Debbie ever forgive Judith for lying to her?

RISKY ROAD TRIP

Bill Nighy, Ed Skrein, Sylvia Hoeks, Calam Lynch, Savannah Steyn, Jamie Parker and Jacky Ido will also appear in the series.

'To be able to dive into a role like Debbie is rare, and working with Hannah to bring this unique friendship to life is a dream,' says Spencer. 'We knew we had something special.'

'I'm not gonna lie, a few expletives fell out of my face at the prospect of working with the magnificent Ms Spencer and Tessa Coates' hugely energetic, exhilarating script,' adds Waddingham. 'The whole thing is just incredibly exciting!'

Sports documentaries to look forward to

Chris & Martina: The Final Set

In Netflix's film, tennis legends Chris Evert and Martina Navratilova discuss rivalry and friendship.

Mourinho

The 'Special One' will reflect on managing the likes of Porto, Chelsea, Real Madrid, Man Utd, Spurs and Roma on Netflix.

Andre Agassi

Apple TV's as-yet-untitled series will explore the life and career of the US tennis champion, who won eight Grand Slam titles.

WHAT'S NEXT FOR...

Richard Osman

The star will host ITV1's quiz show **The Golden Elevators**, in which contestants compete to win a jackpot by choosing between two answers represented by lifts, but a wrong response plummets them out of the game.

Cush Jumbo

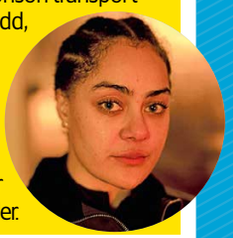
BBC1's six-part thriller **Wahala**, based on Nikki May's novel, stars the actor as one of a group of Nigerian-British women whose friendship is tested by a new acquaintance and their pasts, which return to haunt them.

David Thewlis

In C4's six-part drama **Wrong Move**, the actor plays a troublemaker who pulls out of a house sale and causes devastation for the other homebuyers in the chain. Rory Kinnear, Eve Myles and Eleanor Tomlinson co-star.

Coming Back

A second six-part run of Sky Atlantic's thriller **Prisoner** will see Izuka Hoyle return as prison transport officer Amber Todd, who escorts a US killer for extradition but, following an attempted execution, Amber is framed for murder.



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